



# Zwift Keyboard Shortcuts



## Camera Angles

- 1: Default view
- 2: Third-person view
- 3: Rider perspective
- 4: Side view
- 5: Rear view
- 6: Head on view
- 7: Spectator view
- 8: Helicopter view
- 9: Bird's eye view
- 0: Panorama version of current view

## Rider Actions

- F1: Stick out elbow
- F2: Wave hand
- F3: "Ride On!"
- F4: "Hammer Time!"
- F5: "Nice!"
- F6: "Bring It!"
- F7: "I'm toast"
- F8: Bike bell

## Game Controls

- Spacebar: Use power up
- ESC: Display "End Ride" screen
- F10: Screenshot
- A: Device pairing screen
- G: Toggle Watt/HR graph
- M: Group message
- P: Enter a promo code
- T: User Customization screen
- Up Arrow: Show actions/options menu (use left/right arrows to select)

## Workout Controls

- E: Display workout selection screen
- Tab: Skip workout block
- Page Up: Decrease workout intensity
- Page Down: Increase workout intensity

## Direction Controls

- Down Arrow: U-turn
- Left Arrow: Left Turn
- Right Arrow: Right Turn