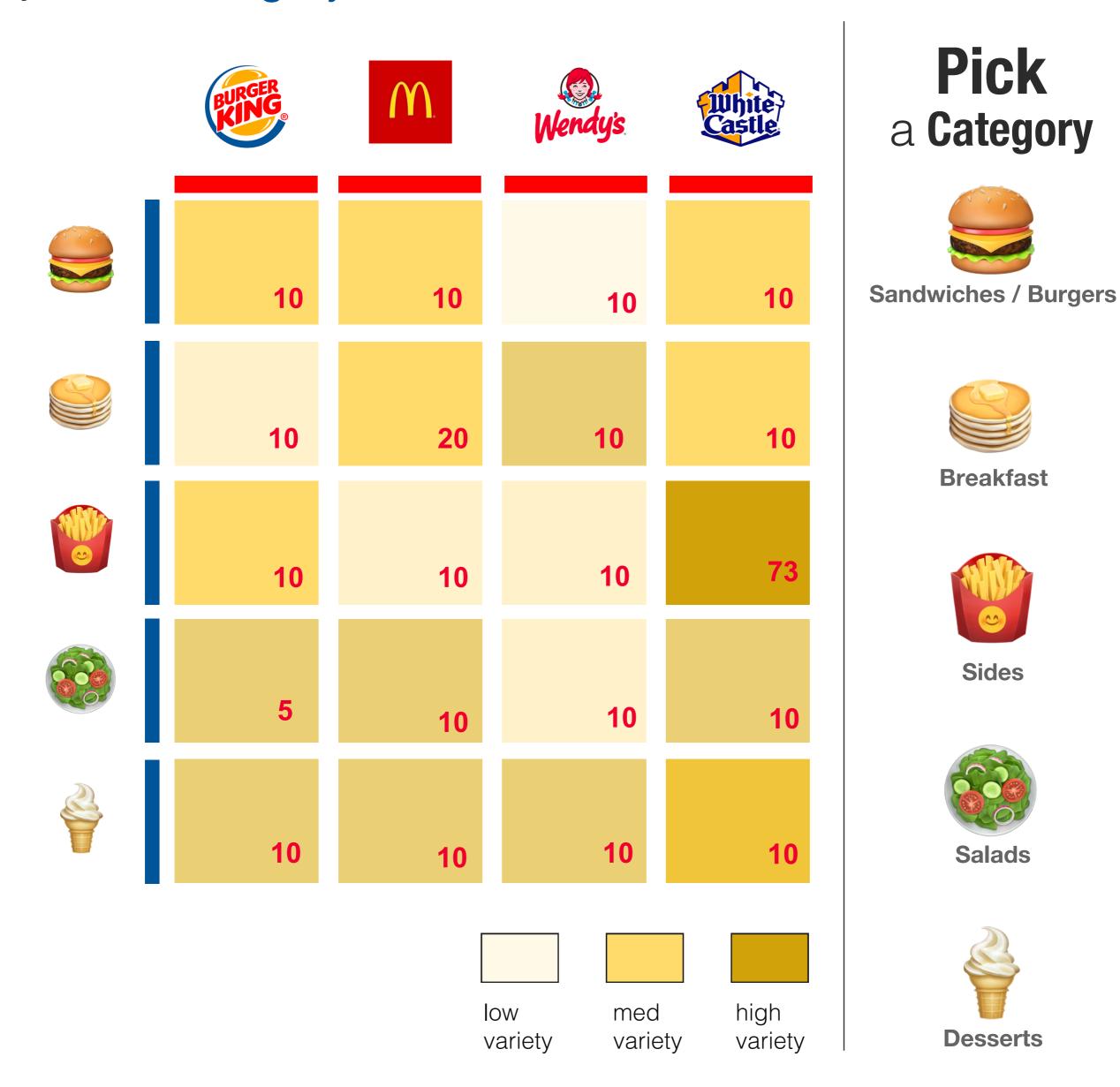


## Where Should I Eat?

a Nutrutional Comparison of Popular Burger Chains

#### **Number of Items Offered**

by Food Category & Restaurant



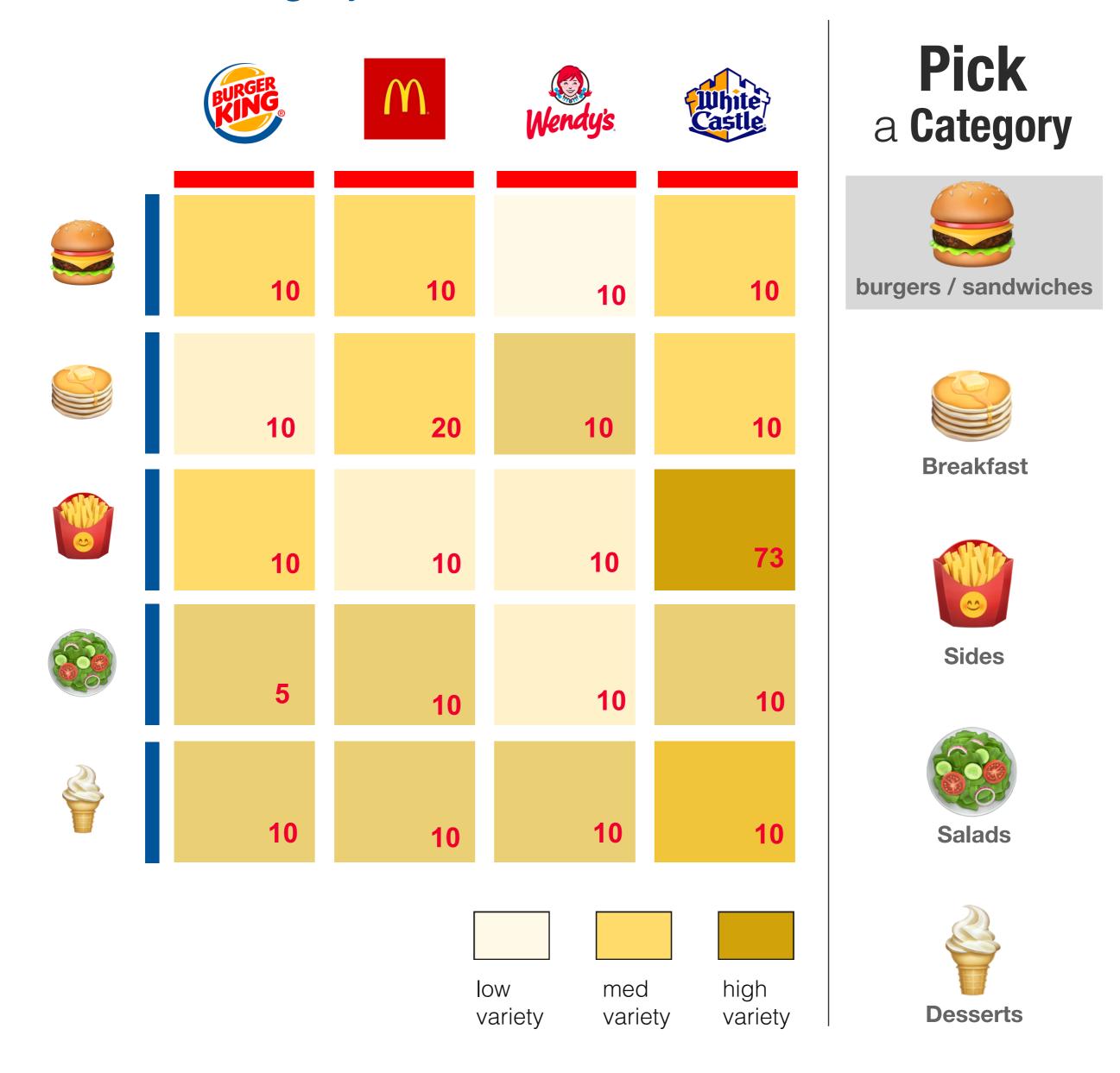


# Where Should I Eat?

a Nutrutional Comparison of Popular Burger Chains

#### Number of Items Offered

by Food Category & Restaurant







**BK® Quad Stacker** 

**BK® Single Stacker** 

**BK® Triple Stacker** 

Chicken Crisp Sandwich- classic

Chicken Crisp Sandwich- Spicy

Chicken Nuggets (20 pc)

Chicken Nuggets (4 pc)

Chicken Nuggets (6 pc)

Chicken Nuggets (8 pc)

Double Cheeseburger

Double Hamburger

Hamburger

Double Bacon Cheeseburger

DOUBLE WHOPPER® Sandwich

Home-style Chicken Strips- 2pc

Home-style Chicken Strips- 3pc

Home-style Chicken Strips- 5pc

Original Chicken Sandwich w/o Mayo

Premium Chicken Sandwich- Crispy

Premium Chicken Sandwich- Grilled

Tacos (2)

Premium Chicken Sandwich- Crispy w/o Mayo

Premium Chicken Sandwich- Grilled w/o Mayo

Texas DOUBLE WHOPPER® Sandwich

TRIPLE WHOPPER® Sandwich w/o Mayo

WHOPPER JR.® Sandwich w/o Mayo

WHOPPER JR.® Sandwich with Cheese

WHOPPER JR.® Sandwich with Cheese w/o Mayo

TRIPLE WHOPPER® Sandwich

WHOPPER JR.® Sandwich

WHOPPER® Sandwich

WHOPPER® Sandwich w/o Mayo

WHOPPER® Sandwich with Cheese

WHOPPER® Sandwich with Cheese w/o Mayo

Original Chicken Sandwich

DOUBLE WHOPPER® Sandwich w/o Mayo

DOUBLE WHOPPER® Sandwich with Cheese

DOUBLE WHOPPER® Sandwich with Cheesew/o Mayo

Cheeseburger







BK® Bacon Burger		
BK® Double Stacker		

BK® Bacon Burger		
BK® Double Stacker		

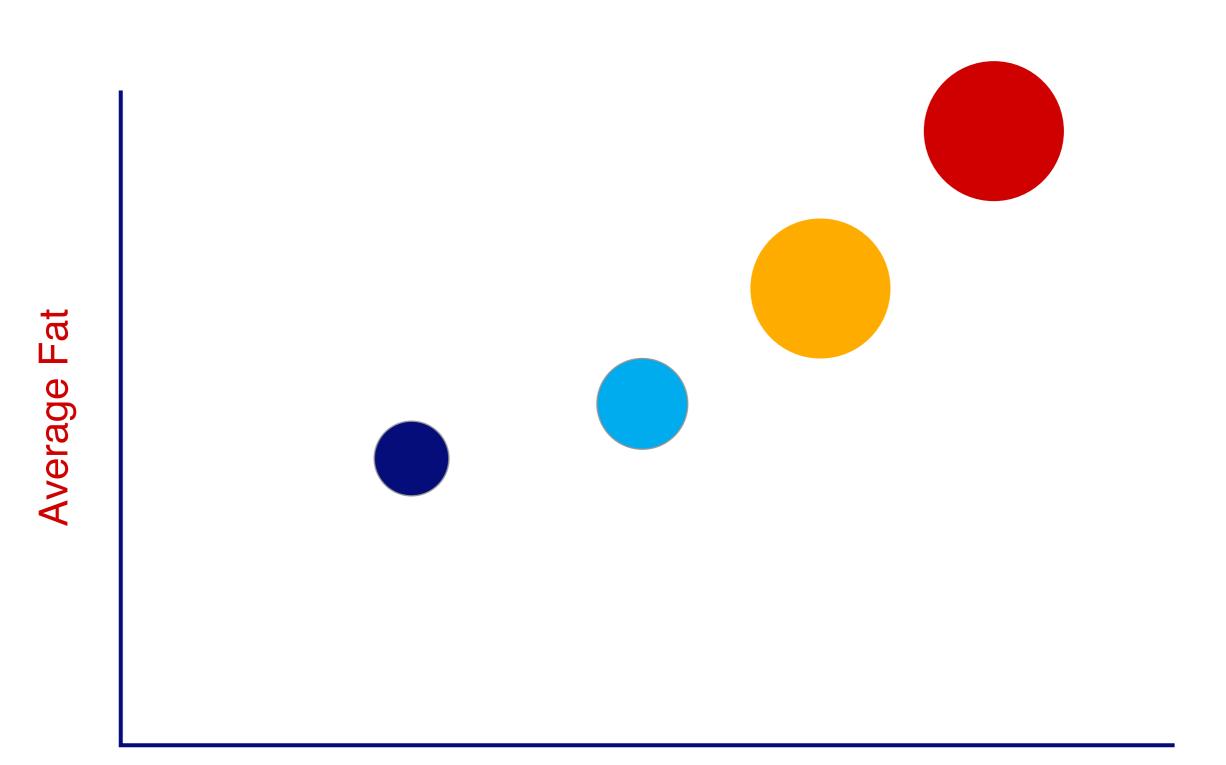












**Average Calories** 

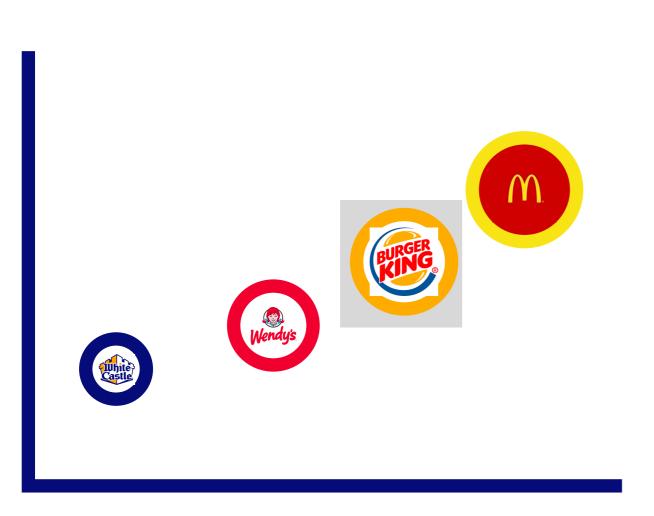
















calories

**BK® Bacon Burger** 

**BK®** Double Stacker

**BK® Quad Stacker** 

**BK® Single Stacker** 

**BK® Triple Stacker** 

Cheeseburger

Chicken Crisp Sandwich- classic

Chicken Crisp Sandwich- Spicy

Chicken Nuggets (20 pc)

Chicken Nuggets (4 pc)

Chicken Nuggets (6 pc)



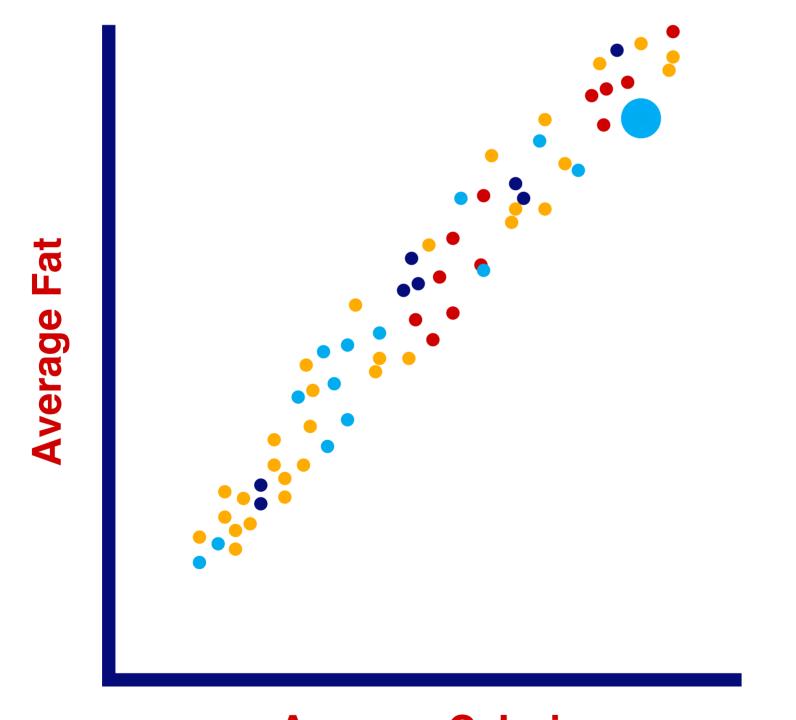








### **Insert Title Here**





1/4 lb. Single w/ Cheese

Calories: 530

Fat: 81

**Average Calories** 





**Average Fat** 







### **Insert Title Here**



1/4 lb. Single w/ Cheese

Calories: 530

Fat: 81

**Average Calories**