

Average Sleep Health Score

100

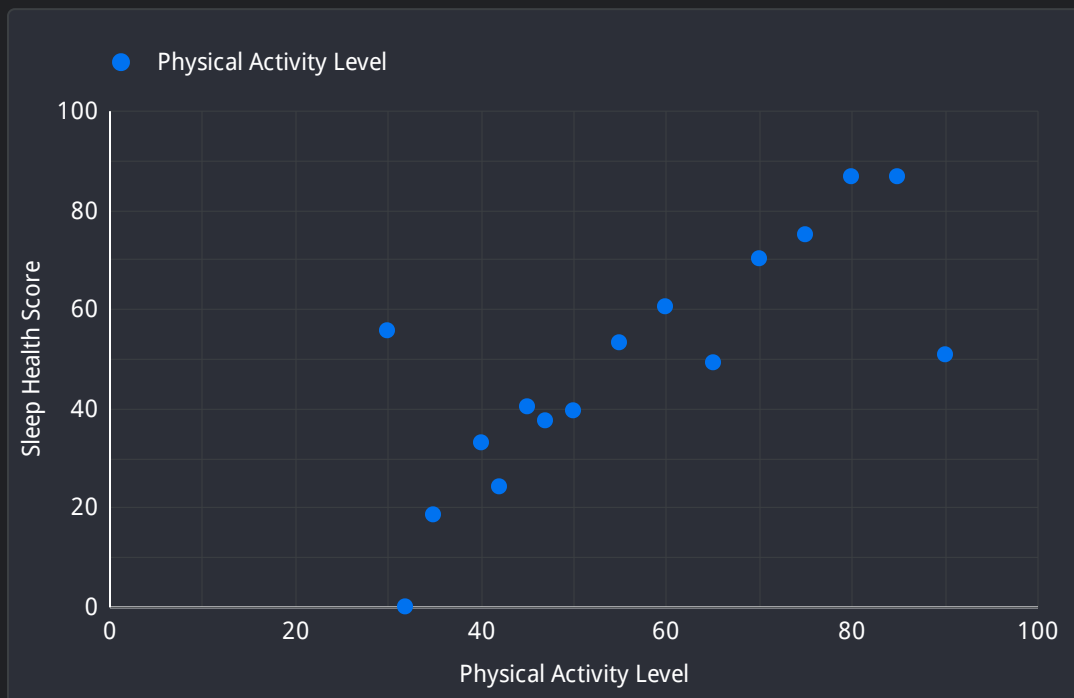
Average Sleep Duration

07:00:00

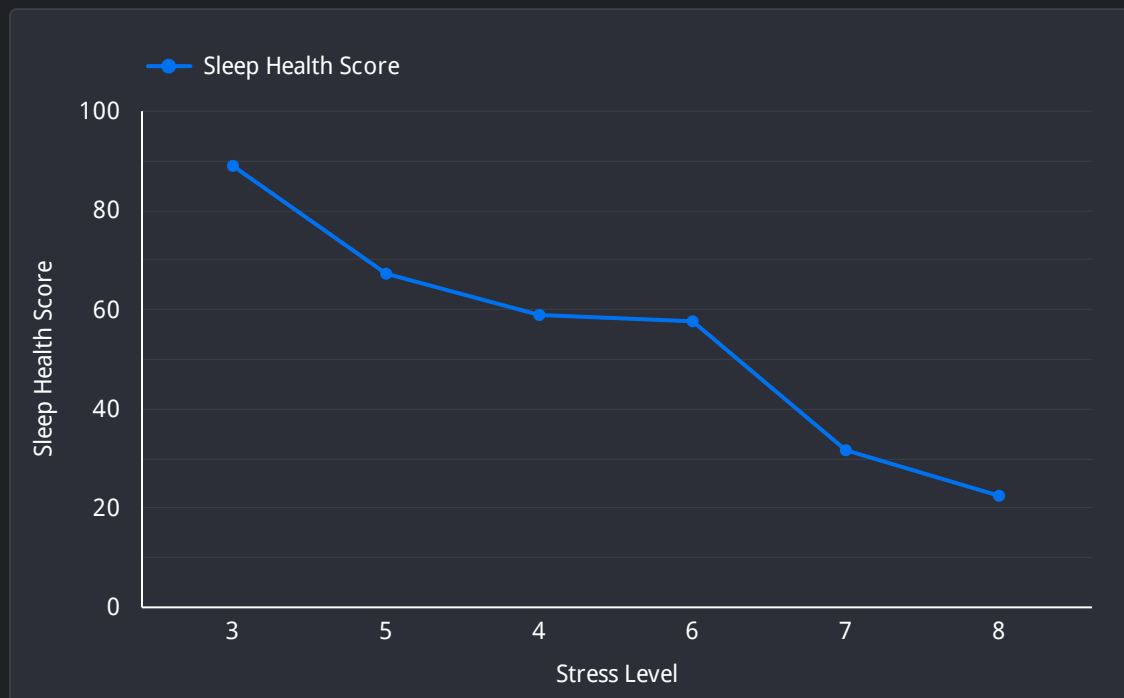
Average Sleep Quality

9

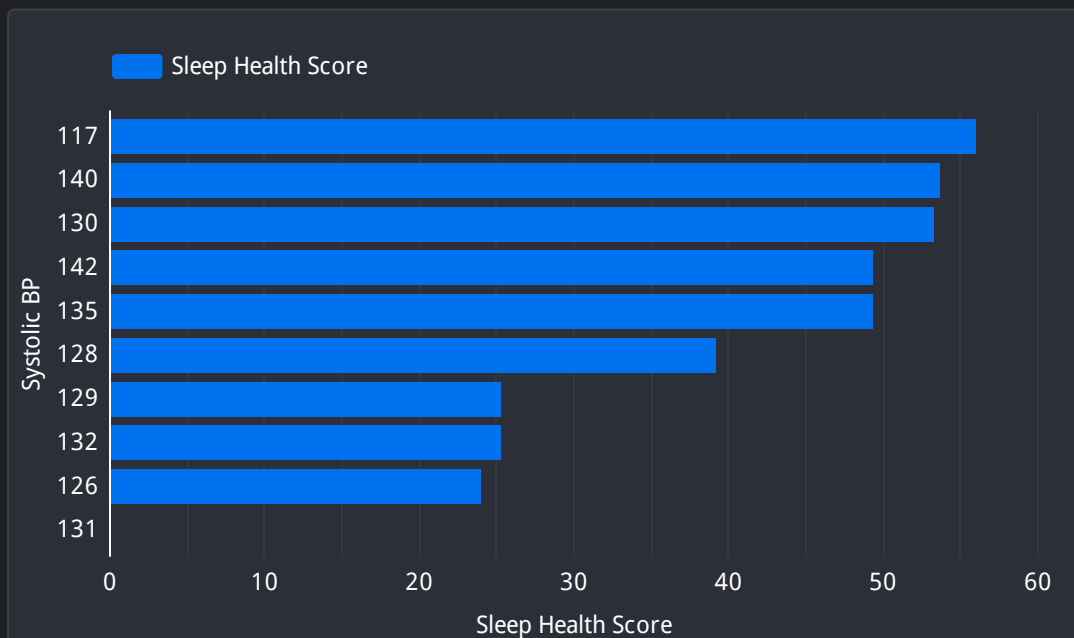
Sleep Health Score by Physical Activity Level



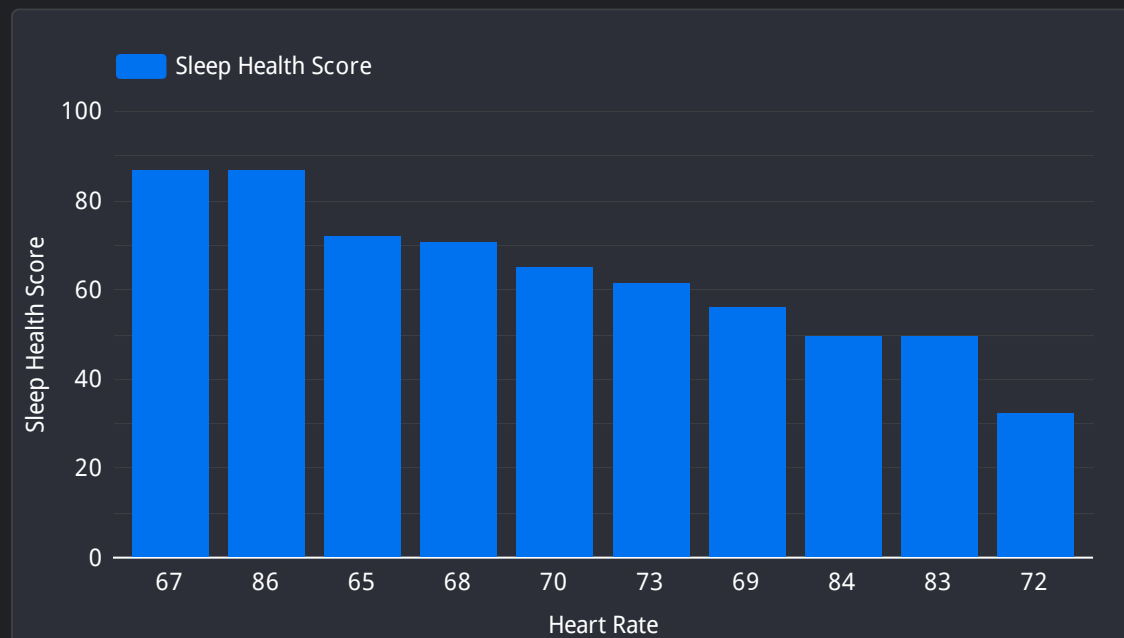
Sleep Health Score by Stress Level



Sleep Health Score by Systolic BP



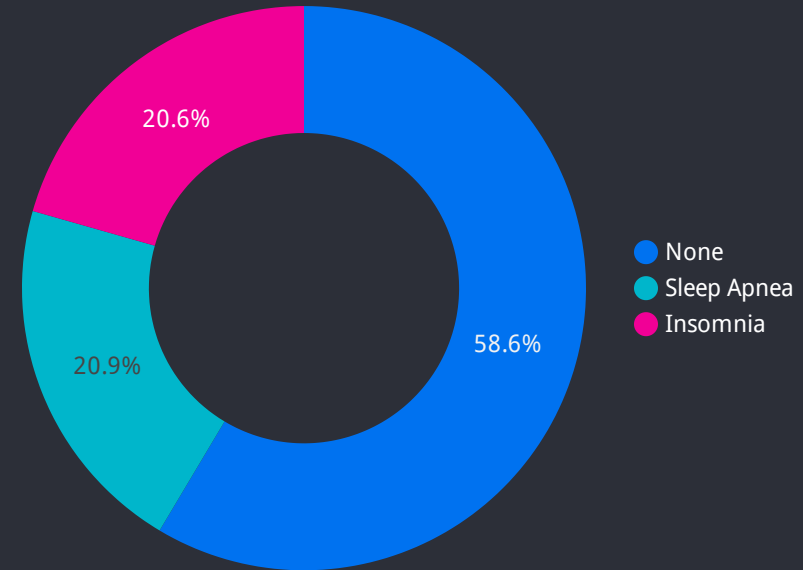
Sleep Health Score by Heart Rate



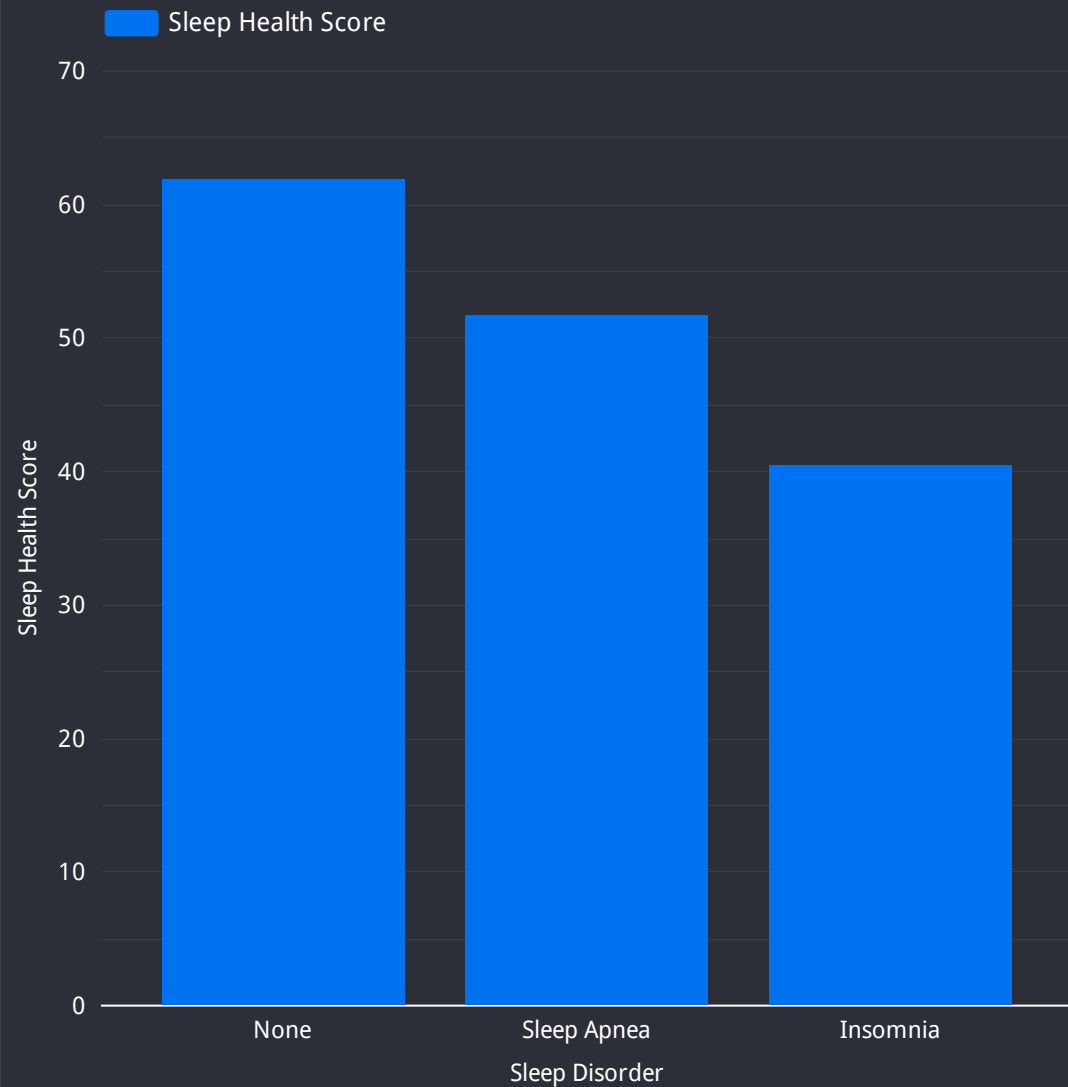
Sleep Disorder



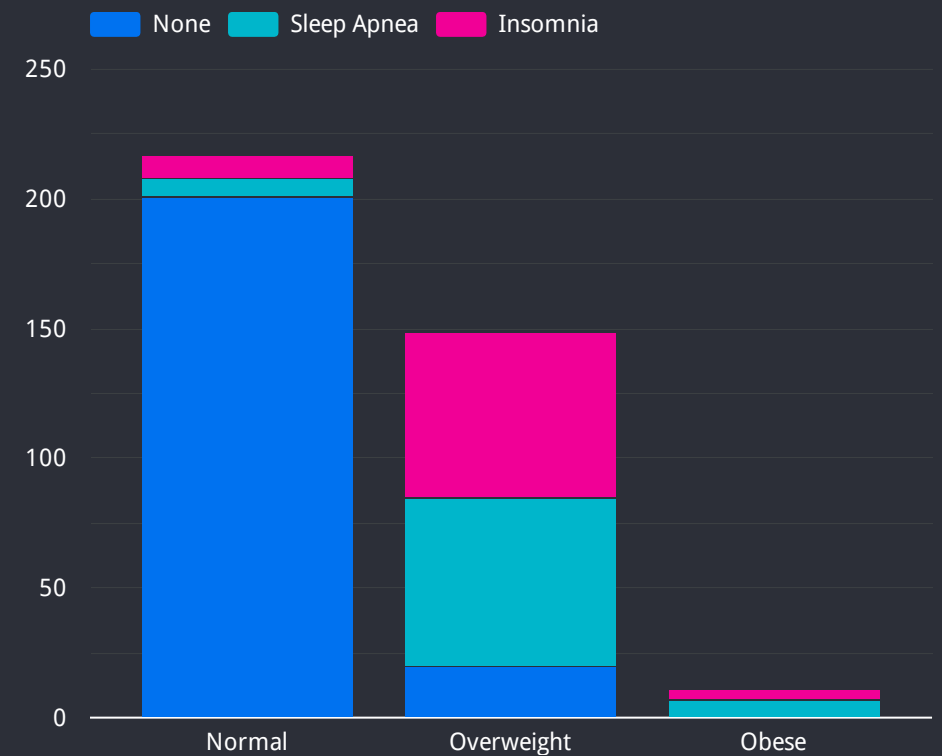
Count of Sleep Disorders



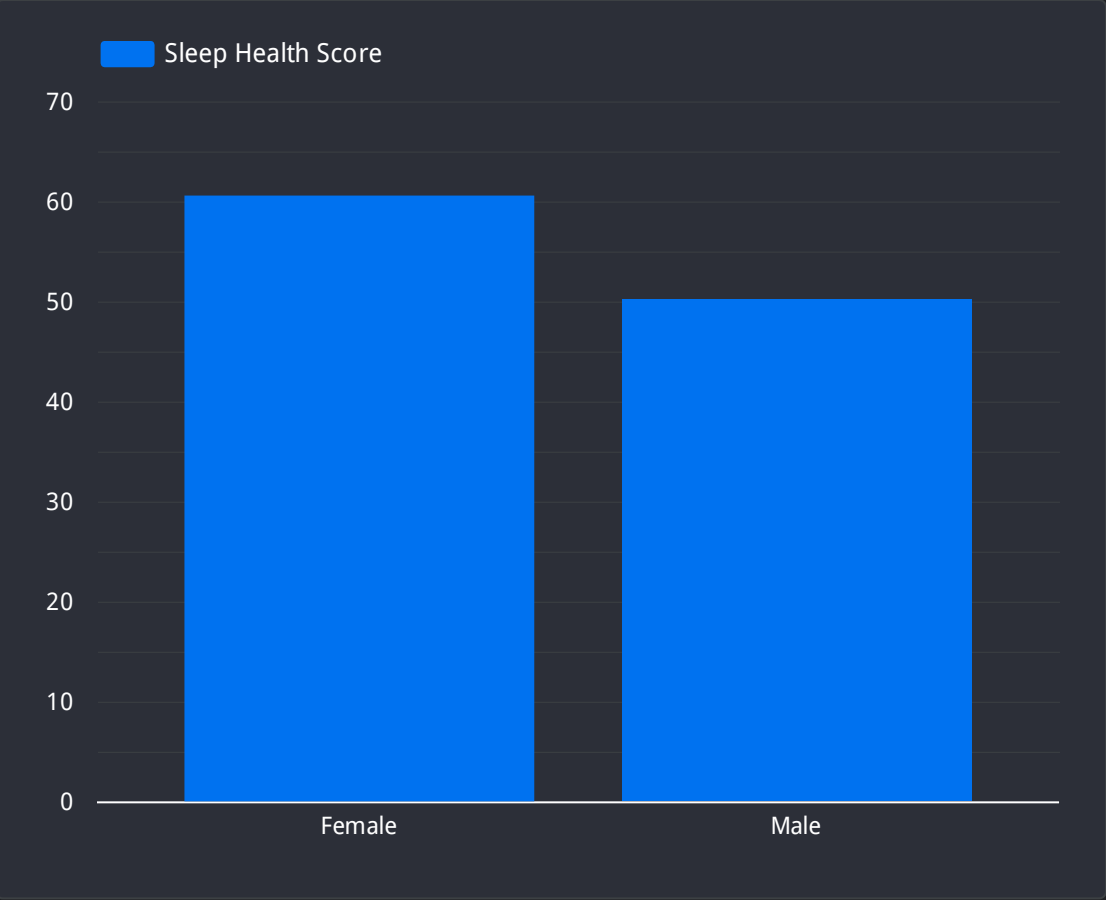
Average Sleep Health Score by Sleep Disorder



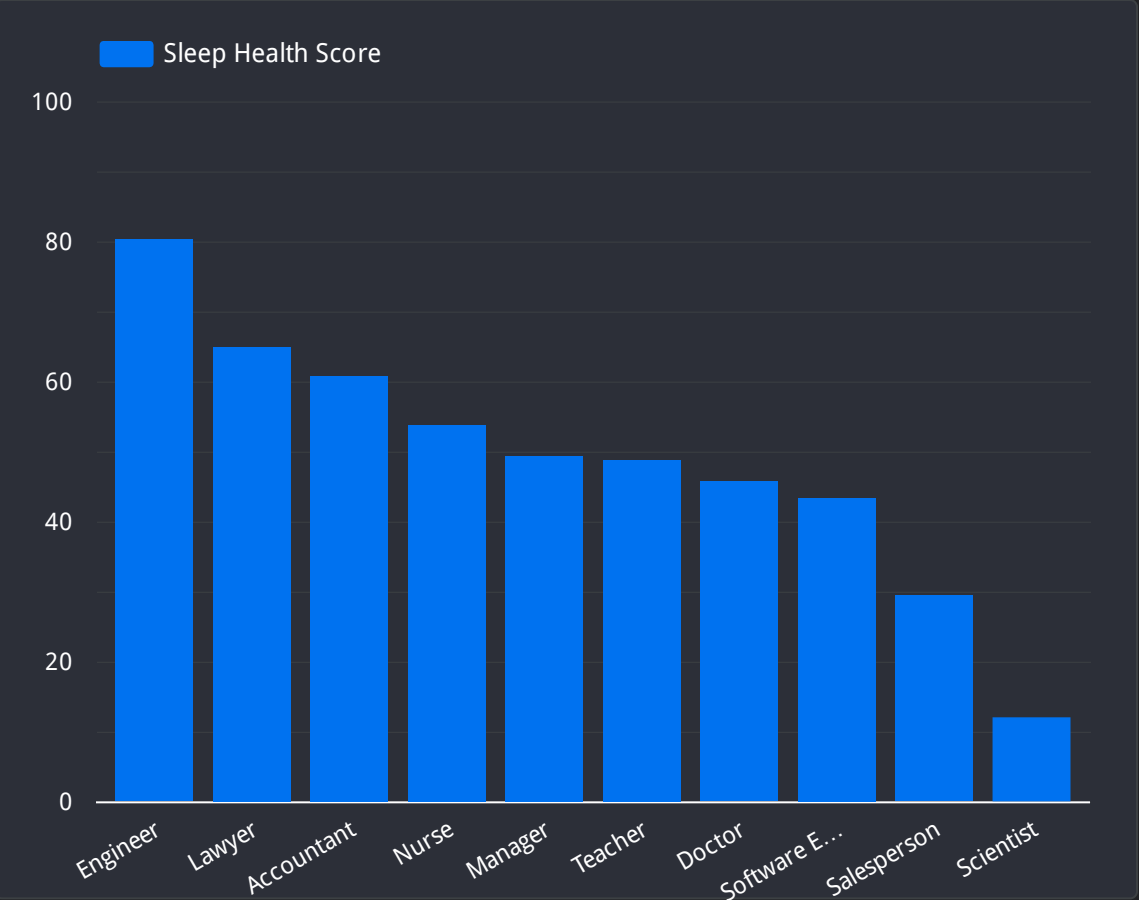
Sleep Disorders by BMI Category



Sleep Health Score by Gender



Sleep Health Score by Occupation



Sleep Health Score by Age

