

# Analysis\_YangyangChen\_yc4384

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To gain a better understanding of the factors that predict recovery time from COVID-19 illness, a study was designed to combine three existing cohort studies that have been tracking participants for several years. The study collects recovery information through questionnaires and medical records, and leverages existing data on personal characteristics prior to the pandemic.

In this project, we predict the recovery time based on important risk factors. The training data is in “training\_df”, and the test data is in “training\_df”. The response is in the column “Time to recovery (tt\_recovery\_time)”, and other variables can be used as predictors. The variable definitions can be found in “dictionary.txt”.

First, we import the data and adjust the variable type. As we want to compare different models afterwards, we use caret.

## Data Preprocessing

### Data Importing

```
set.seed(2716)
# Load Data
load("./Data/recovery.RData")
dat <- dat |>
  mutate(gender = as_factor(gender),
         diabetes = as_factor(diabetes),
         hypertension = as_factor(hypertension),
         vaccine = as_factor(vaccine),
         severity = as_factor(severity)) |>
  select(-id)
```

### Data Cleaning

```
# data splitting
data.split = initial_split(dat, prop = 0.8)
training_data = training(data.split)
testing_data = testing(data.split)
```

```
# check missing values
training_data |> is.na() |> sum()
```

```
## [1] 0
```

```
testing_data |> is.na() |> sum()
```

```
## [1] 0
```

```
# summary of training and testing data
training_data |> summary()
```

```
##      age      gender  race  smoking      height      weight
## Min.   :42.00    0:1235  1:1569  0:1442  Min.   :147.8  Min.   : 57.80
## 1st Qu.:57.00    1:1165  2: 134  1: 700  1st Qu.:166.1  1st Qu.: 75.30
## Median :60.00              3: 475  2: 258  Median :170.0  Median : 79.80
## Mean   :60.13              4: 222      Mean   :170.0  Mean   : 80.01
## 3rd Qu.:63.00              3rd Qu.:174.0  3rd Qu.: 84.83
## Max.   :79.00              Max.   :188.6  Max.   :103.70
##      bmi      hypertension diabetes      SBP      LDL      vaccine
## Min.   :18.80    0:1223      0:2032  Min.   :105.0  Min.   : 28.0  0: 961
## 1st Qu.:25.80    1:1177      1: 368  1st Qu.:125.0  1st Qu.: 98.0  1:1439
## Median :27.60              Median :130.0  Median :111.0
## Mean   :27.76              Mean   :130.3  Mean   :110.8
## 3rd Qu.:29.52              3rd Qu.:136.0  3rd Qu.:125.0
## Max.   :36.70              Max.   :156.0  Max.   :171.0
## severity  study      recovery_time
## 0:2145    Length:2400      Min.   : 2.00
## 1: 255    Class :character  1st Qu.: 30.00
##          Mode  :character  Median : 39.00
##          Mean   : 42.03
##          3rd Qu.: 49.00
##          Max.   :365.00
```

```
testing_data |> summary()
```

```
##      age      gender  race  smoking      height      weight
## Min.   :47.00    0:309  1:398  0:380  Min.   :148.1  Min.   : 55.90
## 1st Qu.:57.00    1:291  2: 24  1:159  1st Qu.:165.8  1st Qu.: 75.10
## Median :60.00              3:129  2: 61  Median :169.7  Median : 79.55
## Mean   :60.47              4: 49      Mean   :169.6  Mean   : 79.75
## 3rd Qu.:64.00              3rd Qu.:173.7  3rd Qu.: 84.50
## Max.   :74.00              Max.   :186.1  Max.   :100.00
##      bmi      hypertension diabetes      SBP      LDL      vaccine
## Min.   :19.20    0:285      0:505  Min.   :105  Min.   : 57.0  0:251
## 1st Qu.:25.90    1:315      1: 95  1st Qu.:126  1st Qu.: 95.0  1:349
## Median :27.80              Median :131  Median :108.0
## Mean   :27.78              Mean   :131  Mean   :108.9
## 3rd Qu.:29.50              3rd Qu.:136  3rd Qu.:123.0
## Max.   :38.90              Max.   :154  Max.   :178.0
## severity  study      recovery_time
## 0:534    Length:600      Min.   : 2.00
## 1: 66    Class :character  1st Qu.: 31.00
##          Mode  :character  Median : 39.00
##          Mean   : 42.73
##          3rd Qu.: 49.00
##          Max.   :330.00
```

```
# training data
train.x = model.matrix(recovery_time ~ ., training_data)[, -1]
train.y = training_data$recovery_time

# test data
test.x = model.matrix(recovery_time ~ ., testing_data)[, -1]
test.y = testing_data$recovery_time
```

```
# cross validation
ctrl = trainControl(method = "cv", number = 10)
# Load the control method
ctrl1 <- readRDS("./Data/train_control.rds")
```

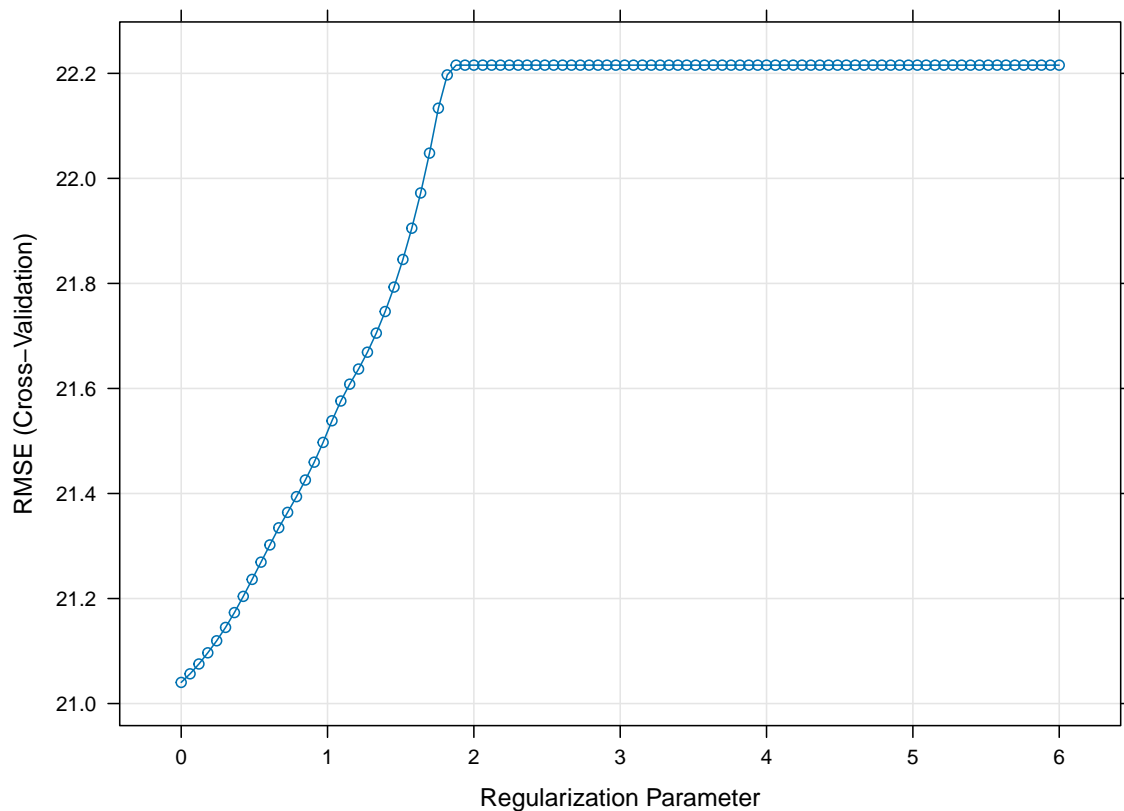
There is no missing data in both datasets. The training dataset has 2400 observation and 16 variables, and the test dataset has 600 samples and 17 variables.

## Linear Models

### Lasso Regression Model

#### Build the Model

```
set.seed(2716)
lasso.fit = training_data |>
  train(recovery_time ~ ., data = _, method = "glmnet",
        tuneGrid = expand.grid(
          alpha = 1,
          lambda = exp(seq(6, 0, length = 100))),
        trControl = ctrl,
        preProcess = c("center", "scale"))
plot(lasso.fit, xTrans = log)
```



The flattening in the curve occurs because the lasso regression model has reached a stable solution where no more coefficients become zero as the regularization parameter increases. At this point, further increasing the regularization parameter does not change the set of non-zero coefficients or their values, resulting in a flat region where the model's performance remains constant. This behavior indicates that the model has achieved the optimal level of sparsity, with the regularization parameter value at the start of the flat region corresponding to the desired sparse solution.

## Model Coefficients

```
# Get the index of the model with the lowest RMSE
best_model_index <- which.min(lasso.fit$results$RMSE)

# Get the coefficients of the optimal model
optimal_model_coefs <- coef(lasso.fit$finalModel, s = lasso.fit$results$lambda[best_model_index])

# Print the coefficients
print(optimal_model_coefs)
```

```
## 18 x 1 sparse Matrix of class "dgCMatrix"
##               s1
## (Intercept)  42.02916667
## age          0.34611630
## gender1      -0.63635794
## race2         .
## race3         .
## race4         .
## smoking1      .
## smoking2      .
## height       -1.03076884
## weight        .
## bmi           4.59232900
## hypertension1 0.02062599
## diabetes1     .
## SBP           0.01386262
## LDL           .
## vaccine1      -1.99823094
## severity1     0.77897825
## studyB        1.06895050
```

## Evaluate Model Performance

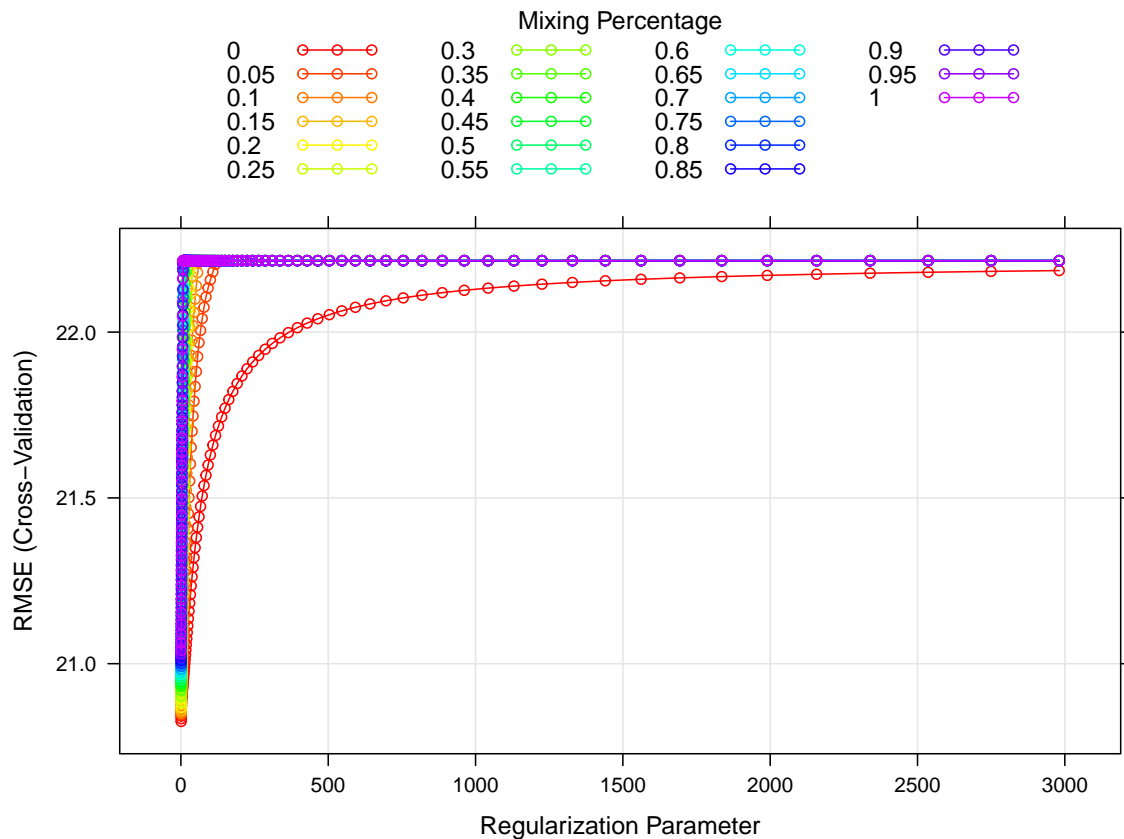
```
lasso.pred = predict(lasso.fit, newdata = testing_data)
mse.lasso = mean((test.y - lasso.pred) ^ 2)
```

The selected best tuning parameter is  $\lambda = 1$   $\alpha = 1$ , and the test error (MSE) is 562.263383.

## Elastic Net Model

### Build the Model

```
set.seed(2716)
enet.fit = training_data |>
  train(recovery_time ~ ., data = _, method = "glmnet",
        tuneGrid = expand.grid(
          alpha = seq(0, 1, length = 21),
          lambda = exp(seq(8, 0, length = 100))),
        preProcess = c("center", "scale"),
        trControl = ctrl)
myCol = rainbow(25)
myPar =
  list(superpose.symbol = list(col = myCol),
        superpose.line = list(col = myCol))
plot(enet.fit, par.settings = myPar)
```



The vertical line pattern in the graph is a characteristic behavior of the elastic net model. It occurs because the elastic net combines lasso and ridge regularization, which can lead to sparse solutions with some coefficients becoming exactly zero. As the regularization parameter increases, the model transitions between different sparse solutions, causing sudden drops or jumps in the cross-validation error curve.

## Model Coefficients

```
# Get the index of the model with the lowest RMSE
best_model_index <- which.min(enet.fit$results$RMSE)

# Get the coefficients of the optimal model
optimal_model_coefs <- coef(enet.fit$finalModel, s = enet.fit$results$lambda[best_model_index])

# Print the coefficients
print(optimal_model_coefs)
```

```
## 18 x 1 sparse Matrix of class "dgCMatrix"
##               s1
## (Intercept)  42.0291667
## age          0.9957309
## gender1      -1.5560226
## race2         0.8161544
## race3         0.1315931
## race4        -0.3224789
## smoking1      0.8540229
## smoking2      0.9691348
## height        0.6470661
## weight       -3.3268181
## bmi           8.4257189
## hypertension1 0.5922322
## diabetes1     -0.4154507
## SBP           0.5033976
## LDL          -0.8883772
## vaccine1      -2.8451050
## severity1     1.5712405
## studyB        2.0124317
```

## Evaluate Model Performance

```
enet.pred = predict(enet.fit, newdata = testing_data)
mse.enet = mean((test.y - enet.pred) ^ 2)
```

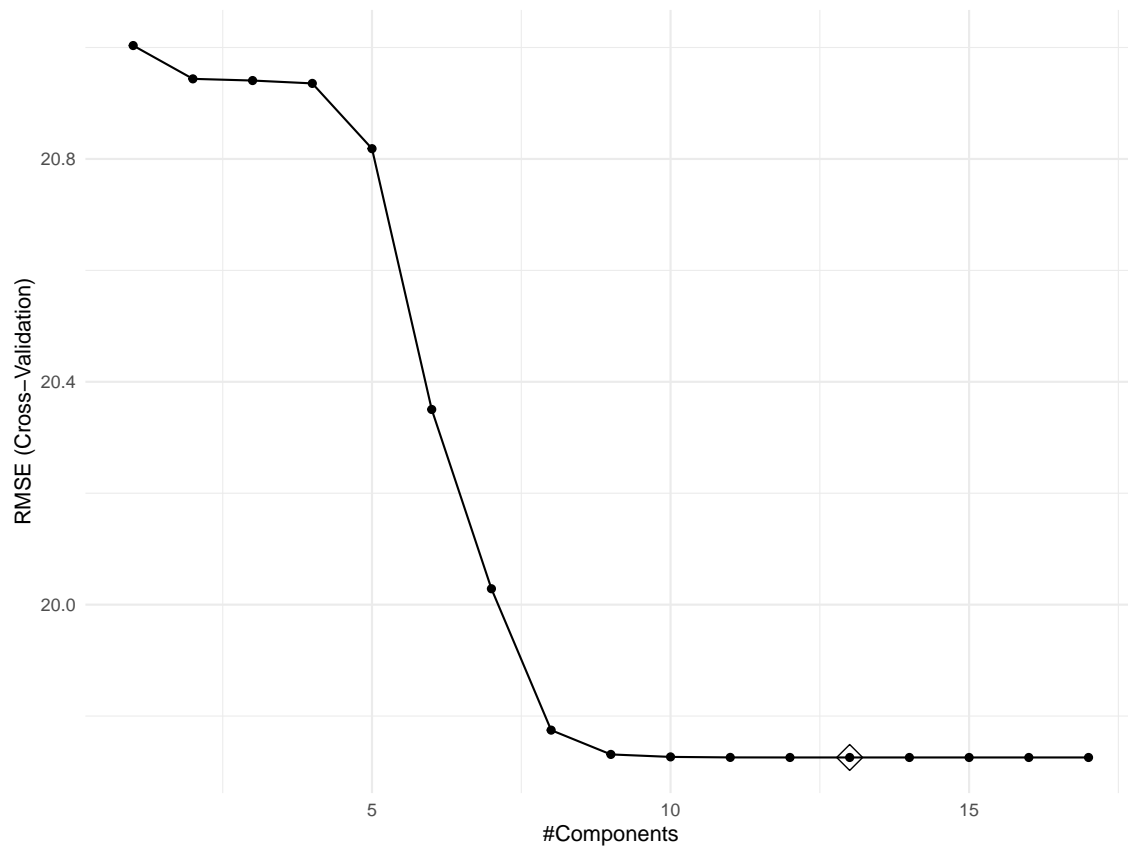
The selected tuning parameter is  $\alpha = 0$ ,  $\lambda = 1$ , and the test error (MSE) is 536.2385884

## Partial Least Square

### Build the Model

```
set.seed(2716)

pls.fit = train(train.x, train.y, method = "pls",
  tuneGrid = data.frame(ncomp = 1:17),
  trControl = ctrl, preProcess = c("center", "scale"))
ggplot(pls.fit, highlight = T)
```



## Model Coefficients

```
# Get the index of the model with the lowest RMSE
best_model_index <- which.min(pls.fit$results$RMSE)

# Get the coefficients of the optimal model
optimal_model_coefs <- coef(pls.fit$finalModel, s = pls.fit$results$lambda[best_model_index])

# Print the coefficients
print(optimal_model_coefs)
```

```
## , , 13 comps
##
##           .outcome
## age          1.04306479
## gender1      -1.79478232
## race2         0.67651655
## race3         0.09607768
## race4        -0.14876310
## smoking1      0.98529363
## smoking2      1.02530399
## height       74.39909797
## weight      -96.19301259
## bmi         112.57056811
```



```
## hypertension1    0.68131672
## diabetes1       -0.28468608
## SBP             0.46391355
## LDL            -0.95602747
## vaccine1        -2.97123020
## severity1       1.62625094
## studyB          2.02187127
```

## Evaluate Model Performance

```
pls.pred = predict(pls.fit, newdata = test.x)
mse.pls = mean((test.y - pls.pred) ^ 2)
```

As illustrated in the plot, 13 components are included in my model, and the test error (MSE) is 464.8643889

## Non-linear Models

### MARS

#### Build the Model

Now, train a multivariate adaptive regression spline (MARS) model to predict the response variable.

Since there are two tuning parameters associated with the MARS model: the degree of interactions and the number of retained terms, we need to perform a grid search to identify the optimal combination of these hyperparameters that minimize prediction error.

```
ctrl = trainControl(method = "cv", number = 10)
mars.grid = expand.grid(degree = 1 : 3, nprune = seq(2, 20, by = 2))
set.seed(2716)
mars.fit = train(train.x, train.y, method = "earth", tuneGrid = mars.grid, trControl = ctrl)
```

```
## Loading required package: earth
```

```
## Loading required package: Formula
```

```
## Loading required package: plotmo
```

```
## Loading required package: plotrix
```

```
##
```

```
## Attaching package: 'plotrix'
```

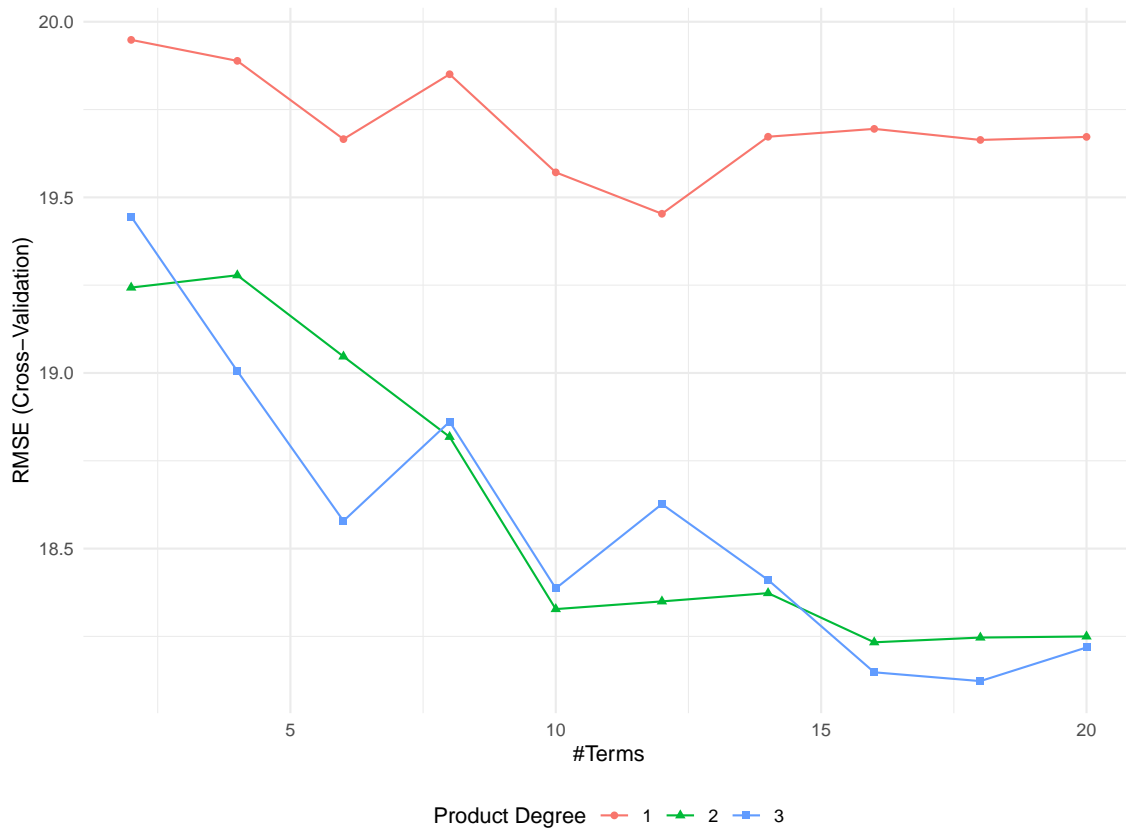
```
## The following object is masked from 'package:scales':
```

```
##
```

```
##      rescale
```

```
## Loading required package: TeachingDemos
```

```
ggplot(mars.fit)
```



```
summary(mars.fit$finalModel)
```

```
## Call: earth(x=matrix[2400,17], y=c(69,9,7,43,36,...), keepxy=TRUE, degree=3,
##          nprune=18)
##
##
##                      coefficients
## (Intercept)          17.425888
## gender1             -3.838226
## vaccine1            -5.523433
## severity1           5.146386
## h(bmi-25.7)          6.207509
## h(31.1-bmi)          4.065175
## h(bmi-35.4)         27.540176
## h(bmi-31.1) * studyB -305.070403
## h(bmi-25.7) * h(140-SBP) -0.064119
## smoking1 * h(bmi-31.1) * studyB 15.366973
## smoking2 * h(bmi-31.1) * studyB 28.176098
## h(age-61) * h(bmi-31.1) * studyB 5.249927
## h(weight-78.7) * h(bmi-31.1) * studyB 23.765436
## h(89.3-weight) * h(bmi-31.1) * studyB 24.335697
## h(weight-89.3) * h(bmi-31.1) * studyB -25.433893
## h(bmi-31.1) * h(LDL-94) * studyB -5.448260
## h(bmi-31.1) * h(94-LDL) * studyB 5.533714
## h(bmi-31.1) * h(LDL-84) * studyB 5.716112
```

```
##
## Selected 18 of 25 terms, and 11 of 17 predictors (nprune=18)
## Termination condition: Reached nk 35
## Importance: bmi, studyB, LDL, age, vaccine1, weight, smoking1, gender1, ...
## Number of terms at each degree of interaction: 1 6 2 9
## GCV 261.8665    RSS 605903.8    GRSq 0.4893553    RSq 0.5072879
```

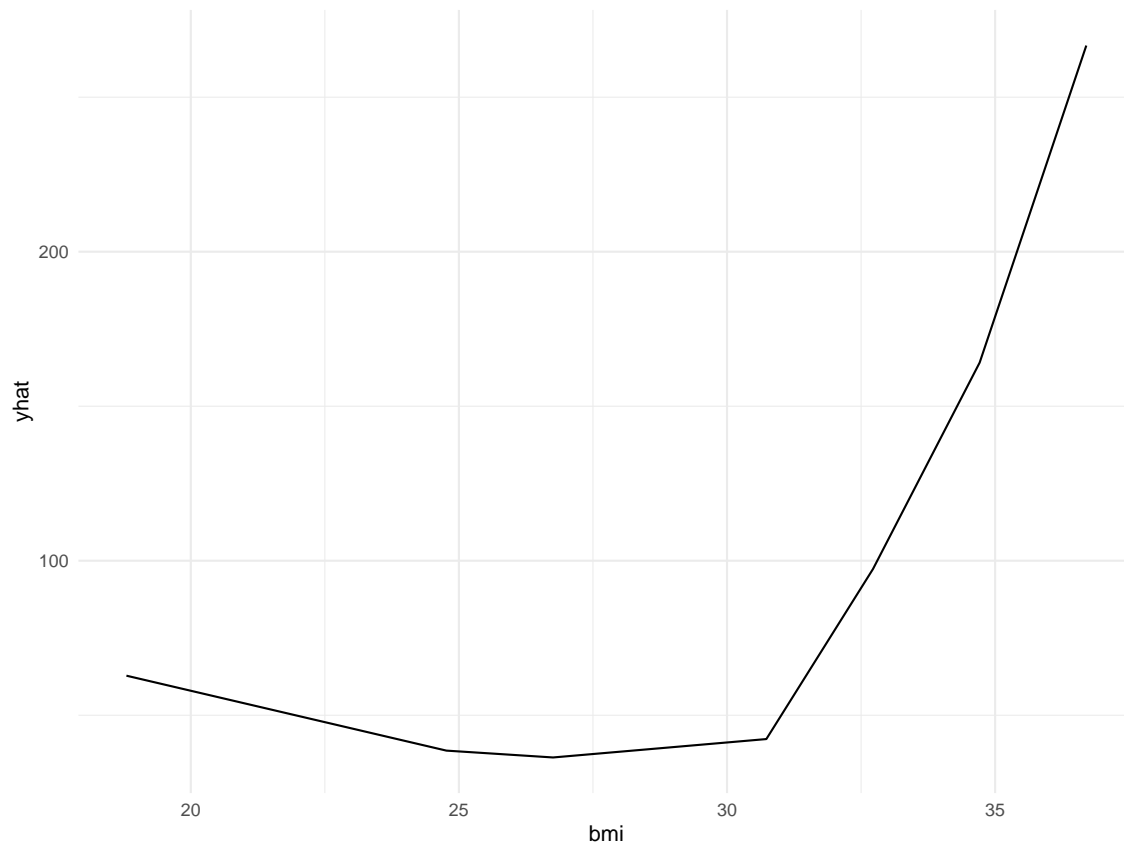
```
## Coefficient of the MARS model
coef(mars.fit$finalModel)
```

```
##              (Intercept)              h(31.1-bmi)
##              17.42588791              4.06517510
##              h(bmi-31.1) * studyB      h(age-61) * h(bmi-31.1) * studyB
##              -305.07040296              5.24992718
##              h(bmi-25.7)                vaccine1
##              6.20750882                -5.52343301
##              h(bmi-31.1) * h(LDL-94) * studyB      h(bmi-31.1) * h(94-LDL) * studyB
##              -5.44825972              5.53371358
##              h(weight-89.3) * h(bmi-31.1) * studyB      h(89.3-weight) * h(bmi-31.1) * studyB
##              -25.43389302              24.33569724
##              h(bmi-31.1) * h(LDL-84) * studyB      smoking1 * h(bmi-31.1) * studyB
##              5.71611207              15.36697296
##              gender1                    severity1
##              -3.83822562              5.14638556
##              smoking2 * h(bmi-31.1) * studyB      h(bmi-25.7) * h(140-SBP)
##              28.17609759              -0.06411943
##              h(weight-78.7) * h(bmi-31.1) * studyB      h(bmi-35.4)
##              23.76543599              27.54017572
```

The MARS model selects 12 of 27 terms, and 8 of 17 predictors. The most important variables are *bmi* (Body Mass Index; BMI = weight (in kilograms) / height (in meters) squared) and *studyB* (The study (A/B) that the participant belongs to).

To better understand the relationship between these features and outcome, we can create partial dependence plots (PDPs) for each feature individually and also an interaction PDP. To simplify, here we only present the PDP for number of full-time undergraduates *sbp*.

```
pdp::partial(mars.fit, pred.var = c("bmi"), grid.resolution = 10) |> autoplot()
```



## Model Coefficients

```
# Get the index of the model with the lowest RMSE
best_model_index <- which.min(mars.fit$results$RMSE)

# Get the coefficients of the optimal model
optimal_model_coefs <- coef(mars.fit$finalModel, s = mars.fit$results$lambda[best_model_index])

# Print the coefficients
print(optimal_model_coefs)
```

```
##              (Intercept)                                h(31.1-bmi)
##              17.42588791                                4.06517510
##      h(bmi-31.1) * studyB      h(age-61) * h(bmi-31.1) * studyB
##              -305.07040296                                5.24992718
##              h(bmi-25.7)                                vaccine1
##              6.20750882                                -5.52343301
##      h(bmi-31.1) * h(LDL-94) * studyB      h(bmi-31.1) * h(94-LDL) * studyB
##              -5.44825972                                5.53371358
##      h(weight-89.3) * h(bmi-31.1) * studyB      h(89.3-weight) * h(bmi-31.1) * studyB
##              -25.43389302                                24.33569724
##      h(bmi-31.1) * h(LDL-84) * studyB      smoking1 * h(bmi-31.1) * studyB
##              5.71611207                                15.36697296
##              gender1                                severity1
##              -3.83822562                                5.14638556
```

```
##      smoking2 * h(bmi-31.1) * studyB      h(bmi-25.7) * h(140-SBP)
##                                28.17609759      -0.06411943
## h(weight-78.7) * h(bmi-31.1) * studyB      h(bmi-35.4)
##                                23.76543599      27.54017572
```

## Evaluate Model Performance

Using the final model, we can predict on the test data.

```
pred.mars = predict(mars.fit, newdata = test.x)
mse.mars = mean((pred.mars - test.y) ^ 2)
```

The test error measured by MSE using the final MARS model is 392.3426264

## GAM

### Build the Model

```
set.seed(2716)
gam.fit = train(train.x, train.y, method = "gam", trControl = ctrl)
```

```
## Loading required package: mgcv
```

```
## Loading required package: nlme
```

```
##
## Attaching package: 'nlme'
```

```
## The following object is masked from 'package:dplyr':
##
##      collapse
```

```
## This is mgcv 1.9-0. For overview type 'help("mgcv-package")'.
```

```
summary(gam.fit$finalModel)
```

```
##
## Family: gaussian
## Link function: identity
##
## Formula:
## .outcome ~ gender1 + race2 + race3 + race4 + smoking1 + smoking2 +
##      hypertension1 + diabetes1 + vaccine1 + severity1 + studyB +
##      s(age) + s(SBP) + s(LDL) + s(bmi) + s(height) + s(weight)
##
## Parametric coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   43.5319    1.0022  43.437  < 2e-16 ***
```

```

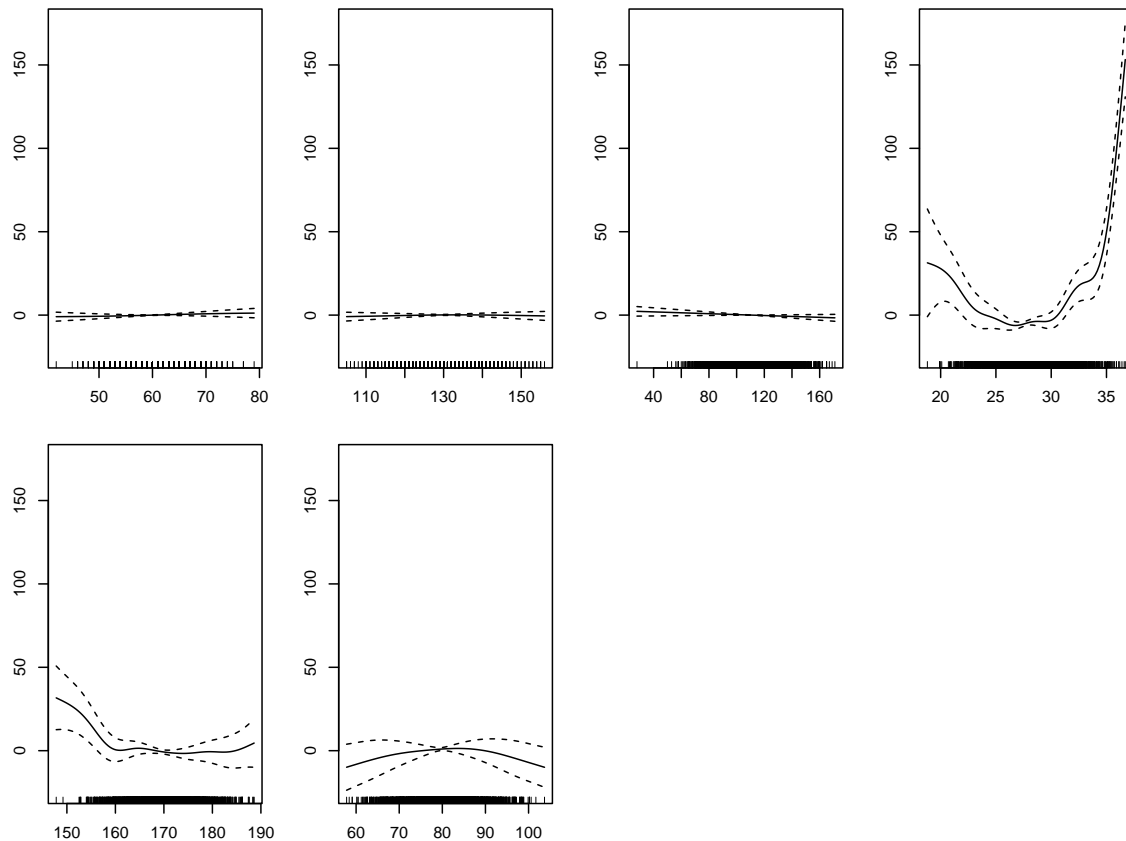
## gender1      -3.9286      0.7579    -5.184 2.36e-07 ***
## race2        2.4897      1.6763      1.485 0.13761
## race3        0.2184      0.9730      0.224 0.82239
## race4       -1.0791      1.3330     -0.810 0.41831
## smoking1     2.4333      0.8578      2.837 0.00460 **
## smoking2     3.7986      1.2536      3.030 0.00247 **
## hypertension1 2.2691      1.0394      2.183 0.02913 *
## diabetes1    -0.9912      1.0520     -0.942 0.34617
## vaccine1     -6.2577      0.7773     -8.051 1.29e-15 ***
## severity1     5.6267      1.2306      4.572 5.07e-06 ***
## studyB       4.1707      0.8026      5.197 2.20e-07 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Approximate significance of smooth terms:
##          edf Ref.df      F  p-value
## s(age)    0.6260     9  0.153 0.115489
## s(SBP)    0.5946     9  0.079 0.293041
## s(LDL)    0.7589     9  0.277 0.068772 .
## s(bmi)    8.8974     9 67.421 < 2e-16 ***
## s(height) 6.6451     9  3.220 2.26e-05 ***
## s(weight) 2.3895     9  1.614 0.000227 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## R-sq.(adj) =  0.334   Deviance explained = 34.3%
## GCV = 345.74   Scale est. = 341.14      n = 2400

```

```

par(mar = c(2, 2, 2, 2), mfrow = c(2, 4))
plot(gam.fit$finalModel)

```



It could be observed that certain variables (*age*, *sbp*, *ldl*) have no relationship with the *recovery\_time*, *bmi*, and *height* both have a positive relationship with *recovery\_time*.

## Model Coefficients

```
# Get the index of the model with the lowest RMSE
best_model_index <- which.min(gam.fit$results$RMSE)

# Get the coefficients of the optimal model
optimal_model_coefs <- coef(gam.fit$finalModel, s = gam.fit$results$lambda[best_model_index])

# Print the coefficients
print(optimal_model_coefs)
```

```
## (Intercept)      gender1      race2      race3      race4
## 4.353187e+01 -3.928602e+00 2.489676e+00 2.184270e-01 -1.079076e+00
## smoking1      smoking2 hypertension1 diabetes1 vaccine1
## 2.433279e+00 3.798648e+00 2.269059e+00 -9.912061e-01 -6.257685e+00
## severity1      studyB      s(age).1      s(age).2      s(age).3
## 5.626704e+00 4.170697e+00 -2.258814e-01 5.018826e-03 1.726021e-02
## s(age).4      s(age).5      s(age).6      s(age).7      s(age).8
## -6.811513e-03 1.086558e-02 9.647550e-03 -8.255532e-03 -6.283077e-03
## s(age).9      s(SBP).1      s(SBP).2      s(SBP).3      s(SBP).4
## 1.164549e-01 6.676671e-02 -4.125169e-02 2.762398e-02 -6.901043e-02
## s(SBP).5      s(SBP).6      s(SBP).7      s(SBP).8      s(SBP).9
```

```
## -3.053033e-02 -6.479058e-02 3.486522e-02 3.993232e-01 1.116698e-07
##      s(LDL).1      s(LDL).2      s(LDL).3      s(LDL).4      s(LDL).5
## 2.595602e-07 -8.319465e-08 5.402012e-08 -4.068120e-08 3.887093e-08
##      s(LDL).6      s(LDL).7      s(LDL).8      s(LDL).9      s(bmi).1
## -3.744308e-08 2.760554e-08 3.257747e-07 -5.392719e-01 -3.070595e+01
##      s(bmi).2      s(bmi).3      s(bmi).4      s(bmi).5      s(bmi).6
## 8.048536e+01 2.045155e+01 6.847541e+01 -2.037952e+01 -5.993826e+01
##      s(bmi).7      s(bmi).8      s(bmi).9      s(height).1      s(height).2
## 2.693489e+01 -3.066345e+02 9.439634e+01 -3.018301e+00 -3.925851e+00
##      s(height).3      s(height).4      s(height).5      s(height).6      s(height).7
## -2.039782e+00 -9.191442e-01 2.454703e+00 5.631985e-01 -4.980808e-01
##      s(height).8      s(height).9      s(weight).1      s(weight).2      s(weight).3
## -1.333285e+01 -1.151481e-07 1.442834e+00 2.307095e+00 -8.469381e-01
##      s(weight).4      s(weight).5      s(weight).6      s(weight).7      s(weight).8
## -2.025111e+00 1.084214e+00 2.025413e+00 -1.135838e+00 1.123223e+01
##      s(weight).9
## -1.804765e-06
```

## Evaluate Model Performance

Using the final model, we can predict on the test data.

```
pred.gam = predict(gam.fit, newdata = test.x)
mse.gam = mean((pred.gam - test.y) ^ 2)
```

## Random Forest

### Build the Model

```
# Parameters for Random Forest training
tunegrid <- expand.grid(mtry = 1:5)

# build the rf model
rf.fit <- train(
  train.x, train.y,
  method = "rf",
  trControl = ctrl1,
  tuneGrid = tunegrid
)
rf.final <- rf.fit$finalModel
```

### Model Coefficients

```
# Get the index of the model with the lowest RMSE
best_model_index <- which.min(gam.fit$results$RMSE)

# Get the coefficients of the optimal model
optimal_model_coefs <- coef(gam.fit$finalModel, s = gam.fit$results$lambda[best_model_index])
```



```
# Print the coefficients
print(optimal_model_coefs)
```

```
##      (Intercept)      gender1      race2      race3      race4
##  4.353187e+01 -3.928602e+00  2.489676e+00  2.184270e-01 -1.079076e+00
##      smoking1      smoking2 hypertension1      diabetes1      vaccine1
##  2.433279e+00  3.798648e+00  2.269059e+00 -9.912061e-01 -6.257685e+00
##      severity1      studyB      s(age).1      s(age).2      s(age).3
##  5.626704e+00  4.170697e+00 -2.258814e-01  5.018826e-03  1.726021e-02
##      s(age).4      s(age).5      s(age).6      s(age).7      s(age).8
## -6.811513e-03  1.086558e-02  9.647550e-03 -8.255532e-03 -6.283077e-03
##      s(age).9      s(SBP).1      s(SBP).2      s(SBP).3      s(SBP).4
##  1.164549e-01  6.676671e-02 -4.125169e-02  2.762398e-02 -6.901043e-02
##      s(SBP).5      s(SBP).6      s(SBP).7      s(SBP).8      s(SBP).9
## -3.053033e-02 -6.479058e-02  3.486522e-02  3.993232e-01  1.116698e-07
##      s(LDL).1      s(LDL).2      s(LDL).3      s(LDL).4      s(LDL).5
##  2.595602e-07 -8.319465e-08  5.402012e-08 -4.068120e-08  3.887093e-08
##      s(LDL).6      s(LDL).7      s(LDL).8      s(LDL).9      s(bmi).1
## -3.744308e-08  2.760554e-08  3.257747e-07 -5.392719e-01 -3.070595e+01
##      s(bmi).2      s(bmi).3      s(bmi).4      s(bmi).5      s(bmi).6
##  8.048536e+01  2.045155e+01  6.847541e+01 -2.037952e+01 -5.993826e+01
##      s(bmi).7      s(bmi).8      s(bmi).9      s(height).1      s(height).2
##  2.693489e+01 -3.066345e+02  9.439634e+01 -3.018301e+00 -3.925851e+00
##      s(height).3      s(height).4      s(height).5      s(height).6      s(height).7
## -2.039782e+00 -9.191442e-01  2.454703e+00  5.631985e-01 -4.980808e-01
##      s(height).8      s(height).9      s(weight).1      s(weight).2      s(weight).3
## -1.333285e+01 -1.151481e-07  1.442834e+00  2.307095e+00 -8.469381e-01
##      s(weight).4      s(weight).5      s(weight).6      s(weight).7      s(weight).8
## -2.025111e+00  1.084214e+00  2.025413e+00 -1.135838e+00  1.123223e+01
##      s(weight).9
## -1.804765e-06
```

## Evaluate Model Performance

```
# Calculate and print the RMSE for training and test datasets
rf.pred <- predict(rf.final, train.x)
postResample(pred = rf.pred, obs =testing_data$recovery_time)
```

```
##      RMSE      Rsquared      MAE
##      NA 0.002199198      NA
```

## Model Comparison and Conclusions

Here, we compare the CV results of different models and choose the model with the smallest median RMSE.

```
resamp =
  resamples(list(lasso = lasso.fit,
                 gam = gam.fit,
                 enet = enet.fit,
```

```

        pls = pls.fit,
        mars = mars.fit,
        rf = rf.fit))
summary(resamp)

```

```

##
## Call:
## summary.resamples(object = resamp)
##
## Models: lasso, gam, enet, pls, mars, rf
## Number of resamples: 10
##
## MAE
##           Min.   1st Qu.   Median     Mean   3rd Qu.     Max. NA's
## lasso 11.91749 12.22876 12.78822 13.10307 13.97511 14.75607    0
## gam   11.71387 12.30531 12.64584 12.60154 13.04721 13.17282    0
## enet  11.82640 12.24000 12.86273 13.14786 14.09859 14.70406    0
## pls   12.00552 12.42079 13.07887 13.06909 13.69203 14.12036    0
## mars  10.80694 11.46341 11.88141 11.87063 12.24314 12.74929    0
## rf    10.98276 11.52777 12.00064 12.00925 12.39470 13.14068    0
##
## RMSE
##           Min.   1st Qu.   Median     Mean   3rd Qu.     Max. NA's
## lasso 16.36102 17.35644 19.62606 21.04028 24.59723 27.64478    0
## gam   16.71229 18.02794 19.96280 19.42835 20.62654 21.91883    0
## enet  16.09922 17.14833 19.50831 20.82568 24.22164 27.34263    0
## pls   15.94665 16.77630 19.19268 19.72570 22.05070 24.84530    0
## mars  15.75520 16.33340 17.81756 18.12274 20.06809 20.33183    0
## rf    15.45592 15.99517 17.23999 18.43796 20.71175 22.88768    0
##
## Rsquared
##           Min.   1st Qu.   Median     Mean   3rd Qu.     Max. NA's
## lasso 0.07035909 0.08459142 0.1095733 0.1133160 0.1199068 0.1790213    0
## gam   0.12563865 0.16945853 0.2130396 0.2981010 0.4564618 0.5962197    0
## enet  0.08321485 0.10886399 0.1216388 0.1284815 0.1374788 0.1954873    0
## pls   0.10933283 0.16901995 0.2338977 0.2315719 0.2969252 0.3415088    0
## mars  0.07128380 0.22502531 0.2658819 0.3406511 0.4887175 0.7078823    0
## rf    0.13266679 0.23823617 0.2826341 0.3141775 0.4028127 0.5802905    0

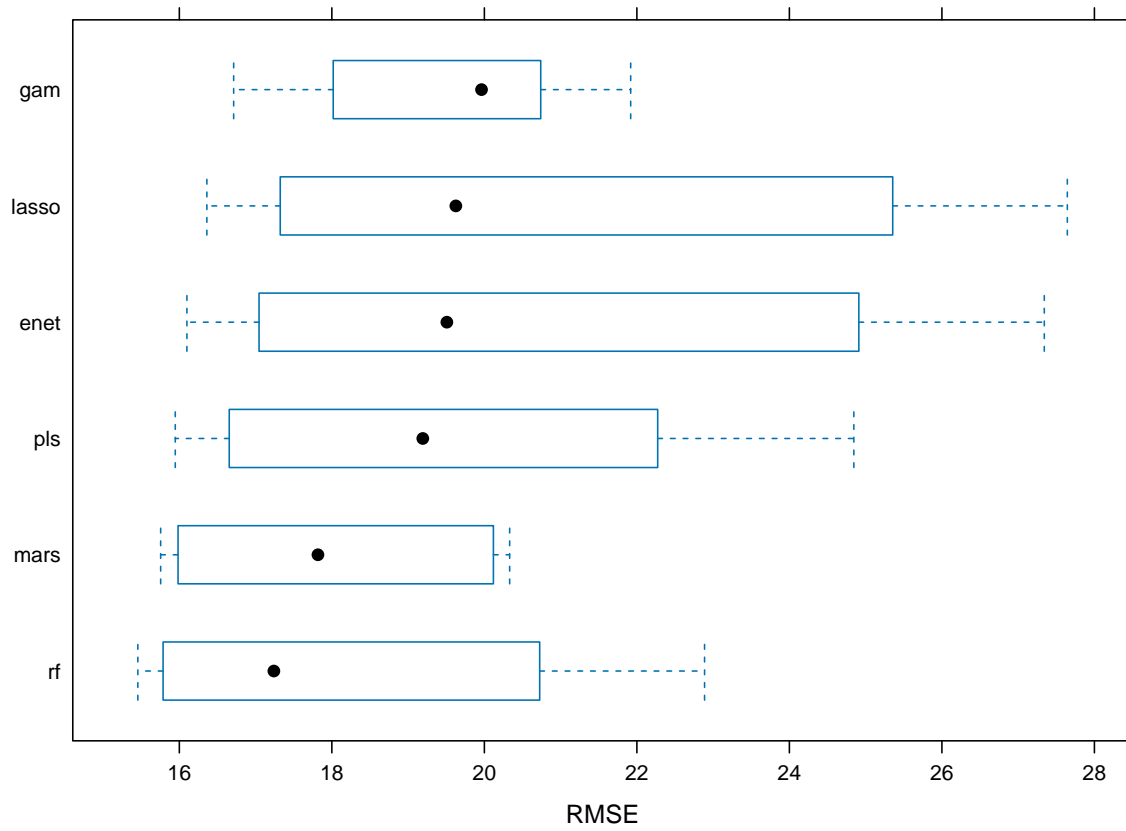
```

Using bw-plot to compare their RMSE.

```

bwplot(resamp, metric = "RMSE")

```



Hence, we selected Random Forest Model as it has smallest RMSE.