

## International Sugar-Sweetened Soft Drink Survey 2015 - All Data

Data table sorted by brand, alphabetically, highest sugars per 330ml serving Product information was collected online, instore or direct from manufacturers

Colour coding based on front of pack colour coded labelling criteria

Sugars - Red >13.5g/portion or >11.25g/100ml, Amber >2.5≤11.25/100ml, Green ≤2.25g/100ml \*Serving size has been standardised to 330ml, regular can size.

Sugars content per 330ml has been rounded up to the nearest whole number

		ounded up to the nearest whole number	T
Country	Product	Sugars (g) per 330ml* serving	Teaspoons sugar (g) equiv/330ml* serving
7 Up			
Canada	7 Up	39	
India	7 Up	39	
Australia	7 Up	37	
Germany	7 Up	37	9
UK	7 Up	36	
USA	7 Up	35	9
Coca Cola			
Canada	Coca Cola	39	
Japan	Coca Cola	37	
India	Coca Cola	36	
Bangladesh	Coca Cola	36	
South Korea	Coca Cola	36	
Vietnam	Coca Cola	36	
Argentina	Coca Cola	36	
USA	Coca Cola	36	
Chile	Coca Cola	36	
Switzerland	Coca Cola	36	
Poland	Coca Cola	36	
Belgium	Coca Cola	36	
Greece	Coca Cola	36	
Indonesia	Coca Cola	36	
Austria	Coca Cola	35	
UAE	Coca Cola	35	
South Africa	Coca Cola	35	
France	Coca Cola	35	
Spain	Coca Cola	35	9
Germany	Coca Cola	35	
Italy	Coca Cola	35	
Estonia	Coca Cola	35	
Ireland	Coca Cola	35	
Netherlands	Coca Cola	35	
Australia	Coca Cola	35	9
New Zealand	Coca Cola	35	
Pakistan	Coca Cola	35	
Israel	Coca Cola	35	
Singapore	Coca Cola	35	9
Morocco	Coca Cola	35	
UK	Coca Cola	35	9
Brazil	Coca Cola	35	
Mexico	Coca Cola	34	
Venezuela	Coca Cola	34	
Ecuador	Coca Cola	33	
Colombia	Coca Cola	33	
Thailand	Coca Cola	32	8
Dr Pepper			
USA	Dr Pepper	36	
Canada	Dr Pepper	35	
UK	Dr Pepper	24	6
Ireland	Dr Pepper	24	6
Germany	Dr Pepper	22	6
Fanta Orange	In the Owner.		
India	Fanta Orange	43	
Vietnam	Fanta Orange	43	
Ecuador	Fanta Orange	43	
Thailand	Fanta Orange	41	
Colombia	Fanta Orange	41	10
USA	Fanta Orange	41	10
New Zealand	Fanta Orange	41	10
Turkey			
	Fanta Orange	40	
Chile	Fanta Orange Fanta Orange	40 40	10
Italy	Fanta Orange Fanta Orange Fanta Orange	40 40 39	10 10
Italy Belgium	Fanta Orange Fanta Orange Fanta Orange Fanta Orange	40 40 39 39	10 10 10
Italy Belgium Netherlands	Fanta Orange Fanta Orange Fanta Orange Fanta Orange Fanta Orange Fanta Orange	40 40 39 39 39	10 10 10 10 10
Italy Belgium Netherlands Russia	Fanta Orange	40 40 39 39 39 39	10 10 10 10 10 10
Italy Belgium Netherlands Russia Hungary	Fanta Orange	40 40 39 39 39 39 39	10 10 10 10 10 10 9
Italy Belgium Netherlands Russia Hungary Australia	Fanta Orange	40 40 39 39 39 39 38 38 37	10 10 10 10 10 10 9 9
Italy Belgium Netherlands Russia Hungary Australia Brazil	Fanta Orange	40 40 39 39 39 38 38 37 37	10 10 10 10 10 10 9 9
Italy Belgium Netherlands Russia Hungary Australia Brazil Singapore	Fanta Orange	40 40 39 39 39 38 37 37 37 36	10 10 10 10 10 10 9 9 9
Italy Belgium Netherlands Russia Hungary Australia Brazil Singapore Serbia	Fanta Orange	40 40 39 39 39 38 37 37 37 36	10 10 10 10 10 10 9 9 9 9
Italy Belgium Netherlands Russia Hungary Australia Brazil Singapore Serbia Kuwait	Fanta Orange	40 40 39 39 39 38 37 37 36 36 36 35	10 10 10 10 10 10 9 9 9 9 9
Italy Belgium Netherlands Russia Hungary Australia Brazil Singapore Serbia Kuwait Oman	Fanta Orange	40 40 39 39 39 38 37 37 36 36 36 35 33 33	10 10 10 10 10 10 9 9 9 9 9 9
Italy Belgium Netherlands Russia Hungary Australia Brazil Singapore Serbia Kuwait Oman Qatar	Fanta Orange	40 40 39 39 39 38 38 37 37 36 36 35 33 33 33	10 10 10 10 10 10 9 9 9 9 9 9 9 8 8
Italy Belgium Netherlands Russia Hungary Australia Brazil Singapore Serbia Kuwait Oman Qatar France	Fanta Orange	40 40 39 39 39 38 38 37 37 36 36 36 35 33 33 33 33	10 10 10 10 10 10 9 9 9 9 9 9 9 8 8 8
Italy Belgium Netherlands Russia Hungary Australia Brazil Singapore Serbia Kuwait Oman Qatar	Fanta Orange	40 40 39 39 39 38 38 37 37 36 36 35 33 33 33	10 10 10 10 10 10 9 9 9 9 9 9 9 9 8 8 8

Austria Fa			
	anta Orange	30	
le	anta Orange	30	7
Spain Fa	anta Orange	28	7
Argentina Fa	anta Orange	23	6
Ireland Fa	anta Orange	23	6
UK Fa	anta Orange	23	6
Pepsi			
	epsi	39	10
	'epsi	38	10
	'epsi	38	9
	'epsi	38	9
	'epsi	36	
	'epsi	36	
	epsi	36	
		36	9
	epsi		
	epsi	36	9
	epsi	36	
	epsi	36	
	'epsi	36	
	epsi	36	
	'epsi	35	9
	'epsi	35	9
	epsi	35	9
Serbia Pe	epsi	35	9
Schweppes Tonic Water			
	chweppes Tonic Water	45	11
	chweppes Tonic Water	30	8
	chweppes Tonic Water	30	8
	chweppes Tonic Water	30	7
	chweppes Tonic Water	30	
	chweppes Tonic Water	29	
	chweppes Tonic Water	29	7
	chweppes Tonic Water		7
		29	
	chweppes Tonic Water	29	7
	chweppes Tonic Water	29	7
	chweppes Tonic Water	29	7
	chweppes Tonic Water	29	7
Hungary	chweppes Tonic Water	29	7
Canada Sc	chweppes Tonic Water	29	7
Poland Sc	chweppes Tonic Water	28	7
	chweppes Tonic Water	28	7
	chweppes Tonic Water	28	7
	chweppes Tonic Water	17	
	chweppes Tonic Water	16	
Sprite	criveppes rome water		
		47	12
Thailand Sr.	prite 	47	12
Thailand Sr India Sr	prite	40	10
Thailand         Sp           India         Sp           UAE         Sp	prite prite	40 39	10 10
Thailand         Sp           India         Sp           UAE         Sp           Kuwait         Sp	prite prite prite	40 39 39	10 10 10
Thailand         Sp           India         Sp           UAE         Sp           Kuwait         Sp           Syria         Sp	prite prite prite prite	40 39 39 39	10 10 10 10
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr	prite prite prite prite prite prite prite	40 39 39 39 39	10 10 10 10 10 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr	prite prite prite prite	40 39 39 39 38 38	10 10 10 10 10 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr	prite prite prite prite prite prite prite	40 39 39 39 39	10 10 10 10 10 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr	prite prite prite prite prite prite	40 39 39 39 38 36 36	10 10 10 10 10 9 9 9
Thailand         Sp.           India         Sp.           UAE         Sp.           Kuwait         Sp.           Syria         Sp.           USA         Sp.           Vietnam         Sp.           Pakistan         Sp.           Algeria         Sp.	prite prite prite prite prite prite prite prite prite	40 39 39 39 38 38 36	10 10 10 10 10 9 9 9
Thailand         Sp.           India         Sp.           UAE         Sp.           Kuwait         Sp.           Syria         Sp.           USA         Sp.           Vietnam         Sp.           Pakistan         Sp.           Algeria         Sp.           South Africa         Sp.	prite	40 39 39 39 38 36 36	10 10 10 10 10 9 9 9 9
Thailand         Sp.           India         Sp.           UAE         Sp.           Kuwait         Sp.           Syria         Sp.           USA         Sp.           Vietnam         Sp.           Pakistan         Sp.           Algeria         Sp.           South Africa         Sp.           Kenya         Sp.	prite	40 39 39 39 38 36 36 36 36	10 10 10 10 10 9 9 9 9 9
Thailand         Sr.           India         Sr.           UAE         Sr.           Kuwait         Sr.           Syria         Sr.           USA         Sr.           Vietnam         Sr.           Pakistan         Sr.           Algeria         Sr.           South Africa         Sr.           Kenya         Sr.           Rwanda         Sr.	prite	40 39 39 39 38 36 36 36 36 36	10 10 10 10 10 9 9 9 9 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr	prite	40 39 39 39 38 36 36 36 36 36 36	10 10 10 10 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr	prite	40 39 39 39 38 36 36 36 36 36 36	10 10 10 10 10 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr	prite	40 39 39 39 38 36 36 36 36 36 36 36	10 10 10 10 10 9 9 9 9 9 9 9 9
Thailand         Sp.           India         Sp.           UAE         Sp.           Kuwait         Sp.           Syria         Sp.           USA         Sp.           Vietnam         Sp.           Pakistan         Sp.           Algeria         Sp.           South Africa         Sp.           Kenya         Sp.           Rwanda         Sp.           Nigeria         Sp.           Uganda         Sp.           Ethiopia         Sp.           Botswana         Sp.	prite	40 39 39 39 38 36 36 36 36 36 36 36 36	10 10 10 10 10 10 9 9 9 9 9 9 9 9 9 9 9
Thailand         \$F           India         \$F           India         \$F           India         \$F           India         \$F           India         \$F           Kuwait         \$F           Syria         \$F           USA         \$F           Vietnam         \$F           Pakistan         \$F           Algeria         \$F           South Africa         \$F           Kenya         \$F           Rwanda         \$F           Nigeria         \$F           Uganda         \$F           Ethiopia         \$F           Botswana         \$F           Colombia         \$F	prite	40 39 39 39 38 36 36 36 36 36 36 36 36	10 10 10 10 10 9 9 9 9 9 9 9 9 9 9 9
Thailand	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 9 9 9 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 9 9 9 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           India         Sr           India         Sr           India         Sr           India         Sr           Sr         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr	prite	40 39 39 38 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 9 9 9 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 9 9 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           UAE         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 9 9 9 9 9 9 9 9
Thailand         Sp           India         Sp           UAE         Sp           Kuwait         Sp           Syria         Sp           USA         Sp           Vietnam         Sp           Pakistan         Sp           Algeria         Sp           South Africa         Sp           Kenya         Sp           Rwanda         Sp           Nigeria         Sp           Uganda         Sp           Ethiopia         Sp           Botswana         Sp           Colombia         Sp           Australia         Sp           Turkey         Sp           Ecuador         Sp           New Zealand         Sp           Chile         Sp	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 9 9 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           UAE         Sr           St         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr           Chile         Sr           Germany         Sr	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 10 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           India         Sr           India         Sr           India         Sr           India         Sr           Sr         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr           Chile         Sr           Germany         Sr           Italy         Sr	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 10 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           India         Sr           India         Sr           India         Sr           India         Sr           St         Sr           Kuwait         Sr           Sr         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr           Chile         Sr           Germany         Sr           Italy         Sr           Oman         Sr	prite	40 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           India         Sr           India         Sr           India         Sr           India         Sr           St         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr           Chile         Sr           Germany         Sr           Italy         Sr           Netherlands         Sr	prite	40 39 39 38 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           India         Sr           India         Sr           India         Sr           India         Sr           St         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr           Chile         Sr           Germany         Sr           Italy         Oman           Netherlands         Sr           France         Sr	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 9 9 9 9 9 9 9 9
Thailand         Sr.           India         Sr.           India         Sr.           UAE         Sr.           Sr.         Sr.           Syria         Sr.           USA         Sr.           Vietnam         Sr.           Pakistan         Sr.           Algeria         Sr.           South Africa         Sr.           Kenya         Sr.           Rwanda         Sr.           Nigeria         Sr.           Uganda         Sr.           Ethiopia         Sr.           Botswana         Sr.           Colombia         Sr.           Australia         Sr.           Turkey         Sr.           Ecuador         Sr.           New Zealand         Sr.           Chile         Sr.           Germany         Sr.           Italy         Sr.           Netherlands         Sr.           France         Sr.           Belgium         Sr.	prite	40 39 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 9 9 9 9 9 9 9 9
Thailand         Sr.           India         Sr.           India         Sr.           India         Sr.           Sr.         Sr.           Kuwait         Sr.           Syria         Sr.           USA         Sr.           Vietnam         Sr.           Pakistan         Sr.           Algeria         Sr.           South Africa         Sr.           Kenya         Sr.           Rwanda         Sr.           Nigeria         Sr.           Uganda         Sr.           Ethiopia         Sr.           Botswana         Sr.           Colombia         Sr.           Australia         Sr.           Turkey         Sr.           Ecuador         Sr.           New Zealand         Sr.           Chile         Sr.           Germany         Sr.           Italy         Sr.           Oman         Sr.           Netherlands         Sr.           France         Sr.           Belgium         Sr.           Ireland         Sr.	prite	40 39 39 39 39 38 36 36 36 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 9 9 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           India         Sr           India         Sr           India         Sr           India         Sr           Sr         Sr           Kuwait         Sr           Syria         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr           Chile         Sr           Germany         Sr           Italy         Sr           Oman         Sr           Netherlands         Sr           France         Sr           Belgium         Sr	prite	40 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 9 9 9 9 9 9 9 9 9 9 9
Thailand         Sr           India         Sr           India         Sr           India         Sr           India         Sr           India         Sr           St         Sr           Kuwait         Sr           Sr         Sr           USA         Sr           Vietnam         Sr           Pakistan         Sr           Algeria         Sr           South Africa         Sr           Kenya         Sr           Rwanda         Sr           Nigeria         Sr           Uganda         Sr           Ethiopia         Sr           Botswana         Sr           Colombia         Sr           Australia         Sr           Turkey         Sr           Ecuador         Sr           New Zealand         Sr           Chile         Sr           Germany         Sr           Italy         Sr           Oman         Sr           Netherlands         Sr           France         Sr           Belgium         Sr	prite	40 39 39 38 38 36 36 36 36 36 36 36 36 37 38 38 38 39 30 30 31 31 32 33 33 33 33 33 34 35 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 10 10 10 10 10 1
Thailand         Sg           India         Sg           India         Sg           India         Sg           India         Sg           India         Sg           Se         Sg           Kuwait         Sg           Syria         Sg           USA         Sg           Vietnam         Sg           Pakistan         Sg           Algeria         Sg           South Africa         Sg           Kenya         Sg           Rwanda         Sg           Nigeria         Sg           Uganda         Sg           Ethiopia         Sg           Botswana         Sg           Colombia         Sg           Australia         Sg           Turkey         Sg           Ecuador         Sg           New Zealand         Sg           Chile         Sg           Germany         Sg           Italy         Sg           Oman         Sg           Netherlands         Sg           France         Sg           Belgium         Sg	prite	40 39 39 38 36 36 36 36 36 36 36 36 36 36	10 10 10 10 10 10 10 10 10 9 9 9 9 9 9 9