# Personalizing Dialogue Agents via Meta-Learning

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### **Abstract**

Existing personalized dialogue models use human designed persona descriptions to improve dialogue consistency. Collecting such descriptions from existing dialogues is expensive and requires hand-crafted feature designs. In this paper, we propose to extend Model-Agnostic Meta-Learning (MAML) (Finn et al., 2017) to personalized dialogue learning without using any persona descriptions. Our model learns to quickly adapt to new personas by leveraging only a few dialogue samples collected from the same user, which is fundamentally different from conditioning the response on the persona descriptions. Empirical results on Persona-chat dataset (Zhang et al., 2018) indicate that our solution outperforms non-metalearning baselines using automatic evaluation metrics, and in terms of human-evaluated fluency and consistency.

### 1 Introduction

There is a growing interest in learning personalized chit-chat dialogue agents for making chatbots more consistent. Recently, a multi-turn conversational dataset called Persona-chat (Zhang et al., 2018) has been released, where two speakers are paired and a persona description (4-5 sentences) is randomly assigned to each of them. For example, "I am an old man" and "I like to play football" are one of the possible persona descriptions provided to the speaker. By conditioning the response generation on the persona descriptions, a chit-chat model is able to produce a more persona consistent dialogue (Zhang et al., 2018).

However, it is difficult to capture a persona just by using few sentences, and collecting a nonsynthetic set of persona descriptions from a real human-human conversation, e.g., Reddit, is challenging as well since it requires hand-crafted fea-

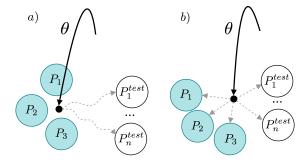


Figure 1: The difference between finetuning from a) joint training on all personas and b) meta-learning persona. The solid line represents the optimization path of the initial parameters and dashed line the fine-tuning path. Meta-learned initial parameters can faster adapt to a new persona.

ture designs (Mazare et al., 2018). In light of this, we propose to leverage a set of dialogues done by the same persona directly, instead of using its persona descriptions, to generate a more consistent response.

We consider learning different personas as different tasks via meta-learning algorithms, which is fundamentally different from optimizing the model to represent all the personas. A high-level intuition of the difference between these two approaches is shown in Figure 1. We aim to learn a persona-independent model that is able to quickly adapt to a new persona given the dialogues. We formulate this task as a few-shot learning problem, where *K* dialogues are used for training and the remaining for the test. Hence, we expect to learn initial parameters of a dialogue model that can quickly adapt to the response style of a certain persona just by using few dialogues.

The main contribution of this paper is to cast the personalized dialogue learning as a meta-learning problem, which allows our model to generate personalized responses by efficiently leveraging only a few dialogue samples instead of human-designed

<sup>&</sup>lt;sup>†</sup> These two authors contributed equally.

persona descriptions. Empirical results show that our solution outperforms joint training, in terms of human-evaluated fluency and consistency.

### 2 Personalized Dialogue Learning

### 2.1 Persona-conditioned dialogue

In Persona-chat dataset (Zhang et al., 2018), a dialogue is defined as a set of utterances  $U = \{u_1, \ldots, u_n\}$  and a persona description is defined as a set of sentences  $P = \{p_1, \ldots, p_m\}$ . A personalized dialogue model  $f_\theta$  is trained to produce a response  $Y = u_t$  conditioned on previous utterances  $X = \{u_1, \ldots, u_{t-1}\}$  and persona sentences P.

$$f_{\theta}(Y|X, P; \theta) = p(u_t|u_{1:t-1}, p_{1:m}; \theta)$$
 (1)

### 2.2 Persona-agnostic dialogue

Instead of conditioning our response on the persona sentences, we first adapt  $\theta$  to the set of dialogue made by a persona P and then we only use the dialogue history to condition our response. Eq. (1) becomes:

$$f_{\theta}(Y|X;\theta) = p\left(u_t|u_{1:t-1};\theta\right) \tag{2}$$

Therefore, we define the set of dialogues of a persona P as  $\mathcal{D}_p = \{U_1, \dots, U_k\}$ . Conceptually, a model  $f_\theta$  is expected to generate personalized response after being trained with a few dialogues example from  $\mathcal{D}_p$ . The main idea of our work is to use Model-Agnostic Meta-Learning (MAML) (Finn et al., 2017) to learn an initial set of parameters that can quickly learn a persona from few dialogues sample. We refer to the proposed meta-learning method for persona dialogues as Persona-Agnostic Meta-Learning (PAML).

**Persona-agnostic meta-learning (PAML)** We define the persona meta-dataset as  $\mathscr{D} = \{\mathcal{D}_{p_1}, \ldots, \mathcal{D}_{p_z}\}$ , where z is the number of persona. Before training,  $\mathscr{D}$  is split into  $\mathscr{D}_{train}, \mathscr{D}_{valid}, \mathscr{D}_{test}$ . For each training epoch, we uniformly sample a batch of personas  $\mathcal{D}_{p_i}$  from  $\mathscr{D}_{train}$ , then from each persona in  $\mathcal{D}_{p_i}$  we sample a set of dialogues as training  $\mathcal{D}_{p_i}^{train}$ , and another set of dialogues as validation  $\mathcal{D}_{p_i}^{valid}$ . After t iterations of training on  $\mathcal{D}_{p_i}^{train}$ , the dialogue model  $f_{\theta}$ , parameterized by  $\theta$ , is updated to  $\theta'_{p_i}$  by standard gradient descent,

$$\theta_{p_i}' = \theta - \alpha \nabla_{\theta} \mathcal{L}_{\mathcal{D}_{p_i}^{train}} (f_{\theta})$$
 (3)

Algorithm 1 Persona-Agnostic Meta-Learning

 $\overline{\mathbf{Require:}\ \mathscr{D}_{train}}$ 

**Require:**  $\alpha, \beta$ : step size hyperparameters

- 1: Randomly initialize  $\theta$ 2: **while** not done **do** 3: Sample batch of persona  $\mathcal{D}_{p_i} \sim \mathcal{D}_{train}$ 4: **for all**  $\mathcal{D}_{p_i}$  **do**
- 4: **for all**  $\mathcal{D}_{p_i}$  **do**5:  $(\mathcal{D}^{train}_{p_i}, \mathcal{D}^{valid}_{p_i}) \sim \mathcal{D}_{p_i}$ 6: Evaluate  $\nabla_{\theta} \mathcal{L}_{\mathcal{D}^{train}_{p_i}}(f_{\theta})$  using  $\mathcal{D}^{train}_{p_i}$
- 7: Compute adapted parameters with gradient descent:

$$\theta_{p_i}' = \theta - \alpha \nabla_{\theta} \mathcal{L}_{\mathcal{D}_{p_i}^{train}} \left( f_{\theta} \right)$$

8: **end for** 

9: 
$$\theta \leftarrow \theta - \beta \sum_{\mathcal{D}_{p_i} \sim \mathcal{D}_{train}} \nabla_{\theta} \mathcal{L}_{\mathcal{D}_{p_i}^{valid}} \left( f_{\theta_{p_i}'} \right)$$

10: end while

where  $\alpha$  is learning of the inner optimization, and  $\mathcal{L}_{\mathcal{D}_{p_i}^{train}}$  the training loss. Specifically, crossentropy loss is used for training the response generation:

$$\mathcal{L}_{\mathcal{D}_{p_i}}(f_{\theta}) = -\sum_{\mathcal{D}_{p_i}} \log p\left(u_t | u_{1:t-1}; \theta\right) \quad (4)$$

The meta-learning model is then trained to maximize the performance of the adapted model  $f_{\theta'_{p_i}}$  to the unseen dialogues in  $\mathcal{D}_{p_i}^{valid}$ . Following Finn et al. (2017), we define the meta-objective as:

$$\min_{\theta} \sum_{\mathcal{D}_{p_{i}} \sim \mathcal{D}_{train}} \mathcal{L}_{\mathcal{D}_{p_{i}}^{valid}} \left( f_{\theta_{p_{i}}'} \right) = \sum_{\mathcal{D}_{p_{i}} \sim \mathcal{D}_{train}} \mathcal{L}_{\mathcal{D}_{p_{i}}^{valid}} \left( f_{\theta - \alpha \nabla_{\theta}} \mathcal{L}_{\mathcal{D}_{p_{i}}^{train}}(f_{\theta}) \right) \tag{5}$$

where  $\mathcal{L}_{\mathcal{D}_{p_i}^{valid}}\left(f_{\theta_{p_i}'}\right)$  is the loss evaluated on  $\mathcal{D}_{p_i}^{valid}$ . For optimizing Eq.(5), we apply again stochastic gradient descent on the meta-model parameters  $\theta$  by computing the gradient of  $\mathcal{L}_{\mathcal{D}_{p_i}^{valid}}\left(f_{\theta_{p_i}'}\right)$ , which is:

$$\theta \leftarrow \theta - \beta \sum_{\mathcal{D}_{p_i} \sim \mathcal{D}_{train}} \nabla_{\theta} \mathcal{L}_{\mathcal{D}_{p_i}^{valid}} \left( f_{\theta_{p_i}'} \right)$$
 (6)

where  $\beta$  is meta-learning rate. This process requires second order optimization partial derivatives, which can be computed by any automatic differentiation library (e.g. PyTorch, Tensorflow etc.). A summary of the training procedure is shown in Algorithm 1.

	Automatic			Human	
	PPL	BLEU	C	Fluency	Consistency
Human	-	-	0.33	3.434	0.234
Dialogue+Persona	30.42	1.00	0.07	3.053	0.011
Dialogue	36.75	0.64	-0.03	-	-
Dialogue+Fine-tuning	32.96	0.90	0.00	3.103	0.038
PAML	41.64	0.74	0.20	3.185	0.197

Table 1: Results of automatic and human evaluation: *PAML* vs *Dialogue+Persona* shows the our approach can achieve good consistency by using few dialogues instead of conditioning on the persona description, *PAML* vs *Dialogue+Fine-tuning* shows the effectiveness of meta-learning approach in personalizing dialogue model.

### 3 Experiment and Results

The experiments are conducted using Personachat (Zhang et al., 2018). To create the meta-sets  $\mathcal{D}$ , we match the dialogues by their persona description separately for train, validation and test, by following the same persona split as in Zhang et al. (2018). On average each persona description has 8.3 unique dialogues. In the Appendix, we report the number of dialogue distribution.

**Experimental setting** In our experiments, we compared different training settings: (*Dialogue*) a model trained using dialogue history, as in Eq.(2); (*PAML*) a meta-trained model as in Eq.(5), where we test each set  $\mathcal{D}_{p_i} \in \mathscr{D}_{test}$  by selecting one dialogue and training with all the others. To elaborate, suppose we are testing  $U_t \in \mathcal{D}_{p_i}$  then we first fine-tuning using all the dialogues in  $\mathcal{D}_{p_i} \setminus U_t$ , and then test on  $U_t$ . This process is repeated for all the dialogues in  $\mathcal{D}_{p_i}$ . (*Dialogue+Fine-tuning*) we use the same testing as *PAML* but on a model trained as *Dialogue*. We also report a trained model that assumes persona description is available and we refer it as (*Dialogue+Persona*).

**Implementation details** We implemented  $f_{\theta}$  using a standard Transformer architecture (Vaswani et al., 2017) with pre-trained Glove embedding (Pennington et al., 2014) <sup>1</sup>. For the standard training, we used Adam (Kingma and Ba, 2014) optimizer with a warm-up learning rate strategy, and a batch size of 32. Instead, in meta-training, we used SGD for the inner loop and Adam for the outer loop with learning rate  $\alpha=0.01$  and  $\beta=0.0003$  respectively, and batch size of 16 for both. In all the model we used beam search with beam size 5.

#### 3.1 Evaluation metric

The objective of the evaluation is to verify whether PAML can produce a more consistent response with reference to the given dialogue and persona description (even though is not seen). To do so, we employ both automatic and human evaluation.

Automatic We report perplexity and BLEU score (Papineni et al., 2002) of the generate sentences against the human-generated prediction. Aside of standards evaluation metrics, we also train a Natural Language Inference (NLI) model using Dialog NLI (Sean et al., 2018) dataset, a recently proposed corpus based on Persona dataset, with NLI annotation between persona description sentences and dialogues utterance. We fine-tune a pre-trained BERT model (Devlin et al., 2018) using the DNLI corpus and achieve a test set accuracy of 88.43%, which is aligned to the bestreported model ESIM (Chen et al., 2017) in Sean et al. (2018) (with 88.20% accuracy). Then, we defined a new evaluation metric for dialogue consistency as follow:

$$\mathbf{NLI}(u, p_j) = \begin{cases} 1 & \text{if } u \text{ entails } p_j \\ 0 & \text{if } u \text{ is independent to } p_j \\ -1 & \text{if } u \text{ contradicts } p_j \end{cases}$$

$$C(u) = \sum_{j}^{m} \mathbf{NLI}(u, p_j) \tag{7}$$

where u is a generated utterance and the  $p_j$  is one sentence in the persona description. Hence, having a higher consistency  $\boldsymbol{C}$  score means having a more persona consistent dialogue response.

**Human** Since automatic evaluation performs poorly in this task (Liu et al., 2016), we perform a human evaluation using crowd-sourced workers. We randomly selected 300 generated response examples from 10 unique personas and we asked

<sup>&</sup>lt;sup>1</sup>The model and the pre-processing scripts are available at https://github.com/HLTCHKUST/PAML

each worker to evaluate fluency (1 to 5) and consistency of the generated response with respect to the dialogue history and the respective persona description. We asked the workers to assign a score of 1, 0 or -1 for consistent, neutral, and contradicts respectively, the full instruction set is available in the Appendix.

#### 3.2 Results

Table 1 shows both automatic and human evaluation results. *PAML* achieve consistently better results in term of dialogue consistency in both automatic and human evaluation. The latter also shows that all the experimental settings have comparable fluency scores, where instead perplexity and BLEU score are lower in *PAML*. This confirms that these measures are not correlated to human judgment (Liu et al., 2016). For completeness, we also show generated responses examples from *PAML* and baseline models in Appendix.

On the other hand, the human evaluated consistency is aligned to the *C* score, which confirms the meaningfulness of the defined measure. This agrees with results of Sean et al. (2018), where the authors showed that by re-ranking the beam search hypothesis using the DNLI score (i.e. *C* score), they achieved a substantial improvement in dialogue consistency.

**Few-shot Learning** We analyze the ability of our model to fast adapt to a certain persona in term of shots. We define shot as the number of dialogues used in  $\mathcal{D}_{p_i}^{train}$  for fine-tuning a certain persona, e.g. 1-shot one dialogue, 3-shot three dialogue and so on. Figure 2 compares the k-shot consistency C results for k equal to 0, 1, 3, 5 and 10, both PAML and Dialogue+Finetuning. PAML can achieve a high consistency score just by using 3 dialogues, which is better than Persona+Dialogue. On the other hand, Dialogue+Fine-tuning cannot properly leverage the dialogues in  $\mathcal{D}_{p_i}$ , which proves the effectiveness of training with meta-learning.

#### 4 Related Work

Meta-Learning Meta-learning (Thrun and Pratt, 1998; Schmidhuber, 1987, 1992; Naik and Mammone, 1992; Bengio et al., 1992) is sub-field of machine learning with the aim of learning the learning algorithm itself. Recently, several meta-learning models has been proposed for solving few-shot image classification (Ravi

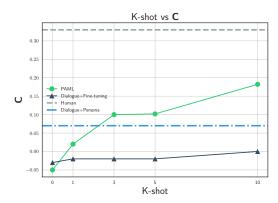


Figure 2: k-shot results for different settings. Consistency of *PAML* grows linearly with respect to k.

and Larochelle, 2016; Vinyals et al., 2016; Finn et al., 2017; Mishra et al., 2017; Santoro et al., 2016), optimization (Andrychowicz et al., 2016) and reinforcement learning (Finn et al., 2017). Meta-learning for NLP application is less common, and it has been applied in semantic parsing task (Huang et al., 2018), machine translation for low resource language (Gu et al., 2018), and for text classification (Yu et al., 2018). To the best of our knowledge, this is the first attempt in adapting meta-learning to personalized dialogue learning.

Personalized Dialogue Li et al. (2016) was the first to propose a persona based dialogue models for improving response consistency. Zhang et al. (2018) introduced Persona-chat, which was further extended in ConvAI2 (2019). Several works improved on the initial baselines with various methodologies (Kulikov et al., 2018; Yavuz et al.; Hancock et al., 2019; Lucas et al., 2009; Joshi et al., 2017; Zemlyanskiy and Sha, 2018; Gao et al., 2018). However, all of these previous works conditioned their response on the persona description, instead of using the dialogues produced by the persona.

#### 5 Conclusion

In this paper, we present a novel meta-learning setting for personalizing dialogue agents without conditioning the model response to the persona description. This is especially useful since obtaining such persona description requires human effort. Moreover, we show that a dialogue agent trained with meta-learning achieves a more consistent dialogue by both of automatic measures and human evaluation. In future works, we plan to apply meta-learning to comment genera-

tion (Lin et al., 2019) and task-oriented dialogues systems (Madotto et al., 2018; Wu et al., 2019, 2017, 2018; Reddy et al., 2018).

## 6 Acknowledgments

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# **A** Supplemental Material

## A.1 Dialogue examples

#### A.2 Plots

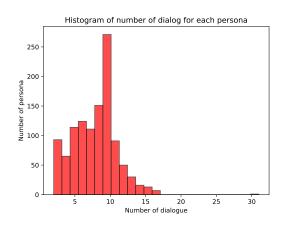


Figure 3: Distribution of number of dialogues for each persona description in the training set.

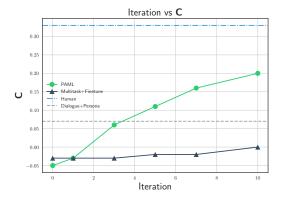


Figure 4: Iteration of finetuning versus consistency. Consistency of *PAML* grows linearly with respect to the iteration.

#### A.3 Human evaluation

To each crowed worker we show a dialogue history, a persona description and the generated response from one of the evaluated settings. Then we ask them to evaluate fluency and consistency. The former is a pretty straightforward measure, where instead we defined consistency as following:

An answer is considered **consistent** if and only if it

- does **not contradict** with neither the dialogue history, nor the persona description;
- is relevant to any of the given persona description sentences.

Usually, generic answer like "I am not sure" or "I am sorry to hear that" are considered Neutral. For example, from the persona description, if User 2 likes basketball, talking about basketball will make the answer **consistent**. An answer like "I hate basketball" will be considered a **contradiction**. However, in the following cases, the answer is considered **neutral**:

- The answer does **not contradict** neither the dialogue history nor the persona description
- The answer is **not relevant** to any of the given persona description sentences

For example, from the persona description, if User 2 likes basketball, talking about swimming is considered **neutral**, as it is not relevant to basketball but does not contradict anything.

Therefore, we ask you to score only the consistency as such:

- The answer is contradicting:-1
- The answer is neutral: 0
- The answer is consistent: 1

Persona					
autumn is my favorite season					
i have a turtle named timothy					
my favorite sport is ultimate frisbee					
	my parents are living in bora bora				
Dialogue History					
Usr:	hey there . how are you ?				
Sys:	hey there . i am fine . what about you ?				
Usr:	been better . stressful day at work .				
Sys:	do you work on sundays ?				
Usr:	yep . i work fast food . always working on a sunday .				
Sys:	how old are you? if do not mind to share it.				
Usr:	i am 20 and i have been doing this for 4 years.				
Sys:	you are too young . do you study?				
Usr:	no . i left high school at 16 to help my family . trying				
	to get my ged soon.				
Sys:	i feel so sorry . you should get it soon .				
Usr:	yeah trying my best but helping my family out of				
	these bad apartments is my main goal.				
Sys:					
Usr:	haha thanks . enough about me . what do you like to do?				
	Generated Responses				
Human:	i finished college now looking for a job				
Dialogue:	i like to play video games.				
Persona+Dialogue:	i like to play ultimate frisbee.				
Multi-task+Fine-tune:					
<i>PAML:</i> i like to play frisbee with my friends.					

# Persona

# i am a student

i am very studious and do not like to party or drink i grew up in the united states of america i want to be a marine biologist

i want to be a marme biologist				
Dialogue history				
Usr:	hi how are you today			
Sys:	i am well, studying for an exam			
Usr:	for college or for what ?			
Sys:	yes college . working on a degree in marine biology			
Usr:	nice i love fish and that stuff			
Sys:	sounds fun, unlike kids my age i do not			
	drink, smoke or party			
Usr:	Usr: straight edge is the way to go minor threat says			
Sys:	i guess . what do you do			
Usr:	i just go to the gym all day really			
Sys:	you must be very strong then			
Usr:	yeah but i am single.			
Sys:	trying to find a mate at the gym?			
Usr:	no i actually enjoy being alone			
	Generated Responses			
Human:	that is absolutely fine nothing wrong			
	with being alone			
Dialog:	what do you do for work?			
Persona+Dialog:	what do you do for work?			
Multi-task+Finetune:	what do you do for work?			
PAML:	do you like to read? i like to read.			

	Persona			
	autumn is my favorite season			
	i have a turtle named timothy			
	i love to meet new people			
	my parents are living in bora bora			
Dialogue history				
Usr:	hi, tell me about yourself.			
Sys:	i have a pet turtle that i love! his name is timothy			
Usr:	that is cool . i like fantasy videogames . do you play any?			
Sys:	not really . i like hanging out with people in person			
Usr:	ah . well i am pretty shy so i do not go out with			
C	people much .			
Sys:	i understand . i love autumn , how about you ?			
Usr:	yeah, i am from the south so its nice when it cools off for a while.			
Sys:	definitely . my parents went away to bora bora for a while .			
Usr:	oh cool! my mom is a doctor so my parents travel a lot.			
Sys:	what do you do for a living?			
Usr:	i am a computer engineer got a comp sci degree.			
	what do you do?			
Sys:	i am currently in school			
Usr:	do you have any hobbies? i build model spaceships.			
	Generated Responses			
Human:	i guess i like to cook			
Dialog:	that sounds like a lot of fun.			
Persona+Dialog:	i love to build people.			
Multi-task+Finetune:	that is a good idea . i love to play the guitar .			
PAML:	that is awesome . i like to play video games .			