

upon you, you can refuse, in your own mind, to accept it and it will make way for the thing you do want.

10. Lastly, remember that your dominating thoughts attract, through a definite law of nature, by the shortest and most convenient route, their physical counterpart. Be careful what your thoughts dwell upon.

*Q* That list looks imposing. Give me a simple formula, combining all the ten points. If you had to combine all ten in one, what would it be?

*A* Be definite in everything you do and never leave unfinished thoughts in the mind. Form the habit of reaching definite decisions on all subjects.

*Q* Can the habit of drifting be broken, or does it become permanent once it has been formed?

*A* The habit can be broken if the victim has enough will power, providing it is done in time. There is a point beyond which the habit can never be broken. Beyond that point the victim is mine. He resembles a fly that has been caught in a spider's web. He may struggle, but he cannot get out. Each move he makes entangles him more securely. The web in which I entangle my victims permanently is a law of nature not yet isolated by, or understood by, men of science.