So the principle of harmony is a benefit to us when we surround ourselves with other successful people. Think of the people you work with. Are they supporting you...or holding you back?

- Q Now tell me about the last of the seven principles.
- A The last principle is *caution*.

Next to the habit of drifting, the most dangerous human trait is the lack of caution.

People drift into all sorts of hazardous circumstances because they do not exercise caution by planning the moves they make. The drifter always moves without exercising caution. He acts first and thinks later, if at all. He does not choose his friends. He drifts along and allows people to attach themselves to him on their own terms. He does not choose an occupation. He drifts through school and is glad to get the first job that will give him food and clothing. He invites people to cheat him at trade by neglecting to inform himself of the rules of trade. He invites illness by neglecting to inform himself of the rules of sound health. He invites poverty by neglecting to protect himself against the environmental influences of the poverty-stricken. He invites failure at every step he takes by neglecting to exercise the caution to observe what causes people to fail. He invites fear in all its forms by his lack of caution in examining the causes of fear. He fails in marriage because he neglects to use caution in his choice of a mate, and he uses still less caution in his methods of relating himself to her after marriage. He loses his friends or converts them into enemies by his lack of caution in relating himself to them on the proper basis.