Teach children to reach decisions promptly and to change them, if at all, slowly and with reluctance, and never without a definite reason.

Teach children that the human brain is the instrument with which one receives, from the great storehouse of nature, the energy which is specialized into definite thoughts; that the brain does not think, but serves as an instrument for the interpretation of stimuli which cause thought.

Teach children the value of harmony in their own minds and that this is attainable only through self-control.

Teach children the nature and the value of self-control.

Teach children that there is a law of increasing returns which can be and should be put into operation, as a matter of habit, by rendering always more service and better service than is expected of them.

Teach children the true nature of the Golden Rule, and above all show them that through the operation of this principle, everything they do to and for another they do also to and for themselves.

Teach children not to have opinions unless they are formed from facts or beliefs which may reasonably be accepted as facts.

Teach children that cigarettes, liquor, narcotics, and overindulgence in sex destroy the power of will and lead to the habit of drifting. Do not forbid these evils—just explain them.

Teach children the danger of believing anything merely because their parents, religious instructors, or someone else says it is so.