**Q** Am I to understand from what you say that every adversity is a blessing?

A No, I did not say that. I said there is the seed of an equivalent advantage in every adversity. I did not say there was the full-blown flower of advantage, just the seed. Usually the seed consists of some form of knowledge, some idea or plan, or some opportunity which would not have been available except through the change of thought-habits forced by the adversity.

**Q** Are those all the benefits available to human beings through failure?

A No, failure is used by nature as a common language in which she chastises people when they neglect to adapt themselves to her laws.

For example, the world war was man-made and destructive. Nature planted in the circumstances of the war the seed of an equivalent reprimand in the form of a world depression. The depression was inevitable and inescapable. It followed the war as naturally as day follows night and by the operation of the self-same law, the law of hypnotic rhythm.

*Q* Am I to understand that the law of hypnotic rhythm is the same as that which Ralph Waldo Emerson called the law of compensation?

A The law of hypnotic rhythm is the law of compensation. It is the power with which nature balances negative and positive forces throughout the universes, in all forms of energy, in all forms of matter, and in all human relationships.