In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.

Beyond this place of wrath and tears Looms but the Horror of the shade, And yet the menace of the years Finds, and shall find, me unafraid.

It matters not how strait the gate,

How charged with punishments the scroll.

I am the master of my fate:

I am the captain of my soul.

The full moon was just rising over the mountain top. I had never seen it shine so brightly before. As I stood gazing at it, another thought flashed into my mind. It was this:

"You have been telling other people how to master fear and how to surmount the difficulties which arise out of the emergencies of life. From now on you can speak with authority because you are about to rise above your own difficulties with courage and purpose, resolute and unafraid."

With that thought came a change in the chemistry of my being which lifted me into a state of exultation I had never before known. My brain began to clear itself of the state of lethargy into which it had lapsed. My faculty of reason began to work once more.