

short. Concentrate on your assets. Discover your superior talents. Remember, it's not how many brains you've got that matters. Rather, it's how you use your brains that counts. Manage your brains instead of worrying about how much IQ you've got.

2. Remind yourself several times daily, "My attitudes are more important than my intelligence." At work and at home practice positive attitudes. See the reasons why you can do it, not the reasons why you can't. Develop an "I'm winning" attitude. Put your intelligence to creative positive use. Use it to find ways to win, not to prove you will lose.
3. Remember that the ability to *think* is of much greater value than the ability to memorize facts. Use your mind to create and develop ideas, to find new and better ways to do things. Ask yourself, "Am I using my mental ability to make history, or am I using it merely to record history made by others?"

3. "It's No Use. I'm Too Old (or Too Young)."

Age excusitis, the failure disease of never being the right age, comes in two easily identifiable forms: the "I'm too old" variety and the "I'm too young" brand.

You've heard hundreds of people of all ages explain their mediocre performance in life something like this: "I'm too old (or too young) to break in now. I can't do what I want to do or am capable of doing because of my age handicap."

Really, it's surprising how few people feel they are "just right" age-wise. And it's unfortunate. This excuse has closed the