

which I speak is measurable, not only in terms of peace of mind and contentment but as manifested in those adept at prayer.

My “other self” has taught me to concentrate upon my purpose and to forget about the plan by which it is to be attained when I go to prayer. I am not suggesting that material objects may be acquired without plans. What I am saying is that the power which translates one’s thoughts or desires into realities has its source in an Infinite Intelligence which knows more about plans than the one doing the praying.

Stating the case in another way, may it not be wise, when praying, to trust to the Universal Mind to hand over the plan best suited for the attainment of the object of that prayer? My experience with prayer has taught me that so often all which results from prayer is a plan (if the prayer is answered at all), a plan that is suited for the attainment of the object of the prayer through natural and material media. The plan must be transmuted, through self-effort action.

I know nothing about any form of prayer which can be induced to work favorably in a mind that is colored, in the slightest degree, by fear.

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**Is prayer a part of your life? Do you trust God to “hand over the plan best suited for the attainment of the object” of your prayer? Do you acknowledge that in order for your plan to be successful you must take action?**

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