

*Q* Isn't it dangerous to give this sort of information to the world?

*A* Sure, it is dangerous to me. If I were you, I would not give it out.

*Q* Let us get back, now, to the technique through which you fasten on your victims the habit of drifting. What is the very first step a drifter must take to break the habit?

*A* A burning desire to break it! You of course know that no one can be hypnotized by another person without his willingness to be hypnotized. The willingness may assume the form of indifference toward life generally, lack of ambition, fear, lack of definiteness of purpose, and many other forms. Nature does not need one's consent in order to place him under the spell of hypnotic rhythm. It needs only to find him off guard, through any form of neglect to use his own mind. Remember this: whatever you have, you use it or you lose it!

All successful attempts to break the habit of drifting must be done before nature makes the habit permanent, through hypnotic rhythm.

*Q* As I understand you, hypnotic rhythm is a natural law through which nature fixes the vibration of all environments. Is that true?

*A* Yes, nature uses hypnotic rhythm to make one's dominating thoughts and one's thought-habits permanent. That is why poverty is disease. Nature makes it so by fixing permanently the thought-habits of all who accept poverty as an unavoidable circumstance.