

A “Duty” is one of the most abused and misunderstood words in existence. The first duty of every human being is to himself. Every person owes himself the duty of finding how to live a full and happy life. Beyond this, if one has time and energy not needed in the fulfillment of his own desires, one may assume responsibility for helping others.

---

***“The first duty of every human being is to himself.  
Every person owes himself the duty of finding how to live a full  
and happy life.”***

+ + + + +

Of course, though compelled to answer accurately, the Devil still responds from the perspective of the Devil. Is it possible that Mother Teresa or Gandhi had a very different opinion on this issue? They lived their lives in service of others. How do you feel? Do you put finding a full and happy life first in your life? Do you agree with those who would argue that to truly be of service to others you need to take care of yourself first? Is it then possible that Mother Teresa and Gandhi found their full and happy lives—through service to others?

---

**Q** Isn't that a selfish attitude, and isn't selfishness one of the causes of failure to find happiness?

**A** I stand by my statement that there is no higher duty than that which one owes himself.

**Q** Doesn't a child owe something in the way of duty to its