

Q YOUR MAJESTY WILL NOW PROCEED to unfold the secrets of the seven principles through which human beings may force life to provide them with spiritual, mental, and physical freedom.

In the rest of the book, Hill discusses these seven principles to attain spiritual, mental, and physical freedom:

- 1. Definiteness of purpose**
 - 2. Mastery over self**
 - 3. Learning from adversity**
 - 4. Controlling environmental influence (associations)**
 - 5. Time (giving permanency to positive, rather than negative thought-habits and developing wisdom)**
 - 6. Harmony (acting with definiteness of purpose to become the dominating influence in your own mental, spiritual, and physical environment)**
 - 7. Caution (thinking through your plan before you act)**
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Do not be sparing in your description of these principles. I want a complete illustration of how the principles may be used by anyone who chooses to use them. Tell us all you know about the principle of *definiteness of purpose*.

The interrogator gains some momentum here and goes for the jugular. Do we have the courage, at moments of opportunity, to act as aggressively and with definiteness of purpose?
