

Instead, back off, get mentally refreshed. Try something as simple as playing some music or taking a walk or a short nap. Then, when you tackle it again, the solution often comes almost before you know it.

Seeing the good side pays off in big situations, too. A young man told me how he concentrated on seeing the good side when he lost his job. He explained it this way: "I was working for a large credit reporting company. One day I was given short notice to leave. There was an economy wave on, and they dismissed the employees who were 'least valuable' to the company.

"The job didn't pay too well, but by the standards I grew up with, it was pretty good. I really felt terrible for a few hours, but then I decided to look at being bounced as a blessing in disguise. I really didn't like the job much, and had I stayed there, I'd never have gone far. Now I had a chance to find something I really liked to do. It wasn't long until I found a job that I liked a lot better that paid more money, too. Being fired from that credit company was the best thing that ever happened to me."

Remember, you see in any situation what you expect to see. See the good side and conquer defeat. All things *do* work together for good if you'll just develop clear vision.

### IN QUICK REVIEW

The difference between success and failure is found in one's attitudes toward setbacks, handicaps, discouragements, and other disappointing situations.

Five guideposts to help you turn defeat into victory are:

1. Study setbacks to pave your way to success. When you lose, learn, and then go on to win next time.