

masters it. Through repetition the musical notes blend and then you have music.

Any impulse of thought that the mind repeats over and over through habit forms an organized rhythm. Undesirable habits can be broken. They must be broken before they assume the proportions of rhythm. Are you following me?

*Q* Yes.

*A* Well, to continue, rhythm is the last stage of habit! Any thought or physical movement which is repeated over and over through the principle of habit finally reaches the proportion of rhythm.

Then the habit cannot be broken because nature takes it over and makes it permanent. It is something like a whirlpool in water. An object may keep floating indefinitely unless it is caught in a whirlpool. Then it is carried round and round but it cannot escape. The energy with which people think may be compared with water in a river.

*Q* So this is the way in which you take control of the minds of people, is it?

*A* Yes. All I have to do to gain control over any mind is to induce its owner to drift.

*Q* Am I to understand that the habit of drifting is the major danger through which people lose their prerogative or privilege of thinking their own thoughts and shaping their own earthly destinations?

*A* That and much more. Drifting is also the habit through which I take over their souls after they give up their physical bodies.