residential zone, for example, there will be consequences. If the car exceeds the speed limit or begins to make erratic turns, the radio might switch from 2Pac to Schumann's Second Symphony (this would slow most teenagers). Or the car might blast the air conditioning in winter, switch on the heat in summer, or automatically call Mom (a real downer if the driver's friends are present). With these substantial and immediate consequences in mind, then, the driver and his or her friends would realize that it's time for Mr. Hyde to move over and let Dr. Jekyll drive.

This is not at all far-fetched. Modern cars are already full of computers that control the fuel injection, the climate system, and the sound system. Cars equipped with OnStar are already linked to a wireless network. With today's technology, it would be a simple matter for a car to automatically call Mom.

Better Life Decisions

Not uncommonly, women who are pregnant for the first time tell their doctors, before the onset of labor, that they will refuse any kind of painkiller. The decision made in their cold state is admirable, but they make this decision when they can't imagine the pain that can come with childbirth (let alone the challenges of child rearing). After all is said and done, they may wish they'd gone for the epidural.

With this in mind, Sumi (my lovely wife) and I, readying ourselves for the birth of our first child, Amit, decided to test our mettle before making any decisions about using an epidural. To do this, Sumi plunged her hands into a bucket of ice for two minutes (we did this on the advice of our birth coach, who swore to us that the resulting pain would