

Q Do you mean that there is a definite method by which hypnotic rhythm can be made to serve instead of destroy one?

A I mean just that.

Q Tell me how this astounding end may be attained.

A For my description to be of any practical value, it will be necessarily lengthy because it will have to cover seven principles of psychology which must be understood and applied by all who use hypnotic rhythm to aid them in forcing life to yield that which they want.

Q Then break your description into seven parts, each giving a detailed analysis of one of the seven principles, with simple instructions for its practical application.

I have always been fascinated with how Hill's mind works. After building a case for impending doom, he now reveals the lifeline for anyone seeking success. This is a critical turning point. As you read further, will his "seven principles" capture your imagination, as they did mine?
