

being invited to do so. There is an old saying that nothing is worth more than its actual cost. This applies as well to the free uninvited expression of opinions as to material things.

*Q* What about people who volunteer their opinions by expressing them in writing? Do they also suffer by lack of self-discipline?

*A* One of the worst pests on earth is the person who writes uninvited letters to people of prominence. Men in public office, moving picture stars, men who have succeeded in business or written a best-selling book, and people whose names appear often in the newspapers are continuously besieged by people who write letters expressing their opinion on all subjects.

*Q* But the writing of uninvited letters is a harmless way of finding pleasure through self-expression, is it not? What damage does one do by the habit?

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**Take a moment to remember that letter-writing was about the only way to communicate in the written form when Napoleon Hill wrote this manuscript. As you read, think about how his thoughts would apply to today's world of blogging and social networking.**

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*A* Habits are contagious. Every habit attracts a flock of its relatives. The habit of doing anything that is useless leads to the formation of other habits that are useless, especially the habit of drifting.