

no friction. The objectives of both the parent and the young person for the young person's career are identical: success.

5. *Family responsibility.* The attitude of "It would have been wise for me to change over five years ago, but now I've got a family and I can't change," illustrates this kind of desire murder weapon.

Throw away those murder weapons! Remember, the only way to get full power, to develop full go force, is to do what you want to do. Surrender to desire and gain energy, enthusiasm, mental zip, and even better health.

And it's never too late to let desire take over.

The overwhelming majority of really successful people work much longer than forty hours a week. And you don't hear them complain of overwork. Successful people have their eyes focused on a goal, and this provides energy.

The point is this: energy increases, multiplies, when you set a desired goal and resolve to work toward that goal. Many people, millions of them, can find new energy by selecting a goal and giving all they've got to accomplish that goal. Goals cure boredom. Goals even cure many chronic ailments.

Let's probe a little deeper into the power of goals. When you surrender yourself to your desires, when you let yourself become obsessed with a goal, you receive the physical power, energy, and enthusiasm needed to accomplish your goal. But you receive something else, something equally valuable. You receive the "automatic instrumentation" needed to keep you going straight to your objective.

The most amazing thing about a deeply entrenched goal is