

*Q* Science has established irrefutable evidence that people are what they are because of heredity and environment. They bring over with them at birth a combination of all the physical qualities of all their numberless ancestors. After they arrive here, they reach the age of self-consciousness and from there on they shape their own personalities and more or less fix their own earthly destinations as the result of the environmental influences to which they are subjected, especially the influences which control them during early childhood. These two facts have been so well established there is no room for any intelligent person to question them. How can hypnotic rhythm change the nature of a physical body which is a combination of thousands of ancestors who have lived and died before one is born? How can hypnotic rhythm change the influence of one's environment? People who are born in poverty and ignorance have a strong tendency to remain poverty-stricken and ignorant all through life. What, if anything, can hypnotic rhythm do about this?

*A* Hypnotic rhythm cannot change the nature of the physical body one inherits at birth, but it can and it does modify, change, control, and make permanent one's environmental influences.

*Q* If I understand what you mean, a human being is forced by nature to take on and become a part of the environment he chooses or the environment that may be forced upon him?

*A* That is correct, but there are ways and means by which an individual may resist the influences of an environment he does not wish to accept, and also a method of procedure by which one may reverse the application of hypnotic rhythm from negative to positive ends.