

3. Are my personal standards with reference to the quantity and quality of my output higher now than three or six months ago?
4. Am I setting an excellent example for my subordinates, associates, and others I work with?

*B. Do I Think Progressively Toward My Family?*

1. Is my family happier today than it was three or six months ago?
2. Am I following a plan to improve my family's standard of living?
3. Does my family have an ample variety of stimulating activities outside the home?
4. Do I set an example of "a progressive," a supporter of progress, for my children?

*C. Do I Think Progressively Toward Myself?*

1. Can I honestly say I am a more valuable person today than three or six months ago?
2. Am I following an organized self-improvement program to increase my value to others?
3. Do I have forward-looking goals for at least five years in the future?
4. Am I a booster in every organization or group to which I belong?

*D. Do I Think Progressively Toward My Community?*

1. Have I done anything in the past six months that I honestly feel has improved my community (neighborhood, churches, schools, etc.)?