he puts himself in the way of discovering the power of his own mind.

The Devil brings in the "other self" here, revealing how we can use our power of thought and our "other selves" to discover our true power and major purpose.

**Q** What benefits may be derived from the loss of material things—money, for example?

A The loss of material things may teach many needed lessons, none greater, however, than the truth that man has control over nothing and has no assurance of the permanent use of anything except his own power of thought.

**Q** I wonder if this is not the greatest benefit available through adversity?

A No, the greatest potential benefit of any circumstance which causes one to make a fresh start is that it provides an opportunity to break the grip of hypnotic rhythm and set up a new set of thought-habits. New habits offer the only way out for people who fail. Most people who escape from the negative to the positive operation of the law of hypnotic rhythm do so only because of some form of adversity which forces them to change their thought-habits.

 ${\it Q}$  Isn't adversity apt to break one's self-reliance and cause one to give up hope?

A It has that effect on those whose will power is weak through