

							Cycle 1	WEEK 9
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Homemade Soup Served with bread	Zucchini soup	curry soup	Vegetable soup	Minestrone soup	carrot soup			
Open Bread (Meat/Fish)	Brioche bun with beef croquette and mustard sauce	Club wrap with chicken, bacon, cheese, cocktail sauce, salad and chips	Savoury waffle Cream cheese and smoked salmon	Baguette Americain with freshly chopped onions	Bagel avocado smash, vegan bacon strips and cherry tomato			
Hot dish	Mushroom risotto with peas and spring onions	Macaroni bolognese	Chicken and tomato quesadilla	Pita chicken gyros, garlic sauce and salad	Pancake with bacon, apple, and syrup			
Hot or Cold Salad	Tuna nicoise salad	Panzanella bread salad Tomato, onion, olives and tomato	Sweet potato salad with tomato, avocado and pumpkinseeds	Falafel salad with chickpeas, hummus, lettuce and pumpkinseeds	BBQ salad with a chicken drumstick	Brunch Shown as part of the Breakfast Menu	Brunch Shown as part of the Breakfast Menu	
From the buffet	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings			
Yoghurt	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings			