



Starter

Cheese Soufflé Bruschetta with tapenade Vegetable sticks Tortilla Chips & Salsa dip Vegan snack mix Garlic bread Broccoli Nuggets

Main Course 1

Chicken leg, yellow rice
Bean Salad Albondigas, Potato gratin,
with a Green Salad Hake fillet, jacket Potato and
vegetable mix and chili dip Pork sate skewer, nasi goreng and
tjap tjoy vegetables Beef meatball
Green kale mashed potato
Gravy and apple sauce BBQ sausage on a roll
French fries and salads/toppings
and sauces buffet Beef Lasagne with a Green
Salad, Rocket and Cream
sauce

Main Course 2

Vegan “chicken”, yellow rice,
Bean Salad Vega albondigas, Potato
gratin with a Green Salad Vegan seaweed burger, Jacket
Potato and vegetable mix and
chili dip Vegan sate skewer, nasi goreng
and tjap tjoy vegetables Vega meatball
Green kale mashed potato
Gravy and apple sauce Vegan BBQ sausage on a roll
French fries and salads/toppings
and sauces buffet Vegetarian Lasagne
“Florentine” with a Green
Salad, Rocket and Cream
sauce

**Simple
Main Course**

Quiche with cheese and
onions Baguette with smoked
salmon
And horseradish Stuffed Bell Peppers Fried eggs on toast with cheese
and tomato Chicken eggroll Pita döner kebab with French
fries Vegan wrap

Pudding

coconut Panna cotta Rice pudding with
Cinnamon Dutch poffertjes Vanilla muffin Ice Cream Can of Coke or orange Chocolate mousse

Doughnuts



Fresh Fruit

Beverages

Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon
Whole Fruit: Apples, Oranges, Bananas	Whole Fruit: Ripe Pears, Bananas, Tangerine	Whole Fruit: Apples, Oranges, Bananas	Whole Fruit: Ripe Pears, Bananas, Tangerine	Whole Fruit: Apples, Oranges, Bananas	Whole Fruit: Ripe Pears, Bananas, Tangerine	Whole Fruit: Apples, Oranges, Bananas
Water	Water	Water	Water	Water	Water	Water

DINNER - 17:45pm to 19:00pm

Cycle 2 week 2