



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
vegetarian						

Sparkling Blueberry Blitz	Banana & Chia Seed Milkshake	Organic Apple & Orange Blitz	Mango, Pineapple, Coconut Milk & Greek Yoghurt	Raspberries and Yogurt Smoothie	Freshly Squeezed Orange Juice	Pomegranate & Honey Frozen Yoghurt Smoothie
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Porridge with Apricot, Plums, Raisins	(No Porridge today)	Porridge with Apricot, Plums, Raisins	(No Porridge today)	Porridge with Apricot, Plums, Raisins	(No Porridge today)	Porridge with Apricot, Plums, Raisins
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Greek Yogurt with Toppings: Chia seeds, Sunflower seeds, Pumpkin seeds, Granola & Honey	Natural Yogurt with Mango and Mint	Greek Yogurt with Toppings: Chia seeds, Sunflower seeds, Pumpkin seeds, Granola & Honey	Red Fruits Quark with Forest berries	Greek Yogurt with Toppings: Chia seeds, Sunflower seeds, Pumpkin seeds, Granola & Honey	Natural Yogurt with Raisins, Orange and Chiasseeds	Greek Yogurt with Toppings: Chia seeds, Sunflower seeds, Pumpkin seeds, Granola & Honey
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Bagel with Cream cheese and Cucumber	Hot Croissant with Melted Cheese	Fried Egg on Toast	Continental Meats and Cheeses	Scrambled Eggs with Bacon or Tomato	Pizza Slice, tomato, Mozzarella, Cheese	Chef's Special
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Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon
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