



DINNER

Cycle 1 week 6

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Starter

Pancake wrap with spinach and ricotta

Smoked chicken and cucumber sushi

Chips with an onion dip

Parmesan pizza slice

Broccoli nuggets with tomato ketchup

BURGER NIGHT

Garlic bread

Main Course 1
Meat/fish

Chicken sausage with kale mashed potato and onion gravy

Nasi goreng with babi ketjap and spicy beans

Chicken leg a la bonne femme

Paella Andalusia
Chicken, prawns, peas, paprika, onion

Fish and chips with remoulade sauce and mashed peas

Beef or vega burger on a bun

Toppings, sauces and salads buffet

Pork souvlaki with tomato rice, tzatziki and greek cabbage salad

Main Course 2
vegetarian

Vegan sausage with kale mashed potato and onion gravy

Vega nasi goreng with soy ketjap and spicy beans

Vegan kebab a la bonne femme

Vega Paella Andalusia
Vega chicken, soy, peas, paprika, onion

Vega Fish and chips with remoulade sauce and mashed peas

Vegan skewer with tomato rice, tzatziki and greek cabbage salad

Simple Main Course

Chicken eggroll with sate sauce and atjar salad

Bratwurst sandwich with baked onions

BLT baguette

Puffed pastry with chicken ragout and cucumber salad

Spicy cheese panini

Chicken quesadilla with salsa and corn

Pudding

Rice pudding with cinnamon

Vanilla and orange vlaflip

White chocolate mousse

Pastel de nata

Brownie

Can of orange or coke

Vanilla pudding with a variety of sauces and topping

Beverages

Water

Water

Water

Water

Water

Water

Water