



MONDAY Vegetarian	TUESDAY Netherlands	WEDNESDAY Greece	THURSDAY Asia	FRIDAY Austria	SATURDAY Build Your Burger	Sunday Europe
Bruschetta with Tomato and nut free Pesto	Beef Bitter balls on Iceberg Lettuce and Mustard	Greek Mezze Bread, Olives, Hummus, Sun Dried Tomato	Vegetarian Samosa with a yogurt dip	Onion rings with a Garlic dip	Garlic Bread	Broccoli Nuggets with a Dip
Vegetarian Lasagne Bolognese with Parmesan Cheese, Rocket, and Mixed Salad	Hake filet with Lemon mayonnaise, Small Herb Potatoes, Cream Spinach	Chicken Soufflaki with Tomato Rice, Greek Salad, Tzatziki	Lamb stew, Mashed Potato, Mixed Vegetables	Wiener Schnitzel, Mashed Potatoes, Carrots and Green Peas	100% Beef Burger “deluxe” Vegetarian Burger	Fresh Butter Fish Tomato Sauce Roasted Potatoes Mixed Salad
Vegetarian Pasta Carbonara with Fussili, Mushrooms and Zucchini, Pesto	Quinoa Burger with Lemon mayonnaise, Small Herb Potatoes, Cream Spinach	Vegetable Kebabs with Tomato Rice, Greek Salad, Tzatziki	Soya Vegetables stew, Mashed Potato, mixed vegetables	Vegetarian Wiener Schnitzel, Mashed Potatoes, Carrots and Green Peas	On a Hamburger Bun With French Fries Toppings: Iceberg Lettuce Tomato Gherkin Bacon Cheese Onions Tomato Ketchup Mayonnaise	Risotto with Fresh Vegetables, Cream, Cheese, Green Peas and Rocket Salad
Vegetarian Pizza, Tomato, Vegetables, Cheese	Baguette with Shrimps and Smoked Salmon, Cocktail Sauce	Wrap Filled with Vegetables, Hummus, Tomato, Cucumber	Natural omelette, Mushrooms On toast	Classic BLT Sandwich Bacon, Tomato, Lettuce	Can of Cola or Orange	Carved Ham on Dark Bread, Salad, Honey-Mustard Sauce
Tarfufo Ice Cream	Cream Puffs with Chocolate Sauce	Fresh Fruit Salad	Cream Pudding with Raspberries	Apfelstrudel with Vanilla Sauce	Cornetto Ice Cream	Raspberie Vlafip
Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon
Whole Fruit: Apples, Oranges, Bananas	Whole Fruit: Ripe Pears, Bananas, Tangerine	Whole Fruit: Apples, Oranges, Bananas	Whole Fruit: Ripe Pears, Bananas, Tangerine	Whole Fruit: Apples, Oranges, Bananas	Whole Fruit: Ripe Pears, Bananas, Tangerine	Whole Fruit: Apples, Oranges, Bananas
Water	Water	Water	Water	Water	Water	Water



Dinner 17:45pm to 19:00pm

WEEK 1

