

							Cycle 1	WEEK
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Homemade Soup Served with bread	Vegetables and noodle soup	Mustard soup	Bell pepper soup	Asian soup Beansprouts, spring onion	Clear vegetable soup			
Open Bread (Meat/Fish)	Focaccia pizza tomato mozzarella	Pita chicken doner with salas and andalouse sauce	Quiche larraine with a tomato salad	Dark bread, salmon salad, lemon and salad	Meatloaf sandwich with mustard/mayo			
Hot dish	Spaghetti aglio e olio Garlic, pepper, cherry tomato	Rice with vegetable skewer and ketjap sauce	Pasta bolognese	Spring roll "sweet/sour" onions and bell pepper	Vegetarian ragout with puffed pastry			
Hot or Cold Salad	Classic chicken caesar	Salad with tuna, tomato, onions, iceberg, egg and cocktailsauce	Vegan nicoise salad with green beans and potato	Green salad with tomato and cucumber	Roasted cauliflower with green garlic dressing, crispy onins and goat cheese	Brunch Shown as part of the Breakfast Menu		own as part of kfast Menu
From the buffet	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings			
Yoghurt	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings			