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Homemade Soup	Roasted Tomato Soup & Garlic Baguette	Zucchini Soup & Fresh Mint French Bread	Pumpkin Soup with Dark Bread	French Onion Soup Croutons	Red Pepper Soup		
Open Bread (Meat/Fish)	Dark Bread with Roast Beef And Remoulade Sauce	Chicken Tikka with Iceberg Lettuce Baguette	Fish Burger on Iceberg Lettuce With Lemon Mayonnaise	Focaccia Pizza topped with Mozzarella Cheese and Basil	Baguette "Beef" Bolognese, Tomato and Cheese		
Open Bread (Vegetarian)	Bagel with Brie Cheese and Grapes	Dark Bread With a Tuna Salad with Green Olives	Vegetarian Burger, Iceberg Lettuce, Gherkin and Lemon mayonnaise	Focaccia Pizza, Quattro Stagioni	Bagel with Cream Cheese, Cucumber and a Little chopped Mint		
Hot or Cold Salad	Warm Chicken Drumstick on Leaf and German Potato Salad	Penne Arrabiata	Chicken Caesar Salad	Farfalle with fresh salmon	Salad With Grilled vegetables and spicy Pumpkinseeds	BRUNCH	BRUNCH
Yoghurt	Blackcurrant Yogurt topped with Fresh Red Currants	Pineapple Yogurt finished with Fresh Pineapple & Mint	Natural Yogurt with Granola, Clementine & Honey	Greek Yogurt with peach	Lemon, Sultana & Poppy Seed Yogurt		
Fresh Fruit	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon Whole Fruit: Apples, Oranges, Bananas	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes Whole Fruit: Ripe Pears, Bananas, Strawberries	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon Whole Fruit: Apples, Oranges, Bananas	Cut Fruit: Galia Melon, Kiwi Halves, Black & Green Grapes Whole Fruit: Ripe Pears, Bananas, Strawberries	Cut Fruit: Watermelon, Fruit Salad, Honeydew Melon Whole Fruit: Apples, Oranges, Bananas		
Beverages	Water	Water	Water	Water	Water		

LUNCH - 12:30pm to 13:30pm

WEEK 2