

## DINNER

## week 9

|                          | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY                            | SUNDAY  |
|--------------------------|--|---|---|--|---|-------------------------------------|---|
| Starter                  | Pizza slice with parmesan an<br>oil                      | Nachos with salsa and cheese from the oven                    | Fried mussels with remoulade dip                      | Mini sandwich  | Tomato and mozzarella skewer  | BUILD YOUR OWN BURRITO              | Garlic bread  |
| Main Course 1 Meat/fish  | Spaghetti vongole in cream sauce and chives              | Beef tartar Potato wedges and green beans. Green pepper sauce | Cordon Bleu<br>Mashed potato<br>Peas and carrots      | Chicken and coconut curry White rice and mixed vegetables              | Pork steak with lumberjack<br>sauce<br>Rosti potato and salad buffet      | Chicken<br>Beef<br>Vegetarian       | Hake fillet with<br>Vegetable risotto<br>Parmesan and rucola        |
| Main Course 2 vegetarian | Macaroni with grilled vegetables in sauce                | Beef tartar Potato wedges and green beans. Green pepper sauce | Vega Cordon Bleu<br>Mashed potato<br>Peas and carrots | Chickpeas and coconut, vegetable curry White rice and mixed vegetables | Asparagus steak with<br>lumberjack sauce<br>Rosti potato and salad buffet | Salads and toppings from the buffet | Vegan chicken chunks wi<br>vegetable risotto<br>Parmesan and rucola |
| Simple Main<br>Course    | Salad with battered calamari<br>Garlic sauce and lettuce | Chicken frikandel pastry with joppie sauce                    | Green asparagus salad<br>Smoked trout and horseradish | Egg salad sandwich   | Italian bun with prosciutto and olives                                    |                                     | Roast beef sandwich wit<br>piccalilli sauce                         |
| Pudding                  | Stewed pear with vanilla pudding                         | Hart shaped donut   | Vanilla and chocolate cake with whipped cream         | Dark chocolate mousse  | Crepes suzette  | Magnum ice cream                    | Strawberry mousse with and strawberry sauce                         |
| Beverages                | Water  | Water   | Water   | Water  | Water   | Water                               | Water   |