



DINNER

Cycle 1 week 8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Starter

Broccoli nuggets with a dip

Corn on a cob

Fritatten suppe

Cucumber and cream cheese

Springroll with chili dip

Bread with suzme

Vegetable sticks

Main Course 1

Meat/fish

Beef steak
Mashed potato and red cabbage

Irish stew
Beef, potato, vegetables in sauce

Chicken schnitzel
Rosti potato
Broccoli and cauliflower
Gipsy style sauce

Fish skewer
Tomato rice
Mixed vegetables

Babi ketjap with white rice, bean sprouts and Asian vegetables

Pita shawarma
Potato chips, onion salsa and salad buffet

Meatball with gravy and fried onions
Carrot and potato mash

Main Course 2

vegetarian

Veggie burger
Mashed potato and red cabbage

Vegan Irish stew

Vegan Chicken schnitzel
Rosti potato
Broccoli and cauliflower
Gipsy style sauce

Vegan skewer
Tomato rice
Mixed vegetables

Soy ketjap with white rice, bean sprouts and Asian vegetables

Vega Pita shawarma with bell pepper and onions
Potato chips, onion salsa and salad buffet

Vega Meatball with gravy and fried onions
Carrot and potato mash

Simple Main Course

Course

Wrap with vegetables, tapenade and lentils

Hawaii toast
Cheese, pineapple and salad

Pizza with vegetables, mozzarella and tomato

Beef croquette on a bun

Potato salad with a frankfurter sausage

Tomato and mozzarella baguette

Camembert sandwich with apple syrup

Pudding

Chocolate chip cookie

Coconut panna cotta

Berliner with custard

Cheese cake with strawberry

Mango-cream pastry

Calippo ice

Apple cake

Beverages

Water

Water

Water

Water

Water

Water

Water