

							Cycle 1	WEEK 6
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Homemade Soup Served with bread	Clear tomato soup	Noodle soup	Green peas soup	Carrot and orange soup	Clear celery soup			
Open Bread (Meat/Fish)	Naan bread with tomato, mozzarella and pesto	Cornbread with Cucumber, cream cheese, sweet chili, spring onion and coriander	Baguette brie cheese with fig compote	Dark bread with smoked salmon and wasabi mayonnaise	Brown roll with tuna salas, capers, sjalotte and avocado			
Hot dish	Macaroni Bolognese Rucola and parmesan	Cheese and onion baguette	Potato and chorizo tortilla	German currywurst with rye bread	"Chicken stroganoff with rigatoni pasta			
Hot or Cold Salad	Asian style salad with tempura/wasabi shrimp	Beetroot salad with herring	Poke bowl Vegan "chicken" Carrot, soy beans, seaweed, avocado, soy sauce, cucumber, sesame and cassave	Vegetarian Nicoise salad	Superfood salad	Brunch Shown as part of the Breakfast Menu		own as part of kfast Menu
From the buffet	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings	Daily varying raw vegetables and/or salads with Dressings			
Yoghurt	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings	2 types of yoghurt with a variety of Toppings			