



DINNER

Cycle 1 week 9

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Starter

Pizzaslice with parmesan an oil

Nachos with salsa and cheese from the oven

Fried mussels with remoulade dip

Mini sandwich

Tomato and mozzarella skewer

BUILD YOUR OWN BURRITO

Garlic bread

Main Course 1  
Meat/fish

Spaghetti vongole in cream sauce and chives

Beef tartar  
Potato wedges and green beans. Green pepper sauce

Beef steak  
Mashed potato  
Peas and carrots

Chicken and coconut curry  
White rice and mixed vegetables

Pork steak with lumberjack sauce  
Rosti potato and salad buffet

Chicken  
Beef  
Vegetarian

Hake fillet with  
Vegetable risotto  
Parmesan and rucola

Main Course 2  
vegetarian

Macaroni with grilled vegetables in sauce

Beef tartar  
Potato wedges and green beans. Green pepper sauce

Veggie burger  
Mashed potato  
Peas and carrots

Chickpeas and coconut, vegetable curry  
White rice and mixed vegetables

Asparagus steak with lumberjack sauce  
Rosti potato and salad buffet

Salads and toppings from the buffet

Vegan chicken chunks with vegetable risotto  
Parmesan and rucola

Simple Main Course

Salad with battered calamari  
Garlic sauce and lettuce

Chicken frikandel pastry with joppie sauce

Green asparagus salad  
Smoked trout and horseradish

Egg salad sandwich

Italian bun with prosciutto and olives

Roast beef sandwich with piccalilli sauce

Pudding

Stewed pear with vanilla pudding

Hartshaped donut

Vanilla and chocolate cake with whipped cream

Dark chocolate mousse

Crepes suzette

Magnum ice cream

Strawberry mousse with cruesli and strawberry sauce

Beverages

Water

Water

Water

Water

Water

Water

Water