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# Introduction to Network Security Basics



# Task 1

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## Introduction to Network Security Basics

In today's digital era, network security has become a cornerstone of protecting sensitive data and ensuring the uninterrupted functioning of personal, organizational, and critical infrastructure systems. It encompasses strategies and tools designed to safeguard network integrity, confidentiality, and availability—commonly referred to as the three pillars of cybersecurity. As digital connectivity grows through internet services, cloud infrastructures, and the proliferation of mobile and Internet of Things (IoT) devices, the attack surface continues to expand, exposing networks to an array of cyber threats.

Network security plays a pivotal role in defending against unauthorized access, data breaches, and malicious attacks. Cyber threats such as malware, phishing, ransomware, and advanced persistent threats (APTs) are constantly evolving, requiring proactive measures to mitigate risks effectively. Robust network security measures prevent unauthorized actions while enabling legitimate users to access necessary resources safely.

Core components of network security include firewalls to block unauthorized access, intrusion detection and prevention systems (IDS/IPS) to identify and thwart threats, and strong encryption protocols to secure data in transit. Network segmentation and access control ensure that sensitive areas of the network remain protected from potential intrusions. Additionally, regular monitoring and analysis of network traffic using tools like Wireshark help identify vulnerabilities and unusual patterns that could signal an attack.

Beyond technical measures, human factors such as user awareness and adherence to security policies play a critical role. Educating users about phishing tactics, password hygiene, and secure practices strengthens the first line of defense against cyber threats.

As cyber threats grow in complexity, a layered approach to network security is essential for building resilience. Implementing both preventive and responsive measures ensures that networks remain protected, fostering trust and reliability in digital operations.

# 1. Summary of Network Threats Researched

As digital landscapes expand, various cyber threats continue to evolve, posing significant risks to individuals and organizations. These threats challenge the confidentiality, integrity, and availability of critical data and systems. A comprehensive understanding of these threats is crucial to building resilient defenses. Below is an overview of the most common and impactful network threats:

## 1. Malware Attacks

Malware, or malicious software, includes a range of harmful programs like viruses, worms, ransomware, and Trojans. These software infiltrates networks to steal sensitive data, disrupt operations, or damage systems. Common methods of propagation include phishing emails, compromised websites, and infected attachments.

- **Viruses and Worms:** Self-replicating software that spreads between systems.
- **Ransomware:** Encrypts files and demands a ransom to restore access.
- **Spyware:** Secretly collects data from infected systems.

## 2. Phishing and Social Engineering

Phishing attacks exploit human behaviour by tricking users into revealing sensitive information, such as credentials or financial details. Cybercriminals typically use fraudulent emails, messages, or fake websites that appear legitimate. Targeted phishing, or spear phishing, focuses on specific individuals or organizations, increasing its effectiveness and danger.

## 3. Man-in-the-Middle (MITM) Attacks

MITM attacks involve intercepting communications between two parties to eavesdrop, manipulate, or steal data. These are particularly prevalent on unsecured public networks, where attackers can intercept sensitive information like login credentials.

## 4. Distributed Denial of Service (DDoS) Attacks

DDoS attacks aim to disrupt the availability of a service, server, or network by overwhelming it with excessive traffic. These attacks typically involve large botnets—networks of compromised devices used to generate malicious traffic. DDoS attacks can cause significant downtime, financial losses, and reputational damage.

## **5. SQL Injection**

SQL injection attacks exploit vulnerabilities in web applications, allowing attackers to manipulate database queries. By injecting malicious SQL commands, cybercriminals can access, modify, or delete sensitive data. These attacks are especially dangerous as they often result in severe data breaches and exposure of confidential information.

## **6. Advanced Persistent Threats (APTs)**

APTs are highly targeted and prolonged attacks where attackers infiltrate networks and maintain undetected access over extended periods. These sophisticated attacks aim at gathering intelligence or causing disruption and are often directed at high-value targets such as government agencies or financial institutions.

## **7. Insider Threats**

Insider threats arise from individuals within an organization—employees, contractors, or partners—who intentionally or unintentionally compromise network security. These threats are particularly challenging to detect because insiders often have legitimate access to critical systems. They can result from malicious intent or negligence, such as mishandling sensitive information or poor security practices.

# 2.Security Measures Implemented

To effectively mitigate the impact of cyber threats, a combination of foundational and advanced security measures was implemented. Each measure was chosen based on its ability to counter specific network threats identified in the previous sections. Below is a detailed explanation of the security measures implemented, their purpose, and how they were configured for optimal protection.

## 2.1 Firewalls

**Purpose:** Firewalls serve as the first line of defense, acting as a barrier between internal networks and external threats. They filter incoming and outgoing traffic based on predefined security policies, blocking unauthorized access while allowing legitimate communication.

**Implementation:** A stateful firewall was deployed to monitor network traffic and filter it based on rules such as source/destination IP addresses, ports, and protocols. Traffic from unfamiliar IP addresses was blocked, and non-essential ports were closed to limit unnecessary access points. Additionally, traffic to and from trusted sources, such as known vendor systems, was allowed, ensuring a balance between security and accessibility.

## 2.2 Antivirus and Anti-Malware Software

**Purpose:** Antivirus and anti-malware software detect, quarantine, and remove malicious software, including viruses, worms, and Trojans. This tool provides protection against the spread of infections within the network.

**Implementation:** Antivirus software was configured for real-time scanning to intercept malware as soon as it enters the system. Scheduled scans were implemented to ensure all files and applications were checked for malware. Anti-malware definitions were updated regularly to stay ahead of emerging threats. Additionally, the software was integrated with the firewall to immediately block any detected malware from propagating within the network.

## 2.3 Network Segmentation

**Purpose:** Network segmentation divides the network into smaller, more manageable sub-networks, reducing the risk of a single breach affecting the entire infrastructure. By limiting access to sensitive areas and isolating potential threats, segmentation enhances security and control.

**Implementation:** The network was segmented into different zones based on function and risk profile, such as a user zone, server zone, and guest zone. Access control policies were applied to ensure that only authorized personnel could access critical segments of the network. Firewalls and VLANs (Virtual Local Area Networks) were used to isolate segments, reducing the scope of potential breaches and making lateral movement by attackers more difficult.

## 2.4 Strong Password Policies

**Purpose:** Strong password policies reduce the likelihood of unauthorized access by requiring users to choose complex passwords that are difficult for attackers to guess or brute-force.

**Implementation:** Password policies were enforced requiring users to create passwords containing a mix of uppercase and lowercase letters, numbers, and special characters. Passwords were required to be at least 12 characters long, and regular password changes (every 90 days) were mandated. Additionally, multi-factor authentication (MFA) was implemented, requiring users to provide a second layer of authentication, such as a one-time password (OTP) sent to their mobile device.

## 2.5 Intrusion Detection System (IDS)

**Purpose:** The IDS monitors network traffic for suspicious patterns that may indicate unauthorized access attempts or malicious activity. It alerts administrators to potential attacks in real-time, allowing for prompt investigation and response.

**Implementation:** A signature-based IDS was implemented, configured to detect known attack patterns such as port scanning, abnormal traffic spikes, and suspicious login attempts. Alerts were set up to notify network administrators when any suspicious activity was detected. This enabled the security team to immediately investigate and take appropriate actions to block or mitigate the threat.

## 2.6 Intrusion Prevention System (IPS)

**Purpose:** The IPS works alongside the IDS by actively blocking malicious traffic in real-time. It can prevent attacks before they penetrate the network, offering an additional layer of defense.

**Implementation:** The IPS was configured to automatically block traffic from malicious IP addresses identified by the IDS. It also quarantined suspicious packets based on predefined rules and signatures. Custom rules were created to address zero-day vulnerabilities, further strengthening the security posture by preventing new and unknown threats from exploiting the system.

## 2.7 Virtual Private Network (VPN)

**Purpose:** A VPN secures remote communication by encrypting data between remote users and the internal network. This is especially important for protecting data transmitted over public or unsecured networks.

**Implementation:** A VPN solution was deployed to create encrypted communication tunnels between remote users and the internal network. Strong encryption protocols such as AES-256 were used to ensure the confidentiality and integrity of data in transit. MFA was integrated with the VPN for additional authentication, ensuring only authorized remote users could access the network.

## 2.8 Data Encryption

**Purpose:** Data encryption ensures that sensitive information is unreadable to unauthorized parties, protecting confidentiality and preventing data breaches.

**Implementation:** Data at rest was encrypted using strong encryption algorithms such as AES-256, protecting stored data from unauthorized access. For data in transit, secure communication protocols such as HTTPS, SSL, and TLS were used to encrypt communications between clients, servers, and databases, ensuring that intercepted data remains unreadable to attackers.

## 2.9 Regular Software and Security Patch Updates

**Purpose:** Keeping systems updated is essential for closing vulnerabilities that could be exploited by attackers. Patches fix known security flaws and help protect against malware and other threats.

**Implementation:** A patch management system was implemented to ensure that all operating systems, applications, and network devices received timely updates. Automatic patching was configured for critical systems, while manual patching was performed for systems that required testing before updates. Regular vulnerability assessments were conducted to identify any systems with outdated software that could be targeted.

## **2.10 Security Awareness Training**

**Purpose:** Security awareness training helps employees recognize potential threats such as phishing attacks and social engineering, reducing the likelihood of human error leading to security breaches.

**Implementation:** Regular training sessions were conducted to educate employees on best practices for security, such as identifying phishing emails, using secure internet practices, and managing passwords effectively. Employees were also encouraged to report any suspicious activity to the security team, improving overall vigilance across the organization.

## **2.11 Backup and Disaster Recovery Plan**

**Purpose:** Regular backups and a disaster recovery plan ensure that critical data can be restored in case of an attack or system failure. This minimizes downtime and protects data integrity.

**Implementation:** Automated backups of critical data were scheduled regularly, with backups stored securely in both on-site and off-site locations, including cloud-based storage. A disaster recovery plan was developed to provide clear procedures for data restoration and system recovery in case of an attack or failure. Regular tests of the recovery process ensured its effectiveness and minimized recovery time during actual incidents.



# 3. Analysis of Wireshark Traffic Captures:

## Screenshots and Descriptions

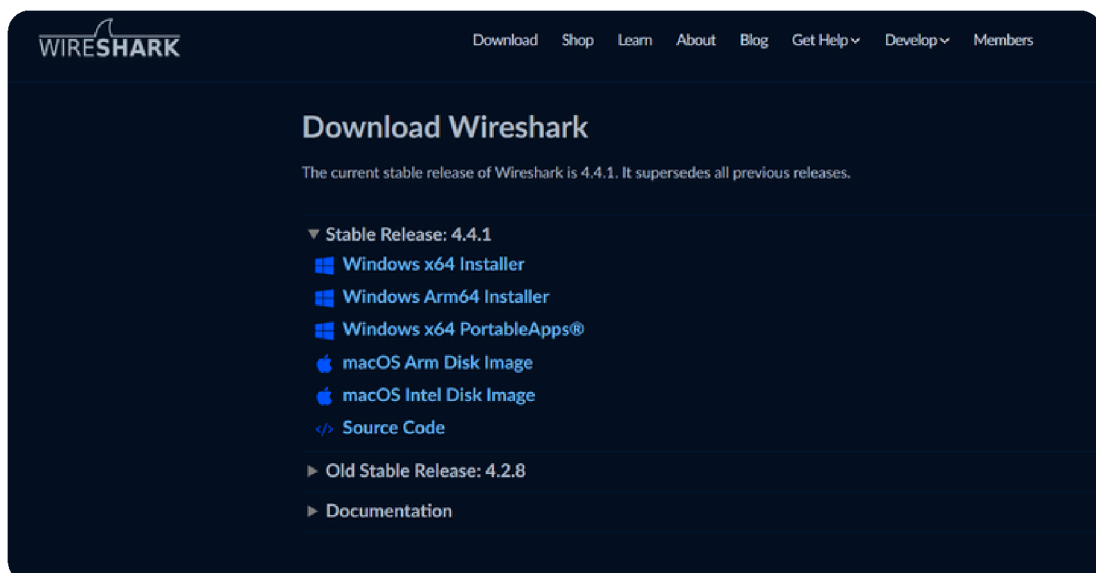
### Introduction to Wireshark

Wireshark is a widely used, open-source network analyzer that captures and examines network traffic in real time. It provides detailed insights into protocols, IP addresses, and data flows, making it invaluable for troubleshooting, network monitoring, and security analysis. By allowing users to filter traffic and view packet details, Wireshark helps detect suspicious activities, such as unauthorized access and data leaks.

In this analysis, Wireshark was used to capture typical and unusual traffic patterns, highlighting key insights into network behavior and security risks.

### Step 1: Downloading Wireshark on Your PC

1. Visit the Website: Go to [www.wireshark.org](http://www.wireshark.org).
  2. Download: Click the Download button for your operating system (Windows, macOS, or Linux).
  3. Install: Run the downloaded file and follow the setup prompts. Install WinPcap or Npcap if prompted, as these are needed for capturing packets.
  4. Launch Wireshark: Open Wireshark from your applications menu.
- You're now ready to start capturing network traffic with Wireshark!



## Step 2: Starting Traffic Analysis

With Wireshark ready, you can begin analyzing network traffic to understand data flows and capture login details within unencrypted HTTP packets. Although it might seem straightforward, strong security measures make it nearly impossible to capture passwords on most websites, especially those protected by HTTPS, which encrypts login data and renders it unreadable.

However, for educational purposes, observing login details is possible on sites using unencrypted HTTP (Hypertext Transfer Protocol). Here's how to find these HTTP packets:

1. Filter for HTTP Traffic: In Wireshark, apply the "http" filter to display only HTTP packets.
2. Identify Login Packets: Look for POST requests containing login forms or credentials.

Remember: Analyzing traffic in Wireshark should only be performed on networks you are authorized to monitor.

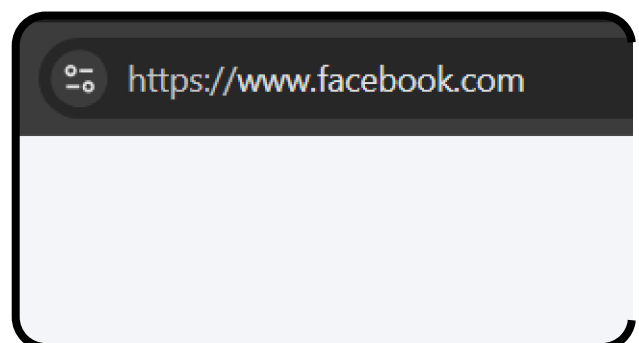
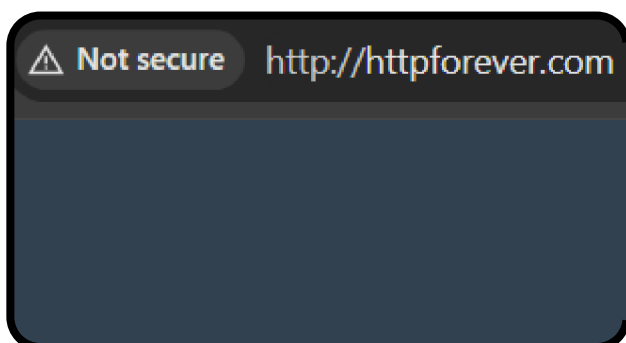
## Step 3: Identifying HTTPS Websites

As mentioned, HTTPS packets are encrypted, protecting sensitive information such as login details. Major websites use HTTPS for secure data transfer, making it nearly impossible to view sensitive information in these packets—a good thing for security!

You can easily tell if a website uses HTTPS:

- Look for the Lock Icon: A small padlock icon in the browser's address bar indicates the site is secure.
- Check the URL: Secure websites start with "https://" instead of "http://".

For analysis, focus on HTTP websites without this encryption, but remember: never attempt to capture or view data on networks you aren't authorized to monitor.

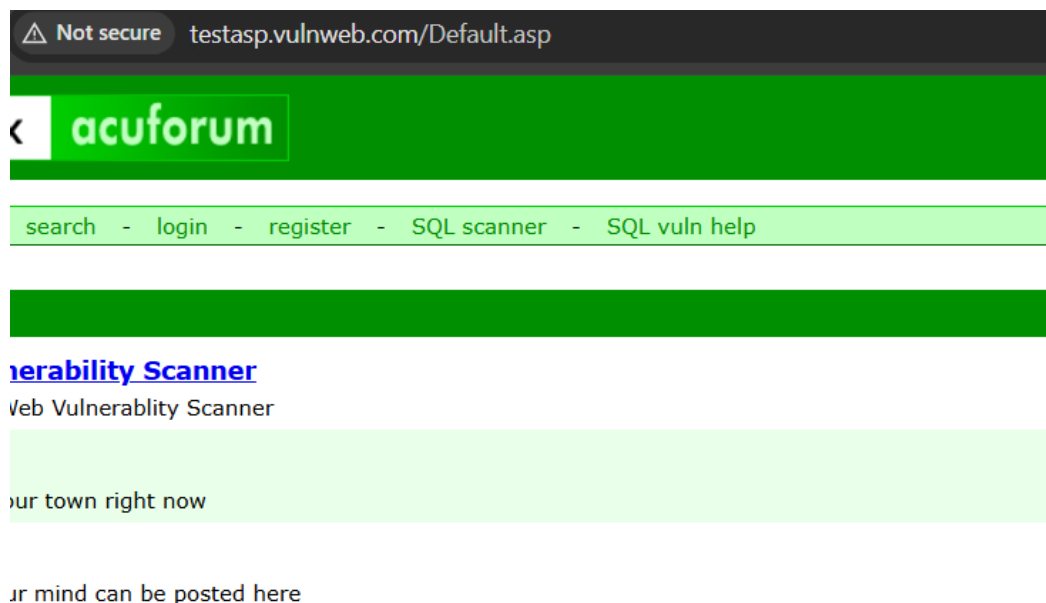


## Step 4: Finding a Password

To locate login information from an unprotected website, follow these steps carefully:

1. **Identify an Unprotected Website:** First, find a website that uses HTTP (not HTTPS) for its connections. This is crucial because unencrypted traffic can potentially expose login details.
2. **Make a Login Attempt:** Attempt to log in to the website—whether the login is successful or not. This will generate HTTP packets that contain the login information (if the site is unprotected).
3. **Start Packet Capture:** Before making the login attempt, click the Capture button in Wireshark to begin capturing network traffic. Ensure the capture is running while you perform the login action.
4. **Track the Packet:** After the login attempt, we'll use Wireshark to follow and analyze the captured packets to find login details.

Always remember to only analyze traffic from networks or websites that you have permission to monitor.



Username:

Password:

## Step 5: Analyzing HTTP Traffic for Login Information

Once you've started capturing packets and made a login attempt, the next step is to filter the traffic to find the HTTP packets containing login credentials.

### 1.Filter for POST Requests:

- In Wireshark, enter the filter “`http.request.method == POST`” in the filter box. This filters out all non-login-related packets, focusing only on HTTP POST requests, which are typically used to submit login credentials.
- This makes it easier to isolate the login packets and reduces clutter on your screen.

## 2. Locate the Login Request:

- Look at the Info column on the right side of the Wireshark window. You should see entries like “.login” or “/login,” which indicate packets related to the login process.
- These packets are key to tracking the login information.

No.	Time	Source	Destination	Protocol	Length	Info
13413	2846.098404	192.168.0.102	192.168.0.1	HTTP/X...	457	POST /web/msr_control HTTP/1.1
15045	2854.020963	192.168.0.102	192.168.0.100	HTTP/X...	354	POST /ConnectionManager/7646749a-
15103	2854.057482	192.168.0.102	192.168.0.100	HTTP/X...	354	POST /ConnectionManager/7646749a-
24749	3209.191835	192.168.0.102	44.238.29.244	HTTP	819	POST /Login.asp?RetURL=%2FDefault

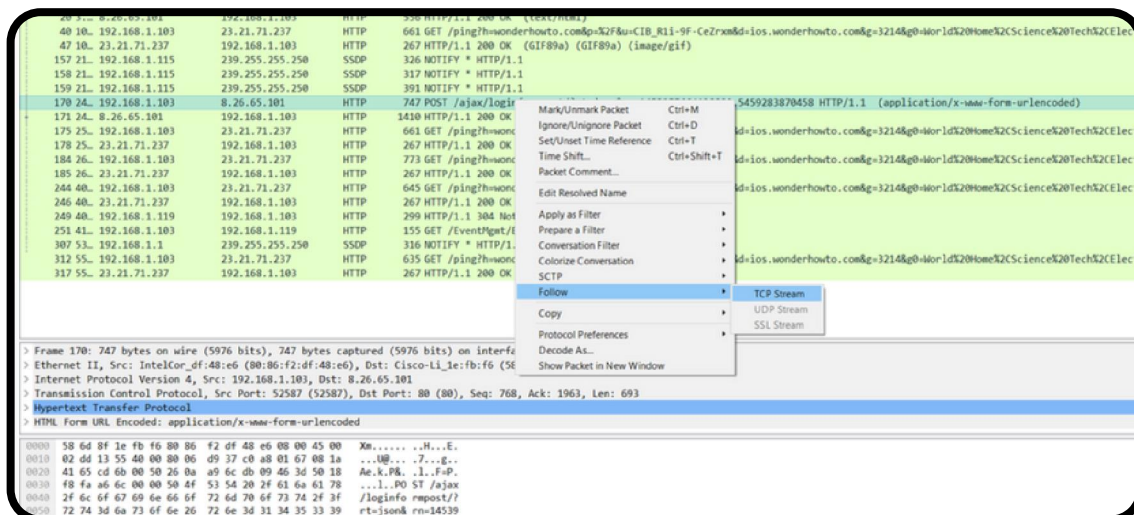
< >

- > Frame 24749: 819 bytes on wire (6552 bits), 819 bytes captured (6552 bits) on interface 0
- > Ethernet II, Src: Intel\_d3:27:dc (c0:b6:f9:d3:27:dc), Dst: Intel\_27:dc:b6:c0 (08:00:27:dc:b6:c0)
- > Internet Protocol Version 4, Src: 192.168.0.102, Destination: 44.238.29.244
- > Transmission Control Protocol, Src Port: 64723, Dst Port: 80
- > Hypertext Transfer Protocol
- > HTML Form URL Encoded: application/x-www-form-urlencoded

```

0030  02 05 4c e6 00 00 50 4f 53 54 20 2f 4c 6f 67 6e
0040  6e 2e 61 73 70 3f 52 65 74 55 52 4c 3d 25 32 4
0050  44 65 66 61 75 6c 74 25 32 45 61 73 70 25 33 4
0060  20 48 54 54 50 2f 31 2e 31 0d 0a 48 6f 73 74 3
0070  20 74 65 73 74 61 73 70 2e 76 75 6c 6e 77 65 6
0080  2e 63 6f 6d 0d 0a 43 6f 6e 6e 65 63 74 69 6f 6
0090  3a 20 6b 65 65 70 2d 61 6c 69 76 65 0d 0a 43 6
00a0  6e 74 65 6e 74 2d 4c 65 6e 67 74 68 3a 20 33 3
00b0  0d 0a 43 61 63 68 65 2d 43 6f 6e 74 72 6f 6c 3
00c0  20 6d 61 78 2d 61 67 65 3d 30 0d 0a 4f 72 69 6
00d0  69 6e 3a 20 68 74 74 70 3a 2f 2f 74 65 73 74 6
00e0  73 70 2e 76 75 6c 6e 77 65 62 2e 63 6f 6d 0d 6
00f0  43 6f 6e 74 65 6e 74 2d 54 79 70 65 3a 20 61 7
0100  70 6c 69 63 61 74 69 6f 6e 2f 78 2d 77 77 77 2
0110  66 6f 72 6d 2d 75 72 6c 65 6e 63 6f 64 65 64 6
                    
```

Hypertext Transfer Protocol (http), 731 bytes
Packets: 25902 - Displayed: 4 (0.0%)
Profile: Default



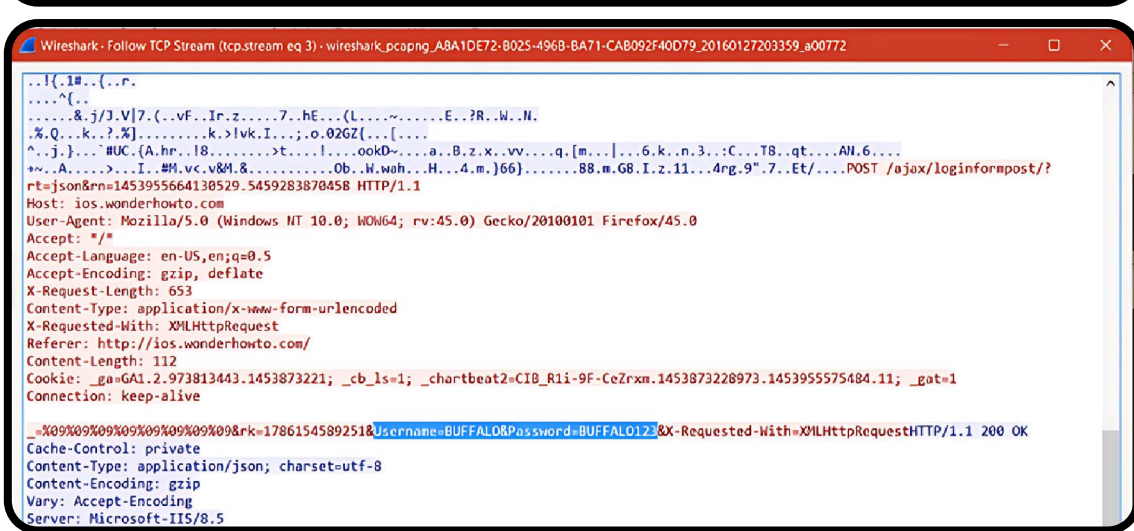
### 3. Follow the TCP Stream:

- Right-click the relevant packet and select Follow > TCP Stream. This will display the entire data exchange between the client and server for that session.

### 4. Identify Login Details:

- In the TCP stream view, look for the username and password in the redhighlighted sections. These credentials are typically visible in plain text on HTTP websites (not HTTPS).

Remember, this method works only with unencrypted HTTP sites, and make sure you have permission to analyze traffic on the network you are monitoring.



This technique is only applicable to unencrypted HTTP websites, where data is transmitted in plain text. For ethical and legal reasons, always ensure you have explicit permission to analyze network traffic. Unauthorized monitoring can lead to legal and privacy issues. Capturing sensitive data like passwords should only be done in a controlled, authorized environment for educational purposes. Always adhere to responsible cybersecurity practices and perform this analysis only on networks you are authorized to monitor.

## 4. Discussion:

# Effectiveness of Basic Security Measures

Basic security measures play a critical role in building a strong foundation for network defense. Each measure contributes uniquely to minimizing risks, enhancing resilience, and countering potential attacks:

### **4.1 Firewalls**

Firewalls act as the first line of defense, filtering incoming and outgoing traffic to block unauthorized access. By enforcing strict access policies, they minimize exposure to external threats and prevent malware from propagating within the network. The ability to configure rules for specific IPs and ports adds flexibility, ensuring only necessary traffic is allowed.

### **4.2 Antivirus and Anti-Malware Software**

Antivirus and anti-malware software are essential for detecting and neutralizing malicious programs before they can cause harm. Frequent updates ensure these tools stay effective against emerging threats. Real-time scanning adds an extra layer of defense, stopping malware at the entry point.

### **4.3 Network Segmentation**

By dividing a network into smaller segments, critical assets can be isolated from less secure zones. This containment strategy reduces the risk of lateral movement during an attack, limiting damage and making it easier to identify and address vulnerabilities.

### **4.4 Strong Password Policies**

Strong password policies, combined with multi-factor authentication (MFA), greatly enhance access control. MFA adds an additional security layer, ensuring that even if a password is compromised, unauthorized access remains unlikely.

### **4.5 Intrusion Detection System (IDS)**

IDS solutions monitor network activity, offering early detection of suspicious patterns. Proactive alerts provide valuable time for administrators to investigate and respond, reducing the likelihood of successful attacks.



## 5. Conclusion

Network security is an ongoing challenge that requires a multi-layered approach to protect sensitive information, systems, and services from increasingly sophisticated threats. By implementing fundamental security measures such as firewalls, antivirus software, network segmentation, strong password policies, and intrusion detection systems, organizations can significantly enhance their defenses against common network threats. These measures work together to provide a robust framework that limits the impact of cyberattacks, detects suspicious activity early, and minimizes the potential damage caused by breaches.

Wireshark analysis further contributes to this defense by offering insights into network traffic, allowing administrators to identify normal and suspicious patterns, which can inform better response strategies. It helps in pinpointing unauthorized access attempts, anomalous behaviors, or potential vulnerabilities that could be exploited by attackers. The ability to trace and examine traffic in real-time allows for prompt intervention, preventing or limiting the spread of malicious activities.

While no system can be entirely immune to attacks, a proactive and layered security approach is essential in creating a resilient network that can withstand both external and internal threats. Regular updates, continuous monitoring, and adherence to best practices are critical for maintaining strong security and protecting digital assets in an ever-evolving cybersecurity landscape.

Furthermore, having a solid incident response plan in place ensures that, in the event of a security breach, organizations can quickly contain the threat, investigate the incident, and recover systems with minimal downtime. This preparedness not only limits damage but also ensures compliance with regulatory requirements and protects the organization's reputation.