

$$\frac{x + \sin x}{x^2 + \sin^2 x} = \frac{\frac{x + \sin x}{x^2}}{\frac{x^2 + \sin^2 x}{x^2}} = \frac{\frac{1}{x} \left(1 + \frac{\sin x}{x}\right)}{1 + \left(\frac{\sin x}{x}\right)^2}$$