

$$\begin{aligned}
D_{JL}(q(\mathbf{z}) \parallel p(\mathbf{z})) &= \int q(\mathbf{z}) \log \left(\frac{p(\mathbf{z})}{q(\mathbf{z})} \right) d\mathbf{z} \\
&= \int q(\mathbf{z}) \log(p(\mathbf{z})) d\mathbf{z} - \int q(\mathbf{z}) \log(q(\mathbf{z})) d\mathbf{z} \\
\int q(\mathbf{z}) \log(p(\mathbf{z})) d\mathbf{z} &= \int q(\mathbf{z}) \log \left(\frac{1}{\sqrt{(2\pi)^J |\mathbf{I}|}} e^{-\frac{1}{2} \mathbf{z}^T \mathbf{I}^{-1} \mathbf{z}} \right) d\mathbf{z} \\
&= -\log \left(\sqrt{(2\pi)^J |\mathbf{I}|} \right) + \int q(\mathbf{z}) \left(-\frac{1}{2} \mathbf{z}^T \mathbf{I}^{-1} \mathbf{z} \right) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{1}{2} \int \mathbf{z}^T \mathbf{z} q(\mathbf{z}) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{1}{2} \int (\mathbf{z} + \boldsymbol{\mu})^T (\mathbf{z} + \boldsymbol{\mu}) q(\mathbf{z} + \boldsymbol{\mu}) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{1}{2} \int (\mathbf{z}^T \mathbf{z} + \mathbf{z}^T \boldsymbol{\mu} + \boldsymbol{\mu}^T \mathbf{z} + \boldsymbol{\mu}^T \boldsymbol{\mu}) q(\mathbf{z} + \boldsymbol{\mu}) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{1}{2} (\mathbb{E}_{q(\mathbf{z}+\boldsymbol{\mu})} [\mathbf{z}^T \mathbf{z}] + \mathbb{E}_{q(\mathbf{z}+\boldsymbol{\mu})} [\mathbf{z}^T \boldsymbol{\mu}] + \mathbb{E}_{q(\mathbf{z}+\boldsymbol{\mu})} [\boldsymbol{\mu}^T \mathbf{z}] + \mathbb{E}_{q(\mathbf{z}+\boldsymbol{\mu})} [\boldsymbol{\mu}^T \boldsymbol{\mu}]) \\
&= -\frac{J}{2} \log(2\pi) - \frac{1}{2} (\text{trace}(\text{diag}(\boldsymbol{\sigma})) + \text{trace}(\boldsymbol{\mu}^T \boldsymbol{\mu})) \\
&= -\frac{J}{2} \log(2\pi) - \frac{1}{2} \sum_{i=1}^J (\sigma_i^2 + \mu_i^2) \\
\int q(\mathbf{z}) \log(q(\mathbf{z})) d\mathbf{z} &= \int q(\mathbf{z}) \log \left(\frac{1}{\sqrt{(2\pi)^J |\text{diag}(\boldsymbol{\sigma})|}} e^{-\frac{1}{2} (\mathbf{z}-\boldsymbol{\mu})^T (\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma}))^{-1} (\mathbf{z}-\boldsymbol{\mu})} \right) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{J}{2} \log(|\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma})|) - \frac{1}{2} \int (\mathbf{z} - \boldsymbol{\mu})^T (\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma}))^{-1} (\mathbf{z} - \boldsymbol{\mu}) q(\mathbf{z}) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{J}{2} \sum_{i=1}^J (\log(\sigma_i^2)) - \frac{1}{2} \int \mathbf{z}^T (\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma}))^{-1} \mathbf{z} q(\mathbf{z} + \boldsymbol{\mu}) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{J}{2} \sum_{i=1}^J (\log(\sigma_i^2)) - \frac{1}{2} \mathbb{E}_{q(\mathbf{z}+\boldsymbol{\mu})} [\mathbf{z}^T (\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma}))^{-1} \mathbf{z}] \\
&= -\frac{J}{2} \log(2\pi) - \frac{J}{2} \sum_{i=1}^J (\log(\sigma_i^2)) - \frac{1}{2} \text{trace}(\mathbb{E}_{q(\mathbf{z}+\boldsymbol{\mu})} [\mathbf{z}^T (\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma}))^{-1} \mathbf{z}]) \\
&= -\frac{J}{2} \log(2\pi) - \frac{J}{2} \sum_{i=1}^J (\log(\sigma_i^2)) - \frac{1}{2} \text{trace}((\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma}))^{-1} (\text{diag}(\boldsymbol{\sigma}) \cdot \text{diag}(\boldsymbol{\sigma}))) \\
&= -\frac{J}{2} \log(2\pi) - \frac{J}{2} \sum_{i=1}^J (\log(\sigma_i^2)) - \frac{J}{2} \\
&= -\frac{J}{2} \log(2\pi) - \frac{J}{2} \sum_{i=1}^J (\log(\sigma_i^2) + 1) \\
D_{JL}(q(\mathbf{z}) \parallel p(\mathbf{z})) &= \int q(\mathbf{z}) \log(p(\mathbf{z})) d\mathbf{z} - \int q(\mathbf{z}) \log(q(\mathbf{z})) d\mathbf{z} \\
&= -\frac{J}{2} \log(2\pi) - \frac{1}{2} \sum_{i=1}^J (\sigma_i^2 + \mu_i^2) - \left(-\frac{J}{2} \log(2\pi) - \frac{J}{2} \sum_{i=1}^J (\log(\sigma_i^2) + 1) \right) \\
&= \frac{1}{2} \sum_{i=1}^J (\log(\sigma_i^2) + 1 - \sigma_i^2 - \mu_i^2)
\end{aligned}$$