

My Autobiography

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Bachelor of Science in Information Technology

Communication Skills

March 2, 2024

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## Autobiography of Dalmas Kiplangat Koskei

### Chapter 1: Origins

I was born on August 16, 2001, in the serene landscapes of Bomet County, Kenya.

I was Named Dalmas Kiplangat by my parents, I was named “ Kiplangat” since I was born at night. in our Kalenjin Culture we name either male or female children as per the time they

were born. Rooted deeply in the rich Kalenjin culture, my upbringing in a small village of Burgei instilled in me a profound sense of identity and belonging.

I was born into a bustling household, the fifth among seven siblings. Growing up amidst the joyful chaos of a large family, I quickly learned the importance of cooperation, compassion, and shared responsibility. My parents, embodiments of strength and wisdom, were steadfast in their commitment to instilling in us the timeless virtues of honesty, integrity, and hard work.

Growing up in the village of Burgei not only provided peace but also a tight-knit community, where bonds with cousins and relatives enriched my formative years. Surrounded by unwavering familial and communal support, my early life journey was notably smooth, devoid of significant challenges.

As the sun dipped below the horizon, casting a golden glow over our picturesque surroundings, I would often sit with my elders, listening intently to tales of our ancestors and the rich history of our people. These stories, passed down through generations, served as beacons of wisdom, guiding me through the complexities of life and shaping my understanding of the world around me.

As I embark upon the retelling of my life's narrative, I am reminded of the invaluable lessons learned amidst the rolling hills and fertile fields of Burgei. It is from these humble beginnings that I draw strength, resilience, and an unwavering sense of identity, propelling me forward on the path to self-discovery and fulfillment. Surrounded by unwavering familial and communal support, my early life journey was notably smooth, devoid of significant challenges.

## Chapter 2: Early Childhood and Educational Journey:

In the nurturing environment of our small village of Burgei, boundless exploration and continuous learning characterized my early years. From my initial foray into preschool back in 2006 to the culmination of my primary education in 2015, culminating in the Kenya Certificate of Primary Education (KCPE) examination, my academic journey was marked by consistent dedication and a thirst for knowledge. Achieving a commendable score of 355 out of 500 marks on the KCPE was a testament to my unwavering commitment to learning during those formative years. A pivotal rite of passage occurred in 2014 when I participated in a traditional ceremony within my community, signifying the transition from adolescence to

adulthood. This cultural event instilled in me a deeper appreciation for my heritage and reinforced the importance of cultural identity in shaping one's journey.

Each milestone represented a significant step towards both personal growth and academic excellence. Transitioning to Kaplong Boys High School in 2016 marked the beginning of a new chapter. Throughout my high school years, I not only excelled academically but also immersed myself in a plethora of extracurricular activities, including, drama, sports, and assuming leadership roles.

As I approached the final stages of my formal education, I undertook the Kenya Certificate of Secondary Education (KCSE) examination in 2019, achieving a commendable grade of B with 64 point. Despite the challenges, my dedication to academic pursuits remained steadfast, paving the way for my admission to Dedan Kimathi University of Technology in 2020.

Here, at Dedan Kimathi University, I embarked on an exhilarating journey towards a degree in (Bachelor of Science in Information Technology), fueled by a profound curiosity to delve deeper into the intricacies of technology and its practical applications in the real world. Throughout this academic pursuit, I have been driven by a relentless passion for knowledge and a desire to make a meaningful contribution to the ever-evolving field of technology.

Behind every milestone and achievement, lies the unwavering support of my family and the nurturing embrace of my community. Their encouragement and guidance have served as the cornerstone of my educational journey, providing me with the strength and determination to pursue my dreams and aspirations.

### Chapter 3: Engagement with the Community

During my formative years, I actively participated in various communal tasks, including sanitation initiatives such as cleaning and clearing drainages, alongside engaging in other community-driven endeavors. Additionally, I took on entrepreneurial ventures, selling homegrown fruits like avocados and bananas to neighbors and fellow community members, thereby fostering economic exchange and communal rapport.

Moreover, I had the honor of serving as a clerk for the Independent Electoral and Boundaries Commission (IEBC) during the 2022 general election, contributing to the democratic process firsthand. This experience not only afforded me a deeper understanding of civic duty but also

instilled in me a profound sense of responsibility towards fostering democratic values within my community.

The significance of actively engaging in civic affairs and public service cannot be overstated. Through these endeavors, I've not only honed valuable skills but have also cultivated a deeper sense of empathy and understanding towards the needs of my community. These experiences have played an instrumental role in shaping both my career trajectory and personal character.

As I reflect on these experiences, I am reminded of the invaluable lessons they have imparted, lessons that have not only contributed to my individual growth but have also fueled my aspirations for the future.

In my childhood days I would participate in the community duties eg cleaning, clearing drainages and various community-oriented activities.

I also used to sell fruits from our garden eg avocados and bananas to our neighbors and other community members.

I also had the privilege of serving as a clerk for the Independent Electoral and Boundaries Commission (IEBC) during the 2022 general election, which allowed me to contribute to the democratic process.

The significance of civic engagement and public service in shaping my career and character cannot be overstated.



Through these experiences, I've gleaned valuable lessons that have significantly contributed to my personal growth and have a profound impact on my vision for the future.

#### Chapter 4: Hobbies and Interests

I possess a deep passion for reading, often immersing myself in novels and scholarly journals to expand my knowledge and refine my skills. Reading serves as a cornerstone of my personal development, continually shaping my perspective on life and guiding my decision-making process.

Football, whether actively participating or spectating, holds a special place in my heart. Both local and international matches bring me immense joy and foster a sense of unity and excitement within me. It's more than just a sport; it's a conduit for shared emotions and community bonding.

My profound love for travel has afforded me the opportunity to explore the diverse landscapes and natural wonders of Kenya. From the tranquil lakes to the majestic game parks, each journey broadens my horizons and deepens my appreciation for the beauty of nature.

Hiking and adventure activities also hold a significant place in my life. In the year 2022, I accomplished a remarkable feat by summiting Abaderre national park, Abadere escarpments, zania falls, among others, during the visit I was able to have an adventure to see some of the wild animals I have just been hearing from my friends. The exhilarating experiences and obstacles encountered during such adventures leave an indelible mark on one's character and resilience.

Additionally, I find immense satisfaction in engaging in team-building activities that promote unity, camaraderie, and problem-solving. These endeavors not only enhance personal growth but also foster effective collaboration and leadership skills. Each activity serves as a valuable learning experience, contributing to my development as both an individual and a team member.

## Chapter 5: The Power of Friendship

Friendships have been a cornerstone of my personal growth. Through shared experiences and mutual support, friends have provided emotional sustenance, diverse perspectives, and invaluable life lessons. The bonds forged in friendship have enriched my journey and shaped my character.

Friendships have contributed significantly to my personal growth and have been instrumental in shaping the choices I've made. They've served as a source of guidance, encouragement, and wisdom. Six key importance of friendships that have positively impacted my life choices and contributed to my personal growth:

**Emotional Support:** Friends provide a safety net of emotional support during difficult times, offering a listening ear and a shoulder to lean on.

**Shared Experiences:** The shared experiences and memories with friends create bonds that foster a sense of belonging and purpose.

**Diverse Perspectives:** Friendships expose me to diverse perspectives and worldviews, broadening my understanding of the world and enriching my decision-making.

**Mutual Growth:** The reciprocity of personal growth within friendships allows for mutual development, inspiring one another to strive for the best.

**Accountability:** Friends hold me accountable for my actions and choices, encouraging me to stay true to my values and aspirations.

**Life Lessons:** Through friendships, I've learned valuable life lessons about trust, loyalty, and the importance of human connections.

The importance of empathy, communication, and mutual support in friendships cannot be overstated. These qualities have facilitated open and meaningful connections with my friends.

The significant influence of close relationships on my life choices is a testament to the power

of these bonds. Friends have not only been confidants but also mentors, helping me make informed decisions and navigate life's challenges. The experiences, shared laughter, and even occasional disagreements within these friendships have enriched my character and outlook on life. They've taught me resilience, empathy, and the art of compromise. As a result, my friendships have been instrumental in shaping my life choices and the paths I've taken. They've helped me make decisions that align with my values, ambitions, and personal growth objectives. This aims to emphasize the profound and lasting impact of meaningful friendships in molding one's character and life journey. It encourages the audience to appreciate the beauty and significance of strong, supportive relationships.

## Chapter 6: Personal Growth and Development

Education, challenges, relationships, and life experiences have been catalysts for personal growth. Each experience has contributed to my character, decision-making, and future aspirations. The transformative journey reflects the evolution of resilience, adaptability, and vision for the future.

Personal growth is an ongoing process, and it has been shaped by education, challenges, relationships, and various life experiences.

The impacts of these experiences on my character, decision-making, and future aspirations will be discussed in detail.

The focus is on the transformation and evolution that has taken place in my life as a result of the experiences I've shared.

The impacts of personal growth are not just internal; they extend to my vision for the future, the goals I've set, and the kind of person I aspire to become.

This aims to convey the message that personal growth is a journey, and every experience, whether positive or challenging, contributes to the shaping of a better and more resilient self.

It highlights the importance of applying these lessons to create a promising future.

## Chapter 7: Embracing Challenges and obstacles

Challenges are inevitable in life, yet they serve as opportunities for growth. By embracing obstacles with resilience, adaptability, and perseverance, I've transformed setbacks into stepping stones towards personal development. Each challenge has been a lesson in resilience and determination.

Challenges are a part of life, and I've experienced various hurdles that have served as valuable lessons and stepping stones to personal growth. I will discuss three key challenges and how I approached them, emphasizing the importance of resilience, adaptability, and perseverance in overcoming adversity. It highlights my approach to turning obstacles into opportunities, demonstrating the power of a positive mindset and resilience. The lessons learned from these challenges have contributed significantly to my personal growth and have shaped my outlook on life, making me more resilient and adaptable.

This aims to convey the message that challenges are not roadblocks but opportunities for growth, emphasizing the importance of a determined spirit in the face of adversity.

## Chapter 8: Mistakes and secrets

Mistakes and regrets have been powerful teachers in my journey. Through moments of failure and reflection, I've learned empathy, humility, and the importance of communication. Each mistake has been a catalyst for self-improvement and personal growth.

The importance of embracing and learning from mistakes is a central theme. These experiences compelled me to reevaluate my actions, attitudes, and choices, leading to personal growth. One example could be a decision I made during my education or career that didn't yield the expected results. Another instance might involve interpersonal mistakes, such as misunderstandings with friends or loved ones. These moments of regret, while difficult, have been instrumental in teaching me empathy, humility, and the significance of communication. The message I intend to convey is that while mistakes and regrets can be challenging, they are also powerful drivers of growth. They shape our character, resilience, and wisdom. By sharing these experiences, I hope to inspire the audience to view their own imperfections as opportunities for selfimprovement.

## Chapter 9: Philosophical Outlook and Belief System:

Growing up in a Christian household has instilled in me a deep-rooted appreciation for faith and Christian values, which have been integral to my upbringing. Additionally, I will underscore my profound respect for African culture, highlighting its influence on my personal development and underscoring its significance. This section will underscore the importance of a robust value system and belief structure as the bedrock of personal growth.

Furthermore, the impactful quotes and philosophies of revered leaders such as Thomas Sankara, Kwame Nkrumah, and Nelson Mandela have profoundly influenced African beliefs and values. These visionary figures have served as sources of inspiration for me, and their wisdom has greatly contributed to my personal growth. The principles advocated by these leaders have indelibly shaped my character and aspirations.

This highlights the pivotal role of faith, culture, and the wisdom imparted by African leaders in shaping my philosophical outlook and belief system, which in turn, has significantly impacted my personal growth.

Thus, it becomes evident that faith, culture, and the wisdom passed down by esteemed African leaders collectively shape my philosophical perspective and belief system. This amalgamation of influences has not only guided my personal growth but has also profoundly enriched my understanding of self and society.



## Chapter 10: Lessons Learned

The lessons gleaned from personal experiences and influential figures have shaped my values and vision for the future. Drawing inspiration from figures like Daniel arap Moi, Thomas Sankara, and Wangari Maathai, I've learned the importance of resilience, empathy, and environmental stewardship. These encapsulates the valuable lessons I've gathered throughout my life journey, both from personal experiences and the wisdom of influential figures. The lessons learned from the challenges, relationships, and mistakes I've encountered. These experiences have been profound teachers, imparting wisdom on resilience, empathy, and growth. Additionally, I'll share the lessons and ideals I've drawn from influential people like Daniel arap Moi, Thomas Sankara and Wangari Mathai It explores how these lessons have influenced my choices and aspirations, enabling me to chart a course for a promising future. The emphasis is on applying the wisdom gained to shape a future aligned with my values and vision.

By sharing these lessons and takeaways, I hope to inspire the audience to reflect on their own journeys and the wisdom they've acquired along the way, emphasizing the transformative power of experiences and influential figures in shaping one's path forward.

## Chapter 11: Current Life and Future Goals

In my present phase of life, I find myself immersed in academia as a dedicated student pursuing a Bachelor of Science in Information Technology at Dedan Kimathi University.

This period marks not only academic growth but also the groundwork for my future career endeavors. With an unwavering commitment to mastering the skills and knowledge acquired, I aspire to seamlessly integrate them into practical, real-world applications, thereby contributing positively to my community and beyond.

Looking ahead, my vision encompasses a multifaceted approach to making a meaningful impact. I envision myself as a prominent figure within my community, actively engaged in initiatives aimed at its betterment and development. Furthermore, a deep-seated desire to give back to society drives my aspirations, alongside the aspiration to establish a family and leave behind a lasting legacy for generations to come.

As I navigate my studies at Dedan Kimathi University, I am propelled by an earnest dedication to completing my degree and honing the skill set required for success in my chosen field. Beyond academic pursuits, my vision extends to becoming an influential figure, deeply ingrained in community initiatives and endeavors that uplift those around me.

This holistic approach to life and future aspirations serves as a driving force, instilling within me a sense of purpose and direction. By sharing these facets of my current journey and future goals, my intention is to inspire introspection within the audience, urging them to reflect on their own dreams and aspirations. Emphasizing the importance of maintaining a balance and

nurturing a clear vision, I seek to underscore the significance of perseverance and resilience in the pursuit of one's ambitions.

Each chapter of my life represents a unique tapestry of challenges, triumphs, and personal growth. Through unwavering determination and a forward-looking vision, I am poised to embrace the adventures that await, grateful for the lessons learned and eager for the journey ahead.