Markov Sick-Sicker model in R

with dependency for time-since model start AND with state-residency dependency

The DARTH workgroup

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- Jalal H, Pechlivanoglou P, Krijkamp E, Alarid-Escudero F, Enns E, Hunink MG. An Overview of R in Health Decision Sciences. Med Decis Making. 2017; 37(3): 735-746. https://journals.sagepub.com/doi/abs/10.1177/0272989X16686559
- Krijkamp EM, Alarid-Escudero F, Enns EA, Jalal HJ, Hunink MGM, Pechlivanoglou P. Microsimulation modeling for health decision sciences using R: A tutorial. Med Decis Making. 2018;38(3):400–22. https://journals.sagepub.com/doi/abs/10.1177/0272989X18754513
- Krijkamp EM, Alarid-Escudero F, Enns E, Pechlivanoglou P, Hunink MM, Jalal H. A Multidimensional Array Representation of State-Transition Model Dynamics. Med Decis Making. 2020 Online first. https://doi.org/10.1177/0272989X19893973

```r
rm(list = ls())      # clear memory (removes all the variables from the workspace)
```

01 Load packages

```r
if (!require('pacman')) install.packages('pacman'); library(pacman) # use this package to conveniently
# load (install if required) packages from CRAN
p_load("here", "dplyr", "devtools", "scales", "ellipse", "ggplot2", "lazyeval", "igraph", "truncnorm",
# load (install if required) packages from GitHub
# install_github("DARTH-git/dampack", force = TRUE) Uncomment if there is a newer version
# install_github("DARTH-git/dectree", force = TRUE) Uncomment if there is a newer version
p_load_gh("DARTH-git/dampack", "DARTH-git/dectree")
```

02 Load functions

```r
# no functions required
```

03 Input model parameters

```r
# Strategy names
v_names_str <- c("No Treatment", "Treatment")

# Number of strategies
n_str <- length(v_names_str)

# Markov model parameters
age     <- 25                       # age at baseline
max_age <- 55                       # maximum age of follow up
n_t     <- max_age - age            # time horizon, number of cycles
v_n     <- c("H", "S1", "S2", "D")  # the 4 states of the model: Healthy (H), Sick (S1),
                                    # Sicker (S2), Dead (D)
n_states     <- length(v_n)         # number of health states

# Tunnels
n_tunnel_size <- n_t
# Sick state
v_Sick_tunnels <- paste("S1_", seq(1, n_tunnel_size), "Yr", sep = "")
### Create variables for time-dependent model
v_n_tunnels      <- c("H", v_Sick_tunnels, "S2", "D")   # state names
n_states_tunnels <- length(v_n_tunnels)                 # number of states

# Transition probabilities (per cycle) and hazard ratios
# Read age-specific mortality rates from csv file
lt_usa_2005 <- read.csv("HMD_USA_Mx_2015.csv")
v_r_HD <- lt_usa_2005 %>%
  filter(Age >= age & Age <= (max_age-1)) %>%
  select(Total) %>%
  as.matrix()

p_HD    <- 1 - exp(- v_r_HD)         # probability to die when healthy
p_HS1   <- 0.15                        # probability to become sick when healthy
```

```r
p_S1H   <- 0.5                          # probability to become healthy when sick

# Weibull parameters
l       <- 0.08 # scale
g       <- 1.1  # shape
# Weibull function
p_S1S2  <- l*g*(1:n_tunnel_size)^{g-1} # probability to become sicker when sick
                                        # (time-dependent)

hr_S1   <- 3                            # hazard ratio of death in sick vs healthy
hr_S2   <- 10                           # hazard ratio of death in sicker vs healthy
r_HD    <- - log(1 - p_HD)            # rate of death in healthy
r_S1D   <- hr_S1 * r_HD                 # rate of death in sick
r_S2D   <- hr_S2 * r_HD                 # rate of death in sicker
p_S1D   <- 1 - exp(-r_S1D)            # probability to die in sick
p_S2D   <- 1 - exp(-r_S2D)            # probability to die in sicker

# Cost and utility inputs
c_H     <- 2000                         # cost of remaining one cycle in the healthy state
c_S1    <- 4000                         # cost of remaining one cycle in the sick state
c_S2    <- 15000                        # cost of remaining one cycle in the sicker state
c_trt   <- 12000                        # cost of treatment(per cycle)
c_D     <- 0                            # cost of being in the death state
u_H     <- 1                            # utility when healthy
u_S1    <- 0.75                         # utility when sick
u_S2    <- 0.5                          # utility when sicker
u_D     <- 0                            # utility when dead
u_trt   <- 0.95                         # utility when being treated

# Discounting factor
d_r     <- 0.03                         # equal discount of costs and QALYs by 3%
# calculate discount weights for costs for each cycle based on discount rate d_c
v_dwc   <- 1 / (1 + d_r) ^ (0:n_t)
# calculate discount weights for effectiveness for each cycle based on discount rate d_e
v_dwe   <- 1 / (1 + d_r) ^ (0:n_t)
```

04 Define and initialize matrices and vectors

04.1 Cohort trace

```r
# create the markov trace matrix M capturing the proportion of the cohort in each state
# at each cycle
m_M_notrt <- m_M_trt <- matrix(NA,
                               nrow = n_t + 1, ncol = n_states_tunnels,
                               dimnames = list(paste("cycle", 0:n_t, sep = " "), v_n_tunnels))

head(m_M_notrt) # show first 6 rows of the matrix
```

```
##          H S1_1Yr S1_2Yr S1_3Yr S1_4Yr S1_5Yr S1_6Yr S1_7Yr S1_8Yr S1_9Yr
## cycle 0 NA     NA     NA     NA     NA     NA     NA     NA     NA     NA
## cycle 1 NA     NA     NA     NA     NA     NA     NA     NA     NA     NA
## cycle 2 NA     NA     NA     NA     NA     NA     NA     NA     NA     NA
## cycle 3 NA     NA     NA     NA     NA     NA     NA     NA     NA     NA
```

```
## cycle 4 NA     NA     NA     NA     NA     NA     NA     NA     NA     NA
## cycle 5 NA     NA     NA     NA     NA     NA     NA     NA     NA     NA
##         S1_10Yr S1_11Yr S1_12Yr S1_13Yr S1_14Yr S1_15Yr S1_16Yr S1_17Yr S1_18Yr
## cycle 0      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 1      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 2      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 3      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 4      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 5      NA      NA      NA      NA      NA      NA      NA      NA      NA
##         S1_19Yr S1_20Yr S1_21Yr S1_22Yr S1_23Yr S1_24Yr S1_25Yr S1_26Yr S1_27Yr
## cycle 0      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 1      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 2      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 3      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 4      NA      NA      NA      NA      NA      NA      NA      NA      NA
## cycle 5      NA      NA      NA      NA      NA      NA      NA      NA      NA
##         S1_28Yr S1_29Yr S1_30Yr S2  D
## cycle 0      NA      NA      NA NA NA
## cycle 1      NA      NA      NA NA NA
## cycle 2      NA      NA      NA NA NA
## cycle 3      NA      NA      NA NA NA
## cycle 4      NA      NA      NA NA NA
## cycle 5      NA      NA      NA NA NA
```

```r
# The cohort starts as healthy
# initialize first cycle of Markov trace accounting for the tunnels
m_M_notrt[1, ] <- m_M_trt[1, ] <- c(1, rep(0, n_tunnel_size), 0, 0)
```

04.2 Transition probability array

```r
# create the transition probability array for NO treatment
a_P_notrt <- array(0,                                          # Create 3-D array
                   dim = c(n_states_tunnels, n_states_tunnels, n_t),
                   dimnames = list(v_n_tunnels, v_n_tunnels, 0:(n_t-1))) # name dimensions
```

Fill in the transition probability array:

```r
# from Healthy
a_P_notrt["H", "H", ]               <- 1 - (p_HS1 + p_HD)
a_P_notrt["H", v_Sick_tunnels[1], ] <- p_HS1
a_P_notrt["H", "D", ]               <- p_HD

# from Sick
for(i in 1:(n_tunnel_size - 1)){
  a_P_notrt[v_Sick_tunnels[i], "H", ]  <- p_S1H
  a_P_notrt[v_Sick_tunnels[i], v_Sick_tunnels[i + 1], ] <- 1 - (p_S1H + p_S1S2[i] + p_S1D)
  a_P_notrt[v_Sick_tunnels[i], "S2", ] <- p_S1S2[i]
  a_P_notrt[v_Sick_tunnels[i], "D", ]  <- p_S1D
}
a_P_notrt[v_Sick_tunnels[n_tunnel_size], "H", ]  <- p_S1H
a_P_notrt[v_Sick_tunnels[n_tunnel_size], v_Sick_tunnels[n_tunnel_size], ] <- 1 -
         (p_S1H + p_S1S2[n_tunnel_size] + p_S1D)
a_P_notrt[v_Sick_tunnels[n_tunnel_size], "S2", ] <- p_S1S2[n_tunnel_size]
a_P_notrt[v_Sick_tunnels[n_tunnel_size], "D", ]  <- p_S1D
```

```r
# from Sicker
a_P_notrt["S2", "S2", ] <- 1 - p_S2D
a_P_notrt["S2", "D", ]  <- p_S2D

# from Dead
a_P_notrt["D", "D", ]   <- 1

# Check if transition matrix is valid (i_e_, each row should add up to 1)
valid <- apply(a_P_notrt, 3, function(x) sum(rowSums(x))==n_states_tunnels)
if (!isTRUE(all.equal(as.numeric(sum(valid)), as.numeric(n_t)))) {
  stop("This is not a valid transition Matrix")
}

# create transition probability matrix for treatment same as NO treatment
a_P_trt <- a_P_notrt
```

05 Run Markov model

```r
for (t in 1:n_t){   # loop through the number of cycles
  m_M_notrt[t + 1, ] <- t(m_M_notrt[t, ]) %*% a_P_notrt[ , , t]     # estimate the Markov
                                                                    # trace for cycle the
                                                                    # next cycle (t + 1)

  m_M_trt[t + 1, ]   <- t(m_M_trt[t, ])   %*% a_P_trt[, , t]        # estimate the Markov
                                                                    # trace for cycle the
                                                                    # next cycle (t + 1)
} # close the loop

head(m_M_notrt)  # show the first 6 lines of the matrix
```

```
##                 H    S1_1Yr     S1_2Yr     S1_3Yr      S1_4Yr      S1_5Yr
## cycle 0 1.0000000 0.0000000 0.00000000 0.00000000 0.000000000 0.000000000
## cycle 1 0.8489865 0.1500000 0.00000000 0.00000000 0.000000000 0.000000000
## cycle 2 0.7957908 0.1273480 0.06135112 0.00000000 0.000000000 0.000000000
## cycle 3 0.7699207 0.1193686 0.05205923 0.02469254 0.000000000 0.000000000
## cycle 4 0.7516564 0.1154881 0.04879125 0.02095011 0.009840608 0.000000000
## cycle 5 0.7355700 0.1127485 0.04717921 0.01962403 0.008344453 0.003891317
##         S1_6Yr S1_7Yr S1_8Yr S1_9Yr S1_10Yr S1_11Yr S1_12Yr S1_13Yr S1_14Yr
## cycle 0      0      0      0      0       0       0       0       0       0
## cycle 1      0      0      0      0       0       0       0       0       0
## cycle 2      0      0      0      0       0       0       0       0       0
## cycle 3      0      0      0      0       0       0       0       0       0
## cycle 4      0      0      0      0       0       0       0       0       0
## cycle 5      0      0      0      0       0       0       0       0       0
##         S1_15Yr S1_16Yr S1_17Yr S1_18Yr S1_19Yr S1_20Yr S1_21Yr S1_22Yr S1_23Yr
## cycle 0       0       0       0       0       0       0       0       0       0
## cycle 1       0       0       0       0       0       0       0       0       0
## cycle 2       0       0       0       0       0       0       0       0       0
## cycle 3       0       0       0       0       0       0       0       0       0
## cycle 4       0       0       0       0       0       0       0       0       0
## cycle 5       0       0       0       0       0       0       0       0       0
##         S1_24Yr S1_25Yr S1_26Yr S1_27Yr S1_28Yr S1_29Yr S1_30Yr         S2
```

```
## cycle 0       0       0       0       0       0       0       0 0.00000000
## cycle 1       0       0       0       0       0       0       0 0.00000000
## cycle 2       0       0       0       0       0       0       0 0.01320000
## cycle 3       0       0       0       0       0       0       0 0.03005253
## cycle 4       0       0       0       0       0       0       0 0.04756736
## cycle 5       0       0       0       0       0       0       0 0.06483502
##                    D
## cycle 0 0.000000000
## cycle 1 0.001013486
## cycle 2 0.002310077
## cycle 3 0.003906358
## cycle 4 0.005706216
## cycle 5 0.007807498
```

```
# create aggregated traces
m_M_td_notrt <- cbind(H = m_M_notrt[, "H"],
                      S1 = rowSums(m_M_notrt[, 2:(n_tunnel_size +1)]),
                      S2 = m_M_notrt[, "S2"],
                      D = m_M_notrt[, "D"])
head(m_M_td_notrt)
```

```
##                 H        S1         S2           D
## cycle 0 1.0000000 0.0000000 0.00000000 0.000000000
## cycle 1 0.8489865 0.1500000 0.00000000 0.001013486
## cycle 2 0.7957908 0.1886991 0.01320000 0.002310077
## cycle 3 0.7699207 0.1961204 0.03005253 0.003906358
## cycle 4 0.7516564 0.1950701 0.04756736 0.005706216
## cycle 5 0.7355700 0.1917875 0.06483502 0.007807498
```

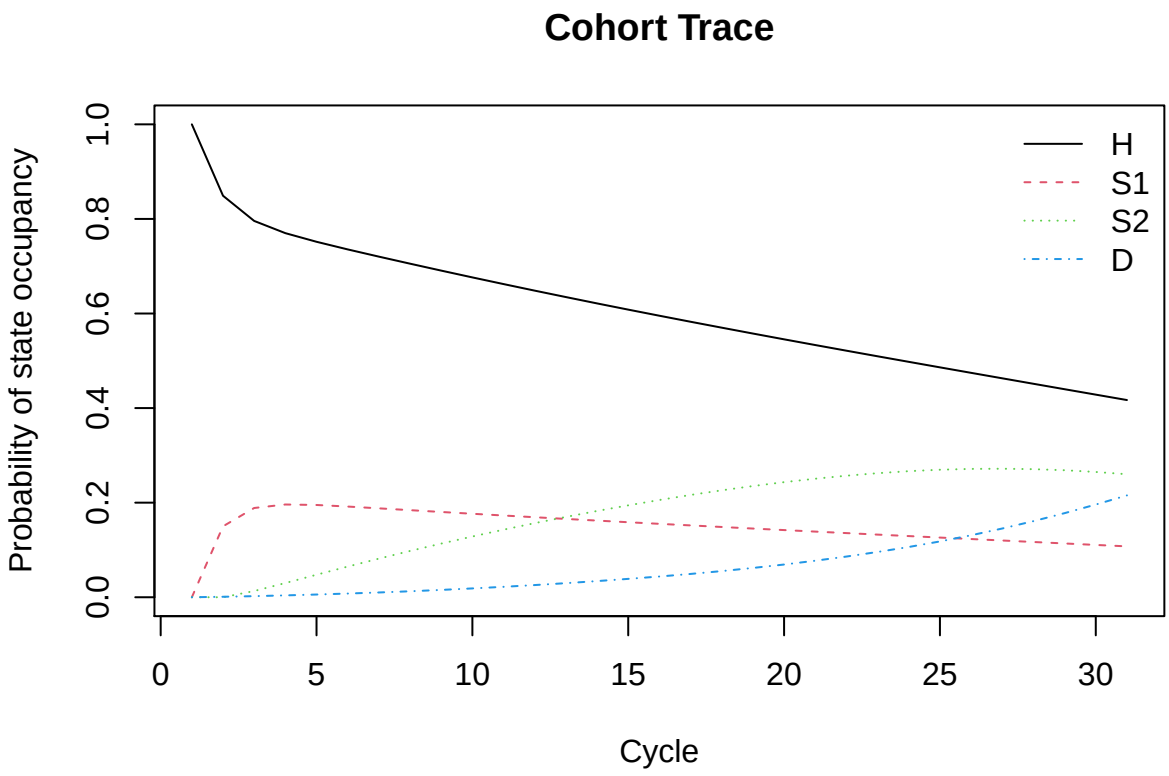
```
m_M_td_trt   <- cbind(H = m_M_trt[, "H"],
                      S1 = rowSums(m_M_trt[, 2:(n_tunnel_size +1)]),
                      S2 = m_M_trt[, "S2"],
                      D = m_M_trt[, "D"])
head(m_M_td_trt)
```

```
##                 H        S1         S2           D
## cycle 0 1.0000000 0.0000000 0.00000000 0.000000000
## cycle 1 0.8489865 0.1500000 0.00000000 0.001013486
## cycle 2 0.7957908 0.1886991 0.01320000 0.002310077
## cycle 3 0.7699207 0.1961204 0.03005253 0.003906358
## cycle 4 0.7516564 0.1950701 0.04756736 0.005706216
## cycle 5 0.7355700 0.1917875 0.06483502 0.007807498
```

06 Compute and Plot Epidemiological Outcomes

06.1 Cohort trace

```
# create a plot of the data
matplot(m_M_td_notrt, type = 'l',
        ylab = "Probability of state occupancy",
        xlab = "Cycle",
        main = "Cohort Trace")
# add a legend to the graph
legend("topright", v_n, col = 1:n_states,lty = 1:n_states, bty = "n")
```



06.2 Overall Survival (OS)

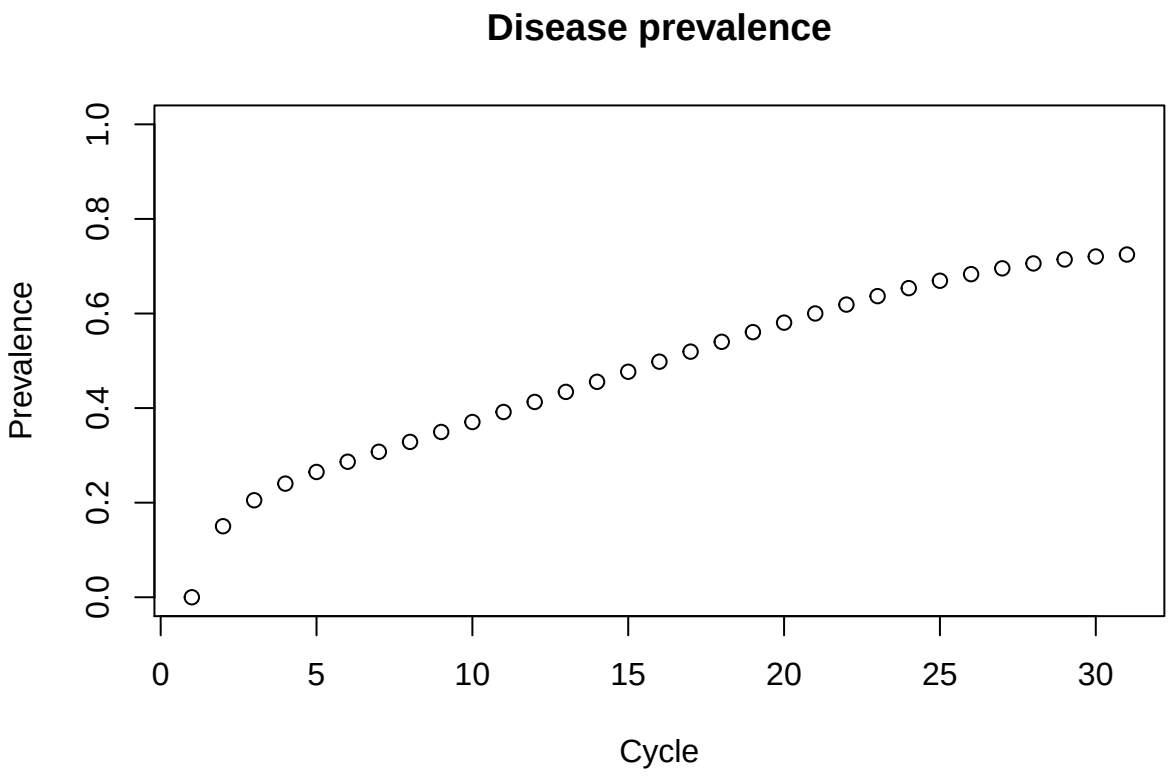
```
# calculate the overall survival (OS) probability for no treatment
v_os_notrt_tunnels <- 1 - m_M_notrt[, "D"]
# alternative way of calculating the OS probability
v_os_notrt_tunnels <- rowSums(m_M_notrt[, 1:3])
# create a simple plot showing the OS
plot(age:max_age, v_os_notrt_tunnels, type = 'l',
     ylim = c(0, 1),
     ylab = "Survival probability",
     xlab = "Age",
     main = "Overall Survival Age-dependent with tunnels")
# add grid
grid(nx = n_t, ny = 10, col = "lightgray", lty = "dotted", lwd = par("lwd"),
     equilogs = TRUE)
```

06.2.1 Life Expectancy (LE)

```
v_le_tunnels <- sum(v_os_notrt_tunnels)  # summing probablity of OS over time
                                         # (i_e_ life expectancy)
```

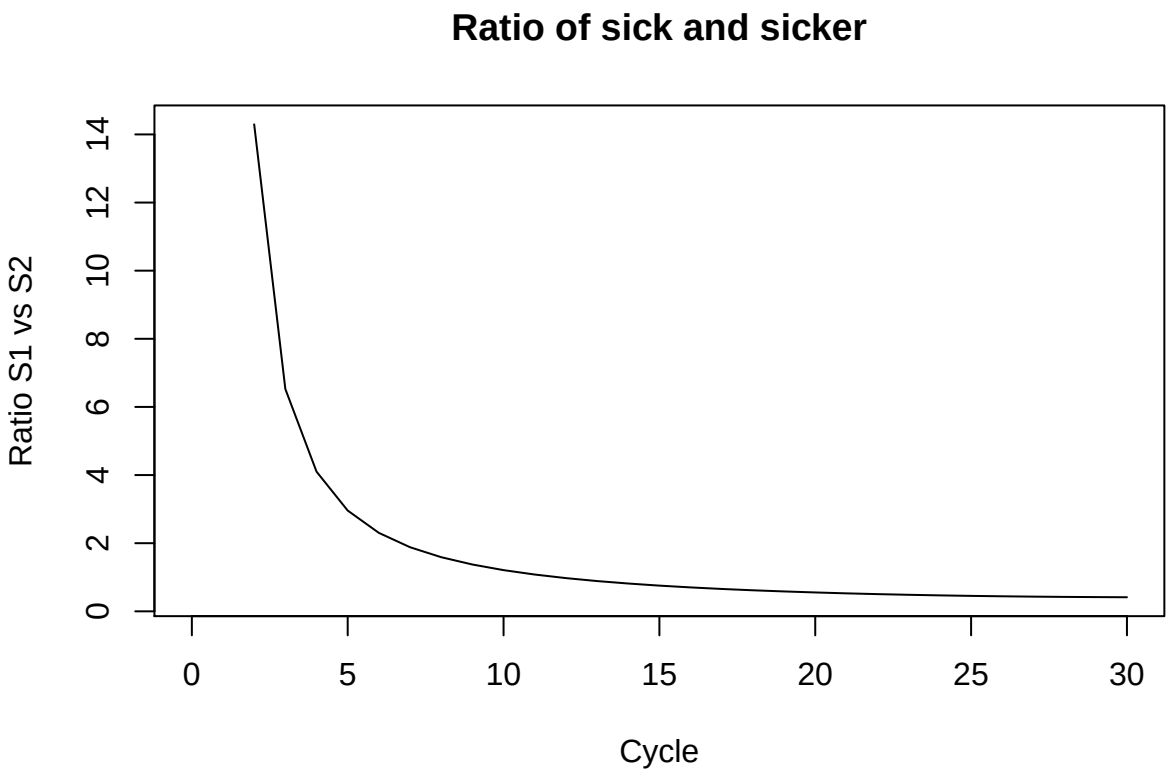
06.3 Disease prevalence

```
v_prev_tunnels <- rowSums(m_M_td_notrt[, c("S1", "S2")]) / v_os_notrt_tunnels
plot(v_prev_tunnels,
     ylim = c(0, 1),
     ylab = "Prevalence",
     xlab = "Cycle",
     main = "Disease prevalence")
```



06.4 ratio of sick(S1) vs sicker(S2)

```
v_ratio_S1S2_tunnels <- m_M_td_notrt[, "S1"] / m_M_td_notrt[, "S2"]
plot(0:n_t, v_ratio_S1S2_tunnels,
     xlab = "Cycle",
     ylab = "Ratio S1 vs S2",
     main = "Ratio of sick and sicker",
     col  = "black", type = "l")
```



07 Compute Cost-Effectiveness Outcomes

```
# Vectors with costs and utilities by treatment
v_u_notrt   <- c(u_H, u_S1, u_S2, u_D)
v_u_trt     <- c(u_H, u_trt, u_S2, u_D)

v_c_notrt   <- c(c_H, c_S1, c_S2, c_D)
v_c_trt     <- c(c_H, c_S1 + c_trt, c_S2 + c_trt, c_D)
```

07.1 Mean Costs and QALYs for Treatment and NO Treatment

```
v_tu_notrt  <- m_M_td_notrt   %*%  v_u_notrt
v_tu_trt    <- m_M_td_trt     %*%  v_u_trt

v_tc_notrt  <- m_M_td_notrt   %*%  v_c_notrt
v_tc_trt    <- m_M_td_trt     %*%  v_c_trt
```

07.2 Discounted Mean Costs and QALYs

```
tu_d_notrt  <- t(v_tu_notrt)  %*%  v_dwe
tu_d_trt    <- t(v_tu_trt)    %*%  v_dwe

tc_d_notrt  <- t(v_tc_notrt)  %*%  v_dwc
tc_d_trt    <- t(v_tc_trt)    %*%  v_dwc
```

```r
# store them into a vector
v_tc_d      <- c(tc_d_notrt, tc_d_trt)
v_tu_d      <- c(tu_d_notrt, tu_d_trt)

# Dataframe with discounted costs and effectiveness
df_ce       <- data.frame(Strategy = v_names_str,
                          Cost     = v_tc_d,
                          Effect   = v_tu_d)
df_ce
```

```
##       Strategy      Cost   Effect
## 1 No Treatment  86195.11 17.21135
## 2    Treatment 161264.59 17.83411
```

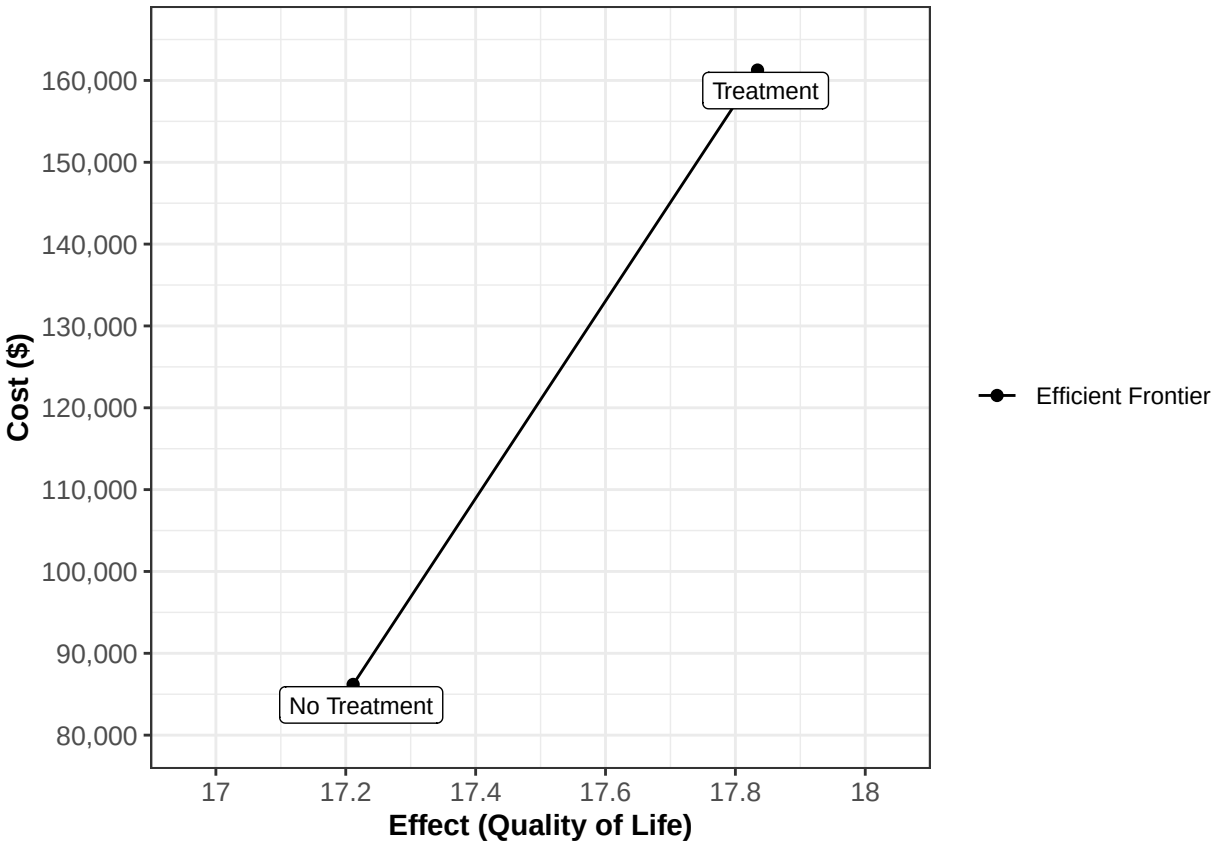
07.3 Compute ICERs of the Markov model

```r
df_cea <- calculate_icers(cost       = df_ce$Cost,
                          effect     = df_ce$Effect,
                          strategies = df_ce$Strategy)
df_cea
```

```
##       Strategy      Cost   Effect Inc_Cost Inc_Effect     ICER Status
## 1 No Treatment  86195.11 17.21135       NA         NA       NA     ND
## 2    Treatment 161264.59 17.83411 75069.48   0.622759 120543.4     ND
```

07.4 Plot frontier of the Markov model

```r
plot(df_cea, effect_units = "Quality of Life", xlim=c(17,18))
```


160,000
150,000
140,000
130,000
120,000
110,000
100,000
90,000
80,000
Cost ($)
17
17.2
17.4
17.6
17.8
18
Effect (Quality of Life)
Treatment
No Treatment
Efficient Frontier