# Hands-On Cohort State Transition Models

Decision Modeling for Public Health Workshop

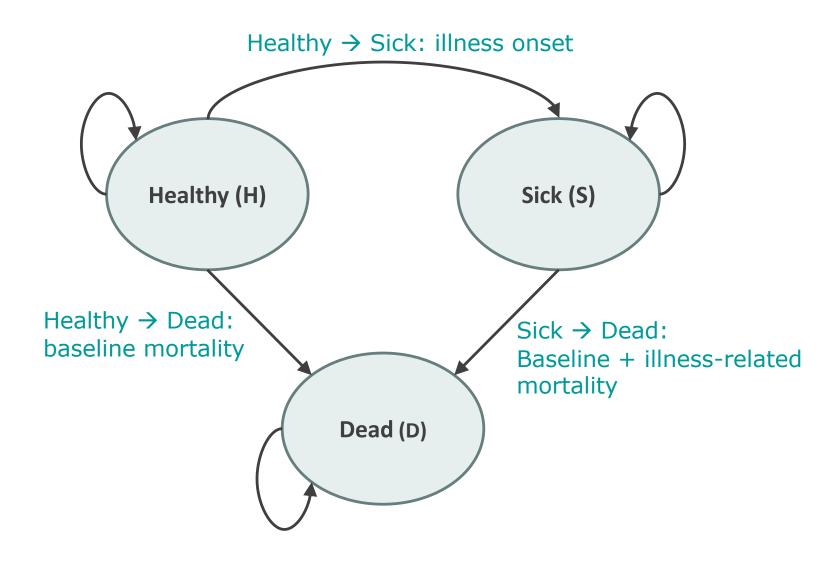
December 5, 2022

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# Health-Sick-Dead Example

# State Transition Diagram



# Strategies

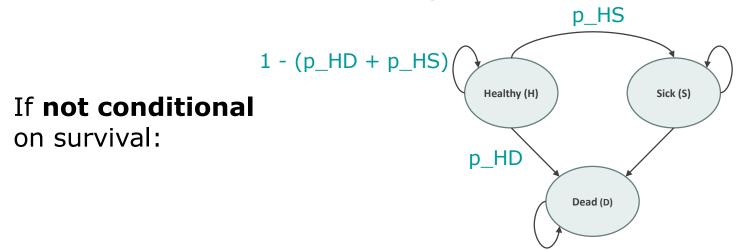
- Standard of Care
- Treatment A
  - Taken while healthy to prevent onset of illness (lowers transition probability from Healthy to Sick)
  - Costs \$800 per year
- Treatment B
  - Even lower risk of illness onset
  - Costs \$1,400 per year
- Which strategy is cost-effective?

## Rates vs. Probabilities

- Discrete-time model dynamics are described by transition probabilities
- However, sometimes convenient to parameterize a model using "event rates"
  - Event rate definition: # of events expected to occur per unit time
  - Easy to convert rates to different time periods  $r_{\text{monthly}} = r_{\text{annual}} / 12$
- Convert between rates and probabilities
  - $p = 1 e^{-r}$
  - $r = -\ln(1-p)$
- Can also use these equations to convert from annual probabilities to cycle-specific probabilities

## **Conditional Transitions**

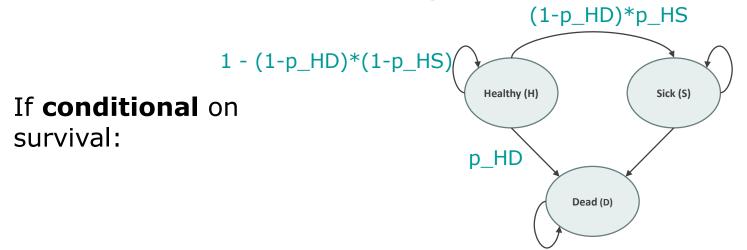
- Sometimes assume that transitions between non-dead health states are conditional on surviving that cycle
- Example: You have the following parameters estimated from literature
  - p\_HD: probability of dying from healthy state
  - p\_HS: probability of becoming sick from healthy state



 Ultimately whether this makes sense for models depends on the data informing parameter estimates

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# Structuring R Code

```
Step 1
### Load packages and functions ###
Step 2
### Define parameters and assign values ###
### Calculate internal model parameter values ###
Steps 3
### Set up model (construct transition matrix) ###
Step 4
### Run model (for loop over time) ###
Step 5
### Visualize and summarize model output ###
```

### **DARTH Workgroup**

Fernando Alarid-Escudero, PhD¹ Eva A. Enns, MS, PhD² M.G. Myriam Hunink, MD, PhD³,⁴ Hawre J. Jalal, MD, PhD⁵ Eline M. Krijkamp, MSc³ Petros Pechlivanoglou, PhD6

#### In collaboration of:

- 1 Drug Policy Program, Center for Research and Teaching in Economics (CIDE) CONACyT, Aguascalientes, Mexico
- 2 University of Minnesota School of Public Health, Minneapolis, MN, USA
- 3 Erasmus MC, Rotterdam, The Netherlands
- 4 Harvard T.H. Chan School of Public Health, Boston, USA
- 5 University of Pittsburgh Graduate School of Public Health, Pittsburgh, PA, USA
- 6 The Hospital for Sick Children, Toronto and University of Toronto, Toronto ON, Canada

#### www.darthworkgroup.com





Erasmus MC
Netherlands Institute
for Health Sciences





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