

Decision Modeling for Public Health

Training provided by DARTH Workgroup

CDC Steven M. Tseutch Prevention Effectiveness Fellowship

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The DARTH Workgroup

- The Decision Analysis in R for Technologies in Health (DARTH) Workgroup is a multi-institutional collaboration of researchers
- Aim to **expand knowledge** in decision analysis, **increase accessibility** of decision modeling, and **empower** others to construct R-based decision models

For more information

<http://www.darthworkgroup.com/>

DARTH Instructors



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- **Zongbo Li**, University of Minnesota

DARTH Publications

An Overview of R in Health Decision Sciences

Hawre Jalal, MD, PhD, Petros Pechlivanoglou, MSc, PhD, Eline Krijkamp, MSc, Fernando Alarid-Escudero, MSc, Eva Enns, MS, PhD, M. G. Myriam Hunink, MD, PhD

Microsimulation Modeling for Health Decision Sciences Using R: A Tutorial

Eline M. Krijkamp, Fernando Alarid-Escudero, Eva A. Enns, Hawre J. Jalal, M. G. Myriam Hunink, and Petros Pechlivanoglou



Medical Decision Making
2018, Vol. 38(3) 400–422
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DOI: 10.1177/0272989X18754513
journals.sagepub.com/home/mdm
SAGE

Brief Report

A Multidimensional Array Representation of State-Transition Model Dynamics

Eline M. Krijkamp*, **Fernando Alarid-Escudero***, **Eva A. Enns**, **Petros Pechlivanoglou**, **M.G. Myriam Hunink**, **Alan Yang**, and **Hawre J. Jalal**



Medical Decision Making
1–7
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DOI: 10.1177/0272989X19893973

PharmacoEconomics (2019) 37:1329–1339
<https://doi.org/10.1007/s40273-019-00837-x>

PRACTICAL APPLICATION



A Need for Change! A Coding Framework for Improving Transparency in Decision Modeling

Fernando Alarid-Escudero¹ · **Eline M. Krijkamp²** · **Petros Pechlivanoglou³** · **Hawre Jalal⁴** · **Szu-Yu Zoe Kao⁵** · **Alan Yang⁶** · **Eva A. Enns⁵**

[arXiv.org > stat > arXiv:2001.07824](https://arxiv.org/abs/2001.07824)

Statistics > Applications

[Submitted on 22 Jan 2020 (v1), last revised 19 Aug 2021 (this version, v3)]

An Introductory Tutorial on Cohort State-Transition Models in R Using a Cost-Effectiveness Analysis Example

Fernando Alarid-Escudero, Eline M. Krijkamp, Eva A. Enns, Alan Yang, M.G. Myriam Hunink, Petros Pechlivanoglou, Hawre Jalal

DARTH Workshops



Better Health through Better Decisions.

**40TH ANNUAL
NORTH AMERICAN MEETING**

October 13 - October 17, 2018 | Montreal, QC, Canada

AM6: Hands-on Model Calibration in R

PM5: Survival Analysis in Decision Modeling

PM7: Sensitivity Analysis and Value of Information
Analysis Using Regression Metamodeling

PM8: Microsimulation Modeling in R

SickKids®

Advanced Decision Modeling in R: A 3-day workshop

When: April 1st, 2nd, & 3rd, 2020

Where: The Hospital for Sick Children, Toronto, Canada



**SCHOOL OF
PUBLIC HEALTH**
UNIVERSITY OF MINNESOTA

Cost-Effectiveness and Decision Modeling in R: A 3-day course

When: July 9th, 10th & 11th, 2019

Where: University of Minnesota, Minneapolis, MN

Day 1: Introduction to cost-effectiveness and decision trees in R

Day 2: Markov models and probabilistic sensitivity analysis in R

Day 3: Microsimulation modeling and model calibration in R

Workshop Overview

Part I: Foundations

- 4-day series
- Topic: ***Concepts and examples*** of decision modeling and model-based cost-effectiveness analysis for public health applications
- Includes opportunities for fellows to discuss and workshop *model design* for fellowship projects

Part II: Hands-on Modeling

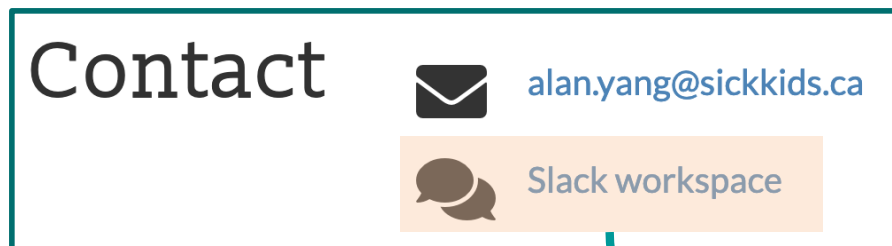
- 4-day series (Dec. 5-8)
- Topic: ***Implementation*** of decision analytic models in the R programming language
- Includes opportunity to *implement models* in R relevant to fellowship projects

Workshop Overview

- Workshop website:

<https://decision-modeling-cdc-2022-23.netlify.app/>

- Getting help



**Launching CDC Decision
Modeling for Public Health
2022-23**

Introduction to Decision Modeling

Decision Modeling for Public Health

November 14, 2022

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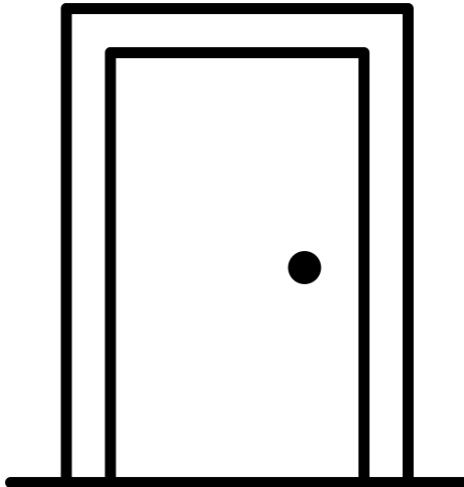
Overview of Decision Analysis

What is Decision Analysis?

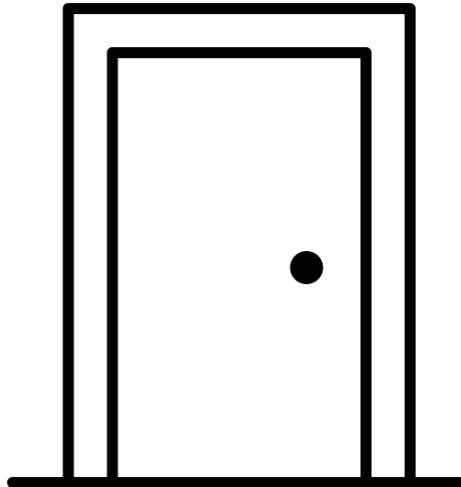
- Explicit, quantitative and systematic approach to decision making under *uncertainty*
- Identify, measure, and value the consequences of different alternatives as well as the uncertainty that exists when the decision needs to be made
- Help structure the analyst's thinking and facilitate the communication of assumptions
- Provide a structural framework for synthesizing data from disparate sources and allows for *extrapolation*
- Elements are incorporated into a mathematical *model* which is used to estimate the outcomes of different options or interventions

Decision Analysis

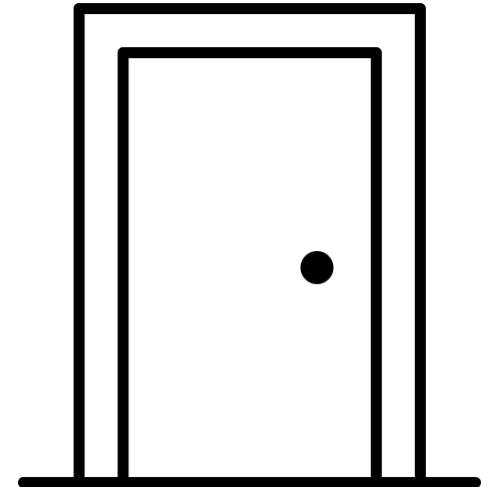
Option 1



Option 2



Option 3



Created by Icons Bazaar
from Noun Project

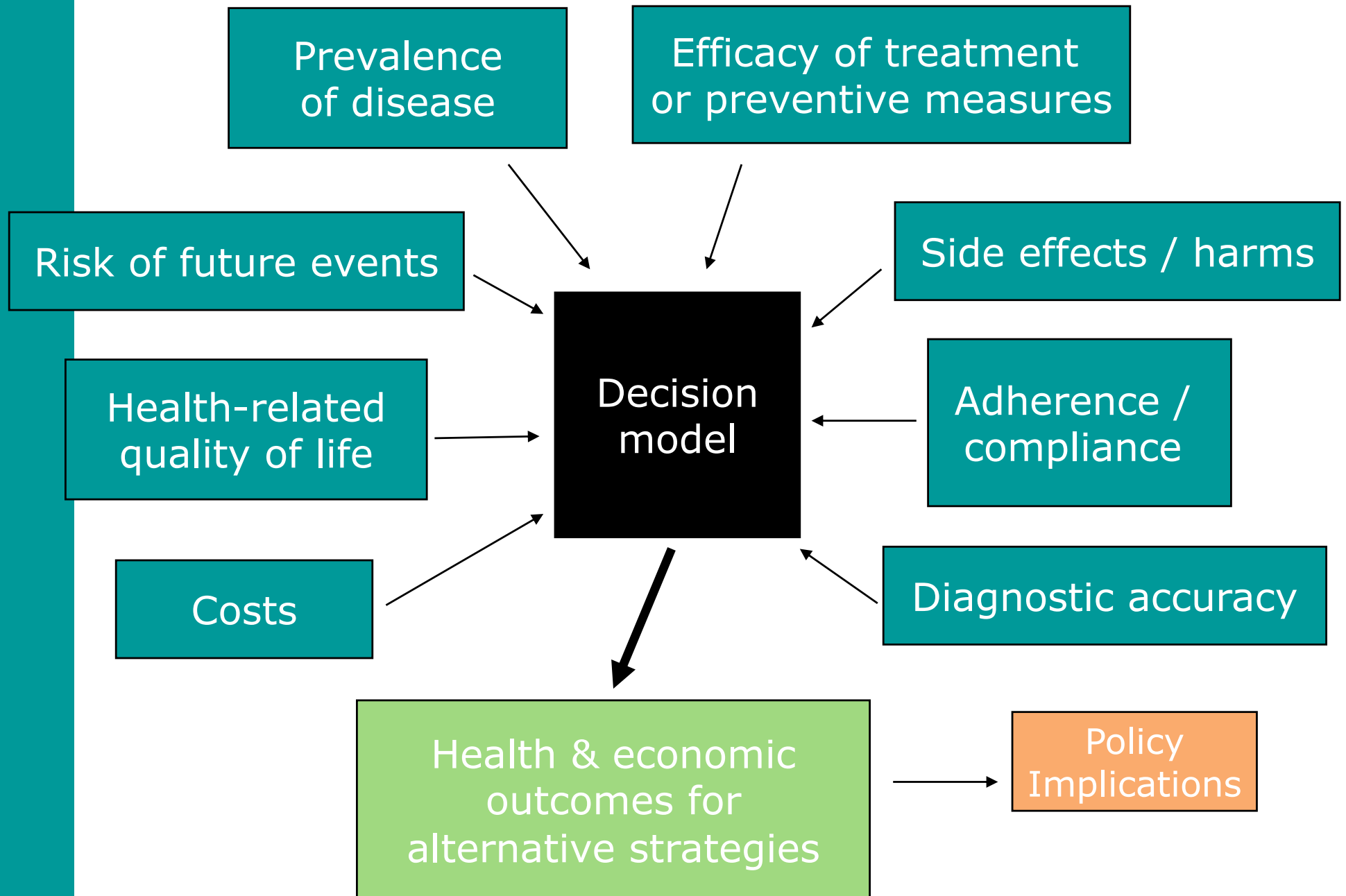
Benefits?



Harms?

Cost?

Created by Vectors Point
from Noun Project



Model Types

- Decision trees
 - Schematic representation of uncertain events/consequences of different alternatives
- Cohort state transition models
 - Dynamic model that captures disease progression and other events
 - Simulates a homogeneous cohort
 - Usually deterministic
- Individual-based models / microsimulation
 - Stochastic dynamic model
 - Simulates individuals
 - Most flexible model type

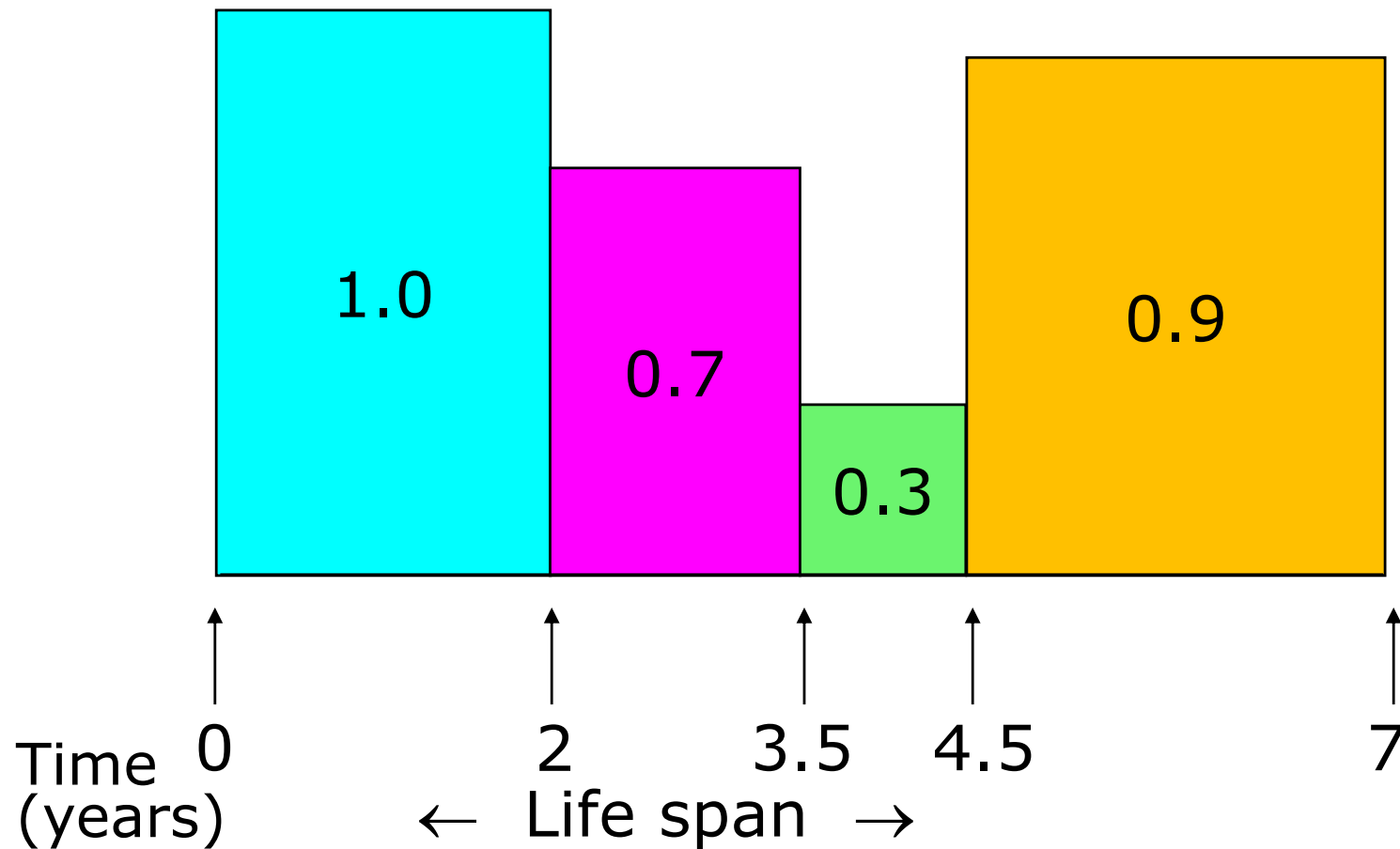


Analysis Outcomes

Health Outcomes

- Disease-specific
 - Intermediate clinical markers
 - Cases averted
 - Events averted
- Generic
 - Lives saved / deaths averted
 - Life-years gained
 - Quality-adjusted life-years (QALYs) gained

Quality-Adjusted Life-Years



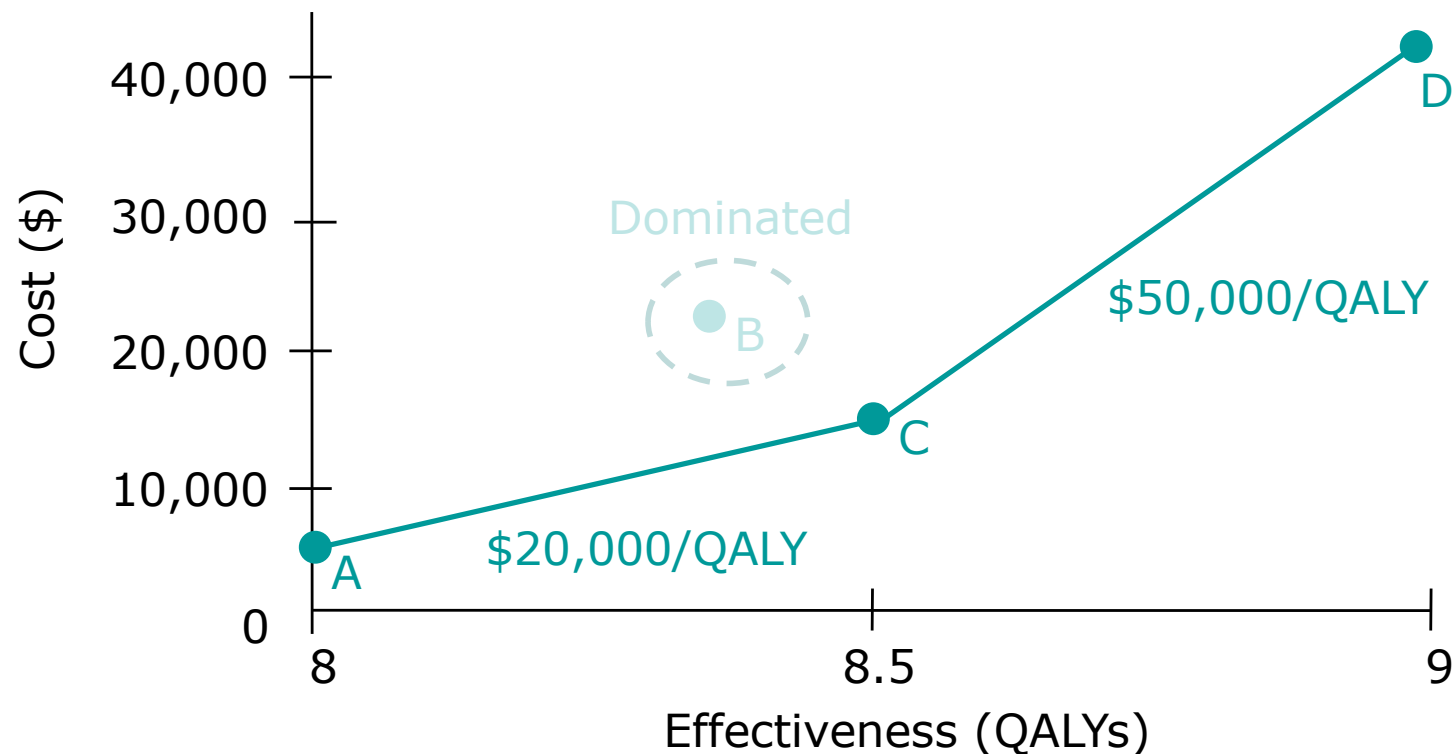
$$\text{QALYs} = (2)(1) + (1.5)(.7) + (1)(.3) + (2.5)(.9) = 5.6$$

Costs

- Formal healthcare sector
 - Facilities and resources
 - Drugs and devices
 - Personnel time
- Informal healthcare sector
 - Patient time
 - Unpaid caregiver time
 - Transportation costs
- Non-healthcare sector
 - Legal or criminal justice
 - Education
 - Housing

Cost-Effectiveness Analysis

- Subset of decision analytic questions where the objective is to balance costs and health benefits
- Defined willingness-to-pay per unit of health benefit (also called cost-effectiveness threshold)





Strengths and Challenges of Decision Modeling

Strengths of Modeling

- Clarifies decision-making
- Can use data from different sources
- Allows explicit and systematic characterization of uncertainty
- Extrapolates short-term observations into long-term outcomes
 - Can translate intermediate endpoints into life-years or QALYs gained
- Encourages “what if” analyses

Challenges of Modeling

- Validation issues
 - Model may be incorrectly specified (wrong structure)
 - Data to inform input parameter values may be lacking or of poor quality
- Not all decision considerations lend themselves well to modeling
- Communication issues
 - Transparency
 - Trust

Case Study Discussion

Eskander 2021:

To Ban or Not to Ban Tanning Bed Use for Minors

- Study question, design, perspective
- Outcome measures
- Main takeaways
- General impressions

Decision Trees

Decision Modeling for Public Health

November 14, 2022

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Decision Tree (a type of model)

- Schematic representation of all of the important outcomes of a decision (e.g., clinical, economic, non-health sectors)
- Used to combine knowledge about decision problem from many sources
- Computes *average outcomes* (e.g., costs, events, QALYs) from decisions

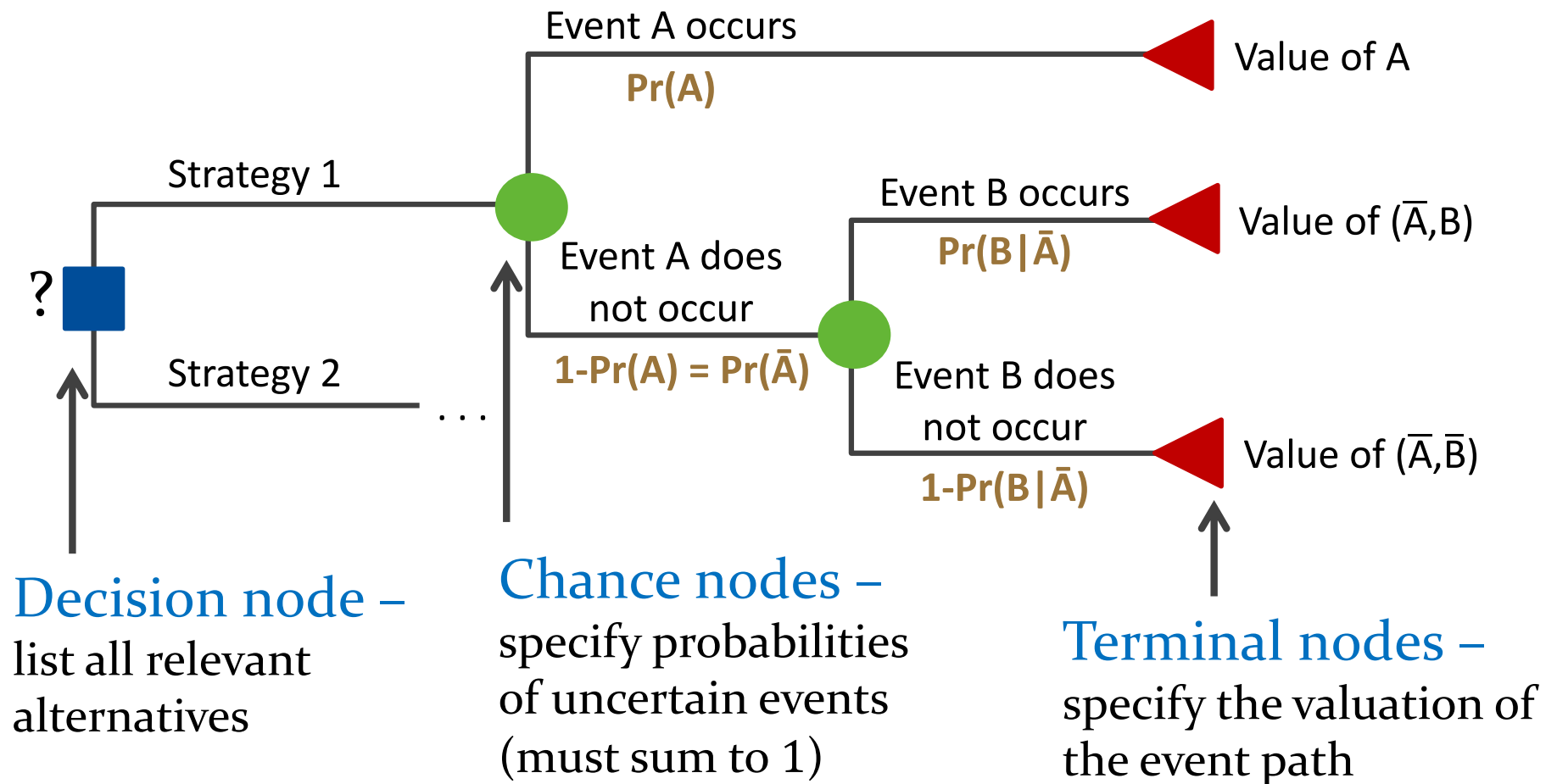
Components of a decision tree

1. The **alternative strategies** of a decision making process
2. The **events** that follow from application of any of these strategies and their **probabilities**
3. The **outcomes** (for an individual, a cohort or a population)

Structure of a decision tree

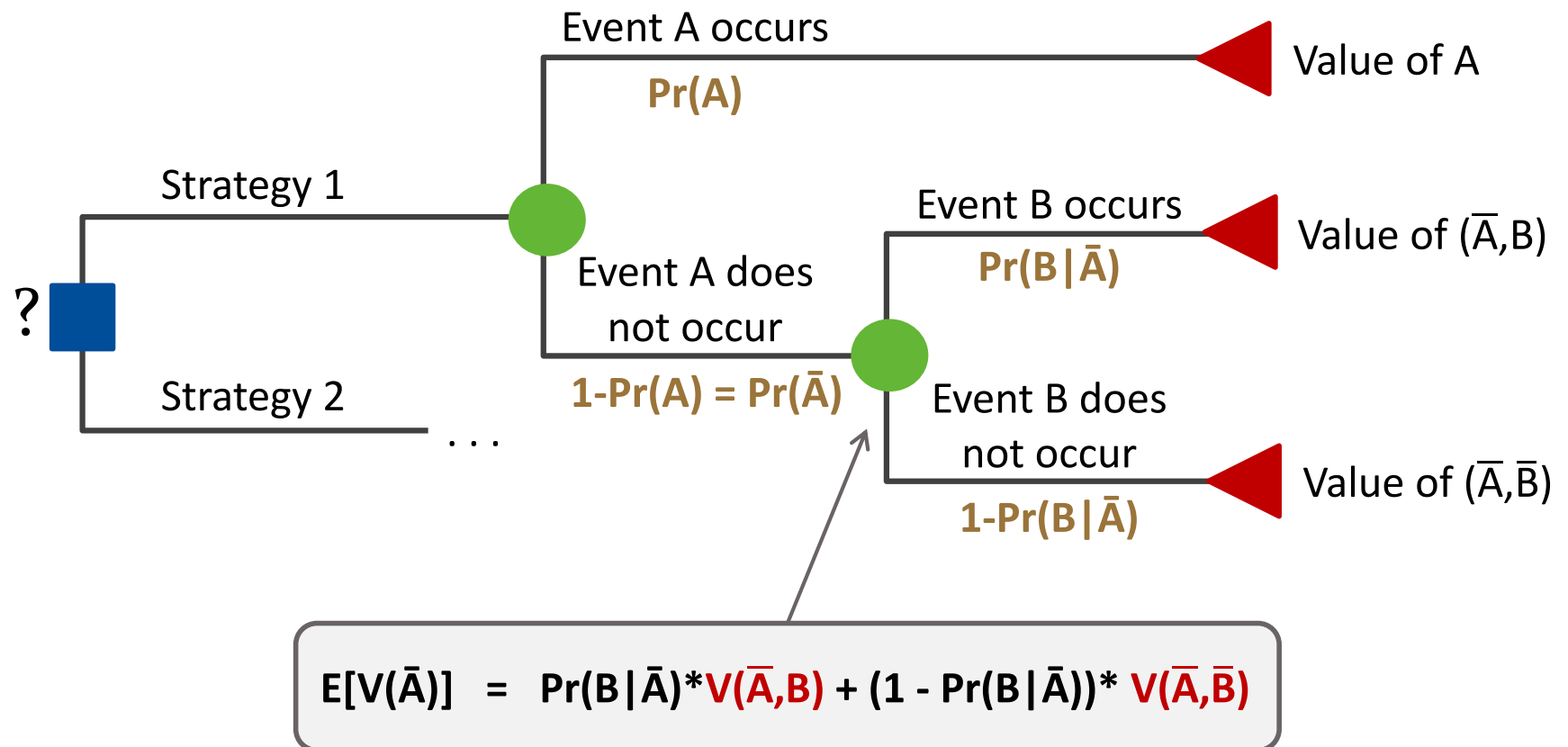
- A tree consists of 3 different types of *nodes* connected via *branches*:
 1. A decision tree starts with a *decision node*, which represents the choices a decision maker has between mutually exclusive strategies 
 2. A *chance node* represents possible events that could occur following a decision or a previous event. We include probabilities of these events in the tree. 
 3. A *terminal node* represents end points of each complete branch and the outcome associated with it. 

Structure of a decision tree



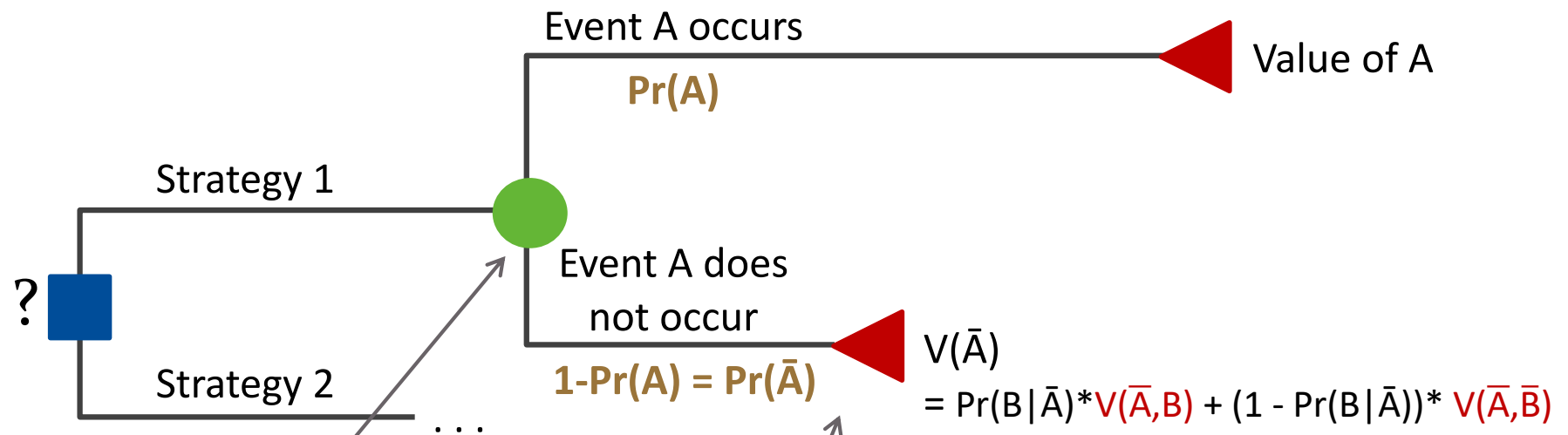
Evaluate a decision tree

“Roll back” the tree



Evaluate a decision tree

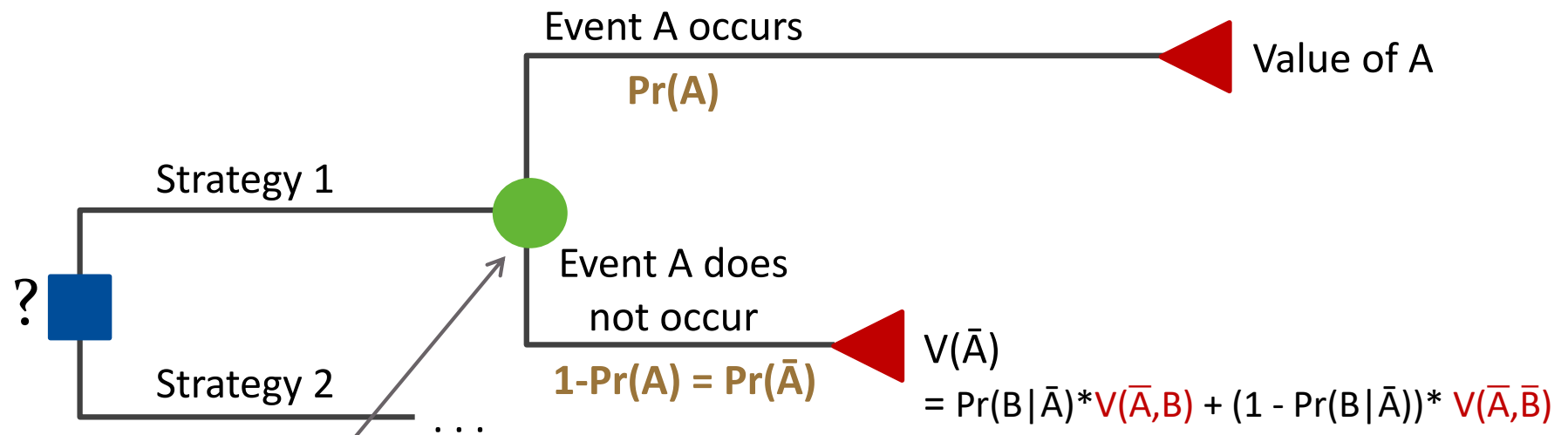
“Roll back” the tree



$$E[\text{Strategy 1}] = \Pr(A) * V(A) + (1 - \Pr(A)) * V(\bar{A})$$

Evaluate a decision tree

“Roll back” the tree



$$\begin{aligned} E[\text{Strategy 1}] &= \Pr(A) * V(A) + (1-\Pr(A)) * V(\bar{A}) \\ &= \Pr(A) * V(A) + (1-\Pr(A)) * [\Pr(B|\bar{A}) * V(\bar{A},B) + (1 - \Pr(B|\bar{A})) * V(\bar{A},\bar{B})] \end{aligned}$$



Simple Decision Tree Example

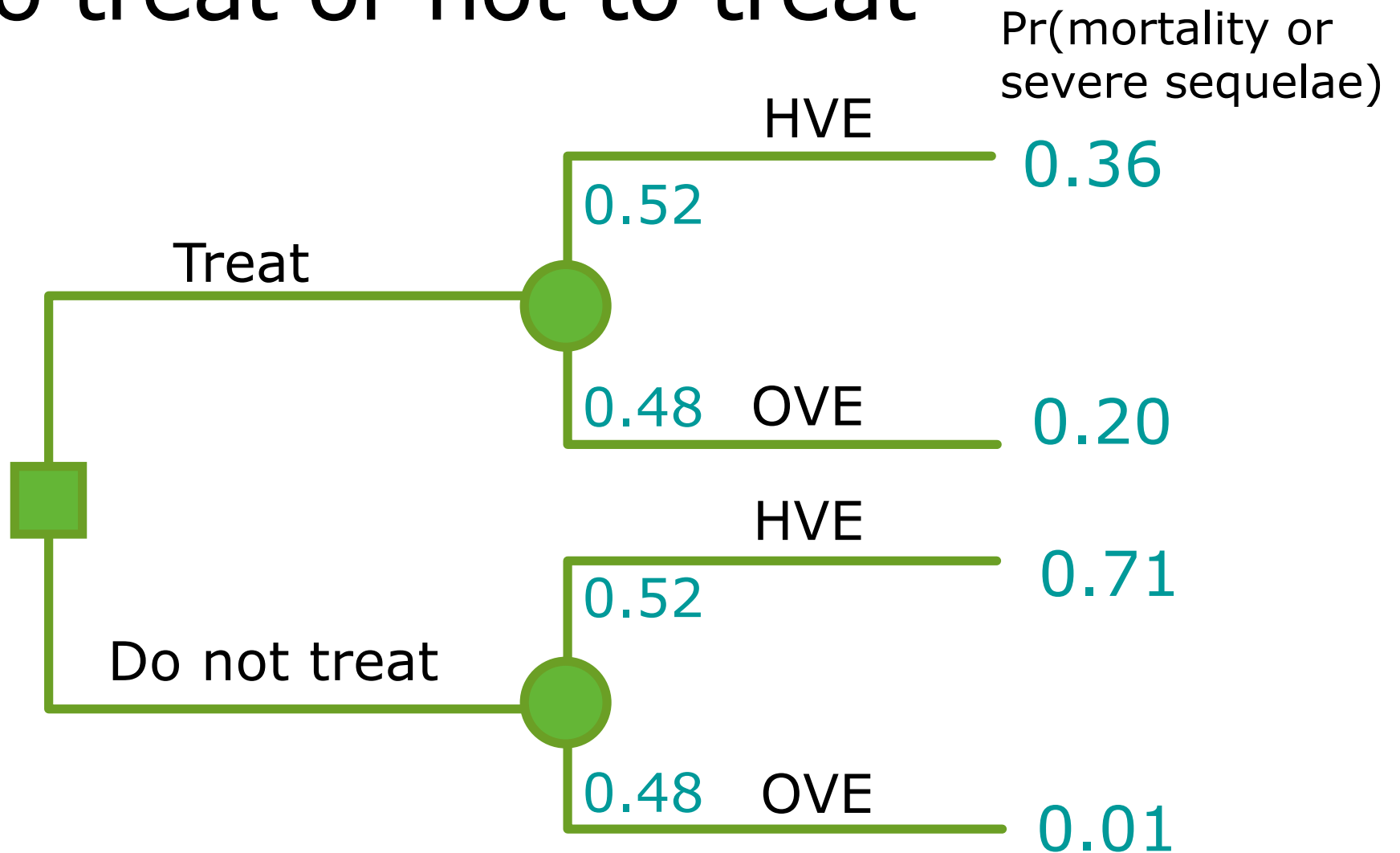
Decision Tree Example

- Viral encephalitis can be caused by herpes virus (HVE) or other viruses (OVE); $\text{Pr}(\text{HVE}) = 52\%$.
- Untreated HVE leads to death or severe sequelae in 71%; for OVE the figure is 1%.
- A drug, vidarabine, decreases mortality or severe sequelae due to HVE from 71% down to 36%.
- Side effects cause an increase in mortality among OVE patients treated with vidarabine from 1% to 20%.

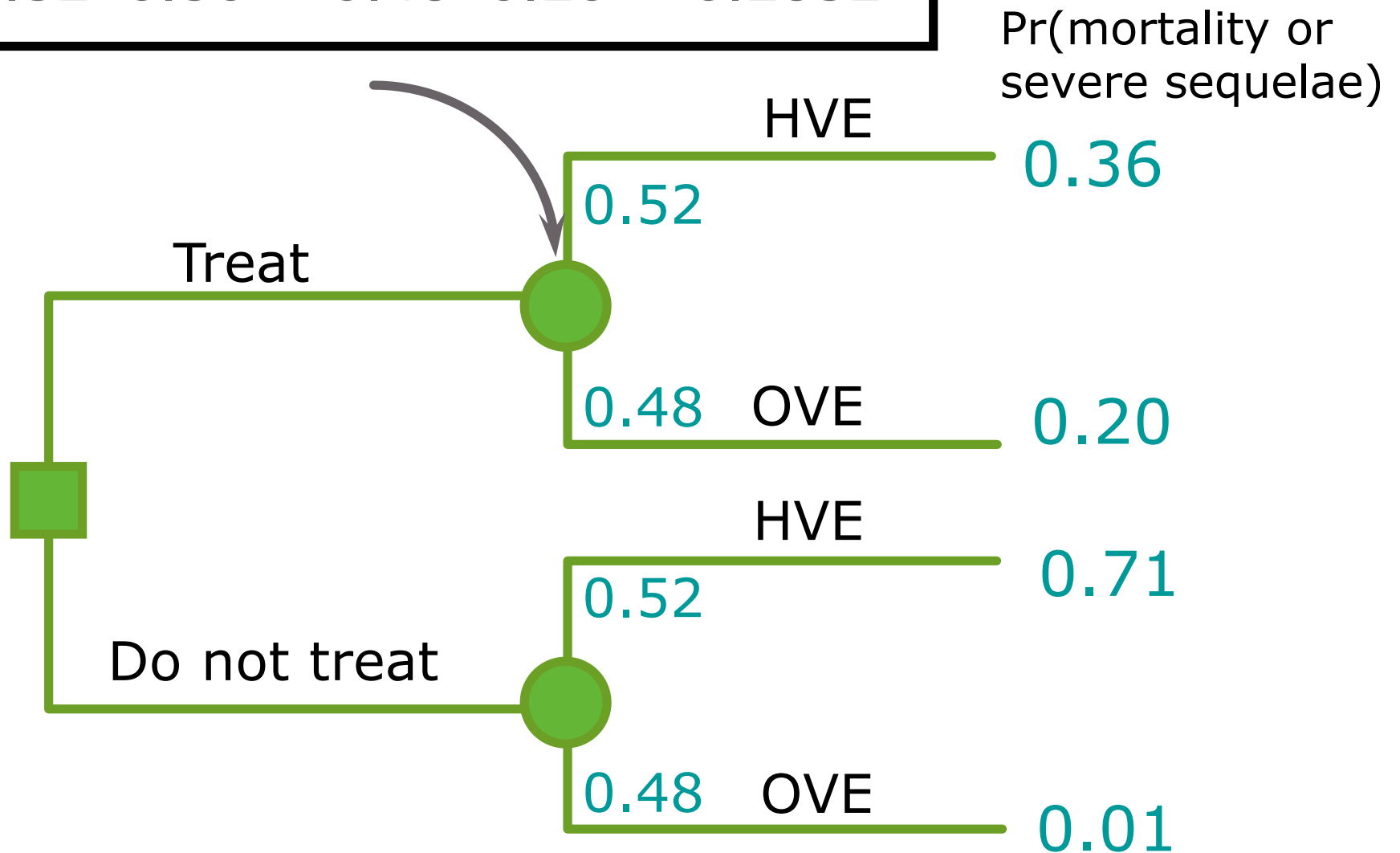
Summarize Model Parameters

Variable	Variable Name	Value
Prevalence of HVE	p_HVE	0.52
Probability of complications (death or sequelae) without treatment		
HVE	p_HVE_comp	0.71
OVE	p_OVE_comp	0.01
Probability of complications (death or sequelae) with vidarabine treatment		
HVE	p_HVE_comp_tx	0.36
OVE	p_OVE_comp_tx	0.20

To treat or not to treat



$$0.52 \times 0.36 + 0.48 \times 0.20 = 0.2832$$



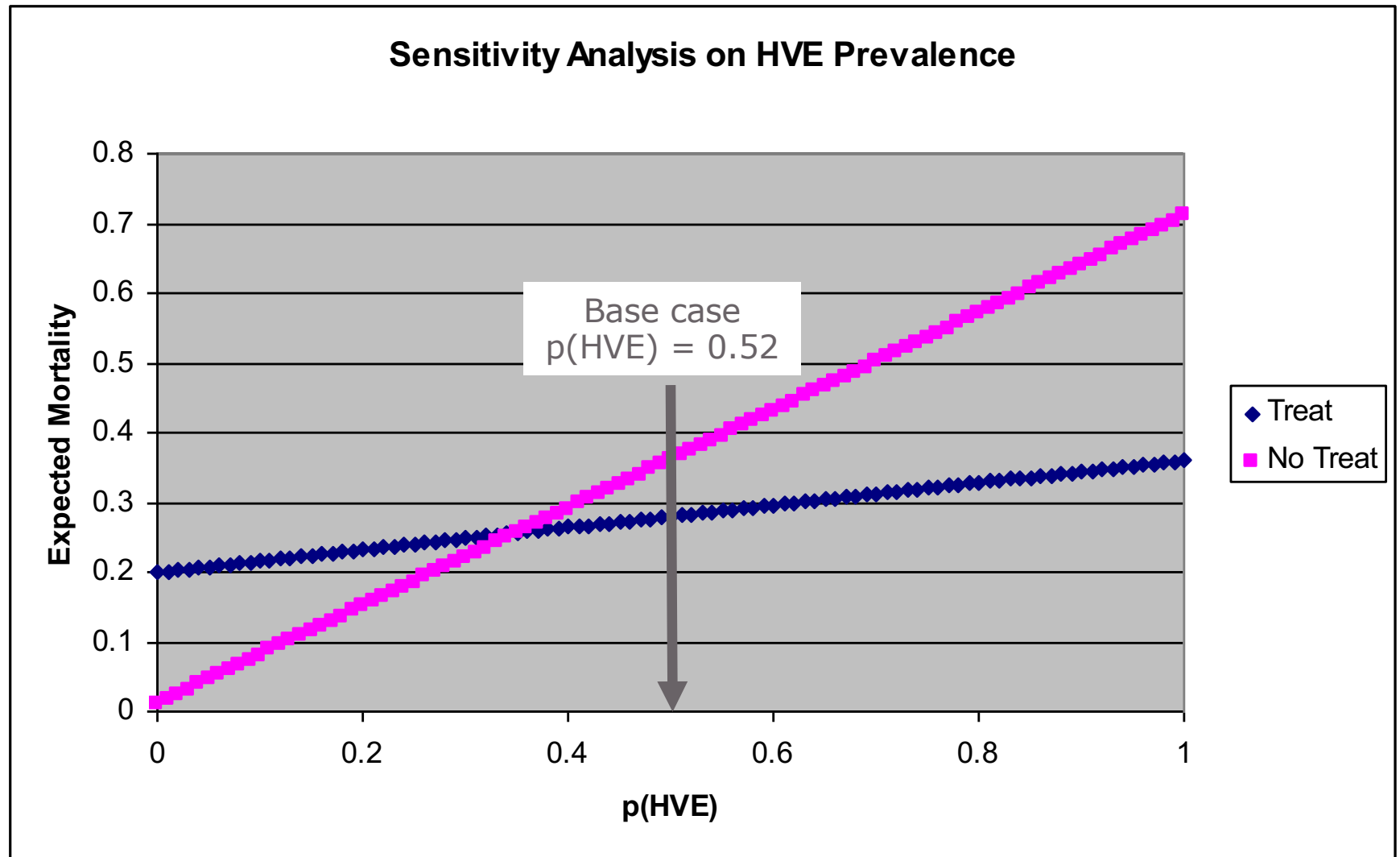
$$0.52 \times 0.36 + 0.48 \times 0.20 = 0.2832$$

Pr(mortality or
severe sequelae)

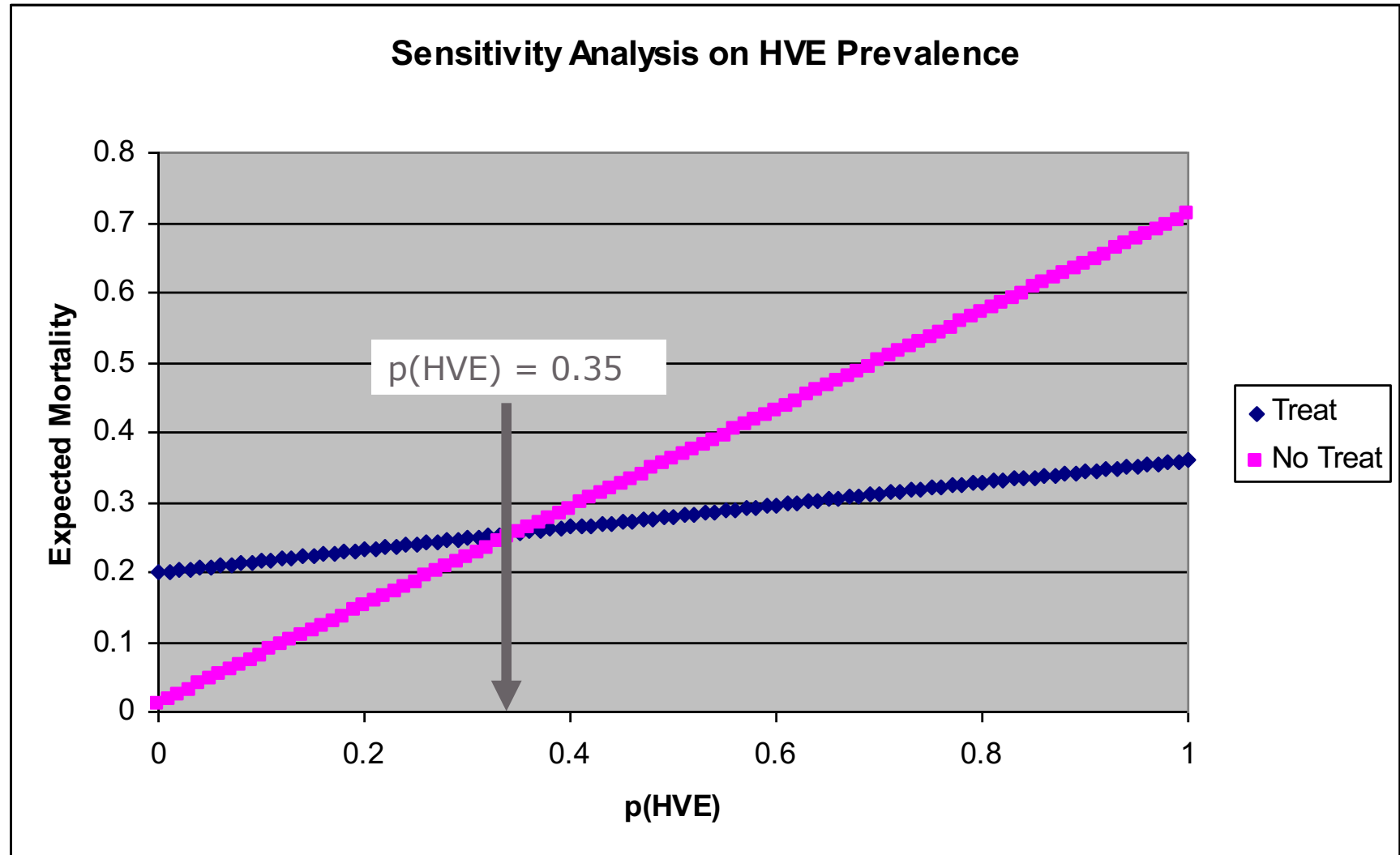


$$0.52 \times 0.71 + 0.48 \times 0.01 = 0.3740$$

One-Way Sensitivity Analysis



Threshold Analysis

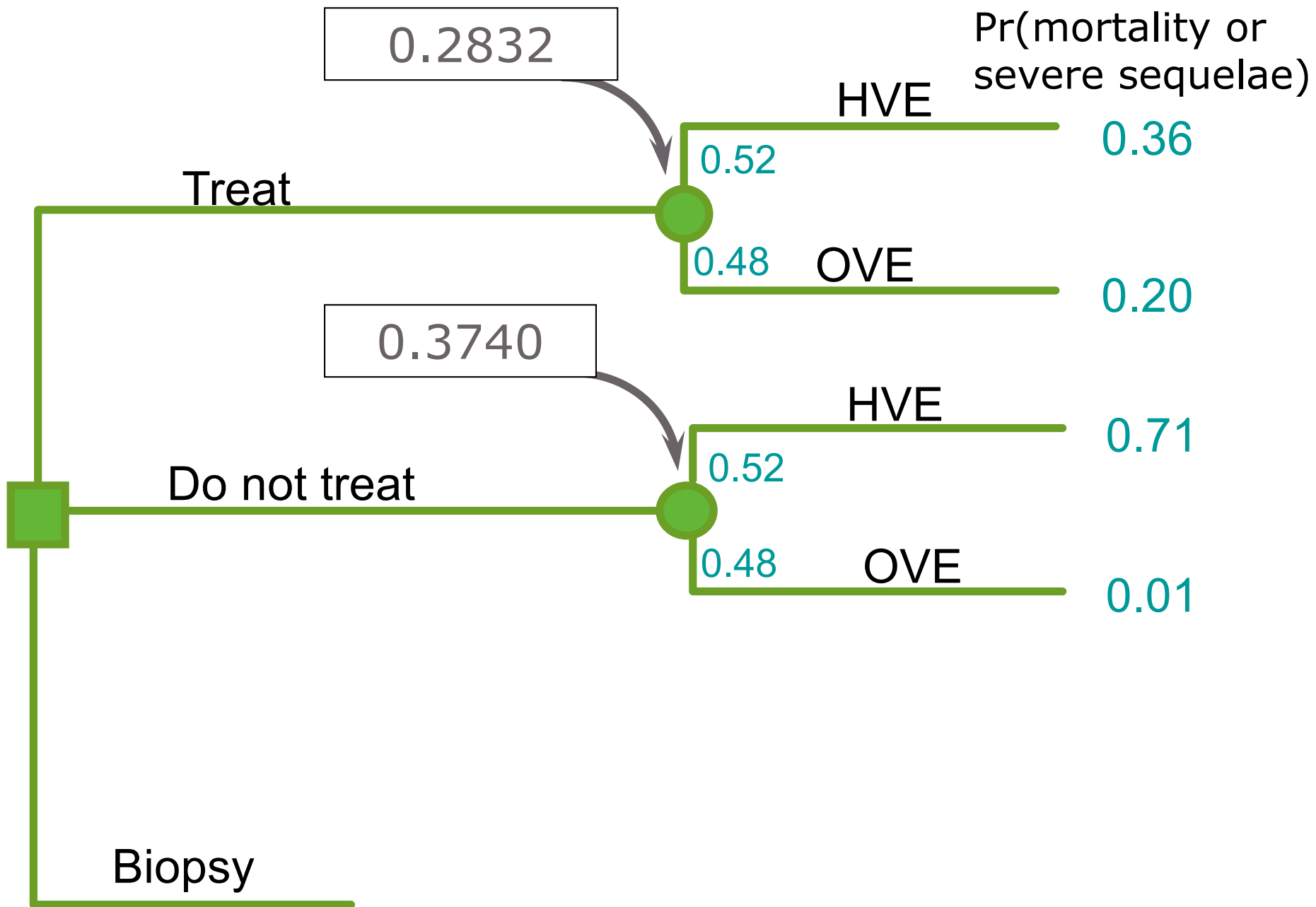


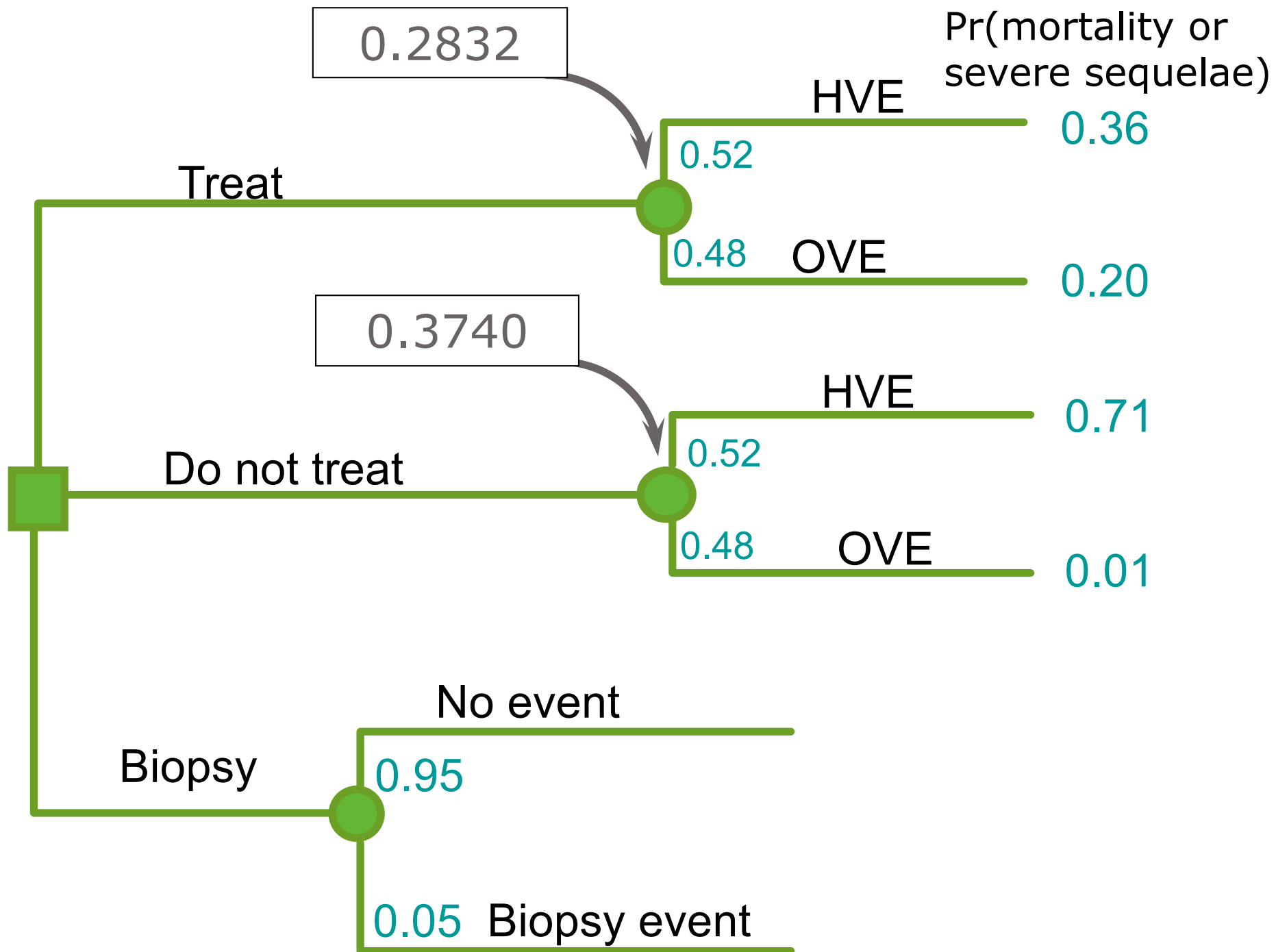
There is a third option

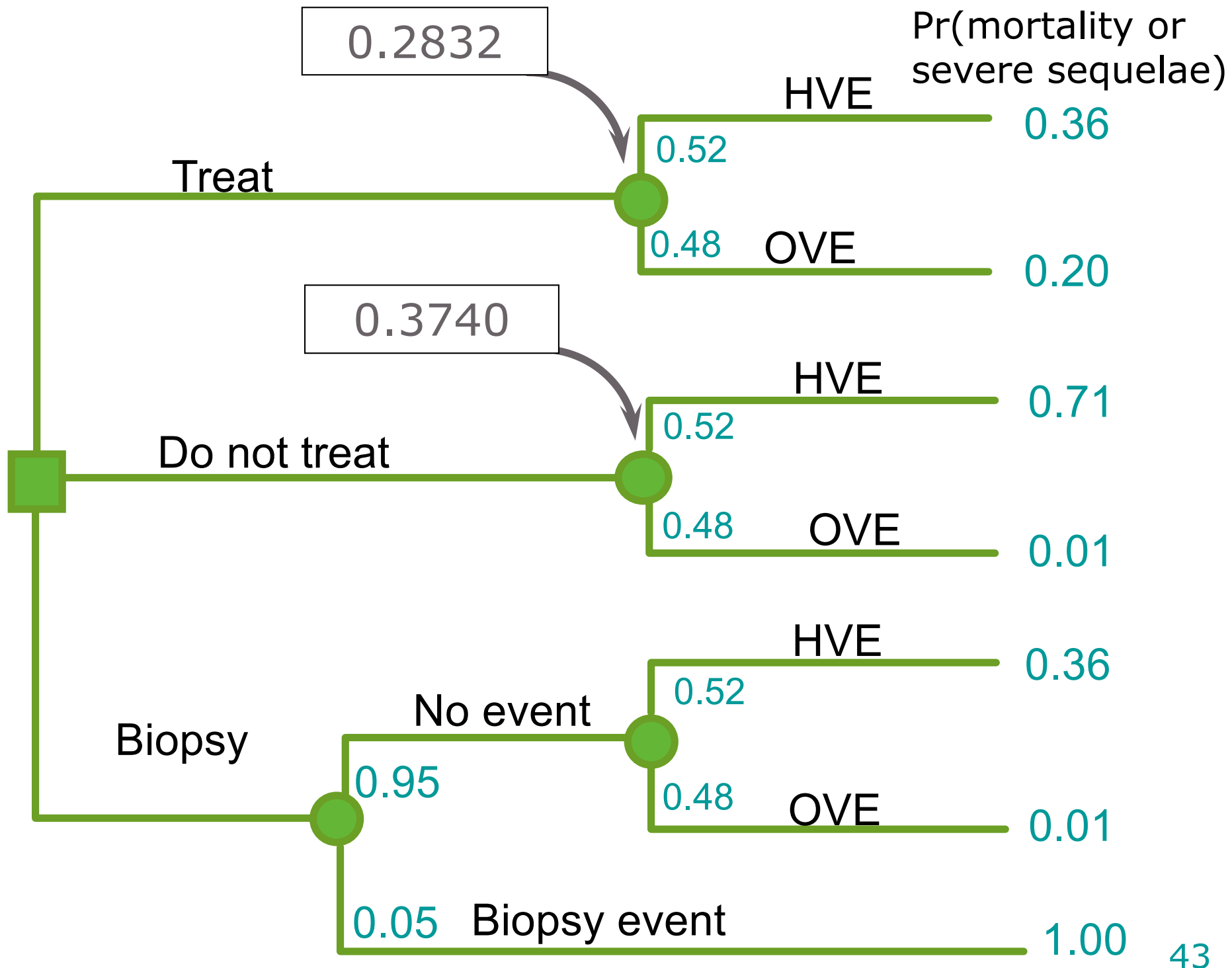
It is possible to obtain a definitive diagnosis by means of brain biopsy, but this procedure itself carries a rate of mortality or severe sequelae of 5%.

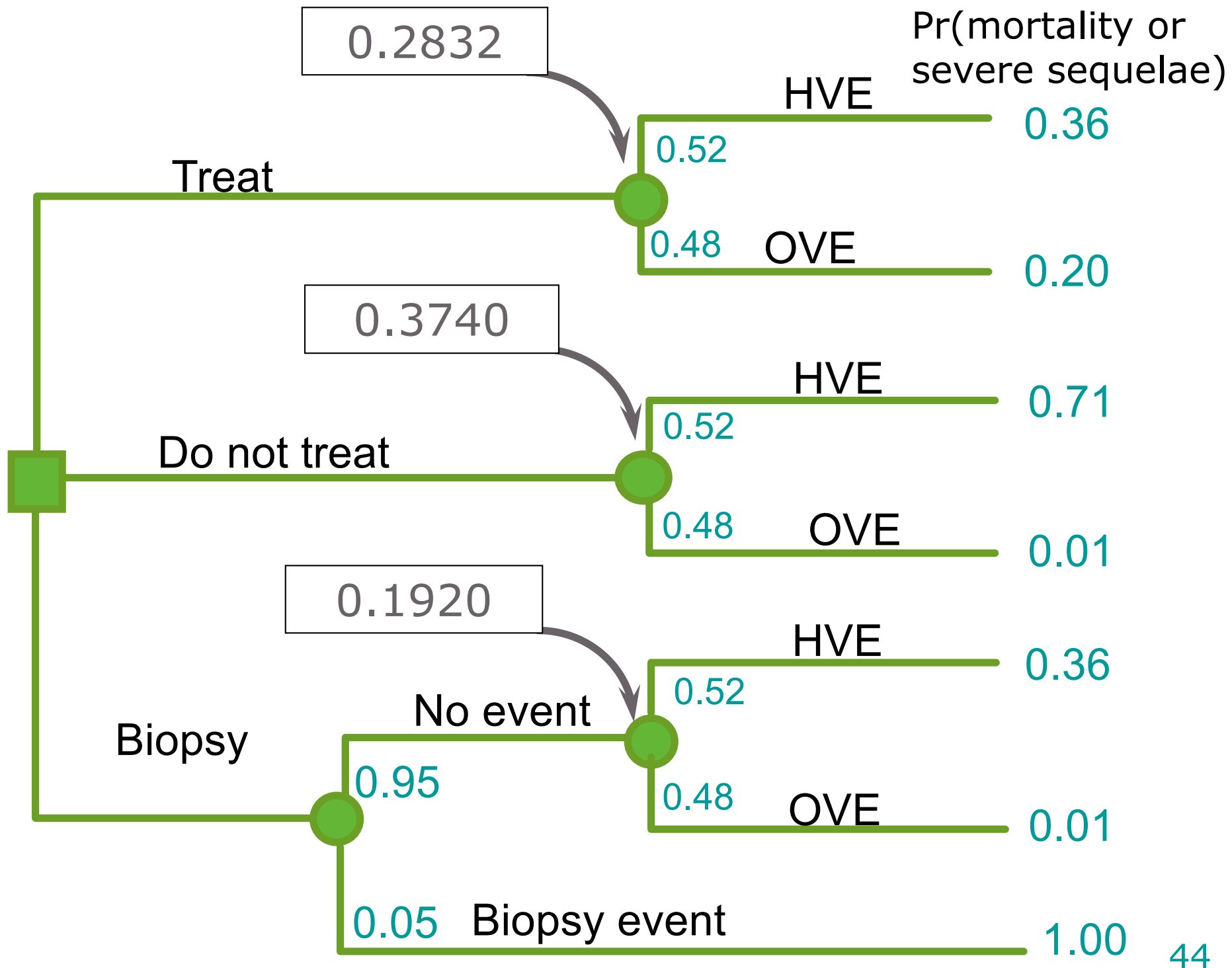
Add one more parameter

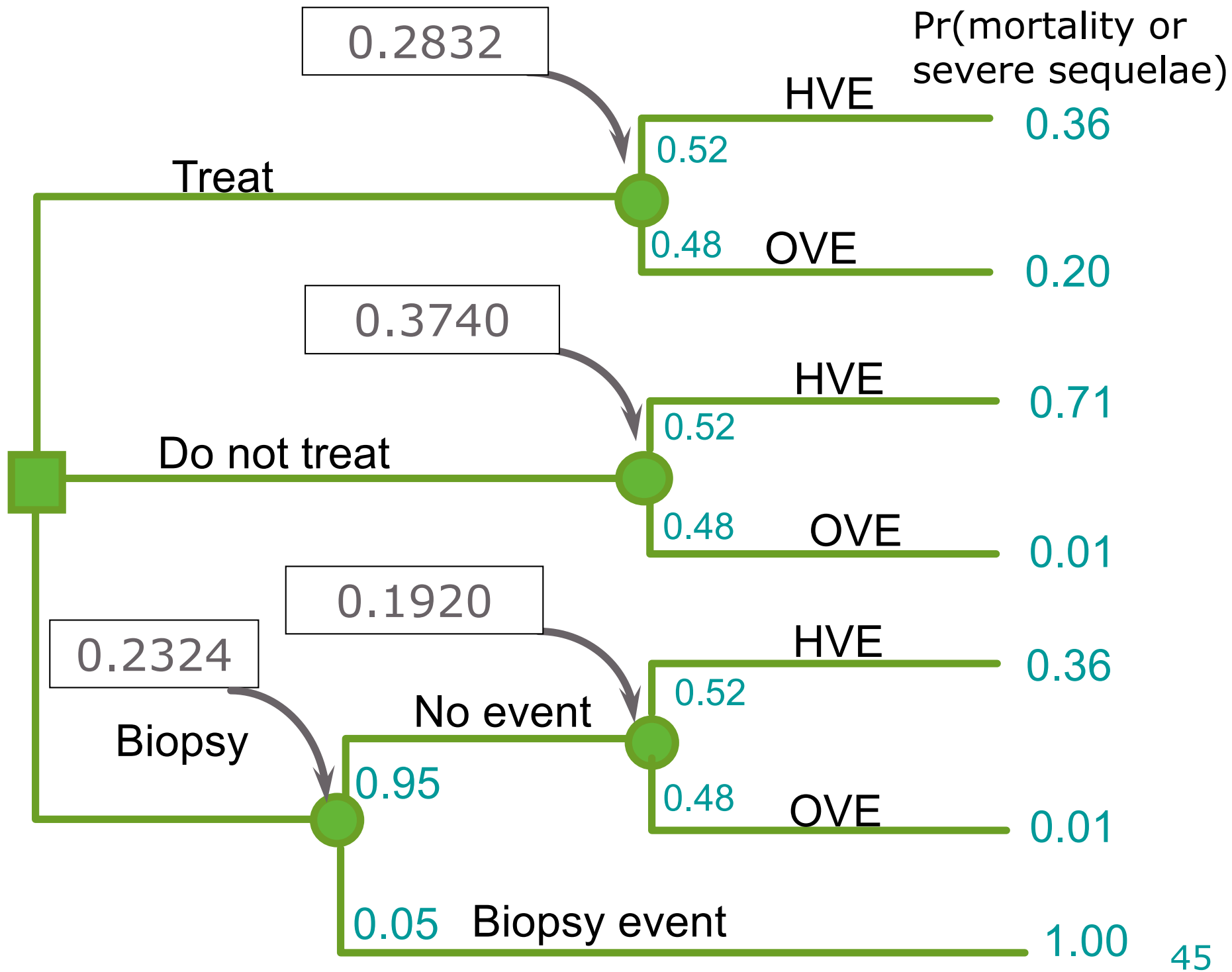
Variable	Variable Name	Value
Prevalence of HVE	p_HVE	0.52
Probability of complications (death or sequelae) without treatment		
HVE	p_HVE_comp	0.71
OVE	p_OVE_comp	0.01
Probability of complications (death or sequelae) with vidarabine treatment		
HVE	p_HVE_comp_tx	0.36
OVE	p_OVE_comp_tx	0.20
Probability of complications due to brain biopsy	p_biopsy_comp	0.05



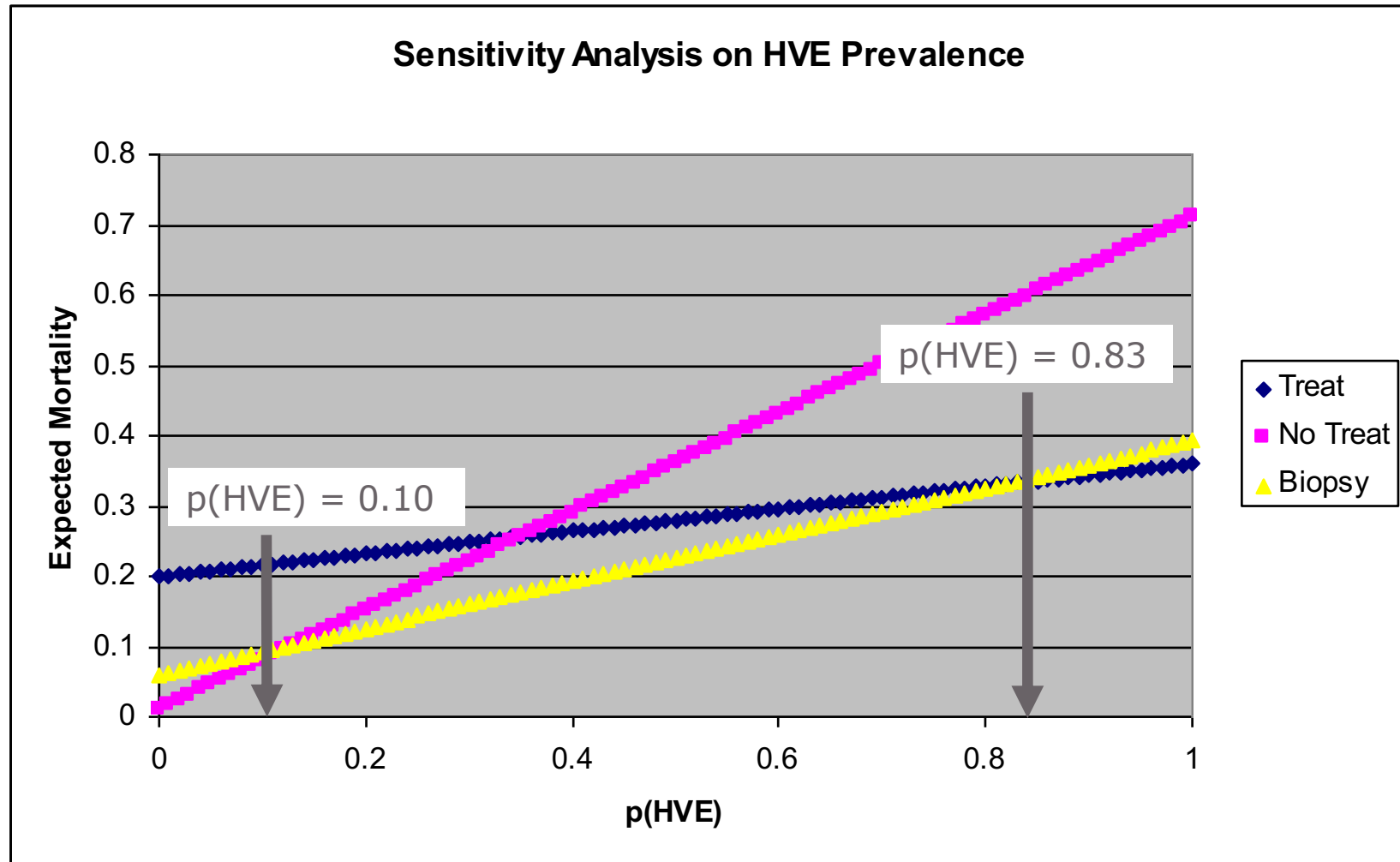








One-Way Sensitivity Analysis





Decision Tree CEA:

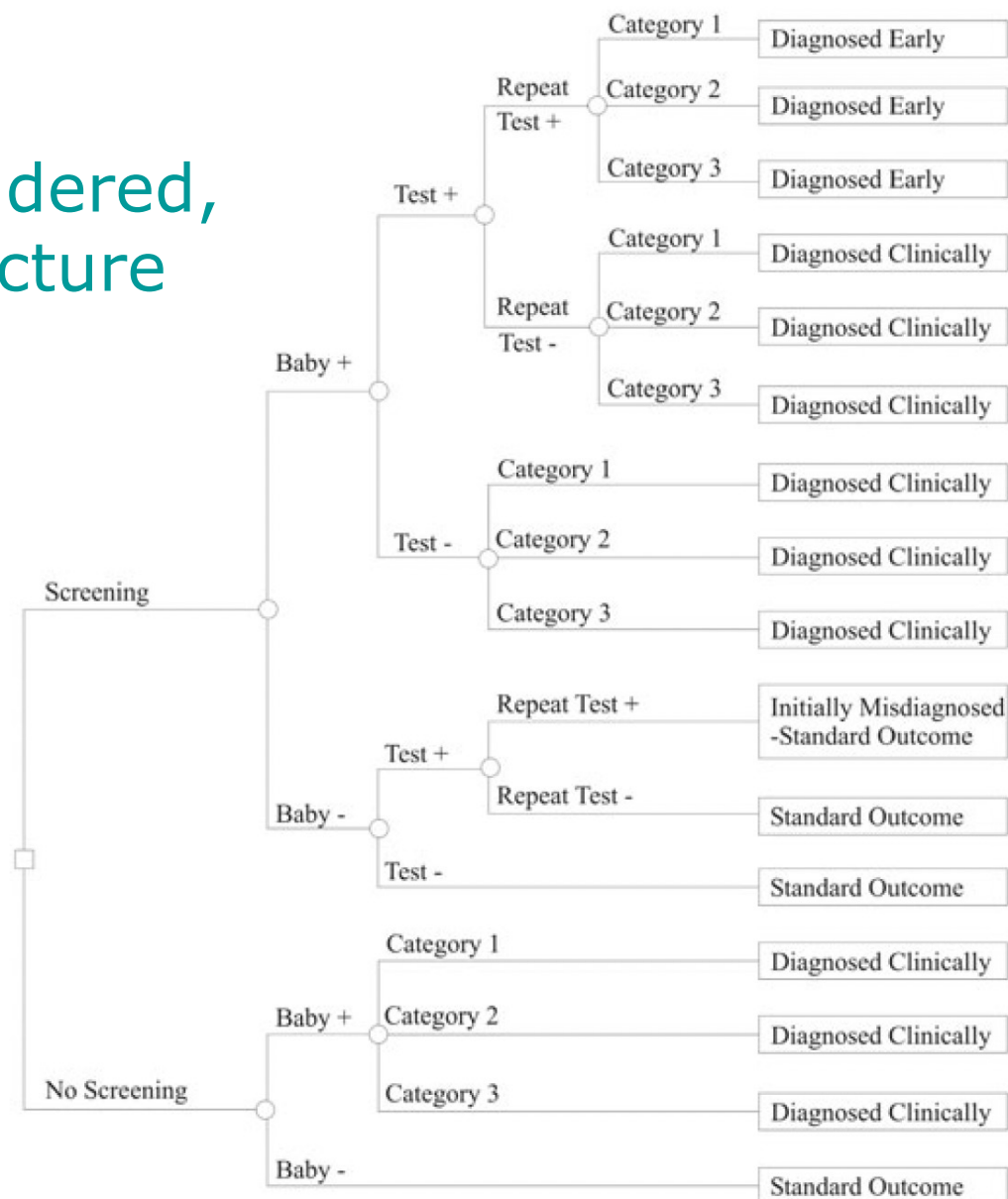
Newborn screening for metabolic disorders

Study Context and Design

- Cost-effectiveness analysis of new technology for newborns metabolic disorders screening
 - Screening identifies newborns before clinical symptoms manifest
 - Some screening already in place, but new technology (“tandem mass spectrometry”) allows multiple disorders to be screened for at same time
- Population: Newborns born in Ontario, Canada
- Health outcomes: Life-years (LY)
- Costs: screening, diagnosis, treatment, education and social services
- Time horizon: Lifetime

Decision Tree Structure

Many different disorders considered, same tree structure



Results

- Evaluated CEA of switching from existing to new screening technology for PKU only
 - High cost per LY gained!
- Evaluated CEA of using new screening technology for other metabolic disorders (individually)
 - Also high cost per LY gained!
- Evaluated CEA of “bundled” screenings
 - Leverages the advantage of the new screening technology
 - ICER as low as ~\$65,000 (CAD) per LY
 - Fixed costs are spread across multiple disorders, making bundled ICERs more favorable

DARTH Workgroup

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