

# Decision Analysis in R for Technologies in Health

## Appendix D

*Microsimulation modeling for health decision sciences using R: A tutorial.*

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## Appendix D - Microsimulation modeling for health decision sciences using R: A tutorial.

Krijkamp EM, Alarid-Escudero F, Enns EA, Jalal HJ, Hunink MGM, Pechlivanoglou P.

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This code forms the basis for the microsimulation model of the article: Krijkamp EM, Alarid-Escudero F, Enns EA, Jalal HJ, Hunink MGM, Pechlivanoglou P. Microsimulation modeling for health decision sciences using R: A tutorial. Med Decis Making. 2018;38(3):400-22.

Please cite the article when using this code.

See GitHub for more information or code updates <https://github.com/DARTH-git/Microsimulation-tutorial>

To program this tutorial we made use of R: 3.3.0 GUI 1.68 Mavericks build (7202) RStudio: Version 1.0.136 2009-2016 RStudio, Inc.

### Code of Appendix D

```
#rm(List = ls()) # remove any variables in R's memory
```

### Model input

```
n.i   <- 100000      # number of simulated individuals
n.t   <- 30          # time horizon, 30 cycles
v.n   <- c("H","S1","S2","D") # the model states: Healthy (H), Sick (S1), Sicker (S2), Dead (D)
n.s   <- length(v.n) # the number of health states
v.M_1 <- rep("H", n.i) # everyone begins in the healthy state
d.c   <- d.e <- 0.03 # equal discounting of costs and QALYs by 3%
v.Trt <- c("No Treatment", "Treatment") # store the strategy names
```

### Transition probabilities (per cycle)

```
p.HD   <- 0.005      # probability to die when healthy
p.HS1  <- 0.15       # probability to become sick when healthy
p.S1H  <- 0.5        # probability to become healthy when sick
p.S1S2 <- 0.105      # probability to become sicker when sick
rr.S1  <- 3           # rate ratio of death when sick vs healthy
rr.S2  <- 10          # rate ratio of death when sicker vs healthy
r.HD   <- -log(1 - p.HD) # rate of death when healthy
r.S1D  <- rr.S1 * r.HD  # rate of death when sick
r.S2D  <- rr.S2 * r.HD  # rate of death when sicker
p.S1D  <- 1 - exp(- r.S1D) # probability to die when sick
p.S2D  <- 1 - exp(- r.S2D) # probability to die when sicker
```

## Cost and utility inputs

```
c.H      <- 2000      # cost of remaining one cycle healthy
c.S1     <- 4000      # cost of remaining one cycle sick
c.S2     <- 15000     # cost of remaining one cycle sicker
c.Trt    <- 12000     # cost of treatment (per cycle)

u.H      <- 1         # utility when healthy
u.S1     <- 0.75      # utility when sick
u.S2     <- 0.5       # utility when sicker
u.Trt    <- 0.95      # utility when sick(er) and being treated
```

## Functions

The new `samplelev()` function efficient implementation of the `rMultinom()` function of the `Hmisc` package

```
samplelev <- function (probs, m) {
  d <- dim(probs)
  n <- d[1]
  k <- d[2]
  lev <- dimnames(probs)[[2]]
  if (!length(lev))
    lev <- 1:k
  ran <- matrix(lev[1], ncol = m, nrow = n)
  U <- t(probs)
  for(i in 2:k) {
    U[i, ] <- U[i, ] + U[i - 1, ]
  }
  if (any((U[k, ] - 1) > 1e-05))
    stop("error in multinom: probabilities do not sum to 1")

  for (j in 1:m) {
    un <- rep(runif(n), rep(k, n))
    ran[, j] <- lev[1 + colSums(un > U)]
  }
  ran
}
```

The `MicroSim` function for the simple microsimulation of the 'Sick-Sicker' model keeps track of what happens to each individual during each cycle.

```
MicroSim <- function(v.M_1, n.i, n.t, v.n, d.c, d.e, TR.out = TRUE, TS.out = TRUE, Trt = FALSE, seed = 1) {
# Arguments:
# v.M_1:  vector of initial states for individuals
# n.i:    number of individuals
# n.t:    total number of cycles to run the model
# v.n:    vector of health state names
```

```

# d.c:      discount rate for costs
# d.e:      discount rate for health outcome (QALYs)
# TR.out:   should the output include a Microsimulation trace? (default is TRUE)
# TS.out:   should the output include a matrix of transitions between states? (default is TRUE)
# Trt:      are the n.i individuals receiving treatment? (scalar with a Boolean value, default is FALSE)
# seed:     starting seed number for random number generator (default is 1)
# Makes use of:
# Probs:    function for the estimation of transition probabilities
# Costs:    function for the estimation of cost state values
# Efts:     function for the estimation of state specific health outcomes (QALYs)

v.dwc <- 1 / (1 + d.c) ^ (0:n.t) # calculate the cost discount weight based on the discount rate d.c
v.dwe <- 1 / (1 + d.e) ^ (0:n.t) # calculate the QALY discount weight based on the discount rate d.e

# Create the matrix capturing the state name/costs/health outcomes for all individuals at each time point
m.M <- m.C <- m.E <- matrix(nrow = n.i, ncol = n.t + 1,
                             dimnames = list(paste("ind", 1:n.i, sep = " "),
                                                paste("cycle", 0:n.t, sep = " ")))

m.M[, 1] <- v.M_1 # indicate the initial health state

set.seed(seed) # set the seed for every individual for the random number generator
m.C[, 1] <- Costs(m.M[, 1], Trt) # estimate costs per individual for the initial health state
m.E[, 1] <- Efts(m.M[, 1], Trt) # estimate QALYs per individual for the initial health state

for (t in 1:n.t) {
  m.p <- Probs(m.M[, t]) # calculate the transition probabilities at cycle t

  m.M[, t + 1] <- samplev(prob = m.p, m = 1) # sample the next health state and store that state in matrix m.M
  m.C[, t + 1] <- Costs(m.M[, t + 1], Trt) # estimate costs per individual during cycle t + 1 conditional on treatment
  m.E[, t + 1] <- Efts(m.M[, t + 1], Trt) # estimate QALYs per individual during cycle t + 1 conditional on treatment
  cat('\n', paste(round(t/n.t * 100), "% done", sep = " ")) # display the progress of the simulation
}

```

```

    } # close the loop for the time points

tc <- m.C %*% v.dwc      # total (discounted) cost per individual
te <- m.E %*% v.dwe      # total (discounted) QALYs per individual

tc_hat <- mean(tc)       # average (discounted) cost
te_hat <- mean(te)       # average (discounted) QALYs

if (TS.out == TRUE) { # create a matrix of transitions across states
  TS <- paste(m.M, cbind(m.M[, -1], NA), sep = "->") # transitions from one
state to the other
  TS <- matrix(TS, nrow = n.i)
  rownames(TS) <- paste("Ind", 1:n.i, sep = " ") # name the rows
  colnames(TS) <- paste("Cycle", 0:n.t, sep = " ") # name the columns
} else {
  TS <- NULL
}

if (TR.out == TRUE) {
  TR <- t(apply(m.M, 2, function(x) table(factor(x, levels = v.n, ordered =
TRUE))))
  TR <- TR / n.i # create a distribut
ion trace
  rownames(TR) <- paste("Cycle", 0:n.t, sep = " ") # name the rows
  colnames(TR) <- v.n # name the columns
} else {
  TR <- NULL
}
results <- list(m.M = m.M, m.C = m.C, m.E = m.E, tc = tc, te = te, tc_hat =
tc_hat, te_hat = te_hat, TS = TS, TR = TR) # store the results from the simul
ation in a list
return(results) # return the results
} # end of the MicroSim function

```

## Probability function

The Probs function that updates the transition probabilities of every cycle is shown below.

```

Probs <- function(M_it) {
  # M_it: health state occupied by individual i at cycle t (character vari
able)

  m.p.it <- matrix(NA, n.s, n.i) # create vector of state transition prob
abilities
  rownames(m.p.it) <- v.n # assign names to the vector

  # update the v.p with the appropriate probabilities

```

```

m.p.it[,M_it == "H"] <- c(1 - p.HS1 - p.HD, p.HS1, 0, p.HD)
# transition probabilities when healthy
m.p.it[,M_it == "S1"] <- c(p.S1H, 1 - p.S1H - p.S1S2 - p.S1D, p.S1S2, p.S1D)
# transition probabilities when sick
m.p.it[,M_it == "S2"] <- c(0, 0, 1 - p.S2D, p.S2D)
# transition probabilities when sicker
m.p.it[,M_it == "D"] <- c(0, 0, 0, 1)
# transition probabilities when dead
ifelse(colSums(m.p.it) == 1, return(t(m.p.it)), print("Probabilities do not
sum to 1")) # return the transition probabilities or produce an error
}

```

## Costs function

The Costs function estimates the costs at every cycle.

```

Costs <- function (M_it, Trt = FALSE) {
  # M_it: health state occupied by individual i at cycle t (character variable)
  # Trt: is the individual being treated? (default is FALSE)

  c.it <- 0 # by default the cost for everyone is zero
  c.it[M_it == "H"] <- c.H # update the cost if healthy
  c.it[M_it == "S1"] <- c.S1 + c.Trt * Trt # update the cost if sick conditional on treatment
  c.it[M_it == "S2"] <- c.S2 + c.Trt * Trt # update the cost if sicker conditional on treatment
  c.it[M_it == "D"] <- 0 # update the cost if dead

  return(c.it) # return the costs
}

```

## Health outcome function

The Effs function to update the utilities at every cycle.

```

Effs <- function (M_it, Trt = FALSE, cl = 1) {
  # M_it: health state occupied by individual i at cycle t (character variable)
  # Trt: is the individual treated? (default is FALSE)
  # cl: cycle length (default is 1)

  u.it <- 0 # by default the utility for everyone is zero
  u.it[M_it == "H"] <- u.H # update the utility if healthy
  u.it[M_it == "S1"] <- Trt * u.Trt + (1 - Trt) * u.S1 # update the utility if sick conditional on treatment
  u.it[M_it == "S2"] <- u.S2 # update the utility if sicker
  u.it[M_it == "D"] <- 0 # update the utility if dead
}

```

```

    QALYs <- u.it * c1          # calculate the QALYs during cycle t
    return(QALYs)              # return the QALYs
}

```

## Run the simulation

### START SIMULATION

```

p = Sys.time()
sim_no_trt <- MicroSim(v.M_1, n.i, n.t, v.n, d.c, d.e, Trt = FALSE) # run for no treatment

sim_trt <- MicroSim(v.M_1, n.i, n.t, v.n, d.c, d.e, Trt = TRUE) # run for treatment

comp.time = Sys.time() - p

```

### Cost-effectiveness analysis

```

# store the mean costs (and the MCSE) of each strategy in a new variable C (vector costs)
v.C <- c(sim_no_trt$tc_hat, sim_trt$tc_hat)
sd.C <- c(sd(sim_no_trt$tc), sd(sim_trt$tc)) / sqrt(n.i)
# store the mean QALYs (and the MCSE) of each strategy in a new variable E (vector effects)
v.E <- c(sim_no_trt$te_hat, sim_trt$te_hat)
sd.E <- c(sd(sim_no_trt$te), sd(sim_trt$te)) / sqrt(n.i)

delta.C <- v.C[2] - v.C[1]          # calculate incremental costs
delta.E <- v.E[2] - v.E[1]          # calculate incremental QALYs
sd.delta.E <- sd(sim_trt$te - sim_no_trt$te) / sqrt(n.i) # Monte Carlo Square d Error (MCSE) of incremental costs
sd.delta.C <- sd(sim_trt$tc - sim_no_trt$tc) / sqrt(n.i) # Monte Carlo Square d Error (MCSE) of incremental QALYs
ICER <- delta.C / delta.E           # calculate the ICER
results <- c(delta.C, delta.E, ICER) # store the values in a new variable

```

### Create full incremental cost-effectiveness analysis table

```

table_micro <- data.frame(
  c(round(v.C, 0), ""),          # costs per arm
  c(round(sd.C, 0), ""),         # MCSE for costs
  c(round(v.E, 3), ""),          # health outcomes per arm
  c(round(sd.E, 3), ""),         # MCSE for health outcomes
  c("", round(delta.C, 0), ""), # incremental costs
  c("", round(sd.delta.C, 0), ""), # MCSE for incremental costs
)

```

```

c("", round(delta.E, 3), ""), # incremental QALYs
c("", round(sd.delta.E, 3), ""), # MCSE for health outcomes (QALYs) gained
c("", round(ICER, 0), "") # ICER
)
rownames(table_micro) <- c(v.Trt, "* are MCSE values") # name the rows
colnames(table_micro) <- c("Costs", "*", "QALYs", "*", "Incremental Costs",
"*, "QALYs Gained", "*", "ICER") # name the columns

kable(table_micro) # print the table

```

	Costs	*	QALYs	*	Incremental Costs	*	QALYs Gained	*	ICER
No Treatment	76184	184	15.858	0.016					
Treatment	142039	344	16.421	0.016	65855	164	0.563	0.001	117009

\* are MCSE values