

Canvas #04

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Customer needs analysis

What resource do they need to perform their task?

Gym clothes

Motivation

Budget to pay the membership

Walk to the gym

What do they try to deliver?

A fit body

A healthy condition

What frustrations do they experience?

Crowded place

Anonymous environment

Lack of motivation

Not sure price and efforts are worth it

Lack of time

Vanishing motivation

What constraints do they face? (time? budget? distance? legal? etc.)

Better physiological performances (stronger cardio, smaller waist size, bigger muscles, ...)
Better sport performance (running a longer distance, lifting more weights...)

What KPIs to measure success?