

# Ground Pole Distance Guide for Horses and Ponies

## WALK Pole Distances

Size	Distance (m)	Distance (ft)
Small pony (<13hh)	0.75 - 0.9 m	2'6" - 3'
Big pony (13-14.2hh)	0.9 - 1.1 m	3' - 3'6"
Small horse (14.3-16hh)	1.0 - 1.2 m	3'3" - 4'
Big horse (16.1hh+)	1.1 - 1.4 m	3'6" - 4'6"

## TROT Pole Distances

Size	Distance (m)	Distance (ft)
Small pony	1.0 - 1.2 m	3'3" - 4'
Big pony	1.2 - 1.35 m	4' - 4'5"
Small horse	1.25 - 1.45 m	4'2" - 4'9"
Big horse	1.35 - 1.6 m	4'5" - 5'3"

## CANTER (ridden only) Pole Distances

Size	Distance (m)	Distance (ft)
Small pony	2.1 - 2.7 m	7' - 9'
Big pony	2.4 - 3.0 m	8' - 10'
Small horse	2.7 - 3.3 m	9' - 11'
Big horse	3.0 - 3.6 m	10' - 12'