



# The HELP App

*HELP comes in all shapes and sizes*

Coordinate social and practical support in the free **Healthy End of Life Planning App**

## **SAFE | SECURE | PROVEN technology**

- An easier way to ask for, offer and accept help
- One central place to plan, share and connect
- Health professional approved



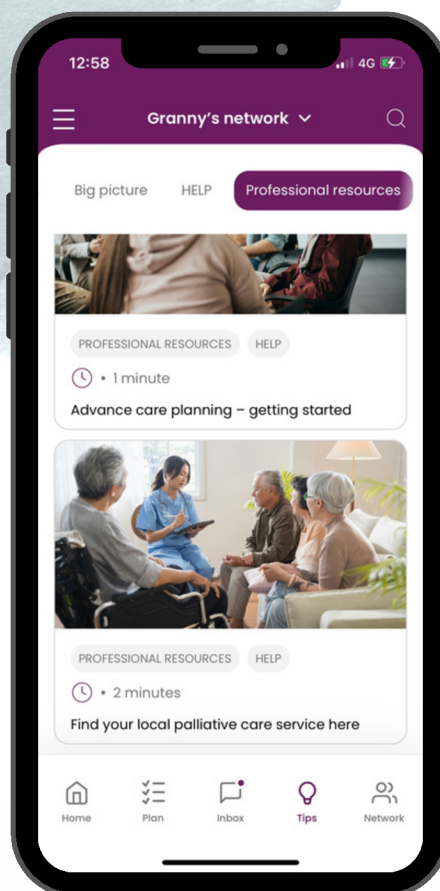
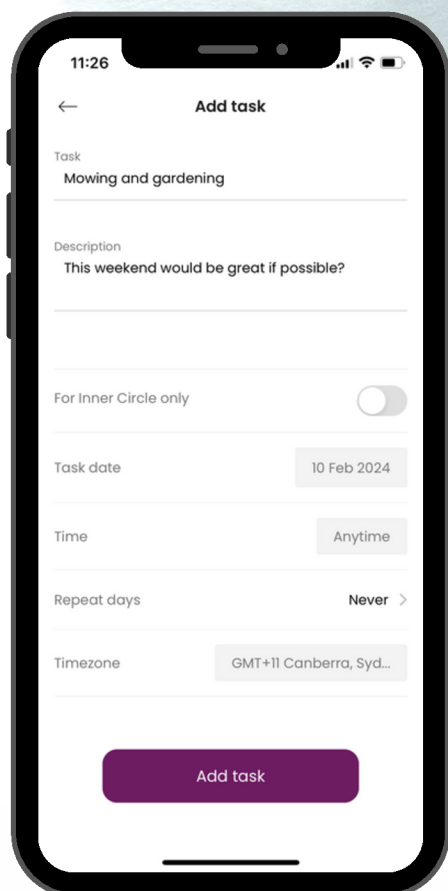
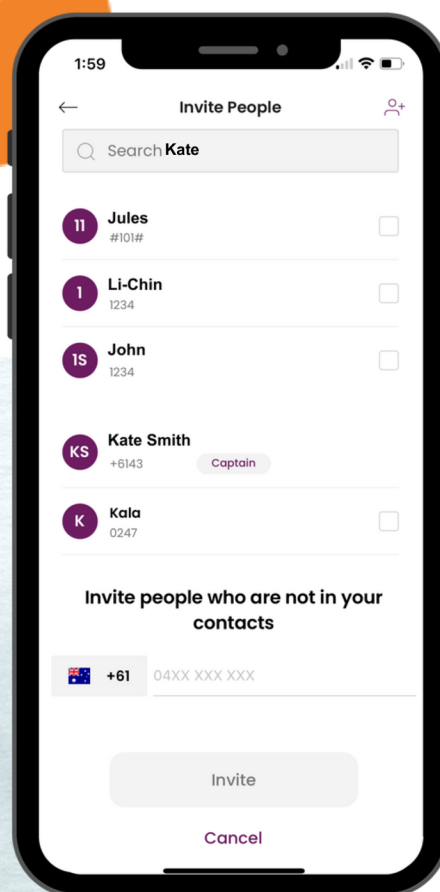
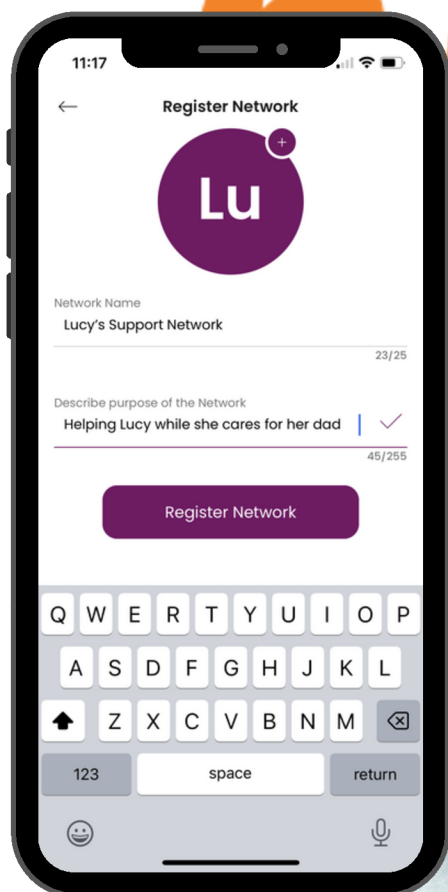
Scan to download  
the HELP App today



or search for the app:



Visit the website for more information about how to use the app:  
[www.healthyendoflifeprogram.org](http://www.healthyendoflifeprogram.org) > go to **HELP Program** > **Resources**



- 1 Download the HELP App for yourself or a friend
- 2 Give your group a name
- 3 Invite people via their phone numbers - let them know the invite is coming
- 4 List some things that people can help with
- 5 Learn about end of life in the app

Scan this QR code with your phone camera to watch a video on how to download and use the HELP App:

