

Age: _____

SELF-REPORT Scoring Grid

John S. March, M.D., MPH

Gender: M F
(Circle One)

Grade: _____

Birth Date: _____
Month Day Year

Today's Date: _____/_____/_____

Items 26-50
(transfer each score below
into boxes that look like this)

Items 1-25
(transfer each score below
into boxes that look like this)

Items 26-50 (transfer each score below into boxes that look like this)					SA							PS		
	S/P	GAD	SA:T	H/R	PF	OC	PS:T	P	T/R	HA				
26	3	2	1	0										
27	3	2	1	0										
28	3	2	1	0										
29	3	2	1	0										
30	3	2	1	0										
31	3	2	1	0										
32	3	2	1	0										
33	3	2	1	0										
34	3	2	1	0										
35	3	2	1	0										
36	3	2	1	0										
37	3	2	1	0										
38	3	2	1	0										
39	3	2	1	0										
40	3	2	1	0										
41	3	2	1	0										
42	3	2	1	0										
43	3	2	1	0										
44	3	2	1	0										
45	3	2	1	0										
46	3	2	1	0										
47	3	2	1	0										
48	3	2	1	0										
49	3	2	1	0										
50	3	2	1	0										

INSTRUCTIONS:

STEP 2. Add the numbers in each column and write the sums in the row below the Scoring Grid.

STEP 3. Sum the values in all shaded boxes (including items 39 & 40) to obtain the MASC 2 Total Score. Enter this value in the box below.

S/P	GAD	SA:T	H/R	PF	OC	PS: T	P	T/R	HA
		Sum of HR & PF				Sum of P & T/R			

MASC 2 Total Score

INSTRUCTIONS:

STEP 1. Transfer circled numbers into unshaded boxes across each row. Each circled number will be copied onto one or two columns.

0	1	2	3	1
0	1	2	3	2
0	1	2	3	3
0	1	2	3	4
0	1	2	3	5
0	1	2	3	6
0	1	2	3	7
0	1	2	3	8
0	1	2	3	9
0	1	2	3	10
0	1	2	3	11
0	1	2	3	12
0	1	2	3	13
0	1	2	3	14
0	1	2	3	15
0	1	2	3	16
0	1	2	3	17
0	1	2	3	18
0	1	2	3	19
0	1	2	3	20
0	1	2	3	21
0	1	2	3	22
0	1	2	3	23
0	1	2	3	24
0	1	2	3	25

Inconsistency Index

Copy the circled score for the item into the appropriate box. For each item pair, subtract the lower value from the higher value and write the difference in the box below. Sum the differences and write the total in the Inconsistency Index TOTAL box. If the TOTAL is > 8 , there may be some inconsistency, and the results should be interpreted with caution.

[illegible]

MASC 2-Self-Report: Female Profile

For age groups: Column 1 is for 8-11-year-olds, Column 2 is for 12-15-year-olds, and Column 3 is for 16-19-year-olds

5ika2004@umn.edu

T	MASC 2 TOTAL SCORE			Separation Anxiety/ Phobias (S/P)			GAD Index (GAD)			Social Anxiety (SA)												Physical Symptoms (PS)												Harm Avoidance (HA)			T	Classification
	1	2	3	1	2	3	1	2	3	TOTAL (SA-T)			Humiliation Rejection (H/R)			Performance Fears (PF)			Obsessions & Compulsions (OC)			TOTAL (PS-T)			Panic (P)			Tense/ Restless (T/R)			1	2	3					
90	132+	130+	116+	24+	20+	29+	29+	28+											28+	31+	32+	32+	18+	21	19+								90	Very Elevated				
89	130-131	128-129	114-115	27				28	27														17	20	18			15	15				89					
88	128-129	126-127	113		23				28											30	30	27	30	31	31								88					
87	126-127	124-125	111-112	26			19	27		26											29	26	29	30	30		19		15				87					
86	124-125	122-123	109-110		22				27												29					16		17		14	14		86					
85	122-123	120-121	108						26											28	28	25	28	29	29		18						85					
84	121	118-119	106-107	25			18			26	25												28					14					84					
83	119-120	116-117	104-105		21				25											27	27	24	27		28	15		16				83						
82	117-118	114-115	102-103	24				17			25	24									26		26	27	27		17			13	13		82					
81	115-116	112-113	101			20															26		23					13					81					
80	113-114	110-111	99-100		23				24	24	23			27						25	25		25	26	26	14	16	15					80					
79	111-112	108-109	97-98			19	16															22		25					12	12			79					
78	109-110	106-107	96	22					23	23				26						24	24		24		25			14					78					
77	107-108	104-105	94-95							22											23	21	23	24	24	13	15		12				77					
76	105-106	102-103	92-93		18	15	22	22			27		25		15	12		12	23					23					11				76					
75	103-104	100-101	90-91	21						21	26	27							22	22	20	22		23		14	13			11			75					
74	101-102	98-99	89			17			21	21			26	24			14							22		12			11				74					
73	99-100	96-97	87-88	20			14				20	25			15		11	12	11	21	21	19	21		22				10				73					
72	97-98	94-95	85-86		16			20	20			25	23	15						20		20	21	21		13	12						72					
71	96	92-93	84	19			13				24	24	22			13				20		18		20		11		10		10			71					
70	94-95	90-91	82-83				19		19	23					14		11			19	17	19		20		12							70					
69	92-93	88-89	80-81		15			19			23	21	14			10		10	19	18			19				11		9				24	69				
68	90-91	86-87	78-79	18		12	18		18	22					13	12				18		16	18	18	19	10			9		9			68				
67	88-89	84-85	77		14				18		21	22	20	13				10			17			18		11					24	24		67				
66	86-87	82-83	75-76	17				17		17		21								17		15	17	17			10		8				23	66				
65	84-85	80-81	73-74		13	11			17		20		19	12	12	11	9		9		16		16		17	9	10		8					65				
64	82-83	78-79	72	16					16		20								16	15	14		16				9			8	23	23	22	64				
63	80-81	76-77	70-71			10	16	16		19		18					9			15			15	15	16				7					63				
62	78-79	74-75	68-69	15	12					18	19	17	11	11	10				8		14	13			15	8	9				22	22	21	62				
61	76-77	72-73	66-67				15	15	15		18					8			14				14	14				8	7		7			61				
60	74-75	70-71	65			11	9				17		16	10	10			8			13	12	13		14	7	8					21		60				
59	72-73	68-69	63-64	14				14	14	14		17			9				13	12			13						6		21	20		59				
58	70-71	66-67	61-62			10					16	16	15			7		7	12		11	12	12	13				7	6			20		58				
57	69	64-65	60	13			8	13	13	13	15				9	9			7			11			12	6	7				6		19	57				
56	67-68	62-63	58-59			9						15	14			8				11		10	11	11					5		20			56				
55	65-66	60-61	56-57	12			7	12	12		14				8					10	9	10	10	11		6	6	5					19	55				
54	63-64	58-59	55							12		14	13	8		6		6	10	9					5					5	19	18		54				
53	61-62	56-57	52-54	11	8			11	11		13	13	12	7		7		6		9	8	9	9	10		5			4			18		53				
52	59-60	54-55	51-52				6				11	12				7					8			9				5	4					17	52			
51	57-58	52-53	49-50			7			10	10			12	11					5	8	7	7	8	8		4						18	17	51				
50	55-56	50-51	48	10						10	11	11		6		6	5	5					7	7	8		4			3	4			50				
49	53-54	48-49	46-47			6	5	9	9					10		6				7	6	6					4	3					16	49				
48	51-52	46-47	44-45	9							10	10			5		5						6	6	7	3	3					17	16	48				
47	49-50	44-45	43				4			9	9		9					4	4	6	5	5		5	6			3			3			15	47			
46	47-48	42-43	41-42	8	5			8	8				9			5		4			5	4		5					2			16	15	46				
45	45-46	40-41	39-40							8	8	8	8	4		4						4	4	4	5	2	2		2					14	45			
44	44	38-39	37-38	7	4	3		7	7					7		4				3	4	3					2						14	44				
43	42-43	36-37	36							7	7	7		7		3			3	3		3	3	3	4		1			1	2	15		43				
42	40-41	34-35	34-35		3					6		6				3		3			3	2			2	3	1			1				13	42			
41	38-39	32-33	32-33	6			2					6			2	3				2	1	2	2				1					14	13	41				
40	≤37	≤31	≤31	≤5	≤2	≤1	≤5	≤5	≤6	≤5	≤5	≤5	≤5	≤1	≤2	≤2	≤2	≤2	≤2	≤1	0	≤1	≤1	≤1	≤2	0	0	0	0	0	0	≤1	≤13	≤12	≤12	40		

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Anxiety Probability Score Instructions:

The Anxiety Probability Score is determined by the number of elevated T-scores (60 or higher) on the Anxiety Scales (Separation Anxiety/Phobias, GAD Index, and Social Anxiety: Total). Count the number of elevated T-scores recorded in the shaded boxes and use the table to the right to determine the corresponding Anxiety Probability Score.

Raw Score (Number of Shaded T-scores ≥ 60)	Anxiety Probability Score
0	Low Probability
1	Borderline Probability
2	High Probability
3	Very High Probability



MHS

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MASC 2-Self-Report: Male Profile

For age groups: Column 1 is for 8-11-year-olds, Column 2 is for 12-15-year-olds, and Column 3 is for 16-19-year-olds

T	MASC 2 TOTAL SCORE			Separation Anxiety/ Phobias (S/P)			GAD Index (GAD)			TOTAL (SA:T)			Social Anxiety (SA) Humiliation/ Rejection (H/R)			Performance Fears (PF)			Obsessions & Compulsions (OC)			Physical Symptoms (PS) TOTAL (PS:T)									Panic (P)			Tense/ Restless (T/R)			Harm Avoidance (HA)			T	Classification
	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3					
90	140+	117+	111+	22+	18+	30	27+	25+											29+	27+	36	31+	30+	20+	19+	17+			14+	15						90	Very Elevated				
89	138-139	115-116	109-110		21				26	24									28		35	30			18											89					
88	136-137	114	108						29										27	26	34	29	29	19					13	14						88					
87	134-135	112-113	106-107						17		25	23														16												87			
86	131-133	110-111	104-105		20				28										29	26	25	33	28	28		17										86					
85	129-130	108-109	102-103	27					24						27						32		27	18				15	12									85			
84	127-128	106-107	101		19	16	27		22										28	25	24		27		16	15				13						84					
83	125-126	104-105	99-100	26					23					26								31	26	26	17											83					
82	122-124	102-103	97-98		18	15	26		21					27			15			27	24	23	30						14							82					
81	120-121	101	95-96	25									25				12		26			29	25	25		15	14			11	12					81					
80	118-119	99-100	93-94						25	22			26					12		23	22			24	16											80					
79	116-117	97-98	92	24	17	14					20	27		24			14			25	22	21	28	24				13								79					
78	114-115	95-96	90-91						24	21			25	23			12			24			27	23	23	15	14	13			11						78				
77	111-113	93-94	88-89	23	16					19	26						11			21	20									10						77					
76	109-110	91-92	86-87	22		13	23	20			24	22			13			11	23			26	22	22		13	12	12									76				
75	107-108	89-90	84-85							25					11				20	19	25		21	14													75				
74	105-106	88	83	21	15		22		18	24	23	21	15	15					22			24	21								10						74				
73	102-104	86-87	81-82		12		19				22				12		10	10	21	19	18		20	20	13	12	11	11	9								73				
72	100-101	84-85	79-80	20	14		21		17	23		20		14								23															72				
71	98-99	82-83	77-78			11		18		21		14			10				20	18	17	22	19	19						9							71				
70	96-97	80-81	75-76	19			20			22	19		11					19	17					18	12	11	10	10									70				
69	93-95	78-79	74		13			17	16	21	20		13	13		9	9			16	21	18						8			24	24				69					
68	91-92	77	72-73	18		10	19						18						18	16	15	20	17	17	11											68					
67	89-90	75-76	70-71		12				15	20	19			12	10	9									10	9	9		8	24	23	23					67				
66	87-88	73-74	68-69	17				18	16					17	12					17	15	14	19	16	16				7							66					
65	85-86	71-72	67			9					19	18	16				8	8	16			18		15	10	9						23	22	22			65				
64	82-84	69-70	65-66	16	11		17	15	14					11	9				14	13	17	15				8	8		7							64					
63	80-81	67-68	63-64			8					18	17	15	11		8			15			14	14	9			8					21	21			63					
62	78-79	65-66	61-62	15	10		16	14	13	17	16			10				7	14	13	12	16			8				6		22					62					
61	76-77	64	59-60								14	10		8		7					15	13	13	8		7										61					
60	73-75	62-63	58	14		7	15	13		16	15				7			13	12	11			12					7		6	21	20	20			60					
59	71-72	60-61	56-57		9		14		12		13	9						11		14	12			7												59					
58	69-70	58-59	54-55	13						15	14		9	7			6	12		10	13		11	7		6		5				19	19			58					
57	67-68	56-57	52-53	12	8	6	13	12	11	14		12				6		11	10			12	11		6		6		5	20						57					
56	64-66	54-55	50-51								13		8	8		6				9		10	10	6								18	18			56					
55	62-63	53	49	11	7		12	11		13		11		6		5	10	9	8	11		9			5						19					55					
54	60-61	51-52	47-48			5			10		12			7				9			10	9		5			5	4			17	17				54					
53	58-59	49-50	45-46	10			11	10		12		10	7			5			8	7			8	5					4	18						53					
52	56-57	47-48	43-44		6	4				9	11	11	9		5	5			8			9	8			4						16				52					
51	53-55	45-46	41-42	9			10				10		6	6				4		7	6	8	7	7	4	4		4					16			51					
50	51-52	43-44	40		5			9		10		8						7	6				6			3		3	3	17						50					
49	49-50	41-42	38-39	8		3	9		8		9			5	4	4	4		6		5	7	6		3						15	15				49					
48	47-48	40	36-37				8		9		7	5						5			6		5	3			3				16					48					
47	44-46	38-39	34-35	7	4		8		7		8						3	5		4	5	5				2		2				14	14			47					
46	42-43	36-37	33			2		7		8		6	4	4	3				4	4			4	4	2	2			2							46					
45	40-41	34-35	31-32	6	3		7			7	7					3	3			3	4		3				2				15	13	13			45					
44	38-39	32-33	29-30				6	6				5		3				2	3	3	2	3	3			1										44					
43	36-37	30-31	27-28	5		1	6			6	6		3		2				2					2	1	1				1	1	14	12			43					
42	33-35	29	25-26		2				5			4							2	1	2	2					1						12			42					
41	31-32	27-28	24	4		0	5	5		5	5			2		2	2		1	1		1	1	1	0		0					11				41					
40	≤30	≤26	≤23	≤3	≤1		≤4	≤4	≤4	≤4	≤4	≤3	≤2	≤1	≤1	≤1	≤1	≤1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	≤13	≤10	≤11		40				

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Anxiety Probability Score Instructions:

The Anxiety Probability Score is determined by the number of elevated T-scores (60 or higher) on the Anxiety Scales (Separation Anxiety/Phobias, GAD Index, and Social Anxiety: Total). Count the number of elevated T-scores recorded in the shaded boxes and use the table to the right to determine the corresponding Anxiety Probability Score.

Raw Score (Number of Shaded T-scores ≥ 60)	Anxiety Probability Score
0	Low Probability
1	Borderline Probability
2	High Probability
3	Very High Probability



SELF-REPORT

John S. March, M.D., MPH

Name/ID: _____

Gender: M F
(Circle One)

Grade: _____

Age: _____

Birth Date: ____/____/____
Month Day Year

Today's Date: ____/____/____
Month Day Year

INSTRUCTIONS: These sentences ask how you might have been thinking, feeling, or acting in the last while. For each item, please circle the number that describes **how often the sentence is true about you**.

Circle 0 if a sentence is Never true about you.

Circle 1 if a sentence is Rarely true about you.

Circle 2 if a sentence is Sometimes true about you.

Circle 3 if a sentence is Often true about you.

Remember, there are no right or wrong answers, just answer how you might have been feeling in the last while.

Here is an example to show you how to mark your answer. In the example, if you are hardly ever scared of dogs, you would circle the 1 meaning that the sentence is "Rarely" true about you.

Example: I'm scared of dogs.

Never	Rarely	Sometimes	Often
0	1	2	3

	Never	Rarely	Sometimes	Often
1. I feel tense or uptight.	0	1	2	3
2. I usually ask permission to do things.	0	1	2	3
3. I worry about other people laughing at me.	0	1	2	3
4. I get scared when my parents go away.	0	1	2	3
5. I keep my eyes open for danger.	0	1	2	3
6. I have trouble getting my breath.	0	1	2	3
7. The idea of going away to camp scares me.	0	1	2	3
8. I get shaky or jittery.	0	1	2	3
9. I try to stay near my mom or dad.	0	1	2	3
10. I'm afraid that other kids will make fun of me.	0	1	2	3
11. I try hard to obey my parents and teachers.	0	1	2	3
12. I get dizzy or faint feelings.	0	1	2	3
13. I check things out first.	0	1	2	3
14. I worry about getting called on in class.	0	1	2	3
15. I'm jumpy.	0	1	2	3
16. I'm afraid other people will think I'm stupid.	0	1	2	3
17. I keep the light on at night.	0	1	2	3
18. I have pains in my chest.	0	1	2	3
19. I avoid going to places without my family.	0	1	2	3
20. I feel strange, weird, or unreal.	0	1	2	3
21. I try to do things other people will like.	0	1	2	3
22. I worry about what other people think of me.	0	1	2	3
23. I avoid watching scary movies and TV shows.	0	1	2	3
24. My heart races or skips beats.	0	1	2	3
25. I stay away from things that upset me.	0	1	2	3

Please turn the questionnaire over; the items are continued on the back page...

SELF-REPORT

John S. March, M.D., MPH

	Never	Rarely	Sometimes	Often
26. I sleep next to someone from my family.	0	1	2	3
27. I feel restless and on edge.	0	1	2	3
28. I try to do everything exactly right.	0	1	2	3
29. I worry about doing something stupid or embarrassing.	0	1	2	3
30. I get scared riding in the car or on the bus.	0	1	2	3
31. I feel sick to my stomach.	0	1	2	3
32. I get nervous if I have to perform in public.	0	1	2	3
33. Bad weather, the dark, heights, animals, or bugs scare me.	0	1	2	3
34. My hands shake.	0	1	2	3
35. I check to make sure things are safe.	0	1	2	3
36. I have trouble asking other kids to play with me.	0	1	2	3
37. My hands feel sweaty or cold.	0	1	2	3
38. I feel shy.	0	1	2	3
39. I have trouble making up my mind about simple things.	0	1	2	3
40. I get upset over the thought that I might get sick.	0	1	2	3
41. I have bad or silly thoughts that I can't stop.	0	1	2	3
42. I have to do things over and over again for no reason.	0	1	2	3
43. I get really upset about dirt, germs, chemicals, radiation, or sticky things.	0	1	2	3
44. I feel that I have to wash or clean more than I really need to.	0	1	2	3
45. I fear I'll be responsible for something bad happening.	0	1	2	3
46. I have to check that nothing terrible has happened.	0	1	2	3
47. I have to check things several times or more.	0	1	2	3
48. I count things for no reason.	0	1	2	3
49. I get too concerned with sin or wrongdoing.	0	1	2	3
50. I have to repeat things until it feels just right.	0	1	2	3

Thank you for completing the questionnaire.