Code Novice Checklist: Perform these actions for EACH coding challenge you attempt

#	Checklist	Example
1	Write the challenge/problem as a comment at the top of the code	```\n1 #Ask the user for their name and age in years.\n2 #The system should display "You are " + daysOld + " days old".\n3\n```
2	Write: **#Inputs** **#Processing** **#Outputs**	```\n1 #Ask the user for their name and age in years.\n2 #The system should display "You are " + daysOld + " days old".\n3\n4 #Inputs\n5\n6 #Processing\n7\n8 #Outputs\n9\n```
3	Comment each section: 1. What needs to be inputted? 2. What will the system output? 3. What needs to happen to convert inputs to outputs?	```\n1 #Ask the user for their name and age in years.\n2 #The system should display "You are " + daysOld + " days old".\n3\n4 #Inputs\n5 # name (text)\n6 # age in years (number)\n7\n8 #Processing\n9 # age in days = age in years * 365\n10\n11 #Outputs\n12 # "You are " + age in days + " days old"\n```
4	**Stop and think.** Look at what you must do. Put an 'X' next to each line where you think you have done something similar, to improve your confidence. Think where can you find help with this? **Then translate each comment into Python!**	```\n1 #Ask the user for their name and age in years.\n2 #The system should display "You are " + daysOld + " days old".\n3\n4 #Inputs\n5 # X name (text)\n6 # X age in years (number)\n7\n8 #Processing\n9 #age in days = age in years * 365\n10\n11 #Outputs\n12 # X "You are " + age in days + " days old"\n```

Meta-Cognition: "Learning to learn"