#### PERSONAL DEVELOPMENT - MATURATION MAP

Right to Education & Development: UDHR Article 26, part 2 & A/RES/41/128, Art. 2, part 1.

Full Development of the Human Personality – Anthropocentric Development

AN FEDC-NAD ROADMAP

# PERSONAL DEVELOPMENT

# **SKILLS SET**

CRITICAL THINKING CRITICAL EXPRESSION CRITICAL WRITING CRITICAL HEARING CRITICAL READING



#### 1. BEHAVIORAL DEVELOPMENT

(Self Control via Action & Reaction: Possession, Self-Command, Self-Possession, Self-will/Will Power)

#### 2. TEMPERAMENTAL DEVELOPMENT

(Disposition-Natural Disposition / Characteristic Tendency, Nature - State)

## 3. EMOTIONAL DEVELOPMENT

(Development of Affective States: Valence, Arousal & Motivational Intensity)

#### 4. MENTAL DEVELOPMENT

(Development of the Mind (Faculty of Reason) & Intellectual Processes)

# **CAPACITIES**

1. CONATIVE

(Commitment/striving Action)

2. COGNITIVE

(Learning and Reasoning)
PSYCHOMOTOR

(Physical & Mental Agility)

AFFECTIVE

(Care: forethought/empathy)

Money

Value Systems

Personal
Development
(Maturation)



(The Study of Apprehension)

2. AXIOLOGY

(Exercise or Practice of Value & Value Judgement)

### 3. EPISTEMOLOGY

(Apprehension and Application of the knowledge maxim)

4. ONTOLOGY

(Creation of Value Systems)





Dr. Coach Achu Gustave M