

Scales for the Child Rearing Practices Q-sort (Block, 1965)  
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I would like to express my gratitude to both Jay Belsky and Fred Strayer, who very generously provided data used in the derivation of these scales. Briefly, these scales were derived empirically, from a cluster analysis of Belsky's Pennsylvania sample ( $N = 216$ ). They were then validated in the other samples. Samples from Vancouver, Halifax, and Toronto were collected under my supervision; data from Montreal was contributed by Fred Strayer. All data are for mothers and fathers combined. Further details are available from the author (WLRoberts@Cariboo.bc.ca).

CRP Scale 1: Cool, Distant  
(12 items)

- 9. I don't think young children of different sexes should be allowed to see each other naked.
- 14. I believe physical punishment to be the best way of disciplining.
- 18. I express affection by hugging, kissing, and holding my child.
- 31. I do not allow my child to get angry with me.
- 38. I talk it over and reason with my child when s/he misbehaves.
- 42. My child and I have warm, intimate times together.
- 49. I believe in toilet training a child as soon as possible.
- 51. I believe in praising a child when s/he is good and think it gets better results than punishing him/her when s/he is bad.
- 55. I teach my child to keep control of his/her feelings at all times.
- 78. I think a child should be weaned from the breast or bottle as soon as possible.
- 82. I think children must learn early not to cry.
- 86. I don't think children should be given sexual information before they can understand everything.

Note: Negative items load negatively

Cronbach Alphas

Pennsylvania (N = 216):	.63
Vancouver (N = 60):	.60
Toronto '89 (N = 54):	.73
Montreal (N = 49):	.65
Halifax (N = 47):	.61
(Toronto '88 omitted: item 82 not used)	

CRP Scale 2: Conflict  
(6 items)

- 5. I often feel angry with my child.
- 32. I feel my child is a bit of a disappointment to me.
- 34. I am easy going and relaxed with my child.
- 39. I trust my child to behave as s/he should, even when I am not with him/her.
- 40. I joke and play with my child.
- 69. There is a good deal of conflict between my child and me.

Note: Negative items load negatively

Cronbach's Alphas

Pennsylvania (N = 216):	.64
Vancouver (N = 60):	.64
Toronto '88 (N = 56):	.54
Toronto '89 (N = 54):	.66
Montreal (N = 49):	.61
Halifax (N = 47):	.64

CRP Scale 3: Encourages Autonomy  
(9 items)

- 1. I respect my child's opinions and encourage him/her to express them.
- 21. I encourage my child to wonder and think about life.
- 24. I feel a child should have time to think, daydream, and even loaf sometimes.
- 26. I let my child make many decisions for him/herself.
- 41. I give my child a good many duties and family responsibilities.
- 45. I encourage my child to be curious, to explore and question things.
- 53. I encourage my child to talk about his/her troubles.
- 74. I want my child to make a good impression on others.
- 75. I encourage my child to be independent of me.

Note: Negative items load negatively

Cronbach's Alphas

Pennsylvania (N = 216):	.64
Vancouver (N = 60):	.54
Toronto '88 (N = 56):	.71
Toronto '89 (N = 54):	.61
Montreal (N = 49):	.56
Halifax (N = 47):	.69

CRP Scale 4: Protective, Indulgent  
(11 items)

- 8. I watch closely what my child eats and when s/he eats.
- 11. I feel a child should be given comfort and understanding when s/he is scared or upset.
- 23. I wish my child did not have to grow up so fast.
- 28. I worry about the bad and sad things that can happen to a child as s/he grows up.
- 33. I expect a great deal of my child.
- 36. I tend to spoil my child.
- 43. I have strict, well-established rules for my child.
- 65. I believe my child should be aware of how much I sacrifice for him/her.
- 68. I worry about the health of my child.
- 76. I make sure I know where my child is and what s/he is doing.
- 88. I get pleasure from seeing my child eating well and enjoying his/her food.

Note: Negative items load negatively

Cronbach's Alphas

Pennsylvania (N = 216):	.54
Vancouver (N = 60):	.52
Toronto '88 (N = 56):	.59
Toronto '89 (N = 54):	.68
Montreal (N = 49):	.55
Halifax (N = 47):	.56

CPR Scale A: Discourages Emotional Expression  
(7 items)

- 11. I feel a child should be given comfort and understanding when s/he is scared or upset.
- 31. I do not allow my child to get angry with me.
- 27. I do not allow my child to say bad things about his/her teachers.
- 53. I encourage my child to talk about his/her troubles.
- 55. I teach my child to keep control of his/her feelings at all times.
- 81. I think jealousy and quarrelling between brothers and sisters should be punished.
- 82. I think children must learn early not to cry.

Note: Negative items load negatively

Cronbach's Alphas

Pennsylvania (N = 216):	.55
Vancouver (N = 60):	.51
Montreal (N = 49):	.62
Halifax (N = 47):	.52 (item 11 deleted)
Manuela (N = 54):	.71

Scales from Roberts & Strayer, 1987. (Negative items are reflected).

#### Mothers

*Strict:* Items +29 +43 + 15 - 25 -36

*Warm:* Items +1 + 18 + 22 + 34 + 42 - 5 - 69 - 70

*Encourage Emotional Expression:* Items 53 - 27 - 31 - 55

*Encourage Boldness:* Items +2 + 33 + 44 - 13 - 20 - 79

*Involved Parent:* Items +19 + 48 + 62 + 77 - 72

#### Fathers

*Punitive:* Items +29 + 43 + 58 + 60 + 64 - 25 - 38

*Playful, Warm:* Items +1 + 18 + 22 + 34 + 40 + 42 - 5 - 70

*Encourage Emotional Expression:* Items +40 - 27 - 31 - 55 - 81

*Encourage Maturity:* Items 41 + 44 + 67 + 75 - 13

*Enjoys Parenting:* Items +19 + 23 + 62 + 77 - 32 - 72