



INITIATION: **EFFECTIVE SERVING**



A strong serve sets the tone of the rally. From float serves to jump serves to sky-balls, each technique has its purpose.

The key is not only power but also accuracy and unpredictability.

When serving try to use different techniques and serve into different locations every time to keep the opponents guessing.

SERVING TECHNIQUES

- Float serve: The ball has no spin causing the ball to shake mid-air
- Topspin serve: snapping your wrist during contact so the ball spins down
- Jump serve: It is an updated premium version of Topspin serve
- Jump Float(hybrid): A sneaky way of doing float serve tricking the opponents

DEMONSTRATIONS OF ALLSERVES

