* I need to know what questions I should ask restaurants regarding my gluten-free meal options, as well as questions to help avoid cross-contamination
* I need to be able to easily access information about coeliac disease
* I need to be able to distinguish gluten free products in supermarkets from gluten products to find those products faster.
* I want to be able to assign my complaints to eaten product to see what I can really tolerate and what I can’t.
* I need a recreation of the experience of enjoying the food my friends eat because I wont be excluded and treated differently
* I need to feel like I am not the only one with my condition, because it gives me confidence and it encourages me to stick to my diet.