

Action Taken: Removed

Action Taken: Hidden

Action Taken: Warning Sent

ABCDEFGHIJKLMNPQRTUVWXYZabcdefghijklmnopqrstuvwxyz

ABCDEFGHIJKLMNPQRTUVWXYZabcdefghijklmnopqrstuvwxyz

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ABCDEFGHIJKLMNPQRTUVWXYZabcdefghijklmnopqrstuvwxyz

ABCDEFGHIJKLMNPQRTUVWXYZabcdefghijklmnopqrstuvwxyz

Secondary

● 20.68 AAA AAA
○ 1.02

Light
#fbfefc
rgb(251, 254, 252)

● 20.47 AAA AAA
○ 1.03

Light :hover
#f9fdfb
rgb(249, 253, 251)

● 20.03 AAA AAA
○ 1.05

Light :active
#f2fcf6
rgb(242, 252, 246)

● 17.84 AAA AAA
○ 1.18

Normal
#d4f4e2
rgb(212, 244, 226)

● 14.31 AAA AAA
○ 1.47

Normal :hover
#bfdccb
rgb(191, 220, 203)

● 11.18 AAA AAA
○ 1.88

Normal :active
#aac3b5
rgb(170, 195, 181)

● 9.83 AAA AAA
○ 2.14

Dark
#9fb7aa
rgb(159, 183, 170)

● 6.37 AAA AA
○ 3.30 AA

Dark :hover
#7f9288
rgb(127, 146, 136)

● 3.91 AA
○ 5.37 AAA AA

Dark :active
#5f6e66
rgb(95, 110, 102)

● 2.70
○ 7.77 AAA AAA

Darker
#4a554f
rgb(74, 85, 79)

Primary

● 18.95 AAA AAA
○ 1.11

Light
#edf4fc
rgb(237, 244, 252)

● 17.92 AAA AAA
○ 1.17

Light :hover
#e4eefb
rgb(228, 238, 251)

● 15.10 AAA AAA
○ 1.39

Light :active
#c7ddf6
rgb(199, 221, 246)

● 6.38 AAA AA
○ 3.29 AA

Normal
#4a90e2
rgb(74, 144, 226)

● 5.29 AAA AA
○ 3.97 AA

Normal :hover
#4382cb
rgb(67, 130, 203)

● 4.31 AA
○ 4.88 AAA AA

Normal :active
#3b73b5
rgb(59, 115, 181)

● 3.89 AA
○ 5.39 AAA AA

Dark
#386caa
rgb(56, 108, 170)

● 2.79
○ 7.52 AAA AAA

Dark :hover
#2c5688
rgb(44, 86, 136)

● 2.01
○ 10.43 AAA AAA

Dark :active
#214166
rgb(33, 65, 102)

● 1.61
○ 13.02 AAA AAA

Darker
#1a324f
rgb(26, 50, 79)

Accent

● 18.96 AAA AAA
○ 1.11

Light
#fff0ef
rgb(255, 240, 239)

● 18.06 AAA AAA
○ 1.16

Light :hover
#ffe9e7
rgb(255, 233, 231)

● 15.26 AAA AAA
○ 1.38

Light :active
#ffd1ce
rgb(255, 209, 206)

● 7.52 AAA AAA
○ 2.79

Normal
#ff6b60
rgb(255, 107, 96)

● 6.17 AAA AA
○ 3.40 AA

Normal :hover
#e66056
rgb(230, 96, 86)

● 5.01 AAA AA
○ 4.20 AA

Normal :active
#cc564d
rgb(204, 86, 77)

● 4.46 AA
○ 4.71 AAA AA

Dark
#bf5048
rgb(191, 80, 72)

● 3.15 AA
○ 6.67 AAA AA

Dark :hover
#99403a
rgb(153, 64, 58)

● 2.19
○ 9.60 AAA AAA

Dark :active
#73302b
rgb(115, 48, 43)

● 1.71
○ 12.26 AAA AAA

Darker
#592522
rgb(89, 37, 34)

Talk freely. Listen kindly. Grow together.

A safe, anonymous space for university students to share, vent, and support each other.

[Join Now](#)[Become a Listener](#)

How It Works



Post Anonymously

Share worries with your university email.



Peer Support

Receive advice or reply kindly.



Accountability Circles

Join private groups for goals check-ins.

Testimonials

"UniMind helped me process exam stress when I felt completely overwhelmed. The anonymous support made me feel less alone during finals week."

— Anonymous Student

"I love that I can share my struggles without judgment. The community here truly understands what it's like to be a student."

— Anonymous Student

Join UniMind

University email

Username

Password



I agree to the [Terms of Service](#) and [Privacy Policy](#)

Your university email is only for verification. All posts remain anonymous

Sign Up

Already have an account? [Login](#)

Welcome Back

Sign in to your UniMind account

Email/ Username

Password

[Forgot password?](#)

Log In

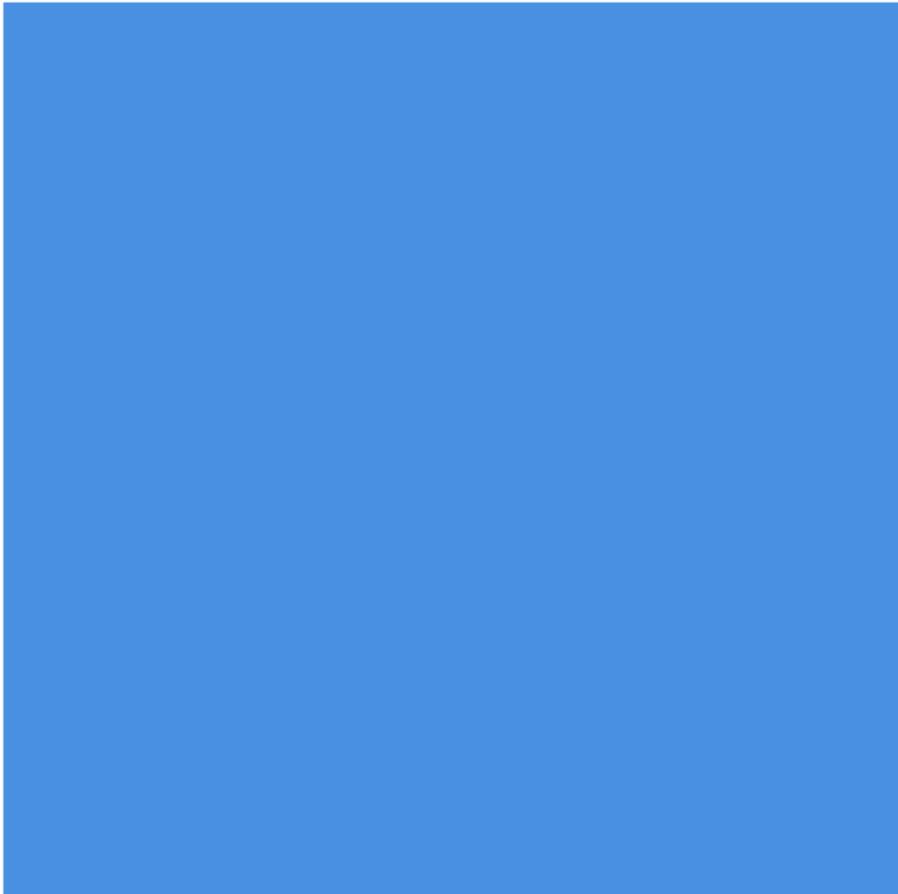
Don't have an account? [Sign Up](#)



Application Submitted

Thank you for applying to become a listener. We'll review your application and get back to you soon.

Processing your application ...



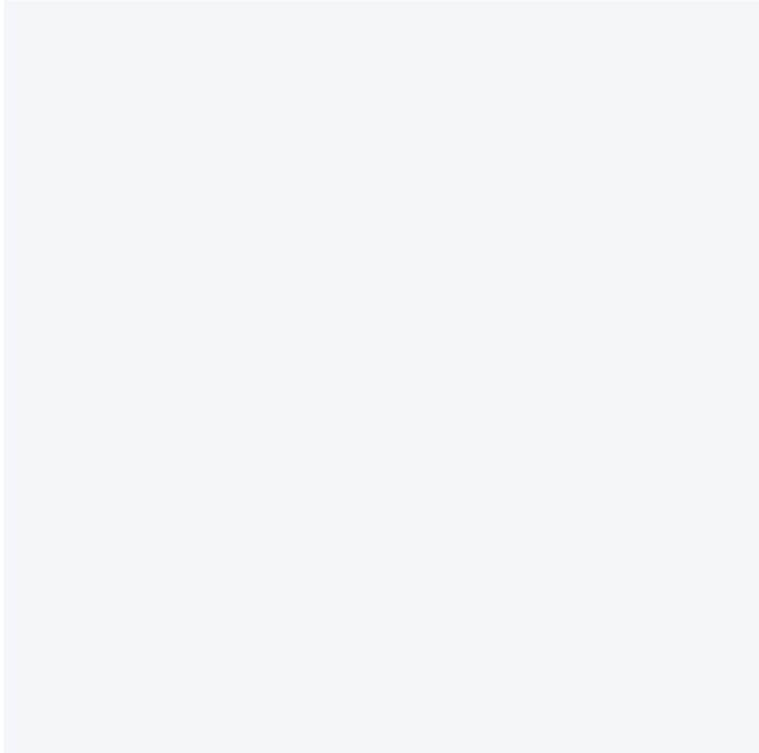
Havelock Blue

HEX #4a90e2



Granny Apple

HEX #d4f4e2



Catskill White

HEX #f5f7fa



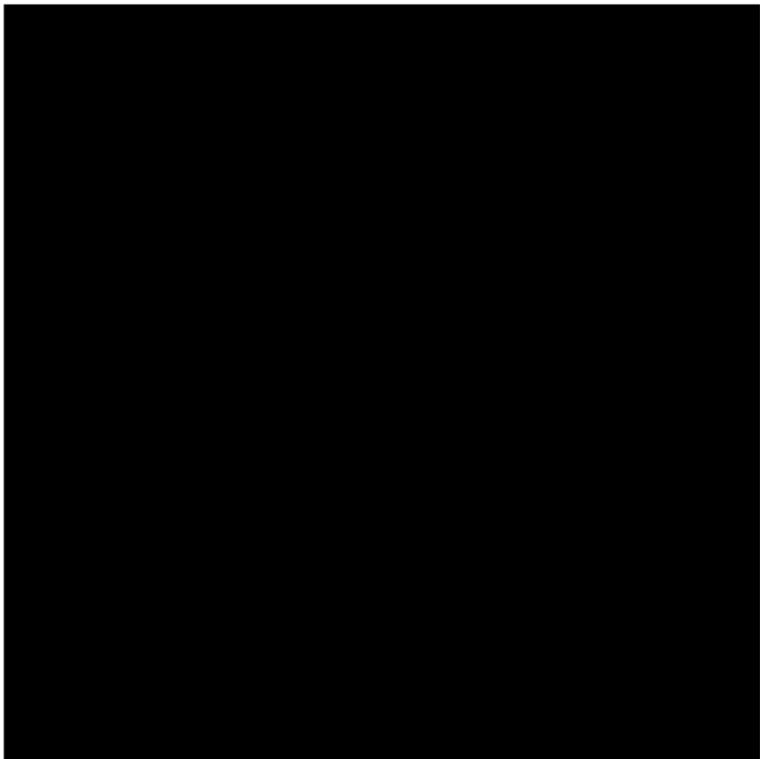
Mine Shaft

HEX #333333



Bittersweet

HEX #ff6b60



Black

HEX #000000

White

HEX #ffffff

Become A Listener

Offer anonymous support and earn badges, join our community of trained listeners who provide compassionate support to those in need.

Apply Now

What's on your mind?

Share your thoughts, concerns, or experiences. Remember, this is a safe space where you can be open about your feelings...

Add relevant tags

Type custom tags or select from suggestions below...

happy

tired

success

celebrate

tired

exam



Privacy & Safety

Your post will be completely anonymous. We never store personal information or IP addresses.
All posts are reviewed by our AI system for safety before going live.

Post

Primary

● 18.95 AAA AAA
○ 1.11

Light
#edf4fc
rgb(237, 244, 252)

● 17.92 AAA AAA
○ 1.17

Light :hover
#e4eefb
rgb(228, 238, 251)

● 15.10 AAA AAA
○ 1.39

Light :active
#c7ddf6
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● 6.38 AAA AA
○ 3.29 AA

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#4a90e2
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#386caa
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● 2.79
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Dark :hover
#2c5688
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Darker
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#aac3b5
rgb(170, 195, 181)

● 9.83 AAA AAA
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Dark
#9fb7aa
rgb(159, 183, 170)

● 6.37 AAA AA
○ 3.30 AA

Dark :hover
#7f9288
rgb(127, 146, 136)

● 3.91 AA
○ 5.37 AAA AA

Dark :active
#5f6e66
rgb(95, 110, 102)

● 2.70
○ 7.77 AAA AAA

Darker
#4a554f
rgb(74, 85, 79)

Background

● 20.83 AAA AAA
○ 1.01

Light
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● 20.82 AAA AAA
○ 1.01

Light :hover
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● 20.61 AAA AAA
○ 1.02

Light :active
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● 19.57 AAA AAA
○ 1.07

Normal
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● 15.61 AAA AAA
○ 1.35

Normal :hover
#dddee1
rgb(221, 222, 225)

● 12.26 AAA AAA
○ 1.71

Normal :active
#c4c6c8
rgb(196, 198, 200)

● 10.70 AAA AAA
○ 1.96

Dark
#b8b9bc
rgb(184, 185, 188)

● 6.92 AAA AA
○ 3.04

Dark :hover
#939496
rgb(147, 148, 150)

● 4.17 AA
○ 5.04 AAA AA

Dark :active
#6e6f70
rgb(110, 111, 112)

● 2.87
○ 7.32 AAA AAA

Darker
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rgb(86, 86, 88)

Text

● 17.62 AAA AAA
○ 1.19

Light
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rgb(235, 235, 235)

● 15.91 AAA AAA
○ 1.32

Light :hover
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● 11.54 AAA AAA
○ 1.82

Light :active
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○ 12.63 AAA AAA

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○ 13.58 AAA AAA

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○ 14.55 AAA AAA

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● 1.39
○ 15.13 AAA AAA

Dark
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rgb(38, 38, 38)

● 1.27
○ 16.48 AAA AAA

Dark :hover
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rgb(31, 31, 31)

● 1.17
○ 17.93 AAA AAA

Dark :active
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● 1.12
○ 18.73 AAA AAA

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rgb(18, 18, 18)

Accent

● 18.96 AAA AAA
○ 1.11

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● 18.06 AAA AAA
○ 1.16

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● 3.15 AA
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○ 9.60 AAA AAA

Dark :active
#73302b
rgb(115, 48, 43)

● 1.71
○ 12.26 AAA AAA

Darker
#592522
rgb(89, 37, 34)

Email Sent



Check your email for a verification link.

[Resend Email](#)

[Back](#)

Listener Application

X

Why do you want to help?

Share your motivation for becoming a listener ...

200 words maximum

0/200 words

Knowledge Quiz

1. What is active listening?

- Giving advice immediately
- Fully concentrating and understanding what someone is saying
- Interrupting to share your own experience
- Waiting for your turn to speak

2. How should you respond to someone sharing their problems?

- Tell them what to do
- Share a similar experience you had
- Listen without judgment and acknowledge their feelings
- Change the subject to something positive

3. What should you do if someone mentions self-harm?

- Ignore it and continue the conversation
- Tell them they're being dramatic
- Immediately refer them to professional help
- Give them medical advice

4. Which response shows empathy?

- That's not a big deal
- I understand this must be really difficult for you
- You should just get over it
- Everyone goes through this

5. What's the most important quality of a good listener?

- Having all the answers
- Being able to solve problems quickly
- Creating a safe, non-judgmental space
- Sharing personal stories

Cancel

Submit Application

Join Your Circle

Connect with like-minded people, share your journey, and achieve your goals together in private accountability groups

[+ Create New Circle](#)

Your Active Circles

Stay connected with your accountability partners



Morning Fitness Warriors

Dedicated to maintaining daily morning workout routines and healthy lifestyle habits.

 12 members  2 hours ago

[Enter Circle](#)



Reading Challenge 2025

Committed to reading 52 books this year one book per week with weekly discussions.

 15 members  2 hours ago

[Enter Circle](#)



Mindful Meditation

Daily meditation practice group focusing on mindfulness and stress reduction techniques

 8 members  1 day ago

[Enter Circle](#)

Discover New Circles

Find your community that match your interest and goals



Creative Writing Circle

Weekly writing challenges and peer feedback for aspiring authors.

 32 members [Join Circle](#)



Career Growth Network

Professional development and career advancement support community,

 43 members [Join Circle](#)



Healthy Cooking Group

Share recipes, meal prep tips, and nutrition accountability.

 20 members [Join Circle](#)

[Load More Circles](#)

Listener Dashboard

Welcome back! Here's your impact summary and pending tasks.

Your Status

8

Your Replies

24

Positive Reactions

Moderation Queue

post

2 hours ago

This post contains inappropriate language and needs review.

Reason: Inappropriate content

Hide**Remove****Warn User****reply**

4 hours ago

This reply seems to be spam or promotional content.

Reason: Spam

Hide**Remove****Warn User****post**

6 hours ago

User reported this post for harassment.

Reason: Harassment

Hide**Remove****Warn User**

Your Badges



8 Replies



Helper

8

Active Listeners



Community Support

Training Resources

▶ Empathy and Communication

▶ Mental Health First Aid

▶ Active Listening Techniques

Morning Fitness Warriors

Dedicated to maintaining daily morning workout routines, practicing mindful nutrition, prioritizing adequate sleep, and fostering mental well-being through consistent habits and positive lifestyle choices. Committed to long-term fitness goals, personal growth, and creating a balanced, energized start to each day.

 12 members

 Private Circle

 Created 3 weeks ago

 Anonymous Student • 2 minutes ago

"I'm not the fastest, the strongest, or the most confident. But I show up every morning. That's how I win—one rep, one step, one choice at a time." #MorningMotivation #DisciplineOverComfort

11 Replies

  Anonymous Student • 12 minutes ago

"Waking up early to train isn't easy. But neither is staying stuck in who I used to be. This is for the person I'm becoming." #FitnessMindset #GrowthInProgress

7 Replies

 Anonymous Student • 50 minutes ago

People ask me why I wake up so early just to sweat before class. The truth? It's not about the workout—it's about who I become through it. Every morning I train, I'm choosing discipline over comfort, focus over distraction, and growth over excuses. I'm not a professional athlete. I don't always feel motivated. I have exams, late nights, stress, and doubts like everyone else. But I made a promise to myself: to show up anyway. This routine gives me more than just strength—it gives me clarity. It's a space where I can push myself, reset, and remind myself of my goals before the world even starts moving [see more...](#)

5 Replies

 Anonymous Student • 2 minutes ago

"I'm not just working out. I'm building discipline, peace of mind, and a better version of me—before class even starts." #StudentLife #HealthyHabits #EarlyGrind

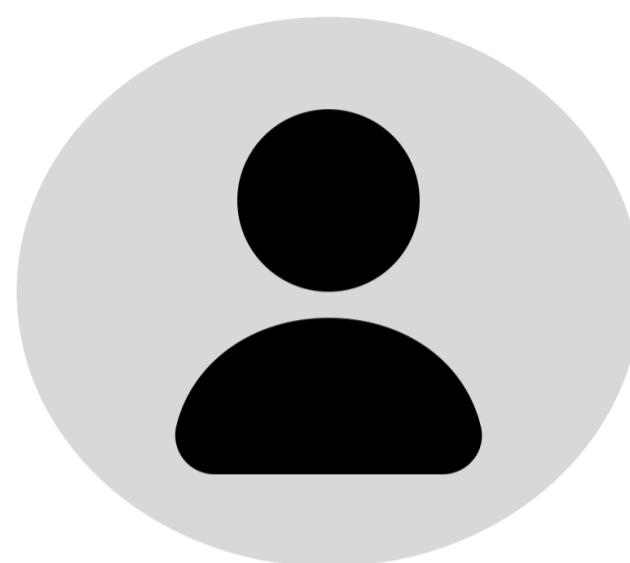
11 Replies

Circle Members

	Member 1		Active
	Member 2		Active
	Member 3		Active
	Member 4		Active
	Member 5		Away



Edit Profile



Anonymous ID: StarGazer123

Join Date: Joined: Jul 2025

Badges



Personal Information

Password



Email



Bio

Just here to listen 🌱

Notifications

Replies



Mentions



Circle Post



Hide bio



Opt out of analytics



Screen-reader mode



Download Data

Delete Account

Our Rules

Be kind and respectful at all times.

No harassment, hate speech, or discriminatory content.

Do not share personal or identifying information.

Refrain from spamming or self-promotion.

Avoid giving harmful advice; this is a support platform, not professional therapy.

Report harmful or inappropriate content.

Listeners must maintain confidentiality and act responsibly.

Report Issue

← Back to Feed

Mental Health Resources

If you're in crisis or need professional help, please reach out to the organizations below.

 PMHA
pmha.org.ph

Crisis Hotline
1553

MentalHealthPH
mentalhealthph.org

Befrienders
befrienders.org

7 Cups
7cups.com

← Back to Feed

Create New Circle

Circle Name *

Description *

Describe the purpose and goals of your circle

Invite Members (Optional)

You can invite members later from the circle settings

Cancel

Create Circle

8

Your Replies

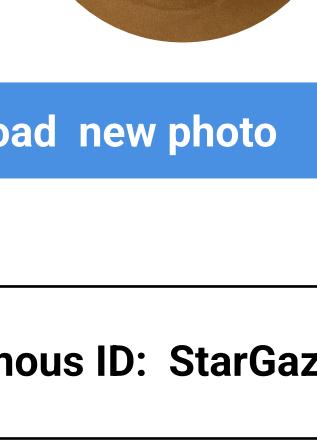
24

Positive Reactions

UniMind

三

Edit Profile

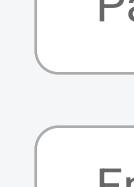


Upload new photo

Anonymous ID: StarGazer123

Join Date: Joined: Jul 2025

Badges



Personal Information



Password



Email



Circle Created Successfully

Your new accountability circle has been created and is ready for members