

Center for the Victims of Torture

Torture, Former Combatants, Political Prisoners, Terror Suspects, & Terrorists

<https://www.cvt.org/what-we-do/survivor-stories/marina%E2%80%99s-story>

Campaign and Advocacy

They listened to me like a second mother.

Because of events in Syria, we were deported. We lost loved ones I lost three brothers. It was complete destruction. When we got to Jordan, I felt very bad. I stayed in bed, angry, sad and crying. I was isolated from everyone. A friend told me about CVT she knew that after my brothers died, I was very down, very low. She said Why not give it a try? Its a good place.

So I came to CVT and I saw the care. I saw the respect they gave. I saw how much they cared for me. I loved the women in my group. They treated me well, and I was able to meet new people.

Its amazing to feel good.

CVT took the negativity out of my head. Psychosocial support and physiotherapy made me feel better on the inside. Now I feel worthy in society and that there are people who care about me and about my comfort. They listened to me like a second mother.

I was counting the hours and minutes until my next session started. I wanted the sessions to go on forever. Then I advised my two children to come. They were 10 and 12 years old and were afraid of appearing like beggars coming here. But I said its not financial support I told them theyll feel better.

They felt happy since the first time they came to CVT. They felt safe here. We were all sad, in pain. Before coming to CVT, they were isolated and had a lot of negativity. They didnt want to make friends. But they came here and saw people who cared. Psychosocial care and physiotherapy for my children was very effective. They became comfortable. They were able to speak and empty their hearts. Since CVT they have confidence.

The counselors told my children: You are a human being, you have to live. You have a future.

At CVT I saw there are people who care about me more than I was used to. More than my mother, husband, children. Today I am more confident. I feel Im not alone, and my problems are not as bad as others. I was introduced to a huge community all because of CVT I only met them here.

I have all respect for CVT they know how to hand-pick employees. And I want to say thank you to the donors of CVT. For refugees, support is not only financial the psychological support is more important.

Name and some details have been changed for safety and to protect confidentiality.

Photo credit: Dreamstime

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We **heal victims** of torture through unique services and professional care worldwide.

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We **strengthen partners** who heal torture survivors and work to prevent torture.

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We **advocate** for the protection & care of torture survivors and an end to torture.

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