### **Center for Constitutional Rights**

# Discrimination, Detention, and Deportation: Immigration & Refugees

## https://ccrjustice.org/home/press-center/ccr-news/human-rights-day-act-cries-detained-immigrants-dignity-and-justice

### **Public Facing Advocacy Writing**

...Extended solitary confinement can and does lead to prolonged and sometimes permanent negative socio-psychological and physical effects. In a <u>recent study</u> on the mental health consequences of solitary confinement, the Center for Constitutional Rights and Stanford University's Mental Health Lab concluded that solitary confinement leads many to develop mood symptoms consistent with major depressive disorder and social estrangement. Juan Mendz, former Special Rapporteur on Torture and Other Cruel, Inhuman, or Degrading Treatment for the United Nations Human Rights Council, likened periods of solitary confinement beyond 15 days to torture and noted that where "the prison regime of solitary confinement fail[s] to respect the inherent dignity of the human person and cause[s] severe mental and physical pain or suffering, it amounts to cruel, inhuman or degrading treatment or punishment." Despite international guidelines and ICE's own detention standards that prohibit the regular and punitive use of solitary confinement, particularly for extended periods of time, solitary confinement continues unabated within Stewart and Irwin, and in immigrant detention centers and nationally. ...

#### Read the full piece here.

Please contact us for general press inquiries, or to set up interviews.

We can connect you with just the right person at CCR for the story youre working on.

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