

# **Vera Institute of Justice**

## **Criminal Justice Issues and Prisoners' Rights**

**<https://www.vera.org/publications/adolescent-portable-therapy-a-practical-guide-for-service-providers>**

## **Campaign and Advocacy**

### Publication

Home-based treatment that combines family therapy and individual treatment to reduce adolescent drug use and address mental health problems and behavioral issues is now widely recognized as best practice. Vera's Adolescent Portable Therapy (APT) program weaves these elements into a coherent treatment model that can be practiced consistently. APT's treatment manual gives service providers and program planners a theoretical framework and procedures, techniques and case examples that will enable them to implement the APT model easily and effectively.

Transformative change, sent to your inbox.

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