

The Sentencing Project

Criminal Justice Issues and Prisoners' Rights

<https://www.sentencingproject.org/publications/u-s-prison-decline-insufficient-undo-mass-incarceration/>

Campaign and Advocacy

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This analysis is based on the most recent data from the Bureau of Justice Statistics on people serving sentences greater than one year. Since the coronavirus pandemic in 2020, a number of states and the federal system have made additional, albeit modest, reductions in their prison populations. This analysis underscores the need to address excessively high levels of imprisonment amidst a public health crisis.

All but six states have reduced their prison populations since reaching their peak levels. For twenty-five states, the reduction in imprisonment levels was less than 10%. The federal prison population was downsized by 17% relative to its peak level in 2011.¹⁾ This figure is based on the number of people serving sentences longer than one year. The Bureau of Prisons [reports](#) that the total population under its jurisdiction decreased by 22% between peak year 2013 and April 30, 2020.

Seven states lead the nation, having decarcerated by over 30% since reaching their peak imprisonment levels: New Jersey, Alaska, Connecticut, New York, Alabama, Rhode Island, and Vermont.²⁾ Alaska and Alabama are poised to reverse some of this progress. Prompted by its governor, in 2019 Alaska's state legislature repealed several aspects of a major criminal justice overhaul, Senate Bill 91. Alabama's prison population increased by 6% between [September 2018](#) and [January 2020](#), and recent changes in the states' parole policies and practices are poised to further undo the states' decarceration.

These prison population reductions are the result of a mix of changes in [policy and practice](#) designed to reduce prison admissions and lengths of stay. But six states had their highest ever prison populations in 2018: Wyoming, Nebraska, Iowa, Wisconsin, Kansas, and Oregon.

Although 44 states and the federal system have reduced their prison populations since reaching peak levels, the pace of reform has been slow to reverse nearly four decades of aggressive annual imprisonment growth. At the pace of decarceration since 2009, averaging 1% annually, it will take 65 years until 2085 to cut the U.S. prison population in half. Clearly, waiting over six decades to substantively alter a system that is out of step with [the world](#) and is [racially biased](#) is unacceptable.

Source of historical figures: Bureau of Justice Statistics (1982) Prisoners 1925-81; Bureau of Justice Statistics Corrections Statistical Analysis Tool; Carson, E. A. (2020). Prisoners in 2018. Bureau of Justice Statistics. Available at: <https://www.bjs.gov/content/pub/pdf/p18.pdf>

The United States has made only modest progress in ending mass incarceration despite a dramatic decline in crime rates. Reported crime rates have plummeted to half of their 1990s levels as they have in many other countries that did not increase imprisonment levels.³⁾ Federal Bureau of Investigation Uniform Crime Reporting Program. Doob, A., & Webster, C. (2006). Countering punitiveness: Understanding stability in Canada's imprisonment. *Law & Society Review*, 40(2), 325-367; Tseloni, A., Mailley, J., & Garrell, G. (2010). Exploring the international decline in crime rates. *European Journal of Criminology*, 7(5), 375-394

Expediting the end of mass incarceration will require accelerating the end of the Drug War and scaling back sentences for all crimes, including violent offenses for which half of people in prison are serving time.⁴⁾ Carson, E. A. (2020). Prisoners in 2018. Bureau of Justice Statistics. Available at: <https://www.bjs.gov/content/pub/pdf/p18.pdf>

Past reforms have helped to reduce the number of people imprisoned for a drug offense by 29% between peak year 2007 and 2017. The number of people imprisoned for a property offense has declined by 18% between peak year 2007 and 2017. But for the half of the prison population imprisoned for a violent crime which ranges from certain burglaries, robbery, and assault to rape and murder [reforms remain the exception](#). Overall, the number of people imprisoned for a violent offense has only declined by 2% between peak year 2009

and 2017, despite substantial declines in violence since the mid-1990s.

The reluctance to scale back excessive sentences for this population is at [odds with evidence](#) that long sentences incapacitate older people who pose little public safety threat, produce limited deterrent effect, and detract from more effective investments in public safety. Expediting the end of mass incarceration will require making a meaningful dent into the number of people imprisoned for violence as well as intensifying sentencing reforms for non-violent crimes.

Footnotes[+]

Latinx men born in 2001 can expect to go to prison in their lifetime

Incarceration

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