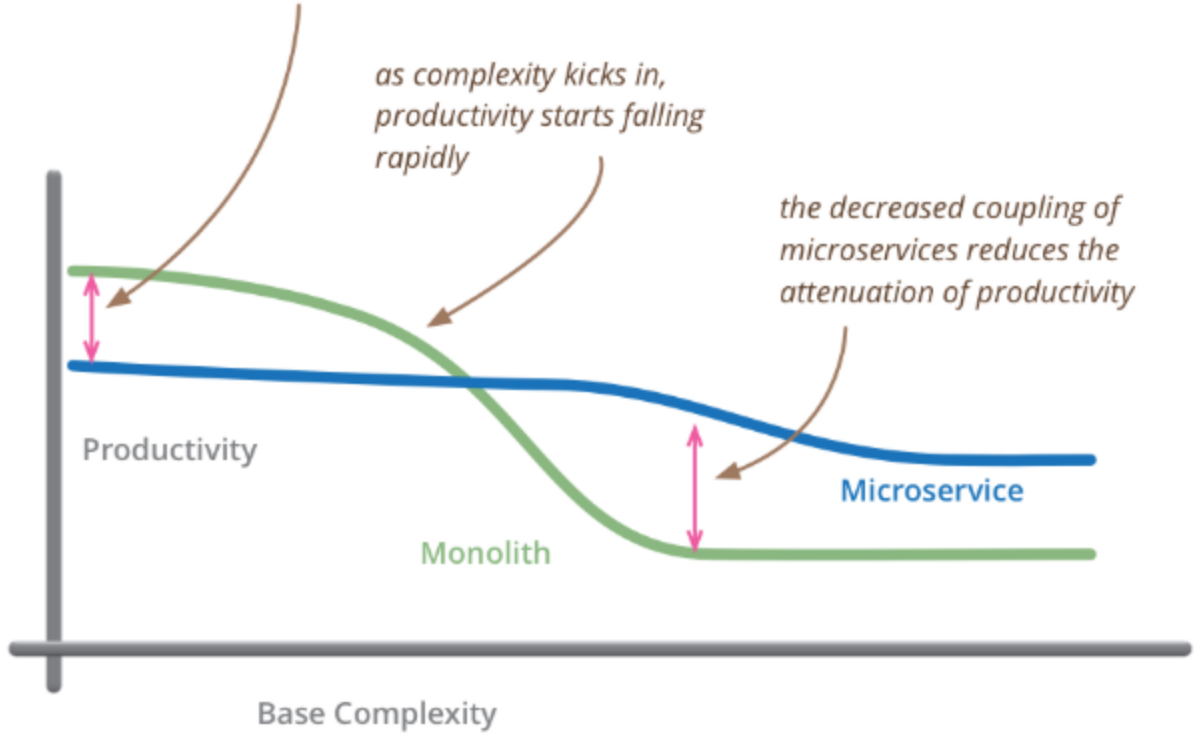for less-complex systems, the extra baggage required to manage microservices reduces productivity

as complexity kicks in, productivity starts falling rapidly

the decreased coupling of microservices reduces the attenuation of productivity

Productivity

Microservice

Monolith

Base Complexity

but remember the skill of the team will outweigh any monolith/microservice choice