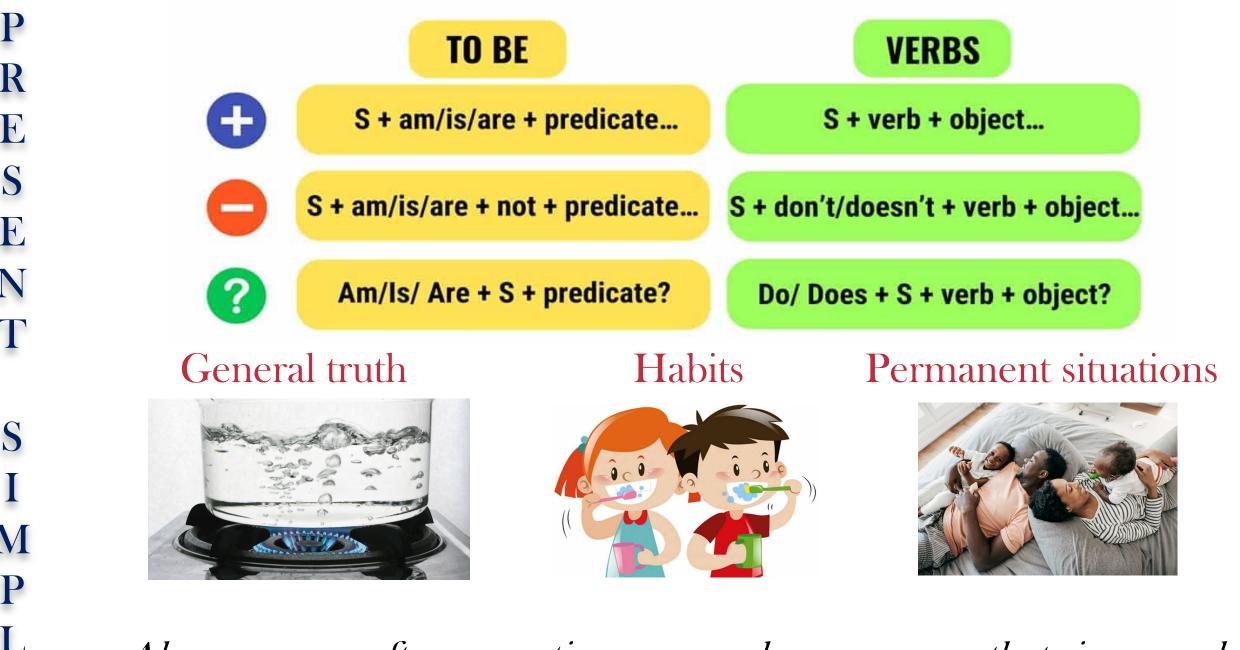
PRESENT SIMPLE PRESENT CONTINUOUS



Always, never, often, sometimes, every day, once a moth, twice a week





S + am/is/are + V-ing +....

He is playing.

S + am/is/are (not) + V-ing +....

He isn't playing.

Am/is/are + S + V-ing +...?

Is he playing?

Actions in progress now



Actions in progress around now



We are watching TV.

I'm staying with my friends this week.

Now, at the moment, these days, this week, this month...

/mal.ti'tæs.kin/

Multi-tasking (a) a person's ability to do more than one thing at a time

• Women are often very good at multitasking.



Myth (n) $/mi\theta/$

something that many people believe but that does not exist or is false

- It's a complete myth that eating carrots helps you to see in the dark.



/ig'zist/

Exist (v) to be, or to be real

I don't think ghosts exist.



Switch (v) /switʃ/

to change or make something change from one thing to another

• She started studying English, but decided to switch to History in her second year.



Inefficient (a) / ini fi int/ not using time, money, energy etc in the best way

>< Efficient

Existing methods of production are expensive and inefficient.

