

# UNIT 5

Calm

Punctual

Lively

Confident

Reliable

Serious

Friendly

Independent

Creative

calm

Not stressed, angry, or nervous



confident

Believe you can do things well



friendly

Get along well with people



lively

Full of energy



independent

Can do things by yourself



punctual

Always on time, never late



reliable

Always does things well, you can trust a person like this



creative

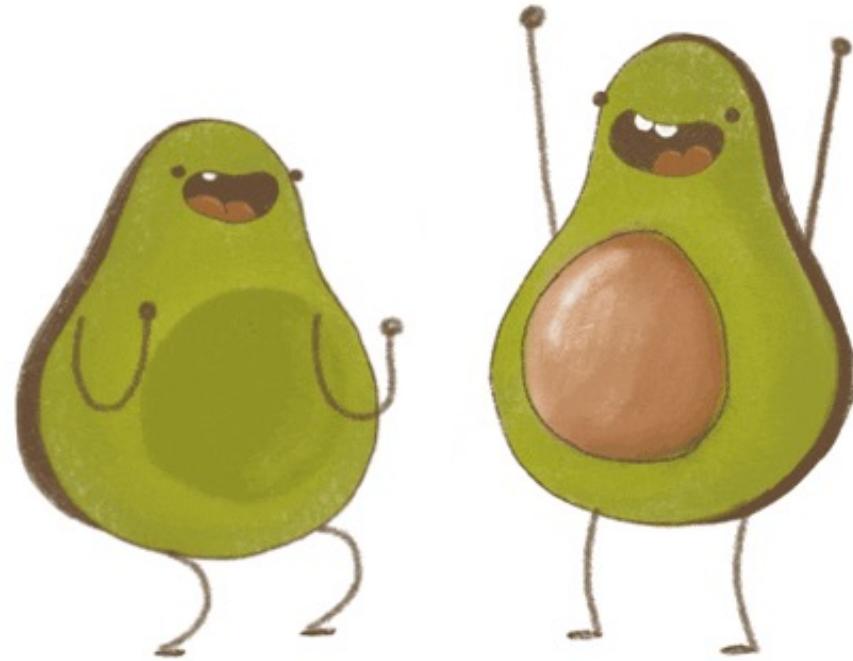
Imaginative, has new ideas

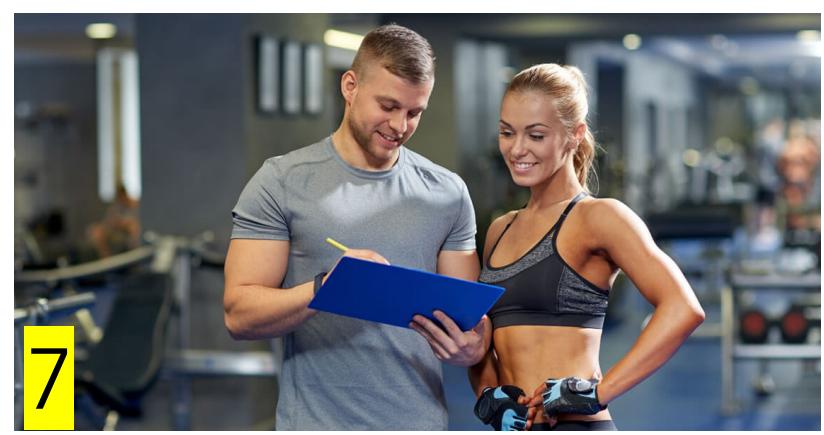
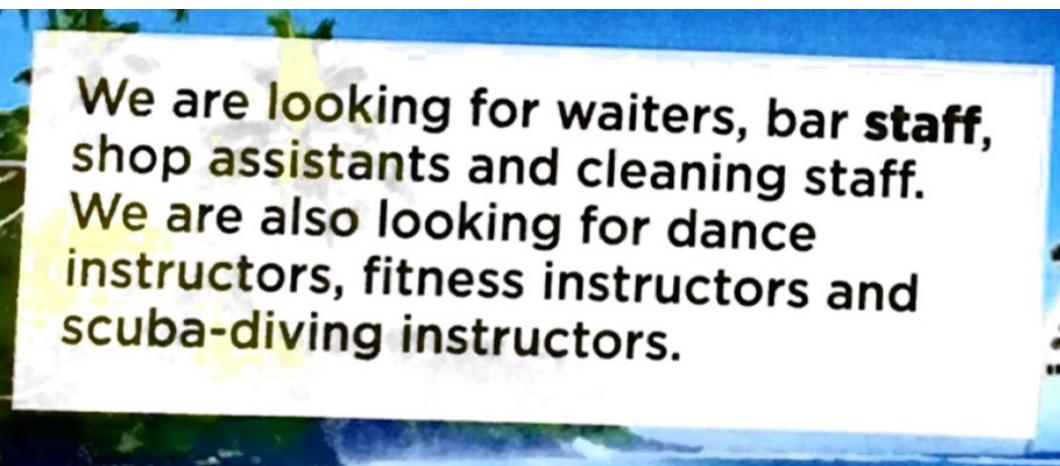


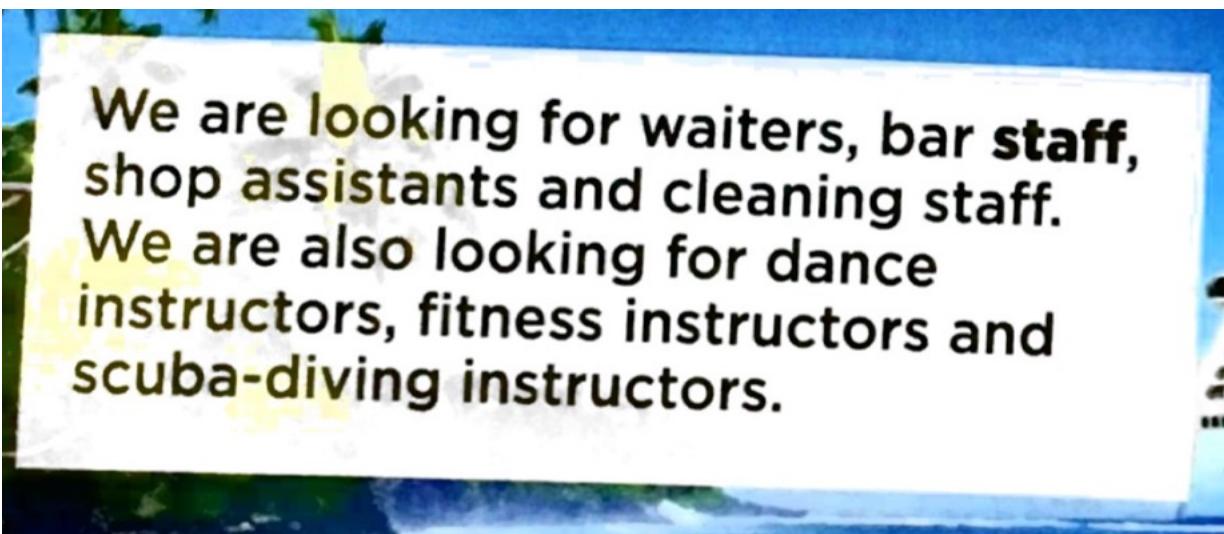
serious

quiet, thinks carefully about things, and does not laugh a lot









### A scuba-diving instructors

Must have:

- Instructor's certificate
- First aid certificate
- Must speak fluent English

### B dance instructors

Couple preferred

Must be good at all  
dance styles from  
waltz to rock 'n roll  
Fluent English  
necessary

### C fitness instructors

Personal trainer  
certificate essential  
Yoga or Pilates  
certificate useful  
Minimum 6 months'  
experience necessary  
Fluent English  
essential

people      in a team

work for long hours

medicine

confident

French and English

listening

## My skills and abilities

I am confident and friendly.

I have a degree in medicine

I am good with people

I have experience working in in a team

I am fluent in French and English

I can work for long hours

### Be ...

confident, friendly, independent, lively, serious ...  
good with people / children / animals ...  
good at technology / solving problems / ...

### Have ...

a lot of experience / ideas ...  
a degree in law / physics ...  
a certificate in Zumba / first aid ...  
experience of working in a team / on your own ...  
the ability to work long hours / think quickly  
fluent Russian / Finnish

# TRAVELING

check in    check out    weigh    pack  
unpack    travel

1. I've packed my suitcase, but I think it's too heavy. It can't weigh over 20 kilos (or about 45 pounds).

2. You have to show your passport or driver's license when you check in for your flight.

3. I like to unpack my suitcase as soon as I arrive at the hotel.

4. We usually drive to Mexico, but this time we  
are travelling by plane.

5. Don't forget to get your passport from the receptionist when you check out of the hotel.

# TRAVEL ITEMS

# SLEEPING BAG



# SUITCASE



# BACKPACK



# MONEYBELT



# NECK PILLOW



# SHAMPOO



# FIRST AID KIT



# PASSPORT

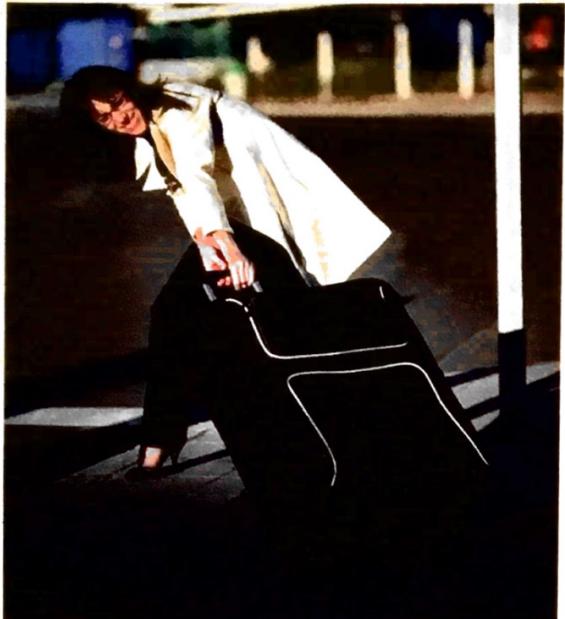


# SUNSCREEN



**Complete the sentences with Cheryl, Arun or Cheryl and Arun.**

## Lesson 2 It might rain.



# Travelling light

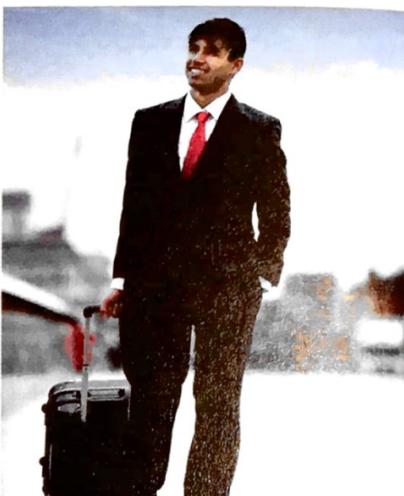
What kind of traveller are you?  
Do you travel with lots of stuff  
or do you **travel light?**

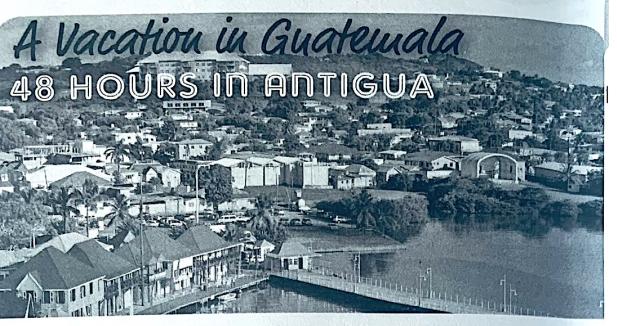
Do I travel light? No way! I go on holiday with lots of things. I like to have everything with me – just in case. You never know what might happen. I take several changes of clothes because you can never trust the weather 100%, even in Morocco. It will probably be hot but it might rain too. You can't be sure. And it may be cold in the evenings.

I always pack lots of books because I can never decide what to read in advance. And I usually take an iron and a hairdryer if I can fit them in. It's a pain to pull my big case all the way to the airport but at least it has wheels.

I may sometimes have to pay a lot to check it in. But it's worth it. **Cheryl**

Do I travel light? Absolutely! In fact, I never check in a bag these days when I go on a trip – I always take it on the plane with me as hand luggage and save time at both ends. I often save money too. You have to be careful though. The maximum size and weight is different for different airlines and if you get it wrong, they will probably charge you. You must put your wash things in a clear plastic bag too, with no bottles more than 100ml. And you mustn't put in any sharp objects like penknives or scissors (or even a corkscrew!). Reading material? I don't need books. I have loads of books on my tablet. **Arun**





## A Vacation in Guatemala

### 48 HOURS IN ANTIGUA

Antigua is a Spanish colonial town in Guatemala. In 2009, readers of *Wanderlust* magazine chose Antigua as the most beautiful city in the world. There are three volcanoes around the town, and the *Volcan de Fuego* (Volcano of Fire) is still active. You might see some small clouds of smoke above it if you ever go there.

The climate in Antigua is warm; however, it is 1,524 meters (or 5,000 feet) above sea level, so it gets cold in the afternoons – you may need to bring a warm sweater with you.

#### Day 1

In the morning, there's a walking tour around the town with a guide. You will see Antigua's colorful colonial houses, plus its cathedral.

After lunch, we will walk to the local market to buy souvenirs. It's very lively and colorful, but you may need to ask the guide for some help with the prices!

In the evening, there may be some local dances or festivals to go to, which we can organize for you.

#### Day 2

In the morning, there is a visit to a local coffee farm.

In the afternoon, there are two options: we might walk up to Cerro La Cruz, which has great views of the city and the volcanoes, or we might join up with another tour and climb one of the volcanoes!

It is a two or three-hour climb up *Fuego*, and the scenery is amazing. Both the trees and the ground are black and, as you climb, you may be able to hear the volcano rumbling.

We are looking forward to seeing you on our Guatemalan tour!