

Thinks ...

don't share sensitive information without conset

> make sure consent isvaild

if you're unsure don't post

manage privacy settings

be aware others can share your posts

understand your impact

**U.Dharani** create a social media post

experienced colleagues your

ontect the HCBC for help and advice

speak to

check in with professional body or union

be professional

think before you post

to he ovr post

Feels