

INTERNATIONAL COUNCIL FOR HARMONISATION OF TECHNICAL REQUIREMENTS FOR PHARMACEUTICALS FOR HUMAN USE

ICH HARMONISED GUIDELINE

GENERAL CONSIDERATIONS FOR CLINICAL STUDIES

E8(R1)

Draft version
Endorsed on 8 May 2019

Currently under public consultation

At Step 2 of the ICH Process, a consensus draft text or guideline, agreed by the appropriate ICH Expert Working Group, is transmitted by the ICH Assembly to the regulatory authorities of the ICH regions for internal and external consultation, according to national or regional procedures

E8(R1)

Document History

Code	History	Date
E8(R1)	Endorsement by the Members of the ICH Assembly under <i>Step 2</i> and release for public consultation (document dated 25 March 2019).	8 May 2019

Legal notice: This document is protected by copyright and may, with the exception of the ICH logo, be used, reproduced, incorporated into other works, adapted, modified, translated or distributed under a public license provided that ICH's copyright in the document is acknowledged at all times. In case of any adaption, modification or translation of the document, reasonable steps must be taken to clearly label, demarcate or otherwise identify that changes were made to or based on the original document. Any impression that the adaption, modification or translation of the original document is endorsed or sponsored by the ICH must be avoided.

The document is provided "as is" without warranty of any kind. In no event shall the ICH or the authors of the original document be liable for any claim, damages or other liability arising from the use of the document.

The above-mentioned permissions do not apply to content supplied by third parties. Therefore, for documents where the copyright vests in a third party, permission for reproduction must be obtained from this copyright holder.

ICH HARMONISED GUIDELINE

GENERAL CONSIDERATIONS FOR CLINICAL STUDIES

E8(R1)

TABLE OF CONTENTS

1	OB	JE(CTIVES OF THIS DOCUMENT	1
2	GE	ENE!	RAL PRINCIPLES	2
	2.1	Pro	otection of Clinical Study Subjects	2
	2.2	Sci	entific Approach in Clinical Study Design, Conduct, and Analysis	2
	2.3	Pat	tient Input into Study Design	3
3	DE	SIG	NING QUALITY INTO CLINICAL STUDIES	4
	3.1	Qu	ality by Design of Clinical Studies	4
	3.2	Cri	tical to Quality Factors	5
	3.3	Ap	proach to Identifying the Critical to Quality Factors	6
	3.3	3.1	Establishing a Culture that Supports Open Dialogue	6
	3.3	3.2	Focusing on Activities Essential to the Study	7
	3.3	3.3	Engaging Stakeholders in Study Design	7
	3.3	3.4	Reviewing Critical to Quality Factors	8
4	DR	RUG	DEVELOPMENT PLANNING	8
	4.1	No	n-Clinical Studies	9
	4.2	Qu	ality and Formulations of Investigational Medicinal Products	10
	4.3	Cli	nical Studies	10
	4.3	3.1	Human Pharmacology (usually referred to as Phase 1)	11

	4.3.2	Exploratory and Confirmatory Studies (usually referred to as Phase 2 or Phase 12	se 3)
	4.3.3	Post Approval Studies (usually referred to as Phase 4)	13
	4.3.4	Additional Development	13
	4.3.5	Consideration in Special Populations	14
	4.4 Fea	asibility	15
5	DESIG	N ELEMENTS FOR CLINICAL STUDIES	16
	5.1 Stu	ıdy Design	16
	5.1.1	Study Population	16
	5.1.2	Intervention	17
	5.1.3	Control Group	18
	5.1.4	Response Variables	19
	5.1.5	Methods to Reduce or Assess Bias	20
	5.1.6	Statistical Analysis	21
	5.2 Stu	ıdy Data	22
6	COND	UCT AND REPORTING	24
	6.1 Stu	dy Conduct	24
	6.1.1	Protocol Adherence	24
	6.1.2	Training	24
	6.1.3	Data Management	24
	6.1.4	Access to Interim Data	25
	6.2 Sul	bject Safety	25
	6.2.1	Safety Monitoring	25
	6.2.2	Withdrawal Criteria	25
	6.2.3	Data Monitoring Committee	25
	6.3 Stu	dy Reporting	26
_	CONST		1 4

ANNEX 1: TYPES OF STUDIES	29
ANNEX 2: ICH E FAMILY OF GUIDELINES	31
ANNEX 3: SELECTED EXAMPLES OF CRITICAL TO OUALITY FA	CTORS32

General Considerations for Clinical Studies

1 OBJECTIVES OF THIS DOCUMENT

1

2

12

13

14

15

16

17

18

19

- 3 Clinical studies of medical interventions are conducted to provide information that can
- 4 ultimately improve access to safe and effective drugs with meaningful impact on patients, while
- 5 protecting those participating in the studies. This document focuses on designing quality into
- 6 clinical studies, considering the diversity of clinical study designs and data sources used to
- 7 support regulatory and other health policy decisions.
- 8 The ICH document "General Considerations for Clinical Studies" is intended to:
- 9 1. Describe internationally accepted principles and practices in the design and conduct of 10 clinical studies that will facilitate acceptance of data and results by regulatory 11 authorities
 - Provide guidance on the consideration of quality in the design and conduct of clinical studies across the product lifecycle, including the identification during study planning of factors that are critical to the quality of the study, and the management of risks to those factors during study conduct
 - 3. Provide an overview of the types of clinical studies performed during the product lifecycle, and describe the aspects of those studies that support the determination of which quality factors are critical to ensuring the protection of study subjects, the integrity of the data, the reliability of results, and the ability of the studies to meet their objectives
- 4. Provide a guide to the ICH efficacy documents to facilitate user's access (Annex 2 and 3)
- General principles of clinical study design are described in Section 2 of this document, followed by a discussion of designing quality into clinical studies in Section 3. A broad overview of planning a clinical development programme, the types of studies and study objectives that are important at different points in the programme, and issues of study feasibility from the perspective of sponsors, investigators, regulatory authorities, and patients are

- 28 provided in Section 4. In Section 5, the elements composing study design are described. Section
- 29 6 describes study conduct, ensuring the safety of human subjects, and study reporting. A
- 30 general discussion of identifying critical to quality factors for a study is provided in Section 7.
- For the purposes of this document, a clinical study is meant to refer to a study of a medicinal
- product in humans, conducted at any point in a product's lifecycle. The term "drug" should be
- considered synonymous with "medicinal product," including vaccines and biological products.
- 34 The term "drug approval" refers to obtaining marketing authorization for the drug.

2 GENERAL PRINCIPLES

35

36 **2.1 Protection of Clinical Study Subjects**

- 37 Important principles of ethical conduct of clinical studies and the protection of subjects,
- 38 including special populations, are stated in other ICH guidelines (ICH E6 Good Clinical
- 39 Practice, ICH E7 Clinical Trials in Geriatric Populations, ICH E11 Clinical Trials in the
- 40 Pediatric Population, and ICH E18 Genomic Sampling).
- 41 These principles have their origins in the Declaration of Helsinki and should be observed in
- 42 the conduct of all human clinical investigations. The investigator and sponsor share
- 43 responsibility for the protection of study subjects together with the Institutional Review
- 44 Board/Independent Ethics Committee.
- 45 The confidentiality of information that could identify subjects should be protected in
- accordance with the applicable regulatory and legal requirement(s).
- Before initiating a clinical study, sufficient information should be available to ensure that the
- 48 drug is acceptably safe for the planned study in humans. Emerging clinical and non-clinical
- data should be reviewed and evaluated, as they become available, by qualified experts to assess
- 50 the potential implications for the safety of study subjects. Ongoing and future studies should
- be appropriately adjusted as needed, to take new knowledge into consideration and to protect
- 52 study subjects.

53 2.2 Scientific Approach in Clinical Study Design, Conduct, and Analysis

- 54 Clinical studies should be designed, conducted, and analysed according to sound scientific
- principles to achieve their objectives, and should be reported appropriately. The essence of

- clinical research is to ask important questions and answer them with appropriate studies. The
- 57 primary objective of any study should be clear and explicitly stated.
- Quality of a clinical study is considered in this document as fitness for purpose. The purpose
- of a clinical study is to generate reliable information to answer key questions and support
- decision making while protecting study subjects. The quality of the information generated
- should therefore be sufficient to support good decision making.
- Quality by design in clinical research sets out to ensure that the quality of a study is driven
- proactively by designing quality into the study protocol and processes. This involves the use
- of a prospective, multidisciplinary approach to promote the quality of protocol and process
- design, and clear communication of how this will be achieved.
- Across the product lifecycle, different types of studies will be conducted with different
- objectives and designs. Depending on the study objectives and the position of the study in the
- overall development plan, the data sources may vary. For purposes of this guideline, the
- development plan is considered to cover the entire product lifecycle and include non-clinical,
- 70 clinical, and post-approval studies (Section 4). Annex 1 provides a broad categorisation of
- study type by objective within the different stages of drug development.
- The cardinal logic behind serially conducted studies is that the results of prior studies should
- 73 inform the plan of later studies. Emerging data will frequently prompt a modification of the
- development strategy. For example, results of a confirmatory study may suggest a need for
- 75 additional human pharmacology studies.

2.3 Patient Input into Study Design

- 77 Consulting with patients and/or patient organisations in the design, planning and conduct of
- 78 clinical studies helps to ensure that all perspectives are captured. Patients' views can be
- 79 requested on all phases of drug development. Involving patients at the early stage of study
- 80 design is likely to increase trust in the study, facilitate recruitment, and promote adherence,
- 81 which should continue throughout the duration of the study. Patients also provide their
- 82 perspective of living with a condition, which contributes to the determination of endpoints that
- 83 are meaningful to patients, selection of the right population, duration of the study, and use of

the right comparators. This ultimately supports the development of medicines that are better tailored to patients' needs.

86 3 DESIGNING QUALITY INTO CLINICAL STUDIES

- 87 The quality by design approach to clinical research (section 3.1) involves focusing on critical
- 88 to quality factors to ensure the protection of study subjects, the generation of reliable and
- meaningful results, and the management of risks to those factors (section 3.2). The approach is
- supported by the establishment of an appropriate framework for the identification and review
- 91 of critical to quality factors (section 3.3).

92

109

110

111

112

113

3.1 Quality by Design of Clinical Studies

- Quality is a primary consideration in the design, planning, conduct and analysis of clinical
- studies and a necessary component of clinical development programmes. The likelihood that a
- 95 clinical study will answer the research questions posed in a reliable manner, meaningful for
- 96 decision makers and patients, while preventing important errors, can be dramatically improved
- 97 through prospective attention to the design of all components of the study protocol, procedures
- 98 and associated operational plans.
- 99 Quality should rely on good design and its execution rather than overreliance on retrospective
- document checking, monitoring, auditing or inspection. These activities are an important part
- of a quality assurance process but are not sufficient to ensure quality of a clinical study.
- Good planning and implementation of a clinical study derive from attention to well-established
- principles of clinical research, which include the protection of the rights, safety and wellbeing
- of study subjects and scientific criteria, such as:
- the need for clear pre-defined study objectives that address the primary scientific question(s);
- selection of appropriate subjects that have the disease, condition, or molecular/genetic profile that is being studied;
 - use of approaches to minimize bias, such as randomisation, blinding or masking, and/or control of confounding;
 - endpoints that are well-defined and measurable, and methods of assessment of those endpoints that are accurate and able to be implemented with minimal reporting or measurement bias.

114 Operational criteria are also important, such as ensuring a clear understanding of the feasibility of the study, selection of suitable investigator sites, quality of specialised analytical and testing 115 116 facilities and procedures, and processes that ensure data integrity. 117 **Critical to Quality Factors** 3.2 118 A basic set of factors relevant to ensuring study quality should be identified for each study. 119 Emphasis should be given to those factors that stand out as critical to study quality. These critical to quality factors are attributes of a study whose integrity is fundamental to the 120 121 protection of study subjects, the reliability and interpretability of the study results, and the 122 decisions made based on the study results. These quality factors are considered to be critical 123 because, if their integrity were to be undermined by errors of design or conduct, the reliability 124 or ethics of decision-making would also be undermined. 125 The design of a clinical study should reflect the state of knowledge and experience with the 126 drug; the condition to be treated, diagnosed or prevented; the underlying biological mechanism 127 (of both the condition and the treatment); and the population for which the drug is intended. As 128 research progresses, knowledge increases and uncertainties about the safety and efficacy of a 129 drug decrease. 130 This state of knowledge has a clear influence on the regulatory and ethical controls that apply 131 to the authorisation, supervision, and conduct of clinical studies. Knowledge of the drug at the 132 point in development when the study is designed or reviewed will therefore inform the 133 identification of critical to quality factors and control processes used to manage them. 134 The sponsor and other parties designing quality into a clinical study should identify the critical 135 to quality factors. Having identified those factors, it is important to determine the risks that 136 threaten their integrity, the probability and impact of those risks and to decide whether they can be accepted or should be mitigated. Where it is decided that risks should be mitigated, the 137 138 necessary control processes should be put in place and communicated, and the necessary action 139 taken to mitigate the risks. The term risk is used here in the context of general risk management 140 methodology to all factors of a study. 141 Proactive communication of the critical to quality factors and risk mitigation activities will 142 support understanding of priorities and resource allocation by the sponsor and investigator

143	sites. Proactive support (e.g., broad training to all relevant site start and description in the
144	protocol or in the case report form) will enhance correct implementation of study protocol,
145	procedures, and associated operational plans and process design.
146	Perfection in every aspect of an activity is rarely achievable or can only be achieved by use of
147	resources that are out of proportion to the benefit obtained. The quality factors should be
148	prioritized to identify those that are critical to the study, at the time of the study design, and
149	study procedures should be proportionate to the risks inherent in the study and the importance
150	of the information collected. The critical to quality factors should be clear and should not be
151	cluttered with minor issues (e.g., due to extensive secondary objectives or processes/data
152	collection not linked to the proper protection of the study subjects and/or primary study
153	objectives).
154	3.3 Approach to Identifying the Critical to Quality Factors
155	A key aspect of a quality approach to study design is to ask whether the objectives being
156	addressed by the study are clearly articulated; whether the study is designed to meet the need
157	it sets out to address; whether these needs are meaningful to patients; and whether the study
158	hypotheses are specific, timely and scientifically valid. The approach should consider whether
159	those objectives can be met, well and most efficiently, by the chosen design and data sources.
160	Study designs should be operationally feasible and avoid unnecessary complexity and
161	unnecessary data collection. Patient consultation early in the study design process contributes
162	to these factors and would be likely to result in fewer protocol amendments. Protocols and case
163	report forms/data collection methods should enable the study to be conducted as designed.
164	Identification of critical to quality factors will be enhanced by approaches that include the
165	following elements:
166	3.3.1 Establishing a Culture that Supports Open Dialogue
167	Create a culture that values and rewards critical thinking and open dialogue about quality and
168	that goes beyond sole reliance on tools and checklists.
169	Choose quality measures and performance indicators that are aligned with a proactive approach
170	to design. For example, an overemphasis on minimising the time to first patient enrolled may
171	result in devoting too little time to identifying and preventing errors that matter through careful
172	design.

Encourage proactive dialogue about what is critical to quality for a particular study or

174	development programme and, when needed, the development of innovative methods for
175	ensuring quality.
176	Discourage inflexible "one size fits all" approaches that undermine creation of specific
177	strategies and actions intended to effectively and efficiently support quality in a given study.
178	Gather and synthesise evidence in a transparent manner, acknowledge gaps in data and
179	conflicting data where present and known, and anticipate the possible emergence of such gaps
180	or conflicts.
181	3.3.2 Focusing on Activities Essential to the Study
182	Focus effort on activities that are essential to the reliability and meaningfulness of study
183	outcomes for patients, and the safe, ethical conduct of the study for study subjects. Consider
184	whether nonessential activities may be eliminated from the study to simplify conduct, improve
185	study efficiency, and target resources to critical areas.
186	Rigorously evaluate the study design to verify that planned activities and choice of data to be
187	collected are essential.
188	Deploy resources to identify and prevent or control errors that matter.
189	3.3.3 Engaging Stakeholders in Study Design
190	Clinical study design is best informed by input from a broad range of stakeholders, including
191	patients and treating physicians. It should be open to challenge by subject matter experts and
192	stakeholders from outside, as well as within, the sponsor organisation.
193	The process of building quality into the study may be informed by participation of those
194	directly involved in successful completion of the study such as clinical investigators, study
195	coordinators and other site staff, and patients/patient organisations. Clinical investigators and
196	potential study subjects have valuable insights into the feasibility of enrolling subjects who
197	meet proposed eligibility criteria, whether scheduled study visits and procedures may be overly
198	burdensome and lead to early dropouts, and the general relevance of study endpoints and study
199	settings to the targeted patient population (See Section 4.4). They may also provide insight into

200 the value of a treatment in the context of ethical issues, culture, region, demographics, and 201 subgroups within a targeted patient population. 202 When a study has novel elements considered critical to quality (e.g., defining patient 203 populations, procedures, or endpoints), early engagement with regulatory authorities should 204 also be considered. 205 Reviewing Critical to Quality Factors 3.3.4 206 Build on accumulated experience and knowledge with periodic review of critical to quality 207 factors to determine whether adjustments to risk control mechanisms are needed, since new or 208 unanticipated issues may arise once the study has begun. 209 Pay special attention to studies designed to include adaptations and/or interim decision points 210 during the study. These will require proactive planning and ongoing review and adjustment of 211 critical to quality factors, and risk management. 212 DRUG DEVELOPMENT PLANNING 4 213 This section provides general principles to consider in planning a drug development programme. Efficient drug development usually requires appropriately planned interactions 214 215 with regulatory authorities throughout development, both in relation to planning early as well 216 as later studies including post-approval studies. This is particularly important for multiregional 217 studies to ensure the study design is aligned with regional regulatory requirements. 218 A drug development plan describes all aspects of the development of a product from the target 219 product profile through post-approval activities. The plan is usually prepared prospectively and 220 updated as the development progresses and new information becomes available. The plan 221 generally includes characterisation of formulation development, non-clinical studies required 222 to support the evaluation of the product in human clinical studies and to support product 223 approval, clinical studies designed to support the demonstration of efficacy and safety in the 224 relevant patient population, studies in special populations (e.g., paediatric populations), 225 regional considerations for product commercialisation (e.g., health technology assessments), 226 and post-approval studies.

- It is important to ensure that the experiences, perspectives, needs, and priorities of stakeholders relating to the development and evaluation of the drug throughout its lifecycle are captured and meaningfully incorporated into the development programme.

 With increased globalisation of drug development programmes there is a need to consider
- factors that impact quality of a protocol when it is conducted in more than one region (see ICH E17 Multi-Region Clinical Trials). Early engagement with regulatory authorities to understand local/regional requirements is encouraged and will facilitate the ability to design quality into the study protocol. The results of a study are often used in regulatory submissions in multiple regions, and the design should also consider the relevance of the study results for regions other than the one(s) in which the study is conducted.
- Clinical development programmes may also feature requirements for co-development of validated biomarkers, diagnostic testing, or devices that facilitate the safe and effective use of a drug.
- An overview of the types of studies that may contribute to a development programme is provided in the table in Annex 1.

4.1 Non-Clinical Studies

In preparing a development plan, the non-clinical information that is required for the drug should be addressed. Non-clinical information may include toxicology, carcinogenicity, pharmacology, and pharmacokinetics to support clinical trials (e.g., ICH Safety (S) Guidelines and M3 Nonclinical Safety Studies). Important considerations for determining the necessary non-clinical studies, and their timing with respect to clinical studies, depend on the physiological and toxicological characteristics of the drug. These characteristics can include the drug's chemical or molecular properties (e.g., small-molecule, biologic/cellular/gene therapy, complex drug, and vaccine); pharmacological basis of principal effects (mechanism of action); route(s) of administration; absorption, distribution, metabolism, and excretion (ADME); physiological effects on organ systems; dose/concentration-response relationships; half-life; duration of action; and indication. Use of the drug in special populations (e.g., pregnant or breast-feeding women, children, elderly) may require additional toxicological assessments.

Before proceeding to studies in humans, there should be sufficient information to support selection of the initial human dose and safe duration of exposure, and to provide a preliminary assessment of physiological and toxicological effects of the drug.

4.2 Quality and Formulations of Investigational Medicinal Products

Quality of investigational medicinal products is an important consideration in planning a drug development programme and is addressed in the ICH quality guidelines. Of particular importance in transitioning from non-clinical to clinical studies is the quality of the product formulation to be taken into clinical development. Formulations should be well characterised in the drug development plan, including information on bioavailability. The formulation should be appropriate for the stage of drug development. Ideally, the supply of a formulation will be adequate to allow testing in a series of studies that examine a range of doses. During drug development, different formulations of a drug may be tested. Links between formulations, established by bioequivalence studies or other means, are important in interpreting clinical study results across the development programme. Age-appropriate formulation development is a consideration when clinical studies are anticipated in paediatric populations (ICH E11).

4.3 Clinical Studies

Clinical drug development, defined as studying the drug in humans, is conducted in a sequence that builds on knowledge accumulated from previous studies. Although clinical drug development is often described as consisting of four temporal phases (Phase 1-4), it is important to appreciate that the phase concept is a description, not a set of requirements. Studies may be better categorized by other design elements such as study objective (see Annex I and Section 5). It is also important to realise that the temporal phases do not imply a fixed order of studies. Drug development is ideally a logical, step-wise process in which information from small early studies is used to support and plan later larger, more definitive studies. To develop new drugs efficiently, it is essential to identify characteristics of the investigational medicine in the early stages of development and to plan an appropriate development based on this profile.

Initial studies provide an early evaluation of short-term safety and tolerability and can provide pharmacodynamic and pharmacokinetic information needed to choose a suitable dosage range and administration schedule for initial exploratory studies. Later confirmatory studies are generally larger and longer and include a more diverse study population. Dose response information may be obtained at any stage of development, from early tolerance studies, to

287 studies of short-term pharmacodynamic effect, to large efficacy studies (ICH E4 Dose-Response Studies). Throughout development, new data may suggest the need for additional 288 289 studies. 4.3.1 Human Pharmacology (usually referred to as Phase 1) 290 291 Clinical development begins with human pharmacology studies and includes the initial 292 administration of an investigational new drug to humans. 293 Studies in this phase of development may be conducted in healthy volunteer subjects or in a 294 selected population of patients who have the condition or the disease, depending on drug 295 properties and the objectives of the development programme. 296 Studies typically address one or a combination of the following aspects: 297 4.3.1.1 Estimation of Initial Safety and Tolerability 298 The initial and subsequent administration of an investigational new drug to humans is usually 299 intended to determine the tolerability of the dose range expected to be evaluated in later clinical 300 studies and to determine the nature of adverse reactions that can be expected. These studies 301 typically include both single and multiple dose administration. 302 4.3.1.2 Pharmacokinetics 303 Characterisation of a drug's absorption, distribution, metabolism, and excretion continues 304 throughout the development plan, but the preliminary characterisation is often a goal of Phase 1. Pharmacokinetic studies are particularly important to assess the clearance of the drug and to 305 306 anticipate possible accumulation of parent drug or metabolites, and potential drug-drug 307 interactions. Some pharmacokinetic studies are commonly conducted in later phases to answer 308 more specialised questions. For many orally administered drugs, especially modified release 309 products, the study of food effects on bioavailability is important. Obtaining pharmacokinetic 310 information in sub-populations such as patients with impaired elimination (renal or hepatic impairment), the elderly, children, and ethnic subgroups should be considered (ICH E5 Ethnic 311 312 Factors in the Acceptability of Foreign Clinical Data, E7, E11).

If a potential for drug-drug interaction is suggested by metabolic profile, by the results of non-

clinical studies, or by information on similar drugs, studies on drug interaction during clinical

development are highly recommended and may be required to inform safe use and drug

313

314

316	labelling, especially for drugs that are frequently co-administered. This is particularly true for
317	drugs that are known to alter the absorption or metabolism of other drugs, or whose metabolism
240	
318	or excretion can be altered by effects of other drugs. Drug-drug interaction studies are generally
319	performed at later phases of development, but studies in animals and in vitro studies of
31)	performed at later phases of development, but studies in animals and in vitro studies of
320	metabolism and potential interactions may inform the need for earlier studies.
	· · · · · · · · · · · · · · · · · · ·
321	12.12 Dhawn and dunaming & Early Magazzan aut of Drug Activity
321	4.3.1.3 Pharmacodynamics & Early Measurement of Drug Activity

4.3.1.3 Pharmacodynamics & Early Measurement of Drug Activity

- 322 Depending on the drug and the endpoint studied, pharmacodynamic studies and studies relating 323 drug levels to response (PK/PD studies) may be conducted in healthy volunteer subjects or in 324 patients with the target disease. If there is an appropriate measure, pharmacodynamic data can 325 provide early estimates of activity and potential efficacy and may guide the dosage and dose 326 regimen in later studies.
- 327 Preliminary studies of activity or potential therapeutic benefit may be conducted in Phase 1 as 328 a secondary objective. Such studies are generally performed in later phases but may be 329 appropriate when drug activity is readily measurable with a short duration of drug exposure in 330 patients at this early stage.

Exploratory and Confirmatory Studies (usually referred to as Phase 2 or Phase 3)

331

332

333

334

335

336

337

338

339

340

341

342

343

344

345

346

Exploratory studies (Phase 2) support clinical proof of concept for the drug in a selected population of patients who have the condition or disease for which the drug is intended. If the data are promising, then further clinical evaluation follows to confirm the early findings. These evaluations may aim to refine the effective dose(s) and therapeutic regimens (including concomitant medication) for subsequent studies, refine the definition of the target population, provide a more robust safety profile for the drug, and may include evaluation of potential study endpoints for further study. Initial exploratory studies may use a variety of study designs, including concurrent controls, comparisons with baseline status, and adaptive dose-finding. Other studies may involve modelling early or intermediate outcome data to predict clinical outcomes and thereby inform the design of the follow-on, larger confirmatory studies.

Confirmatory studies (Phase 3) are designed to confirm the preliminary evidence accumulated in earlier phases that a drug is safe and effective for use for the intended indication and recipient population. These studies are often intended to provide an adequate basis for marketing approval, and to support adequate instructions for use of the drug and official product information. They aim to evaluate the drug in a larger population of patients with or at risk of

347	the condition or disease. These subjects more accurately represent the population of patients
348	who will receive the drug once approved and may include subgroups of patients with frequently
349	occurring or potentially relevant co-morbidities (e.g., cardiovascular disease, diabetes, hepatic
350	and renal impairment) to characterise the safe and effective use of the drug in patients with
351	these baseline conditions.
352	Confirmatory studies may further explore the dose-response relationship or explore the drug's
353	use in different stages of disease or in combination with one or more drugs. If the intent is to
354	administer a drug for a long period, studies involving extended exposure to the drug should be
355	conducted (ICH E1 Clinical Safety for Drugs used in Long-Term Treatment). Irrespective of
356	the duration of administration, the duration of effect of the drug will usually guide the demand
357	for understanding long-term effects and therefore the duration of follow-up in the study.
358	Confirmatory studies often use randomised parallel designs. They may use complex adaptive
359	or innovative designs to realize efficiencies or test assumptions as data accumulate during the
360	study.
361	4.3.3 Post Approval Studies (usually referred to as Phase 4)
362	Post approval studies are studies conducted following drug approval. They may be performed
363	for a variety of reasons, including providing additional information on the efficacy, safety, and
364	use of the drug. For example, in certain circumstances, a drug may be approved based on
365	surrogate endpoints likely to predict clinical outcomes. After such an approval, studies would
366	be conducted to demonstrate effects on clinical endpoints. Studies in special populations, such
367	as paediatric and elderly populations, may be conducted to understand the drug effects in these
368	populations. Safety studies may be conducted after authorization to refine the understanding of
369	potential risks. Studies with long-term follow-up or with comparisons among authorized drugs
370	may provide important information on safety and efficacy to the medical community. Post-
371	approval studies encompass a range of designs and data sources (See Section 5).
372	4.3.4 Additional Development
373	After initial approval, drug development may continue with studies of new or modified
374	indications, new dosage regimens, new routes of administration, or additional patient

populations. If a new dose, formulation or combination is studied, additional non-clinical

and/or human pharmacology studies may be indicated. Data from previous studies or from

377	clinical experience with the approved drug may inform these programmes.
378	4.3.5 Consideration in Special Populations
379	Some groups in the general population may require special study because they have unique
380	risk/benefit considerations that need to be taken into account during drug development, or
381	because they can be anticipated to need modification of the dose or schedule of a drug. ICH E5
382	provides a framework for evaluating the impact of ethnic factors on a drug's effect. Non-
383	clinical safety studies to support human clinical studies in special populations may be needed
384	(see, e.g., ICH S5 Reproductive Toxicology, S11 Nonclinical Paediatric Safety, and M3).
385	Following are examples of special populations to be considered during development planning.
386	Investigations in pregnant women
387	If a pregnant woman is enrolled in a clinical study, or a woman becomes pregnant while
388	participating in a clinical study, evaluation of the pregnancy, foetus, and child, and reporting
389	of all outcomes in the clinical study report, is often necessary. The same applies for clinical
390	studies that include pregnant women, where the medicinal product is intended for use during
391	pregnancy.
392	• Investigations in nursing women
393	Excretion of the drug or its metabolites into human milk should be examined where applicable
394	and feasible. When nursing mothers are enrolled in clinical studies their babies are usually also
395	monitored for the effects of the drug.
396	• Investigations in children
397	ICH E11 provides an outline of critical issues in paediatric drug development and approaches
398	to the safe, efficient, and ethical study of drugs in paediatric populations.
399	• Investigations in geriatric populations
400	ICH E7 provides an outline of critical issues in geriatric drug development and approaches to
401	the safe, efficient, and ethical study of drugs in geriatric populations.
402	 Investigations in renal and hepatic impaired populations

403 Pharmacokinetic studies in patients with renal and hepatic impairment are important to assess 404 the impact of potentially altered drug metabolism or excretion. 405 Particular attention should be paid to the ethical considerations related to informed consent in 406 vulnerable populations (ICH E6 and E11). 407 4.4 **Feasibility** During drug development, the feasibility of the individual studies should be assessed. The 408 foundation of a successful study is a protocol that is both scientifically sound and operationally 409 410 viable. A detailed feasibility assessment includes consideration of study design and 411 implementation elements that could impact the successful completion of a clinical development 412 programme or study from an operational perspective in a particular geographical region. 413 Consideration of critical to quality factors relating to study feasibility can inform study design 414 and enhance quality implementation. Feasibility considerations include but are not limited to 415 the availability of qualified investigators/site personnel with experience in conducting a clinical 416 study; availability of equipment and facilities required to successfully conduct the clinical 417 study; availability of the desired patient population; ability to enrol sufficient numbers of participants as determined by the study's power analysis; the ethical and regulatory 418 419 considerations, which include informed consent, parental/caregiver consent and patient assent 420 for paediatric studies; and regional standards of care. An important aspect of study feasibility is understanding the view of potential study subjects 421 422 about protocol elements that could impact their willingness to enrol or continue participation in the study (e.g., impact of study procedures, meaningfulness of the study 423 424 objectives/outcomes). The retention of study subjects and the follow-up of subjects who have 425 withdrawn from treatment are key critical to quality factors. It is important to not underestimate the value that appropriate and early consultation with patients will have on the feasibility of 426 427 the study, adherence to the protocol, and, more essentially, relevance (or suitability) for patients 428 of the drug approval based on the accumulated knowledge and experience from the clinical 429 studies.

5 DESIGN ELEMENTS FOR CLINICAL STUDIES

- Study objectives impact the choice of study design and data sources, which in turn impact the strength of a study to support regulatory decisions and clinical practice. This section presents important elements that define the design of a clinical study. It is intended to assist in identifying the critical to quality factors necessary to achieve the study objectives and the protection of study subjects, while also enabling flexibility in study design and promoting efficiency in study conduct. This document does not discuss all possible study types that may be included within the drug lifecycle. The elements outlined here are expected to be relevant to study types and data sources in use in clinical studies now, and that may be developed in the future.
- Clear objectives will help to determine the study design and conversely, the process of specifying the design may help to further clarify the objectives. Objectives may need to be modified as practical considerations and limitations are revealed.

443 **5.1 Study Design**

430

431

432

433

434

435

436

437

438

439

- The fundamental design elements of a clinical study include population, intervention, control
- group, response variable, methods to reduce or assess bias, and statistical analysis. The protocol
- brings these elements together with the study objectives, study type, and data sources (see
- Section 5.2), and should be finalised before the start of the study (see ICH E6).

448 5.1.1 Study Population

- The population to be studied should be chosen to support the study objectives and is defined
- 450 through the inclusion and exclusion criteria for the study. In practice, the study population is
- limited to subjects available to participate and for whom consent is available (see ICH E6).
- Recruitment efforts should ensure that the study subjects reflect the planned population for the
- study. If objectives include obtaining information on certain subgroups, then efforts should be
- made to ensure adequate representation of these subgroups.
- The study population might be narrowly defined to reduce heterogeneity and maximize the
- sensitivity of the study for detecting a certain effect. Conversely, it may be broadly defined to
- more closely represent the population for which the drug is intended. In general, studies
- conducted early in a development programme, when little is known about the safety of the
- drug, tend to be more homogeneous in study population definitions, and those conducted in the

460	later phases of drug development or post-approval tend to be more heterogeneous. Recruitment
461	for a precision medicine study, for example, may target the subgroup of diseased patients with
462	a particular phenotype or genotype, either exclusively or through an enrichment study design.
463	The choice of study population will depend on the study objectives, and the degree to which a
464	study succeeds in recruiting and enrolling the desired population will impact the ability of the
465	study to meet those objectives.
466	For example, a study population representative of clinical practice may be the target of a
467	pragmatic trial conducted within an existing healthcare system. In such a study, recruitment
468	procedures may differ from other types of studies, in that the inclusion and exclusion criteria
469	may be assessed based on existing medical records.
470	Because of the study objectives or because of feasibility or efficiency, there may be situations
471	in which the population unit is not an individual but a group of subjects (known as a cluster).
472	For example, some vaccine studies make use of cluster randomisation to measure their
473	protective effects on communities. The use of a cluster unit has implications for multiple design
474	elements and quality factors (e.g., intervention, analysis, consent).
475	The study should plan to have a sufficient number of subjects to make statistical conclusions
476	based on the findings either by obtaining a certain precision or by controlling the probabilities
477	of making false conclusions (see ICH E9 Statistical Principles for Clinical Trials). A larger
478	database may be needed to establish the safety of a drug (see ICH E1).
479	5.1.2 Intervention
480	An important distinction between studies is whether the choice of the study drug and the health
481	management of the subjects are controlled by the study (with proper regard to human subject
482	protection and regulatory requirements) or merely observed in the study. The former case is
483	referred to as an interventional study and the latter case is referred to as an observational study.
484	Interventional studies often have the potential to control biases better than observational studies
485	(see Section 5.1.5). Factors such as study objectives, feasibility, data sources, and anticipated
486	biases and uncertainty play a role in the choice between interventional and observational
487	studies. Observational studies are usually conducted in the post-approval period.

488	There is varying overlap between interventional and observational studies. For example, a
189	pragmatic trial is a mix of the two types in that the intervention is controlled by the study, but
490	health management is controlled to a lesser degree than in other study types.
491	5.1.3 Control Group
192	The drug effect of interest may be the effect relative to not receiving the drug or the effect
193	relative to receiving other therapies. For example, comparisons may be made with placebo, no
194	treatment, active controls or different doses of the drug under investigation. To derive these
195	comparisons, information on a group of subjects not receiving the drug or receiving other
196	therapies is usually needed. This group is known as the control group (see ICH E10). The
197	choice of a control group may be influenced by the study objectives, ethical considerations,
198	and study feasibility.
199	The source of control group data may be internal or external to the study. With use of an internal
500	control group, all subjects in the study are selected by the same processes, and data are acquired
501	by the same procedures at the same time, with the intent that the only differences observed
502	among subjects in the study are due to the treatment they receive. With use of an external
503	control group, subjects are selected from an external source, and the control group subjects
504	may be treated at an earlier time (historical control group) or during the same time but in
505	another setting than subjects in the study.
506	External control subjects may differ from subjects participating in the study with respect to
507	follow-up and measurement of study outcomes and other data elements. In addition, external
508	control subjects may differ from study subjects with respect to some demographic and
509	background characteristics (e.g., medical history, concurrent diseases, etc.), possibly reflecting
510	a somewhat different subject population, which should be taken into account in the design and
511	analysis of the study.
512	It may be possible for a single clinical study to use both internal and external control subjects.
513	For example, conduct of the study may be facilitated by supplementing the internal control
514	group with additional data on an external control group.
515	In some circumstances, rather than using a separate group of control subjects, subjects may
516	function as their own control receiving the drug and control at different points of time. Both
517	interventional and non-interventional studies may make use of such an approach. Examples of

519	for non-interventional studies.
520 521	There are critical to quality factors that are associated with the choice and use of the control group, including study objective, availability and quality of control data, feasibility of
522	conducting the study, ethical considerations, comparability between treatment and control
523	populations, and comparability of outcome ascertainment.
524	Subject level data may not be available for some choices of external control groups, but if
525	summary measures are available from the external source, they may be used to form the basis
526	of comparisons with treated subjects to estimate and test hypotheses about drug effects. In this
527	case, however, the critical to quality factor of comparability between treatment groups is unable
528	to be addressed through adjustment for subject-level covariates.
529	When control data considered adequate to support comparisons are not available, responses to
530	treatment observed in the study may be compared to a relevant and justified target value for
531	the control response rate (e.g., tumour response rate in oncology; cure rate for anti-infectives).
532	Even in cases where comparable control data are available, an external target value may still
533	be useful in evaluating the response rate observed in the study.
534	5.1.4 Response Variables
535	A response variable is a subject-level attribute of interest that may be affected by the drug. The
536	response variable may relate to the pharmacokinetics, pharmacodynamics, efficacy, safety, or
537	use of the drug post-approval including compliance with risk minimisation measures. Study
538	endpoints are the response variables that are chosen to assess drug effects.
539	The choice of primary endpoint is critical to the quality of the study. The primary endpoint
540	
	should be the variable capable of providing the most clinically relevant and convincing
541	should be the variable capable of providing the most clinically relevant and convincing evidence directly related to the primary objective of the study, taking into account feasibility
541	evidence directly related to the primary objective of the study, taking into account feasibility
541 542	evidence directly related to the primary objective of the study, taking into account feasibility considerations (ICH E9). Secondary variables are either supportive measurements related to

546	The definition of each study endpoint should be specific. The specificity should include how it
547	is ascertained and at what time point in a subject's treatment course of the drug and follow-up
548	it is ascertained. The methods used to ascertain endpoints should be of sufficient accuracy,
549	precision, responsiveness (sensitivity to change), reproducibility, reliability, and validity.
550	Pragmatic trials may make use of existing data from healthcare systems to obtain response
551	variables rather than through study specific data collection, similar to the way healthcare data
552	can be used to select the study population as described above (See Sec 5.1.1).
553	The knowledge of the drug, the clinical context, and the purpose of a given study affect what
554	response variables should be collected. For example, a proof-of-concept study may employ
555	short-term surrogates rather than objective clinical outcomes. Clinical outcomes would then be
556	used to confirm a clinically meaningful effect in a large-scale confirmatory study. In other
557	cases, for example, a post-approval study where the safety profile of the drug is well
558	characterised, the extent of safety data collection may be tailored to the objectives of the study.
559	5.1.5 Methods to Reduce or Assess Bias
560	The study design should address sources of bias that can undermine the reliability of results.
561	Although different types of studies are subject to different sources of bias, this section
562	addresses the more common sources. ICH E9 discusses principles for controlling and reducing
563	bias mainly in the context of interventional studies.
564	In conducting a controlled study, randomised allocation is the preferred means of assuring
565	comparability of test groups, thereby minimising the possibility of bias in treatment
566	assignment.
567	Randomisation addresses differences between the groups at the time of randomisation but does
568	not prevent differences arising after randomisation. Events after randomisation (intercurrent
569	events) may also affect the comparability of the groups. For example, there may be differences
570	in the follow-up patterns between the groups, such as subjects in one group dropping out of the
571	study because of adverse events or lack of efficacy. Careful consideration of the potential
572	impact of intercurrent events will help with the identification of critical to quality factors, such
573	as preventing dropouts, retrieving data for dropouts, and definition of treatment effect in the
574	presence of dropouts.

Concealing the treatment assignments (blinding or masking) limits the occurrence of conscious or unconscious bias in the conduct and interpretation of a clinical study that may affect the course of treatment, monitoring, endpoint ascertainment, and subject responses. A study where the treatment assignment is not known by the study participant is referred to as a single-blind study. When the investigator and sponsor staff who are involved in the treatment or clinical evaluation of the subjects are also unaware of the treatment assignments, the study is double-blind. Maintaining confidentiality of interim study results also can help to reduce bias.

In an open-label study (either single-arm or unblinded comparative), the consequences of the lack of blinding may be reduced through the use of pre-specified decision rules for aspects of study conduct, such as treatment assignment, subject management, safety reporting, and response variable ascertainment.

Observational studies pose unique challenges to the control of bias. Multiple design elements are often necessary to address these challenges, including methods to address biases associated with the (1) selection of subjects, (2) differences in prognostic factors associated with the choice of therapies (confounding), and (3) ascertainment of response variables and other important study variables.

5.1.6 Statistical Analysis

The statistical analysis of a study encompasses important elements necessary to achieving the study objectives. The study protocol should include a statistical methods section that is appropriate for the objectives and study design (ICH E6 and E9). A separate statistical analysis plan may be used to provide the necessary details for implementation. The protocol should be finalised before the conduct of the study, and the statistical analysis plan should be finalised before the unblinding of study data, or in the case of an open-label study, before the conduct of the study. These steps will increase confidence that important aspects of analysis planning were not based on accumulating data in the study or inappropriate use of external data, both of which can negatively impact the reliability of study results. For example, the choice of analysis methods in a randomised clinical trial should not change after examining unblinded study data, and external control subjects should not be selected based on outcomes to be used in comparative analyses with treated study subjects.

604	Statistical analyses of primary and secondary endpoints to achieve study objectives with
605	respect to both efficacy and safety should be described, as well as any interim analyses and/or
606	planned design adaptations (E9). The analysis plan should describe the analytical methods for
607	the estimation and tests of hypotheses about the drug effect, addressing the method of treatment
608	allocation, the measurement methods of response variables, the analysis population, and other
609	critical to quality factors relating to the planned analysis strategy appropriate for the study
610	design. The plan should address the handling of intercurrent events, such as treatment
611	discontinuations, use of rescue medication, missed visits, and other protocol violations.
612	The statistical analysis plan should describe how the various sources of bias discussed above
613	will be addressed in the context of the particular study design and data sources (see Section
614	5.1.5).
615	Pre-specification is particularly important for studies that make use of existing data sources
616	rather than primary data collection (see Section 5.2), not only for the statistical analysis planned
617	for the study but also for any feasibility analysis to assess the applicability of the existing data.
618	For example, for a single arm interventional study with an external control, the specifics of the
619	external control should be specified prior to the conduct of the interventional aspect of the
620	study. Assurances and procedures should be in place so that any review of the data prior to the
621	design of the study does not threaten the study integrity.
622	Sensitivity analyses should be planned to test the impact of the assumptions made for the
623	primary analyses on the results of the study. For example, if the primary analysis relies on a
624	particular assumption about the reasons data are missing, sensitivity analyses should be planned
625	to assess the impact of those assumptions on the study results. An example for observational
626	studies might be consideration of additional confounders.
627	5.2 Study Data
628	The study data should reliably contain the necessary information to conduct, monitor, and
629	analyse the study. The study data may be acquired through a variety of methods, including
630	paper-based and electronic capture. Data from the use of technologies (e.g., digital health
631	tools), electronic health record databases and patient registries may contribute to the

development of a new investigational drug or for further evaluation of an approved drug.

633	Study data can be broadly classified into two types: (1) data generated specifically for the
634	present study and (2) data obtained from sources external to the present study. The distinction
635	between the two types may not always be clear. For example, clinical study data may be
636	collected during scheduled study visits via case report forms, laboratory measurements, and
637	other mechanisms, while also including information obtained from existing medical records.
638	Data from both types of data sources comprise the clinical database in this case.
639	The term primary data collection, refers to data collected for study purposes using processes
640	that ensure a sufficient level of quality. The term secondary data use, refers to the use of data
641	that were collected for other purposes and are not collected just for the study. Note that
642	secondary data themselves may have had careful quality control processes implemented during
643	their acquisition, but those processes were not designed with the objectives of the present study
644	in mind. Examples of secondary data sources that might be used in clinical studies include
645	national death databases, disease and drug registries, claims data, and medical and
646	administrative records from routine medical practice.
647	With secondary data use, the appropriateness of the available data should be considered. For
648	example, when using existing electronic health record data to ascertain the study endpoint
649	rather than through primary data collection, information in the health record about outcomes
650	would need to be converted to the study endpoint. The sensitivity, specificity, and timing of
651	the outcomes in the record should be considered. In some cases, secondary data use may not
652	be sufficient for all aspects of the study and may need to be supplemented with primary data.
653	There are several additional considerations when using secondary data. Concealing the drug
654	name in the measurement and recording of data is typically not present in secondary data use.
655	Absence of affirmative information on a condition or event does not necessarily mean the
656	condition is not present. For example, absence of smoking status in a medical record may not
657	mean the patient is not a smoker. There also may be a delay between events and their presence
658	in existing data sources.
659	The use of data standards for the terminology, storage, exchange, and access of study data
660	promotes the reliability and the proper interpretation of the data. Data standards also facilitate
661	the ease and correctness of the data analysis. International data standards exist for many sources
662	of study data. Data standards should be developed for emerging sources of study data.

663	For all data sources, procedures to ensure the confidentiality of personal data should be
664	implemented. The study design should explicitly address the protection of personal data. Local
665	regulations related to privacy of participants' data should be followed.
666	6 CONDUCT AND REPORTING
667	6.1 Study Conduct
668	The principles and approaches set out in this guideline, including those of quality by design,
669	should inform the approach taken to the conduct and reporting of clinical studies and the
670	proportionality of control measures employed to ensure the integrity of the critical to quality
671	factors. The study should be conducted according to the principles described in this guideline
672	and in accordance with ICH E6 and other relevant ICH guidelines (see Annex 2 and Annex 3).
673	6.1.1 Protocol Adherence
674	Adherence to the study protocol is essential, and many aspects of adherence should be
675	considered among the study's critical to quality factors. If modification of the protocol becomes
676	necessary, a clear description of the rationale for the modification should be provided in a
677	protocol amendment (ICH E6).
678	6.1.2 Training
679	Study stakeholders, such as sponsors; investigators, coordinators, and other local site staff; site
680	monitors; adjudicators and members of the data monitoring committee; and third-party service
681	providers (e.g., central laboratory or reading centre personnel) should receive thorough training
682	prior to enrolment of the first study subject. Updated training should occur during the conduct
683	of the study to reinforce the importance of adherence to study procedures and to address issues
684	related to critical to quality factors observed during the course of the study.
685	6.1.3 Data Management
686	As discussed in ICH E6, the manner and timelines in which study data are collected and
687	managed are critical contributors to overall study quality. Operational checks and statistical
688	surveillance can identify important data quality issues at a point at which corrective action is
689	feasible. Data management procedures should account for the diversity of data sources in use

690

for clinical studies (see Section 5.2).

691 6.1.4 Access to Interim Data 692 Inappropriate access to data during the conduct of the study may compromise study integrity.

- In studies with planned interim analyses, special attention should be given to which individuals
- have access to the data and results. Even in studies without planned interim analyses, special
- attention should be paid to any ongoing monitoring of data to avoid inappropriate access.

696 **6.2** Subject Safety

- 697 Important standards of ethical conduct and the protection of subjects in clinical studies are
- described in Section 2.1. This section describes safety related considerations during the conduct
- of the study.

700 6.2.1 Safety Monitoring

- 701 The goals of safety monitoring are to protect study subjects and to characterize the safety
- profile of the drug. Procedures and systems for the identification, monitoring, and reporting of
- safety concerns including the timing of reporting during the study should be clearly specified.
- The approach should reflect the risks to the study subjects and what is known about the drug
- and the study population. Guidance is available on reporting of safety data to appropriate
- authorities and on the content of safety reports [ICH E2 Pharmacovigilance (A, B, and D), and
- 707 ICH E6].

708 6.2.2 Withdrawal Criteria

- 709 Clear criteria for stopping study treatment while remaining in the study or withdrawing from
- 710 the study altogether are necessary to ensure the protection of the subjects; however,
- consideration could be given to methods that will preserve subjects' safety and rights while
- still minimising loss of critical data, if possible.

713 6.2.3 Data Monitoring Committee

- An important component of safety monitoring in many clinical studies is the use of a data
- 715 monitoring committee (DMC). A DMC monitors accumulating data while the study is being
- 716 conducted to make determinations on whether to continue, modify, or terminate a study.
- 717 During programme planning, the need for an external safety monitoring committee to monitor
- safety data across studies in a development programme may also be assessed. If a data
- 719 monitoring committee is needed for either an individual study or the entire development

720 programme, procedures governing its operation and, in particular, the review of unblinded data 721 while preserving study integrity (ICH E9) should be established. 722 **Study Reporting** 6.3 723 Clinical study reports should be adequately documented following the approaches outlined in 724 other ICH guidelines. ICH E3 focuses particularly on the report format for interventional 725 clinical studies. Other types of studies (e.g., observational studies) should use reporting formats 726 appropriate for the type of study and information being reported. 727 The transparency of clinical research in drug development includes the registration of clinical 728 trials on publicly accessible and recognised databases, and the public posting of clinical trial 729 results. Adopting such practices for observational studies also promotes transparency. Making 730 objective and unbiased information publicly available can benefit public health in general, as 731 well as individual patient populations, through enhancing clinical research, reducing unnecessary clinical studies and informing decisions in clinical practice. 732 733 CONSIDERATIONS IN IDENTIFYING CRITICAL TO QUALITY FACTORS 7 734 The identification of critical to quality factors should be supported by proactive, cross-735 functional discussions and decision making at the time of study planning, as described in Section 3. Different factors will stand out as critical for different types of studies, following 736 737 the concepts introduced in Sections 4 through 6. 738 In designing a study, applicable aspects such as the following should be considered to support 739 the identification of critical to quality factors: 740 Engagement of all relevant stakeholders, including patients, is considered during 741 study planning and design. 742 The prerequisite non-clinical studies, and where applicable, clinical studies, are 743 complete and adequate to support the study being designed. The study objectives address relevant scientific questions appropriate for a given 744 745 study's role in the development programme, taking into account the accumulated 746 knowledge about the product. 747 The clinical study design supports a meaningful comparison of the effects of the

drug when compared to the chosen internal or external control groups.

749	•	Adequate measures are used to protect subjects' rights, safety, and welfare
750		(informed consent process, Institutional Review Board/Ethics Committee review,
751		investigator and clinical study site training, pseudonymisation, etc.).
752	•	A feasibility assessment is conducted to ensure the study is operationally viable.
753	•	The number of subjects included, the duration of the study, and the frequency of
754		study visits are sufficient to support the study objective.
755	•	The eligibility criteria should be reflective of the study objectives and be well
756		documented in the clinical study protocol.
757	•	Information about study subjects that may be important to understanding the
758		benefit/risk of the drug (e.g., age, weight, sex, co-morbidities, concomitant
759		therapies) is specified in the protocol, captured and incorporated in the design,
760		conduct, and analysis, as appropriate.
761	•	The choice of response variables and the methods to assess them are well-defined
762		and support evaluation of the effects of the drug.
763	•	Clinical study procedures include adequate measures to minimise bias (e.g.,
764		randomisation, blinding).
765	•	The statistical analysis plan is pre-specified and defines the analysis methods
766		appropriate for the endpoints and the populations of interest.
767	•	Systems and processes are in place to ensure the integrity of critical study data.
768	•	The extent and nature of study monitoring are tailored to the specific study design
769		and objectives and the need to ensure subject safety.
770	•	The need for a data monitoring committee is assessed.
771	These con	siderations are not exhaustive and may not apply to all studies. Other aspects may
772	need to be	considered to identify the critical to quality factors for each individual study.

ANNEX 1: TYPES OF STUDIES

Drug development is ideally a logical, step-wise process in which information from small early studies is used to support and plan later larger, more definitive studies. In the table below, types of studies are categorized by objectives. Illustrative examples, not intended to be exhaustive, are provided. Examples appearing under one type may also occur under another.

Type of Study	Objective(s) of Study	Study Examples
Non-clinical testing to support and supplement clinical investigations	 Assess non-clinical PK⁴/PD⁵ Assess toxicity Assess developmental toxicity Assess mutagenicity, carcinogenicity Assess immunogenicity and cross-reactivity Understand target and mechanism of action 	 AMES¹ test ADME² studies Animal carcinogenicity Mechanism of action investigations in animal disease models Animal toxicology Animal PK/PD
Human	Assess tolerance and safety	BA/BE ³ studies under fasted/fed
Pharmacology	 Define/describe clinical PK and PD Explore drug metabolism and drug interactions Estimate activity, immunogenicity Assess renal/hepatic tolerance Assess cardiac toxicity 	 conditions Dose-tolerance studies Single and multiple-rising dose PK and/or PD studies Drug-drug interaction studies QTc prolongation study
Exploratory	 Explore use for the targeted indication Estimate dose/dosing regimen for subsequent studies Explore dose-response/exposure-response relationship Provide basis for confirmatory study design (e.g., clinical endpoints, patient reported outcome measures, effect modifiers, target population, etc.) 	 Randomized controlled clinical trials of relatively short duration in well-defined narrow patient populations, using surrogate or pharmacological endpoints or clinical measures Dose finding studies Biomarker exploration studies Studies to validate patient reported outcomes
Confirmatory	 Demonstrate/confirm efficacy Establish safety profile in larger, more representative patient populations Provide an adequate basis for assessing the benefit/risk relationship to support licensing Establish dose-response/exposure-response relationship 	 Randomized controlled clinical trials to establish efficacy in larger, more representative patient populations, commonly employing clinical endpoints but may also use surrogate or pharmacological endpoints Dose-response studies Clinical safety studies Studies of mortality/morbidity outcomes

	Establish safety profile and confirm efficacy in specific populations (e.g., paediatrics, elderly)	Studies in special populations
Post- Approval	 Refine understanding of benefit/risk relationship in general or special populations and/or environments Identify less common adverse reactions Refine dosing recommendations 	 Comparative effectiveness studies Long-term follow-up studies Studies of additional endpoints Large, simple trials Pragmatic trials Pharmacoeconomic studies Observational studies

¹ AMES: mutagenicity test

² ADME : Absorption, Distribution, Metabolism, Excretion

³ BA studies - *Bioavailability* means the rate and extent to which the active ingredient or active moiety is absorbed from a drug product and becomes available at the site of action.

³ BE studies - *Bioequivalence* means the absence of a significant difference in the rate and extent to which the active ingredient or active moiety in pharmaceutical equivalents or pharmaceutical alternatives become available at the site of drug action when administered at the same molar dose under similar conditions in an appropriately designed study.

⁴ Pharmacokinetics

⁵ Pharmacodynamics

ANNEX 2: ICH E FAMILY OF GUIDELINES

The ICH Efficacy guidelines are an integrated set of guidance covering the design, conduct, analysis and reporting of clinical studies. ICH E8 provides an overall introduction to clinical development, designing quality into clinical studies and focusing on those factors critical to the quality of the studies. The guidelines should be considered and used in an integrated, holistic way rather than one or other guideline or subsection being focussed on in isolation of the others.

E8 General Considerations for Clinical Trials

Design and analysis:

E4 Dose-Response Studies E9 Statistical Principles for Clinical Trials E10 Choice of Control Group in Clinical Trials E17 Multi-Regional Clinical Trials

Conduct and reporting:

E3 Clinical Study Reports E6 Good Clinical Practice

Safety reporting:

E1 Clinical Safety for Drugs used in Long-Term Treatment E2A - E2F Pharmacovigilance E14 Clinical Evaluation of QT E19 Safety Data Collection

Populations:

E5 Ethnic Factors
E7 Clinical Trials in Geriatric Population
E11 - E11A Clinical Trials in Pediatric
Population
E12 Clinical Evaluation by Therapeutic
Category

Genetics/genomics:

E15 Definitions in Pharmacogenetics / Pharmacogenomics E16 Qualification of Genomic Biomarkers E18 Genomic Sampling

784

785

779

*This diagram will be updated as new ICH guidelines are finalized or updated.

786 ANNEX 3: SELECTED EXAMPLES OF CRITICAL TO QUALITY FACTORS

ANNEX 3: SELECTED EXAMPLES OF CRITICAL TO QUALITY FACTORS																	
Selected Examples of	E1	E2A-E2F	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	E14	E15	E16	E17	E18
Critical to Quality Factors																	
Protocol Design																	
Eligibility Criteria						√	V	1	V		V	V		1		1	
Randomisation				V		$\sqrt{}$		1	$\sqrt{}$	$\sqrt{}$		V	$\sqrt{}$			$\sqrt{}$	
Blinding/Masking						$\sqrt{}$		1	$\sqrt{}$	$\sqrt{}$							
Types of Controls	1			1				1		$\sqrt{}$			$\sqrt{}$			$\sqrt{}$	
Data Quality	1						1	1	$\sqrt{}$					1			
Endpoints				V	1			1	$\sqrt{}$	1	V	V				1	
Procedures Supporting Study Endpoints and Data					1	1		V	1	1	$\sqrt{}$	1				V	
Integrity																	
Investigational													V				
Product																	
(IP) Handling and																	
Administration																	
						Feasil	bility										
Study and Site																V	$\sqrt{}$
Feasibility																	
Accrual											$\sqrt{}$						
					Pa	atient	Safet	y									
Informed Consent											V						V
Withdrawal Criteria and Trial Participant Retention			V			V					V		V				
	<u> </u>	<u> </u>															

Selected Examples of	E1	E2A-E2F	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	E14	E15	E16	E17	E18
Critical to Quality Factors																	
Signal Detection and		√(B)	V			V						$\sqrt{}$	$\sqrt{}$				
Safety Reporting																	
Data Monitoring										$\sqrt{}$			$\sqrt{}$				
Committee																	
(DMC)/Stopping																	
Rules																	
					Stı	udy C	onduc	et									
Training						V							$\sqrt{}$			$\sqrt{}$	$\sqrt{}$
Data Recording and		√(B,C,F)	V	V					V		$\sqrt{}$		$\sqrt{}$		1	$\sqrt{}$	$\sqrt{}$
Reporting																	
Data Monitoring and		$\sqrt{(A,B,D)}$	V													$\sqrt{}$	$\sqrt{}$
Management																	
Statistical Analysis				$\sqrt{}$	$\sqrt{}$								$\sqrt{}$			$\sqrt{}$	
Study Reporting																	
Dissemination of		√(D,F)															$\sqrt{}$
Study Results																	
	Third-Party Engagement																
Delegation of Sponsor						V											
Responsibilities																	
Collaborations						V					_		_		_		

^{*}This chart will be updated as ICH guidelines are finalized or updated.