

My Colleague's Husband Stresses His Wife Daily - Family - Nigeria posted by westlius

Pls pardon my grammar.

Please men have mercies for your wives. My colleague's husband doesn't eat frozen foods, meaning she cooks every day for him. She closes from work by 5 and gets home before 7, she goes to market everyday to cook soup for the husband.

I really do feel for her, to the extent the man threatening her to resign so she can take care of him (He earns below 50k and she earns much more).

She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

Posted **1:48am**



HighTableVoice

westlius:

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They can maybe get a helping hand to ease the work load on the woman's end if they are able. If not, a young cousin, neice or nephew from either family side.



efficiencie

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I feel for her seeing her in the morning at work looking stress out

Tell your colleague she foolishly married an ingrate. Your colleague is at fault here. She saw a living manifestation of stupidity and decided to marry him. You ladies will say yes to idiots and start lamenting. The man earns 50k and he is complaining about frozen food. There are men earning much more than that yet for the sake of preserving the life of their wife who is also supporting the family they eat what is available until they are buoyant enough to tell her to stop slaving away at a 9-5 job and focus on a career or support the home from fully. Ladies, stop marrying idiots in a hurry and giving the lame excuse "I am not getting any younger"!



43Ronin

U dey answer OP. OP wan SIMPLY fÃck person wife, e dey cook up excuses.



Coinwarrior

43Ronin:

U dey answer OP. OP wan SIMPLY fÃck person wife, e dey cook up excuses.

true.you know his type



ObaOFYorubaLand

westlius:

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I feel for her seeing her in the morning at work looking stress out

Even the woman is very stupid to be discussing so closely with you. Are you her brother or boyfriend?

Mind your own family business, every family has its own peculiar problems or challenges.

The man is not stressing the woman, its just who he is not because he want to be wicked but rather how he grew up.

Finally, encourage her that marriage has different sides but she should focus on the mans good side.

Also be careful and bury the thought of sleeping with her because you'll destroy yourself if you do.



fman

Werrin concern you?

Home breaker!!!

You no go mind ya business so!!

I detest ya type.

Kpomo man / Amibo.

Bloody hypocrite.

Devilish incarnate.
See the way u narrated what is going on in another man's family like say u are part of the family.
Why are u interested in his affairs.
Cos u are harbouring feeling for his wife.
No go marry ya own.

fman

efficiencie:

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Now u wan get BP on top another man
Palaver.
Him no send u

fman

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So na another man wife matter
Na keep awake this night.
Ya own don finish...
Imagine having a sleepless night..

Fiscus105

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Is ur colleague not know this during courtship? If she knew, case closed.

Meanwhile, stop eves dropping on people's marriage, nothing destroys marriage more than third party who doesn't know his boundaries in people's marriages.

HighTableVoice

fman:

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No go marry ya own.

Did it occur to you that he maybe the one in the condition and looking for a dignify way in seeking an advice. Do not try to judge anyone or presume to do so out of immaturity. It is unwise. And mind you, even if issue isn't his, he is a friend to the family and only seeking how to make things easier for them. Think about that too

Fiscus105

ObaOfYorubaLand:

Even the woman is very stupid to be discussing so closely with you. Are you her brother or boyfriend?

Mind your own family business, evdry family has its own peculiar problems or challenges.

The man is not stressing the woman, its just who he is not because he want to be wicked but rather hiw he grew up.

Finally, encouraged her that marriage has different sides but she should ficus on the mans good side.

Also be careful and bury the thought of sleeping with her because you'll destroy yourself.

Though, his attention seeker.

But this scenario still happening in real life, ...if it's happened, I see him entering that woman in no distance time, provided he hasn't. When the marriage finally scattered, the woman eye will now open.



Olasyke

She's not complaining and I guess, she could leave if she don't get tired.



phemmyfour

westlius:

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I feel for her seeing her in the morning at work looking stress out

Wicked man, I'm sure she saw the signs before she agreed to marry him



Acidosis

Your colleague saw a living corpse and decided to marry him. How's that our business? Her mother-in-law is the right person to call at this point. She raised a living corpse, so invite her to come cook fresh food for her son with his 50k salary.

You and your colleague should not do pass yourselves unless you people are ready to die for another woman's mistake. Call his mother to come and continue her fresh food duties.



MULANO

I sell virgin white/ silver and red Mercury contact me on 08109441889, call/ WhatsApp



Nigerianization

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The man is stupid. Earns below 50k and can't eat Frozen food. The chicken, beef, fish or stockfish was also preserved so what is he saying. Taste buds makes fresh food daily for people like him. A 2.5 liter pot of soup is 25k. He should order it daily and leave his wife alone.



Baronthecelebri

Let her divorce her husband, simple

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don't mind them, when they see Mr nice guy, they take him for granted saying he's too weak. She will die like osinachi.



kelspinall

oga mind ya b*ness..

nde feeling for her kwenu!!!



ifihearom

Yeye OP
leave her and her marriage alone

she is enjoying it else she can put a stop to it..mind your business(woman wrapper).
Your eye dey another man wife. yeye man.

ifihearam

phemmyfour:

Wicked man, I m sure she saw the signs before she agreed to marry him

I diasgree...she knew that about the man before they got married..she prolly thought he would change or she was desperate to be called a "MRS".

fman

HighTableVoice:

Did it occur to you that he maybe the one in the condition and looking for a dignify way in seeking an advice. Do not try to judge anyone or presume to do so out of immaturity. It is unwise. And mind you, even if issue isn't his, he is a friend to the family and only seeking how to make things easier for them. Think about that too

Either ways
Minding individual business
Is the best in life.
Mind u, I never judged
Rather, I cautioned.
Funny tho,
U r the one judging u.

Nonexisting1

Why is everybody condemning the OP and not saying anything about the stupid man in question? A man that earns less than 50k demands fresh food everyday and even goes to the extent of threatening his wife to quit her better paying job just to stay home and take care of him, not even the children sef is a useless man. I will never support evil no matter the gender that commits it. Nigga, never you advise the woman on what to do, just mind your business. One day her eye go clear and she will leave the useless man. She must be an Abia state woman to have allowed herself be used as slave in her marriage.

westlius

43Ronin:

U dey answer OP. OP wan SIMPLY f*ck person wife, e dey cook up excuses.

Just concern oo
because I knw the stress she passes tru at work

westlius

kelspinall:

oga mind ya b*ness..

nde feeling for her kwenu!!!

Is it till they drop her because she sleeps most times in d office because of stress

westlius

43Ronin:

U dey answer OP. OP wan SIMPLY f*ck person wife, e dey cook up excuses.

Bro we only see or talk Monday-Friday (official hours)
She had to tell me for advice.
Not everyman who sleeps with any woman he talks to

westlius

fman:

Either ways
Minding individual business
Is the best in life.
Mind u, I never judged
Rather, I cautioned.
Funny tho,
U r the one judging u.

That's how everybody minded there business now osinahi is no more

fman

westlius:

That's how everybody minded there business now osinahi is no more

R u advising me to poke nose into people's lives?

westlius

ifihearam:

Yeye OP

leave her and her marriage alone

she is enjoying it else she can put a stop to it..mind your business(woman wrapper).

Your eye dey another man wife. yeye man.

Is it until she is sacked for less productivity in the office, then she and her husband will manage the 35k salary

kelspinall

westlius:

Is it till they drop her because she sleeps most times in d office because of stress

boss didn't she noticed that before saying i do...

westlius

kelspinall:

oga mind ya b"ness..

nde feeling for her kwenu!!!

Its until she is sacked because of d low productivity that's when it will b my buz abi

Hndrrxxx

Femiwilli



Peawam

Why is it that when you say you want a better Nigeria without mentioning the name of any candidate, everybody will think you are talking about Peter Obi?

Lanretoye

If he earns 50k,where does he get the money to be cooking everyday.

Rawtruth1

Amebo go rest

Naganda

Okay

tctrills

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I tire for people like you who poke their nose in others business. You should be ashamed of yourself.



jamesversion

Mind your business, Mind your business.



charlesedu777

Talk about your own. Ever time my friend that this.
What about you own.



jesmond3945

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Your colleague is a fool. She no dey read stories. Mumu



ogkrakkid

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Stfu and face your business. Mr nice guy my foot. U wan enter person wife.spoil their union.
I wish say na one on one discussion u bring come with me make u see my attitude.
No face your problem.punkass.



Fuckingmallam45

HighTableVoice:

Did it occur to you that he maybe the one in the condition and looking for a dignify way in seeking an advice. Do not try to judge anyone or presume to do so out of immaturity. It is unwise. And mind you, even if issue isn't his, he is a friend to the family and only seeking how to make things easier for them. Think about that too

Then, he should be straight forward. By that time, we re going to take him serious.



Sowiki

How's someone earning less than 50k able to afford everyday soup?



drlateef

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That means they spend at least 60k on food alone. Not to talk of other items, house rent, bills etc. The man must be stealing from somewhere if he can afford that lifestyle.



HopeNeverDies

Wtf is your business??

Lollittaa

efficiencie:

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The same you will lambast Regina Daniels of this world for marrying rich men.

She marry money bag, na gold digger

She marry poor man na mumu

faithfull18

Lol, chai, let me not talk.

GloriousGbola

Keep it up, and the wife will wise up and leave.

a friend was doing this exact same nonsense.

all the usual african man chancing and not backed up by actual bring home the big dough

and his wife was far better career wise than him - to the point where she even helped him get his last job - which he fked up

today they are seperated, the woman has a high flying and going higher career, and my guy just dey struggle

a lot of guys out there - their madam dey cover their unclothedness, and they still want to act as if they married a boli hawker they can push around.

your guy will either wind up killing the woman with stress, or she will get herself together and leave him

Lollittaa

fman:

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You no go mind ya business so!!

I detest ya type.

Kpomo man / Amibo.

Bloody hypocrite.

Devilish incarnate.

See the way u narrated what is going on in another man's family like say u are part of the family.

Why are u interested in his affairs.

Cos u are harbouring feeling for his wife.

No go marry ya own.

Seems you men have no iota of trust in your fellow men. You distrust women, still distrust men.

"That's how he grew up"

This excuse is not excusing at all.

Romanoff

A struggling man whose wife earns more and supports the family financially only wants fresh meals every day.

He won't be the one to go to the market to buy the ingredients, he won't be the one to cook the food.

The woman will go to work, go to the market and come back and cook fresh food every day while he crosses his legs to wait for food to be served to him cause he's the "man".

That's not to say he won't want to mount the wife later at night o.

If you never marry, open your eyes marry who get sense.

lifestyle1

Do you have any old Inactive Fiverr buyer account?

Send me a message on WhatsApp through the number on my signature.

I will buy it.

Nawttiboi007

The next thing now na to bang her dey ur mind... but believe me what goes around comes around enuf said

Midas01

Nigerian men are just evil and that's a fact.

alizma

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Hmmm

deizbaba

If they sack that woman for low productive effort or she suddenly dies, that man will jump to the next woman,,so she should not kill herself over a man oh

victorVIC1

How do you feel comfortable discussing with a married woman to the point of knowing her husband's salary. Na dey try o

Midas01

Shut up and receive sense. Mumu.

Godided:

What now our own?

Loliittaa

GloriousGbola:

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today they are seperated, the woman has a high flying and going higher career, and my guy just dey struggle

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your guy will either wind up killing the woman with stress, or she will get herself together and leave him

A sensible comment. Very sensible.

Either an osinachi scenario will happen or she will leave and be better off.

Sometimes I wonder why such women stay with such losers for so long.

Vulcan24

You have no idea what is coming to you, putting other ppl s business on debate.

You have been warned, stay away from ppl s homes and affairs

Concentrate on your own life

seunmind44

Many people died young for not minding their own business

fman

Loliittaa:

Seems you men have no iota of trust in your fellow men. You distrust women, still distrust men.

"That's how he grew up"
This excuse is not excusing at all.

Trust no one...
If you truly wanna go far in life.



seunmind44

Vulcan24:
You have no idea what is coming to you, putting other ppl s business on debate.

You have been warned, stay away from ppl s homes and affairs
Concentrate on your own life

no mind am.



nuroegbu

So my question is.
*Did they date before getting married? If they did, did the guy hide this part of him from her? If No, why the complain now!!!!
* Mind your business.. dem no dey put mouth for married people wahala..



Joe4real1988

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The man nor too dey reason well. Well, let her resign from her work and focus on cooking, let all the financial burden be on him, that's if the wife is contributing to the financial activity of the home. Me wey dey cook once, put for freezer and forget about cooking for the whole week. Nonsense 🤔🤔🤔



Icumsa45

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I feel for her seeing her in the morning at work looking stress out

My fiance struggles to turn on gas cooker and I have told her severally to learn. But no wahala, she will learn the hard way, I will bring a side chick to teach her , I can't be suffering because of marriage. At least if you cook, I will be warming it.



Freshgrace4life

We do cook everyday in our own house



lawrenzoo

westlius:

Its until she is sacked because of d low productivity that's when it will b my buz abi

So what do u want to do about it? Can u help her? No. So what's the essence.
Just curious, so her marital issue kept u awake till 1am.
I just hope u not lusting after the woman.



Lollittaa

victorVIC1:
How do you feel comfortable discussing with a married woman to the point of knowing her husband's salary. Na dey try o

Do you know it is possible to overhear people's conversations. Or does your ears work at limited range?

All of you saying "mind your business". Do you even read at all? Did he state that "she told me"? Someone is lamenting to her female colleagues and he heard them and y'all trying to cover for her useless husband.



efficiencie

Loliittaa:

The same you will lambast Regina Daniels of this world for marrying rich men.
She marry money bag, na gold digger
She marry poor man na mumu

The fault of the lady the OP spoke of is not that she married a poor man. She married an idiot. There are poor men who are understanding, reasonable and empathetic. They may be poor now but with their mentality they will evolve into being rich...but you see fools like the one that the lady in question married are the type that render ladies useless. If you must marry, don't marry a fool. Don't say "I am not getting any younger" and get married to an idiot. There are men out there that live a life of purpose. They may be poor but they are on their way to the top and they need help. It is such men that should have supportive wives.



Lollittaa

Icumsa45:

My fiance struggles to turn on gas cooker and I have told her severally to learn. But no wahala, she will learn the hard way, I will bring a side chick to teach her, I can't be suffering because of marriage. At least if you cook, I will be warming it.

Correction, you will bring ONE OF your side chicks and upgrade her to the main chick.



Midas01

These same Nigerian men will turn errand boys when married to their white grandmothers but they dish every rubbish at Nigerian women...

Meanwhile frustrated redpillers on NL will tell you women don't contribute nothing to marriage and relationships.

The fact remains that an average Nigerian man cannot survive without a woman in his life. If that woman slumps and dies now due to stress he'll get married months later. That's how much Nigerian men can't do without women in their lives.

Imagine telling her to resign just she can be his full time nanny.... Smh..

Romanoff:

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The woman wi gk to work, go to the market and come back and cook fresh food every day while he crosses his legs to wait for food to be served go him cause he's the "man".

That's not to say he won't want to mount the wife later at night o.

If you never marry, open your eyes marry who get sense.



Ibechris2

Your colleague married an idiot and she too dey craze join.

This is what some women do that makes me cringe.

He earns 50k yet he is this demanding.

How can this kind family grow when all the benefits from work is spent on food.

Nawah.



jasminer

She should collect leave from her office (try as much as possible to make it a long leave). A month plus if possible.

Go home and tell her husband that she has been sacked and her last salary wasn't paid infact her account has been restricted pending investigation from the office.

Let him fund his lifestyle with that 50k. Hardship has a way of curing certain madness.



victorVIC1

Loliittaa:

Seems you men have no iota of trust in your fellow men. You distrust women, still distrust men.
"That's how he grew up"
This excuse is not excusing at all.

Guy calm down. I'm not sure you would find it pleasing if your wife discusses your salary and other private issues with another man. If she really needs help, there are key family figures she should take it up

with not you.

backtalkG

She might be lying to you or exgerating the issue to get your attention and empathy. Women do that lots of the time

Lollittaa

efficiencie:

The fault of the lady the OP spoke of is not that she married a poor man. She married an idiot. There are poor men who are understanding, reasonable and empathetic. They may be poor now but with their mentality they will evolve into being rich...but you see fools like the one that the lady in question married are the type that render ladies useless. If you must marry, don't marry a fool. Don't say "I am not getting any younger" and get married to an idiot. There are men out there that live a life of purpose. They may be poor but they are on their way to the top and they need help. It is such men that should have supportive wives.

Na you know.

If he likes let him be wiser than king Solomon, if he's poor, he's not an option.

Poverty conceals genuine character.

That's why you men develop strange taste in different women once you start making money.

Gloriagee

How will he know? any how she can meal prep by buying things in bulk and parboiling meat etc, blending tomatoes.... But all this wahala on top man wey dey earn N50,000 🤔

westlius:

Pls pardon my grammar.

Please men have mercies for your wives. My colleague's husband doesn't eat frozen foods, meaning she cooks every day for him. She closes from work by 5 and gets home before 7, she goes to market everyday to cook soup for the husband.

I really do feel for her, to the extent the man threatening her to resign so she can take care of him (He earns below 50k and she earns much more).

She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

victorVIC1

Lollittaa:

Do you know it is possible to overhear people's conversations. Or does your ears work at limited range?

All of you saying "mind your business". Do you even read at all? Did he state that "she told me"? Someone is lamenting to her female colleagues and he heard them and y'all trying to cover for her useless husband.

Direct your efforts to things that are more value adding. I wonder how na dey get time

Raj10

westlius:

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I feel for her seeing her in the morning at work looking stress out

Oga mind your business

Midas01

Typical of a Nigerian man to support the oppressor, who so happens to be another Nigerian man.

Very typical.

ogkrakkid:

Stfu and face your business. Mr nice guy my foot. U wan enter person wife.spoil their union.

I wish say na one on one discussion u bring come with me make u see my attitude.

No face your problem.punkass.



Mathain19

That man is making use of the bride price he paid What a genius!! ; 🤔



CSTRR

That is what happens when you marry a deficit because he is good looking alone.

Continue, ladies.

Na una body go tell una.



We4all

Where Una dey get all these useless men from? Unfortunately, there are men like him on Nairaland hiding under the guise of redpill to mistreat women.



JayPeeOham

westlius:

Pls pardon my grammar.

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I really do feel for her, to the extent the man threatening her to resign so she can take care of him (He earns below 50k and she earns much more).

She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

Wait! Let me understand your caption!

Your colleague is a woman and she has a husband who is also married to another woman.... 🤔



Lollittaa

Midas01:

These same Nigerian men will turn errand boys when married to their white grandmothers but they dish every rubbish at Nigerian women...

Meanwhile frustrated redpillers on NL will tell you women don't contribute nothing to marriage and relationships.

The fact remains that an average Nigerian man cannot survive without a woman in his life. If that woman slumps and dies now due to stress he'll get married months later. That's how much Nigerian men can't do without women in their lives.

Imagine telling her to resign just she can be his full time nanny.... Smh..

Yet everyday they're lamenting on redpill thread how women are useless, how men don't get anything out of marriage.

The average Nigerian married woman is not just a chef, a house keeper but a nanny.

Quote me anywhere.

Or else, like you said, why do they remarry less than 2 years when their wives die?



efficiencie

Lollittaa:

Na you know.

If he likes let him be wiser than king Solomon, if he's poor, he's not an option.

Poverty conceals genuine character.

That's why you men develop strange taste in different women once you start making money.

Not all men are like your boyfriend. I didnt force you to spread your legs for the fool that pumped you. So if you like be like the lady that the OP talked about and donate your destiny to a fool. There are women getting married to men of purpose and they are happy about their decision.



Rosaline5000

efficiencie:

Tell your colleague she foolishly married an ingrate. Your colleague is at fault here. She saw a living manifestation of stupidity and decided to marry him. You ladies will say yes to idiots and start lamenting. The man earns 50k and he is complaining about frozen food. There are men earning much more than that yet for the sake of preserving the life of their wife who is also supporting the family they eat what is available until they are buoyant enough to tell her to stop slaving away at a 9-5 job and focus on a career or support the home from fully. Ladies, stop marrying idiots in a hurry and giving the lame excuse "I am not getting any younger"!

I am in love with you 🤔



Loliittaa

fman:

Trust no one...
If you truly wanna go far in life.

Your problem not mine.
I'm not the one who thinks women are useless and yet distrust his fellow man.



ogkrakkid

Midas01:

Typical of a Nigerian man to support the oppressor, who so happens to be another Nigerian man.

Very typical.

Just shut d Bleep up abeg.



Midas01

Abeg shut up. The woman's eyes will clear how? Are you sure you even have sense?

Who do you think will lose in such case?

The man earning 50k or the woman earning much more?

The woman will simply be free to live her life while the man will be looking for another slave to cook everyday meals on his 50 k salary...

Mumu thinks marriage is heaven's ticket for women.

Fiscus105:

Though, his attention seeker.

But this scenario still happening in real life, ...if it's happened, I see him enter that woman in no distance time, provided he hasn't. When the marriage finally scattered, the woman eye will now open.



Babaflenjor

Hmmm this guy is an unserious human being, " he doesn't eat frozen foods, he can't eat food prepared after 24 hours" what is Ur business in all these, doesn't the lady know all these before she got married to him

Or was the husband eating all these before they got married and later changed, the op is a stupid home breaker, tell us Ur interest in this lady and let us....



Loliittaa

efficiencie:

Not all men are like your boyfriend. I didnt force you to spread your legs for the fool that pumped you. So if you like be like the lady that the OP talked about and donate your destiny to a fool. There are women getting married to men of purpose and they are happy about their decision.

Now you resorted to insults. I mean what would a halfwit do to prove his halfwitted points?



Loliittaa

Rosaline5000:

I am in love with you 😊

You don't know what you're loving



Midas01

The problem is most of you are evil.

Baronthecelabri:

don't mind them, when they see Mr nice guy,they take him for granted saying he's too weak. She will die like osinachi.



Ashirioluwa

What's your business with that? If the lady doesn't enjoy the idea of cooking all the time, she will quit or call her husband to order. I hate made-up and nollywood stories.



adisabarber

Wetin una talk reach there. OP learn to mind your business

westlius:

Pls pardon my grammar.

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womanofsteel

westlius:

Pls pardon my grammar.

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I feel for her seeing her in the morning at work looking stress out

Which kind of simping women be these sef? When she's tired, she knows what to do.



rita25

WICKED NARCIST MEN POORLY TRAINED BY THEIR MOTHERS EVERYWHERE WITH SUPPORTIVE AND ENABLING FAMILY WHO SEE NOTHING WRONG IN THEIR BEHAVIOUR BUT WHEN ANOTHER MAN TRIES IT WITH THEIR SISTERS AND DAUGHTERS THEM GO WAN MAD...BUT THEY ARE DOING IT TO SOMEONE ELSE CHILD ALL IN THE NAME OF MARRIAGE



fman

Lolittaa:

Your problem not mine.

I'm not the one who thinks women are useless and yet distrust his fellow man.

Your opinion

Not me!!



CSTRR

Raj10:

Oga mind your business

It is not everything you mind your business.

Personally, I can't watch a woman I care about in a friendly way, wasting away because of marriage that many people are leaving everyday.

I will talk.

It is left for her to take my advise.



Amumaigwe

westlius:

Pls pardon my grammar.

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She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

Oga leave that woman's marriage alone. The way you are meddling, you will end up turning the wife onto a rebel. She is old enough to consider her options. You don't know the agreements they reached before that marriage was contracted, neither do you know the full story. Try and back off.



Loliittaa

We4all:

Where Una dey get all these useless men from? Unfortunately, there are men like him on Nairaland hiding under the guise of redpill to mistreat women.

You have asked and answered your question.



Raj10

westlius:

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Packaged or frozen food items contain trans fats that increase the risk of getting heart disease, and are also linked to clogged arteries. This fat increases bad cholesterol in the body and lowers the good cholesterol. All this contributes to heart illness.



Lifeandliving

Loll... it's hilarious how almost everyone commenting on this topic has been sidestepping the truth and even trying to make the op look bad for feeling concerned about a fellow human like him.. It says alot though that Nigerians generally lack human feelings and by the way op you aren't lucky to have intelligent people comment on your post..'cause all I have seen here are just illiterate, narrow-minded people who mistake concern for lust and 'busybodyiness'

Concerning the topic,the woman don enter one chance.There are many women who are in this situation.I have two married female colleagues at work who are also overworked both at home and at work,one has even started looking masculine...Sometimes,I look at married women and I begin to wonder why people are always in a rush to get married and begin slaving themselves away!lol..

Personally,I think the problem stems from societal stereotypes and the issue of badly raised male children;who can hardly boil a kettle of water for their own bath and who thinks women are second class beings!

Some women are not much different from slaves but what baffles mostly is that these subjugated women also contribute significantly to the family upkeep!



Fiscus105

Midas01:

Abeg shut up. The woman's eyes will clear how? Are you sure you even have sense?

Who do you think will lose in such case?

The man earning 50k or the woman earning much more?

The woman will simply be free to live her life while the man will be looking for another slave to cook everyday meals on his 50 k salary...

Mumu thinks marriage is heaven's ticket for women.

Voice of hopelessness in the jungle.

Who did this to you? I guess Buhari regime is to be blamed for your frustration.



Loliittaa

Midas01:

The problem is most of you are evil.

The way they band together to support evil.

First they shame the person who may have overheard her talking to someone.

Then they shame the woman for not concealing her problems..

Then they blame her for marrying an obvious idiot.

Not one blame for the man.

"afterall he grew up like that"



Loliittaa

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"afterall he grew up like that"

CSTRR

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Which agreement Justifies turning a working wife to a needless slave?

He can't eat frozen food. Does that make sense to you?

And she is not a housewife.

That man is an enemy. If he likes her like his own body, he won't treat her like that.

detectivejones

So the idiot wants us to believe he ate fresh food everyday in his father's house. All these men that will eat all kind of stale food before marriage and start forming what I doN't know after marriage.

Lollittaa

Lifeandliving:

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Some women are not much different from slaves but what baffles mostly is that these subjugated women also contribute significantly to the family upkeep!

Welcome to Nairaland where people hide under anonymity to show deep hatred to women.

The truth is Nigerians are generally devoid of morals or human sympathy, for the most.

Forget our religiosity, we are innately a wicked nation.

Lollittaa

Fiscus105:

Voice of hopelessness in the jungle.

Who did this to you? I guess Buhari regime is to be blamed for your frustration.

You are the frustrated one here.

CSTRR

Even canteens don't cook every soup everyday.

Some of the soups are frozen.

Stupid man.

lawrenzoo

Lollittaa:

Seems you men have no iota of trust in your fellow men. You distrust women, still distrust men.

"That's how he grew up"

This excuse is not excusing at all.

How will whatever advice he gets here assist the colleagues in question?

Upbringing could be part of it.

my mom always made sure breakfast was ready before 7:30 when I got to secondary school by 7:25 we are already at the dinning Hall for breakfast.

When I got to the university it was already a part of me. I don't go out without eating even if I have to leave the house by 6am. Till today I still do breakfast every morning before leaving the house.

The only problem here is that the mans earning doesn't support his life style. It's now left for the wife to stay or leave. She has a choice



twosquare

Mind your business.



emmanuelbrown26

Coinwarrior:

true.you know his type

DONT MIND D FUCKING OP, OP WAN Bleep D WOMAN THATS ALL. WHAT WERE THEY DISCUSSIN FOR OP TO KNOW WHAT D MAN EARNS AND D WIFE IS ALSO A VERY STUPID BITCH



Lollittaa

lawrenzoo:

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The only problem here is that the mans earning doesn't support his life style. It's now left for the wife to stay or leave. She has a choice

Since y'all mums prepared fresh food every day and y'all are now used to it. And you want to marry someone to replicate that.

Have you considered **marrying your mother**?

Because if you really want a continuation of that motherly routine, you should consider **marrying your mother**.



Natbrowny

(He earns below 50k and she earns much more).

This is d main issue.

Not eating any food after 24hours is legit bullsh*t.

If its really true. She knew b4 saying YES. marriage is a cross.



Anuoluwa12345

God bless you sir!. Thank God we still have sane men like this. I love this comment.

efficiencie:

Tell your colleague she foolishly married an ingrate. Your colleague is at fault here. She saw a living manifestation of stupidity and decided to marry him. You ladies will say yes to idiots and start lamenting. The man earns 50k and he is complaining about frozen food. There are men earning much more than that yet for the sake of preserving the life of their wife who is also supporting the family they eat what is available until they are buoyant enough to tell her to stop slaving away at a 9-5 job and focus on a career or support the home from fully. Ladies, stop marrying idiots in a hurry and giving the lame excuse "I am not getting any younger"!



Lollittaa

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If its really true. She knew b4 saying YES. marriage is a cross.

Even Jesus dropped his cross at Calvary. He didn't take the effing cross to heaven.



Natbrowny

Lollittaa:

Even Jesus dropped his cross at Calvary. He didn't take the effing cross to heaven.

No b lie. If madam no gree drop cross nko. Its her decision since hubby no wan pity her.



Originalsly

westlius:

I feel for her seeing her in the morning at work looking stress out

Are you married/in a relationship?... if yes... is your partner working?... if yes ... do you know she will look wayyy more stressed out at work because her husband/partner is stressing over another man's wife? And do you know a work mate will be taking interest in her just as you are showing interest in another man's wife? and just like that... she will be in a workplace relationship? Mind your business ... let the husband and wife take care of their problem ... or if you feel like doing something to help her out.... go and sit the husband down and let him know how much he is stressing her.... I'm almost sure he will listen to you and take some action. Now loading... R.I.P.



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Personally,I think the problem stems from societal stereotypes and the issue of badly raised male children;who can hardly boil a kettle of water for their own bath and who thinks women are second class beings!

what baffles me mostly is that these subjugated women also contribute significantly to the family upkeep!but they keep quiet and allow a heartless man to keep bossing them around all just to remain being called a Mrs...lol!



Loliittaa

Raj10:

Packaged or frozen food items contain trans fats that increase the risk of getting heart disease, and are also linked to clogged arteries. This fat increases bad cholesterol in the body and lowers the good cholesterol. All this contributes to heart illness.

Have you heard of such a thing as "food warming" over a fire? Strange word, right?



Raj10

emmanuelbrown26:

DONT MIND D FUCKING OP, OP WAN Bleep D WOMAN THATS ALL. WHAT WERE THEY DISCUSSIN FOR OP TO KNOW WHAT D MAN EARNs AND D WIFE IS ALSO A VERY STUPID BITCH

she is a fool for revealing her husband salary



Anuoluwa12345

That's it, she might see the signs very well.. and men like that are ppl wey be say, can't even cook shishi when they are in bachelor.. awon oloribu okunrin gbogbo.. as per rice and beans wey cooking be abi?

phemmyfour:

Wicked man, I m sure she saw the signs before she agreed to marry him



chochopiro

The man no get money but he get life style?



Anuoluwa12345

Wow, I love this comment. This coming from a man gives the society hope for the future. Women are raising nonsense as sons these days sincerely.

Acidosis:

Your colleague saw a living corpse and decided to marry him. How's that our business? Her mother in law is the right person to call at this point. She raised a living corpse, so invite her to come cook fresh food for her son with his 50k salary.

You and your colleague should not do pass una selves unless you people are ready to die for another woman's mistake. Call his mother to come and continue her fresh food duties.



Anuoluwa12345

Hummm

Baronthecelebri:

don't mind them, when they see Mr nice guy,they take him for granted saying he's too weak. She will die like osinachi.



Iagos

westlius:

Pls pardon my grammar.

Please men have mercies for your wives. My colleague's husband doesn't eat frozen foods, meaning she cooks every day for him. She closes from work by 5 and gets home before 7, she goes to market everyday to cook soup for the husband.

I really do feel for her, to the extent the man threatening her to resign so she can take care of him (He earns below 50k and she earns much more).

She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

Why would a female colleague divulge all these to you?



Aarenasbaba

The husband na high taste on low income



Iagos

westlius:

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She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

Why would a female colleague (someone's wife) divulge all these to you?
Sounds like she's trying to justify what she's doing with you. If you don't gerrittt.....



Loliittaa

Young ladies again and again you see men band together to support themselves NO MATTER what their fellow men do.

If you like, carry cement for head "I'm building with him" na you sabi.

Marry up, my ladies. Go for love where wealthy men are..

Even if he's a demon, you'll be crying in a Venza than in a keke napep.



Loliittaa

Natbrowny:

No b lie. If madam no gree drop cross nko. Its her decision since hubby no wan pity her.

How about the husband do better?

Or is that not an option? Are you men so hard hearted and impervious to change even if its killing the woman you claim to love?

Same men will shame a single mother. Without knowing if she left her husband to become a single mother.

Same men will say single men should beware of single mothers without even hearing her story..

Now y'all are saying when she's tired she will divorce him.



Anuoluwa12345

Humm.. God bless you se.

Nonexisting1:

Why is everybody condemning the OP and not saying anything about the stupid man in question? A man that earns less than 50k demands fresh food everyday and even goes to the extent of threatening his wife to quit her better paying job just to stay home and take care of him, not even the children sef is a useless man. I will never support evil no matter the gender that commits it. Nigga, never you advise the woman on what to do, just mind your business. One day her eye go clear and she will leave the useless man. She must be an Abia state woman to have allowed herself be used as slave in her marriage.



AliyuM71

OP you're the idiot motherfucker that want to take advantage of peoples wife.



BigIyanga

50k a day or month ? And he wants fresh food? Where does she get money??



lawrenzooo

Loliittaa:

Since y'all mums prepared fresh food every day and y'all are now used to it. And you want to marry.

Have you considered **marrying your mother?**

Because if you really want a continuation of that motherly routine, you should consider **marrying your mother.**

U should be logical in ur argument. I used my upbringing as an example and I never said my mom prepared fresh food every day.

Once I start dating a lady one of the first thing I tell u is I no dey take breakfast play.

Now here is my observation.

I have been in 4 relationship and they would all tell you they don't have problem preparing breakfast very early in the morning.

Only one out of the 4 of them was a morning person. The remaining 3 of them, everytime they were around I prepare breakfast eat and leave the house.

And funny enough the only one that always prepared breakfast before I leave the house was sincere enough to tell me that she can prepare breakfast even if I want it by 5am but she can only afford to cook twice a day.

Bottom line both party should be sincere in dating so everybody would know where dey would have to compromise.



Raj10

Lolittaa:

Have you heard of such a thing as "food warming" over a fire? Strange word, right?

not strange nigga just telling about d implication of frozen food many pple may lik it bt it is very harmful to d body



AliyuM71

Either ways, you're more problem to that family now. Motherfucker op



taurusmena1

Domestic violence in another form. Imagine earning below 50k and living a life of 500k. Pride has set in and equally ENTITLEMENT MENTALITY.

I pity the poor woman.

westlius:

Pls pardon my grammar.

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She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out



Banhammy717

Don't create issue where there's none.

Both of them should get a house maid to do the daily cooking.

Shikenna



emmanuelbrown26

Raj10:

she is a fool for revealing her husband salary

Fucking fool, compound fool



seunak2016

westlius:

Pls pardon my grammar.

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She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

the woman can get a girl to do the market job for her so she won't be stressed after work. na just to pick up the food stuff and cook at home.



peacettw

westlius:

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She isn't the only one.. I know a number of couples with similar quirks. We all have our issues. If this is something she can live with, then so be it.

My advice will be to strike some form of arrangement with the sellers to help her coordinate. A friend has someone who cooks for the family..



Moneyman

So sad.

Men, we really have to do better!

I pray my sisters never meet men like these.

Godddd!



Pimine

Foolish OP. Dem go soon use you count scores. Leave married women da fuq alone!



LARRYOBRAIN

Since the wife is not complaining, it's family matter, keep off.

westlius:

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Lifeandliving

Lollittaa:

Welcome to Nairaland where people hide under anonymity to show deep hatred to women.

The truth is Nigerians are generally devoid of morals or human sympathy, for the most.

Forget our religiosity, we are innately a wicked nation.

very correct!From experience I have learnt that the more religious they are the more wicked and inhumane they tend to get.Among majority of Nigerians, religiosity is directly proportional to wickedness!

As for Nairaland, the forum needs a revamp.Its fastly becoming a legitimate site for mysogynist,tribal bigots,perverted minds and the likes.. It seems most of the intelligent members have all migrated to Quora and Reddit.What is left are people who read topics with an unparalleled narrow-mindedness,make insane,absurd and unreasonable comments, rain insults,curses and abuses on anyone who dares to object to their opinions and eventually get rewarded with hundreds of likes by their fellow comrades in vawulence!lollll....



marvy7

I don't understand why pple are criticizing you, if pple don't speak out they all complain, when pple speak out, the person spoken to becomes the judged one.

Sir, i guess she is a decent lady and feels u are decent enough for her to spill her frustration to you probably also for advice.

Be careful not to swing so much to her side so that she doesn't begin to despise her husband and think other marriages are issues free. I think the husband is incentive but dialogue is the only way I know, let her keep discussing it with him, he might not change in one day but surely with time and if situation doesn't change then she will then think of another way but with her heads high knowing she has tried.

I am always of the opinion of helping pple when they ask if it's possible for you. I will only say thread carefully so that u don't get emotionally entangled. Women always look for where its easy to rest on emotionally (that's usually where it starts from) don't carry another man's own problem.



mikemike50

Fiscus105:

Though, his attention seeker.

But this scenario still happening in real life, ...if it's happened, I see him enter that woman in no distance time, provided he hasn't. When the marriage finally scattered, the woman eye will now open.

OP should simply comot his mouth, hand if possibly his John Thomas from person marriage.



Lollittaa

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I couldn't have put it any more succinctly as you have done.

Seems I'd sooner be packing my bags to Quora.

This extreme anonymity doesn't help matters on NL. People can be blatantly wicked because they know the meanness they give can not be traceable to them in person.



seangy4konji

Bastard wan knock the woman deg disguise



Freemasonry

All these stupid men with a humongous ego, and an infantile sense of entitlement get under my skin.

Imagine someone that earns 50k acting like this, if he mistakenly steps up to 300k, his wife will spend her days licking the ground he walks on.



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cayorday89

HighTableVoice:

They can maybe get a helping hand to ease the work load on the woman's end if they are able. If not, a young cousin, neice or nephew from either family side.

Boss try read the content you quoted to the end and not just halfway... How will they get extra hand on a salary less than 50k by a man who eats only daily meal.

For me, the wife is an enabler and the biggest culprit, if he can't adjust she ought to have gotten put of the marriage...

I am here wondering how far his income will take him in a month living alone with such lifestyle not to talk of a family if not that the wife bears the burden of the greater part of the finance and still have to go through all that stress...



Houserentprob

Very simple case, make the man be using is 50k salary order online soup daily and the wife Should be taking care of her kids thatâ€™s all.



Winters23

efficiencie:

Tell your colleague she foolishly married an ingrate. Your colleague is at fault here. She saw a living manifestation of stupidity and decided to marry him. You ladies will say yes to idiots and start lamenting. The man earns 50k and he is complaining about frozen food. There are men earning much more than that yet for the sake of preserving the life of their wife who is also supporting the family they eat what is available until they are buoyant enough to tell her to stop slaving away at a 9-5 job and focus on a career or support the home from fully. Ladies, stop marrying idiots in a hurry and giving the lame excuse "I am not getting any younger"!

Top G you've said it all, thank you!

Women should learn to avoid idiotic men...



Winters23

fman:

Werrin concern you?

Home breaker!!!

You no go mind ya business so!!
I detest ya type.
Kpomo man / Amibo.
Bloody hypocrite.
Devilish incarnate.
See the way u narrated what is going on in another man's family like say u are part of the family.
Why are u interested in his affairs.
Cos u are harbouring feeling for his wife.
No go marry ya own.

another idiot sighted



Fiscus105

Lifeandliving:

Loll... it's hilarious how almost everyone commenting on this topic has been sidestepping the truth and even trying to make the op look bad for feeling concerned about a fellow human like him.. It says alot though that Nigerians generally lack human feelings and by the way op you aren't lucky to have intelligent people comment on your post.. 'cause all I have seen here are just illiterate, narrow-minded people who mistake concern for lust and 'busybodyiness'

Concerning the topic,the woman don enter one chance.There are many women who are in this situation.I have two married female colleagues at work who are also overworked both at home and at work,one has even started looking masculine...Sometimes,I look at married women and I begin to wonder why people are always in a rush to get married and begin slaving themselves away!lol..

Personally,I think the problem stems from societal stereotypes and the issue of badly raised male children;who can hardly boil a kettle of water for their own bath and who thinks women are second class beings!

Some women are not much different from slaves but what baffles mostly is that these subjugated women also contribute significantly to the family upkeep!

When are you bringing ur own marriage to nairaland for us to discuss it? Since you are have taken a role of marriage mediator".

.....wen u get problem at work now, I'm very sure u will run to Nairaland to seek for undeserved sympathy and tell us lies how ur employer is wicked but u will fail to tell us, how u abandoned ur official duty at work and face people marriages to cause marital problems.



cayorday89

westlius:

Bro we only see or talk Monday-Friday (official hours)
She had to tell me for advice.
Not everyman who sleeps with any woman he talks to

You don't need to reply those people...



Noviagro

Wicked husband.The lady has to leave him.



maasoap

43Ronin:

U dey answer OP. OP wan SIMPLY fÃ°ck person wife, e dey cook up excuses.

ObaOfYorubaLand:

Even the woman is very stupid to be discussing so closely with you. Are you her brother or boyfriend?

Mind your own family business, every family has its own peculiar problems or challenges.

The man is not stressing the woman, its just who he is not because he want to be wicked but rather how he grew up.

Finally, encourage her that marriage has different sides but she should focus on the mans good side.

Also be careful and bury the thought of sleeping with her because you'll destroy yourself if you do.

fman:

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Cos u are harbouring feeling for his wife.
No go marry ya own.

fman:

Now u wan get BP on top another man
Palaver.
Him no send u

fman:

So na another man wife matter
Na keep awake this night.
Ya own don finish...
Imagine having a sleepless night..

I hate "herds mentality". Instead of you guys to learn from this post and move on, you came for the Op's head like you are the culprits over-stressing his wife.



Olumaeme

Your colleague need to quit the marriage. Its not by force or tell the man to get a maid.

You see, people must learn to put their well being over anybody. If someone is not allowing you to enjoy your life, you have to expunge them, no matter who they are, maybe your parents, husband, wife, brother etc.

You are not placed in this world to serve anybody, you have the right to do and not do, you have the right to say YES or NO.

No be by force.



frozen70

westlius:

Pls pardon my grammar.

Please men have mercies for your wives. My colleague's husband doesn't eat frozen foods, meaning she cooks every day for him. She closes from work by 5 and gets home before 7, she goes to market everyday to cook soup for the husband.

I really do feel for her, to the extent the man threatening her to resign so she can take care of him (He earns below 50k and she earns much more).

She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

So base on the salary both of them receives,
The man earns less than her, yet he doesn't eat frozen foods

I can understand that she is basically the one feeding him and the family and pay most bills

Then back to the topic
So she cooks every day and am sure from her pocket

That man salary is not even enough to feed the family assuming they preserve foods in the freezer not to talk much about cooking daily and using gas, even if it's firewood

Nonsense

Let her continue to be submissive and do the job of obedient wife

When the time comes, she will advise herself



maasoap

fman:

Either ways
**Minding individual business
Is the best in life.**
Mind u, I never judged
Rather, I cautioned.
Funny tho,
U r the one judging u.

Many innocent kids have been abused and killed by madams, ogas and guardians, even by parents while neighbours who could have done something about it were busy minding their businesses. 🇳🇮 🇳🇮 🇳🇮



Zorn

efficiencie:

Tell your colleague she foolishly married an ingrate. Your colleague is at fault here. She saw a living manifestation of stupidity and decided to marry him. You ladies will say yes to idiots and start lamenting. The man earns 50k and he is complaining about frozen food. There are men earning much more than that yet for the sake of preserving the life of their wife who is also supporting the family they eat what is available until they are buoyant enough to tell her to stop slaving away at a 9-5 job and focus on a career or support the home from fully. Ladies, stop marrying idiots in a hurry and giving the lame excuse "I am not getting any younger"!

Do you even believe this nonsense? How can somebody who earns below #50k be cooking fresh food everyday? Is the OP mad or something?



OgaTimo

at times it lazyest that couse this things(from the men)



Abusadiq01

fman:

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Why are u interested in his affairs.
Cos u are harbouring feeling for his wife.
No go marry ya own.

Guy hw far, dey calm down naa... Y ur blood dey hot!



Okhuadams

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I feel for her seeing her in the morning at work looking stress out

as long as is not domesticalistic violencelistic be careful make dem no discuss ur matter after round 3



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I feel for her seeing her in the morning at work looking stress out

At least he is not beating her. So be careful make dem no discuss ur matter after round 3



topiredo

westlius:

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I feel for her seeing her in the morning at work looking stress out

Nah hunger wey never waya him head.



omolasho

Oga stare clear of people's marriage, go get or manage your own wife!



RepoMan007

westlius:

Pls pardon my grammar.

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she should get a male maid to assist with shopping and initial cooking stage before such a wicked man finishes her. One mind is telling me the hubby will still manufacture excuse in future to further frustrate that lady.



BloomingDale

westlius:

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This is why a lot of women are opting out of marriage especially in the west. It will soon get to Africa



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Paxlovid

westlius:

I really do feel for her, **to the extent the man threatening her to resign so she can take care of him (He earns below 50k and she earns much more).**

Now this is hilarious. You mean the wife actually told you what her husband earns? Please stay away from people's marriages. If you are married, focus on yours. If you are not, then go and marry. You can then become the model spouse couples can emulate.



AutoChick4U

westlius:

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She should threaten the man as well.



etrouble

43Ronin:

U dey answer OP. OP wan SIMPLY fÃ¸ck person wife, e dey cook up excuses.

No dey leak secrets nah. As you don know, keep am as secret. E go soon come here to tell us about how a colleague's husband saw him and the colleague coming out of a hotel and wrongly accuse him of sleeping with his wife.



grandstar

efficiencie:

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This kind of man when he's earning â,500k monthly, he'll give his wife a bloody nose. He might even take a scibd wife



ukpahu

dont trust nigeria girl course all of them are uselees



fman

maasoap:

Many innocent kids have been abused and killed by madams, ogas and guardians, even by parents while neighbours who could have done something about it were busy minding their businesses.



Let the law judge them.
All the same,
Learn to mind ur business.



Ayodhejy

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I doubt this story because ,the person earns 50k cannot have option of frozen or not. Has the 50k enough for frozen a month tankless of fresh meat



Abelino

You must have the same evil and wicked mindset like the husband of the lady in quote!!! Why are you people so much wicked and always support wickedness and evil ? Just imagine what you just typed from your season of reasoning that the man is not stressing her . If it reverse was the case and this happens to be your sister how would you feel? Ingrates and gold diggers everywhere.Smh

ObaOfYorubaLand:

Even the woman is very stupid to be discussing so closely with you. Are you her brother or boyfriend?

Mind your own family business, every family has its own peculiar problems or challenges.

The man is not stressing the woman, its just who he is not because he want to be wicked but rather how he grew up.

Finally, encourage her that marriage has different sides but she should focus on the mans good side.

Also be careful and bury the thought of sleeping with her because you'll destroy yourself if you do.



GloriousGbola

Lifeandliving:

Lol... it's hilarious how almost everyone commenting on this topic has been sidestepping the truth and even trying to make the op look bad for feeling concerned about a fellow human like him.. It says alot though that Nigerians generally lack human feelings and by the way op you aren't lucky to have intelligent people comment on your post.. 'cause all I have seen here are just illiterate, narrow-minded people who mistake concern for lust and 'busybodyiness'

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Personally,I think the problem stems from societal stereotypes and the issue of badly raised male children;who can hardly boil a kettle of water for their own bath and who thinks women are second class beings!

Some women are not much different from slaves but what baffles mostly is that these subjugated women also contribute significantly to the family upkeep!

the problem is these guys thinking they can eat their cake and have it.

you want your food straight from the pot, steaming hot - then you marry a housewife.do not look at any university educated woman. find someone that stopped at secondary or primary. one that las las, she will sell pure water and ariel out of the house and be happy doing it. But no, they want a Behind, salary earning , university educated wife they can show off and still expect he to abandon her career

unfortunately, you cannot always tell what your guy is like - and of course so many women hope he can change. religion too plays a part as some may take a God will make a way approach and hope for the best.

the hope is that the woman has a strong support network - one that will tell her you deserve better than this. as women are also part of the problem



Kobojunkie

westlius:

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She says when a soup/stew/ other meals reaches 24 hours the husband cannot eat them again.

I feel for her seeing her in the morning at work looking stress out

Marriage is an agreement between a man and a woman. If your colleague agreed to living her life as if a slave to this man she calls her husband, I am afraid their really isn't much you can do for her. The fault does not really come from the man alone in this but the woman who accepts it as her place to cater to all his whims sadly. 🙄

So, ask your friend if this is really the life she envisioned for herself as a human being who happens to be married. And let her think carefully about her own choices as a fully capable adult and partner in her own marriage. 🙄