

# ARROGANT



Puncture self-important arrogance with humility.

## What it's about; what it does for us...

...Feeling we are better than everyone else. It entices us to behave as if we are the most important.

## We feel this when...

...we see ourselves as superior, better than everyone else.

## It makes us...

...think we are always right, dominate or isolate others to hold onto our status and power, to stay 'top dog'.

