## **KIND**



# Share what we have with others.

## What it's about; what it does for us...

...Feeling goodwill towards others; it pushes us to want to do things for them, so we can show our affection and strengthen our connection.

### We feel this when...

...we feel warmth for others.

### It makes us...

...try to include and make people welcome, do things for and care for others, and give to them willingly without expecting anything in return.



