

# GLOATING

## (SCHADENFREUDE)



Focus on camaraderie to eclipse gloating.

### **What it's about; what it does for us...**

...Being pleased at others misfortune; it lets us feel better about ourselves.

### **We feel this when...**

...we see something unfortunate has happened to others, especially someone we dislike, envy, or resent or with whom we are competing. It reduces their advantage over us.

### **It makes us...**

...take pleasure at their misfortune and so feel relieved, if not superior.

ME FIRST  
QUADRANT



GRUDGING ZONE

