

ARROGANT



Puncture self-important arrogance with humility.

What it's about; what it does for us...

...Feeling we are better than everyone else. It entices us to behave as if we are the most important.

We feel this when...

...we see ourselves as superior, better than everyone else.

It makes us...

...think we are always right, dominate or isolate others to hold onto our status and power, to stay 'top dog'.

