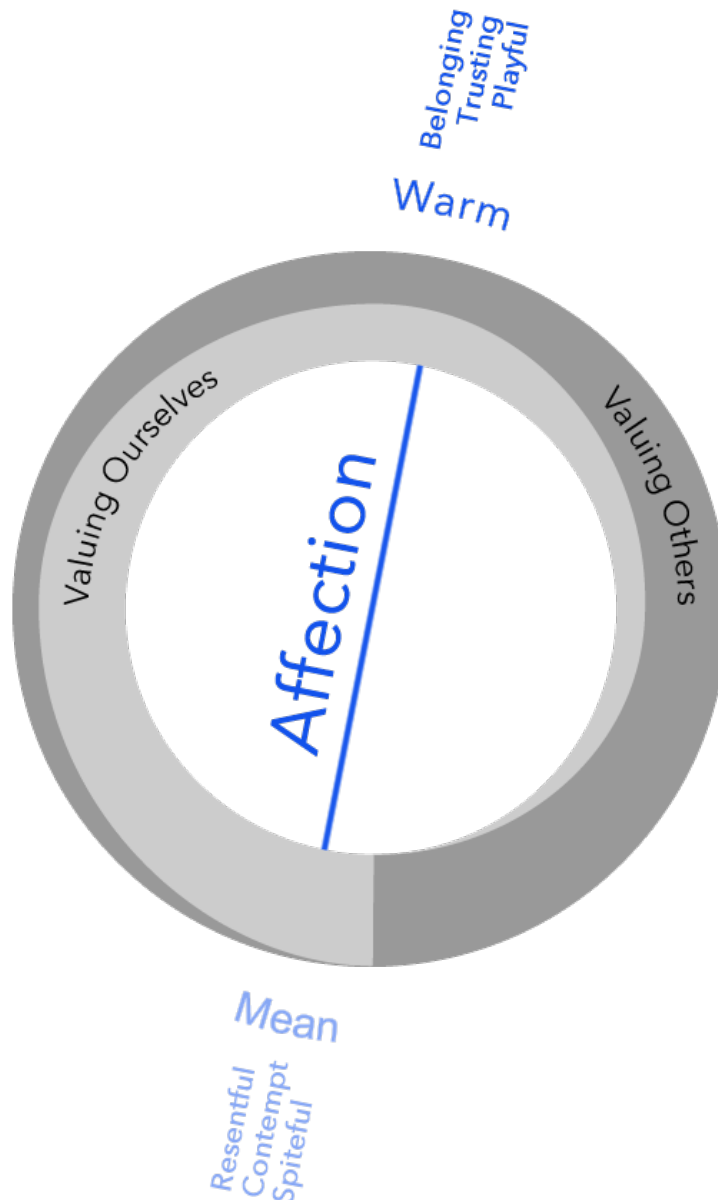


Warm Zone

feeling I belong, trusting or playful

I feel included and believe others will treat me well. This makes me feel safe and relaxed. I feel comfortable with others and have fun with them. I get on well with people and look out for them. I'm not worried about getting things wrong or being judged, because I don't take myself too seriously. I don't need to get my own way.



Affection

The feeling of being close and comfortable with people who are fond of each other. We feel attached to each other. We can be our real self.