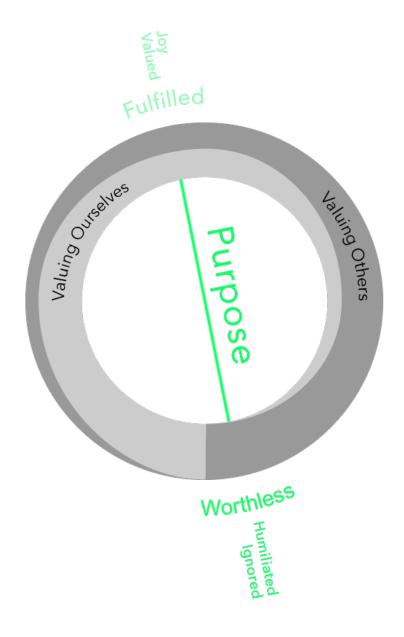
## Worthless

## feeling ignored, humiliated

I'm not being the kind of person I want to be. People put me down and poke fun at me. I put myself down. I feel ignored and less important than everyone else. I'm not listened to. I hide and keep to myself, taking part as little as possible so I don't make things even worse.



## Purpose

The sense of achieving what matters to us, doing what we love and being the kind of person we want to be. People respect us, even look up to us.