## **ANGRY**



# Channel anger to restore justice.

### What it's about; what it does for us...

...Believing there has been unfairness; it drives us to act and restore fairness and achieve justice.

### We feel this when...

...we feel treated unfairly or with disrespect. Or we see others being treated unfairly.

#### It makes us...

...try to sort things out, to stop future unfairness or people taking advantage of us. We defend ourselves and those we care about, improve our performance, or make ourselves appear powerful.



