# TRUST



# Expect the best of others through trust.

## What it's about; what it does for us...

...Believing others will treat us responsibly; it allows us to go along with them.

#### We feel this when...

...we believe in others and that they will look after us.

### It makes us...

...feel content and safe, we are willing to depend on and be open to others. We are able to be vulnerable.



