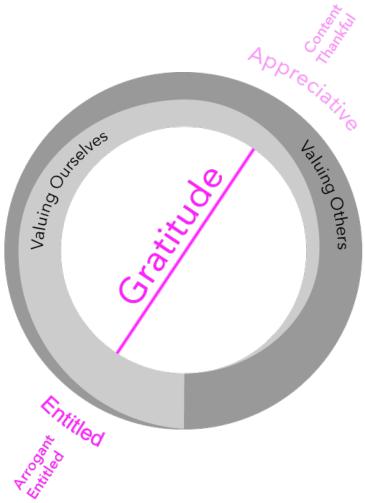
## **Entitled Zone**

## feeling arrogant, over-entitled

I feel more important than others and have more than most. I expect to be treated as special because of what I can do, and because of who I am. I show off and make sure everybody knows how proud I am of who I am. I claim all the fame for any success. Rules don't apply to me. I get angry when I don't get my own way. I take for granted what other people do for me.



## Gratitude

The deep appreciation of thankfulness that allows us to recognise the value of what we have and the kindness of others.