

CONFIDENT



Tackle challenges with confidence.

What it's about; what it does for us...

...Feeling able to do what we need to do, it enables us to feel ready for the challenge.

We feel this when...

...we believe we are able to cope with what we have to do and we don't doubt ourselves.

It makes us...

...believe in ourselves and embrace challenges, thinking we can succeed.

STRETCHING ME
QUADRANT

