

# PROUD



Credit ourselves for success with Pride.

**What it's about; what it does for us...**

...Feeling pleased with ourselves; it pushes us to stretch ourselves further.

**We feel this when...**

...we have overcome a challenge, either by ourselves or through others. We are the person we want to be.

**It makes us...**

...realise our success is largely down to ourselves. We celebrate. We develop our skills to seek further success. It helps build our confidence and raise our status.

STRETCHING ME  
QUADRANT

