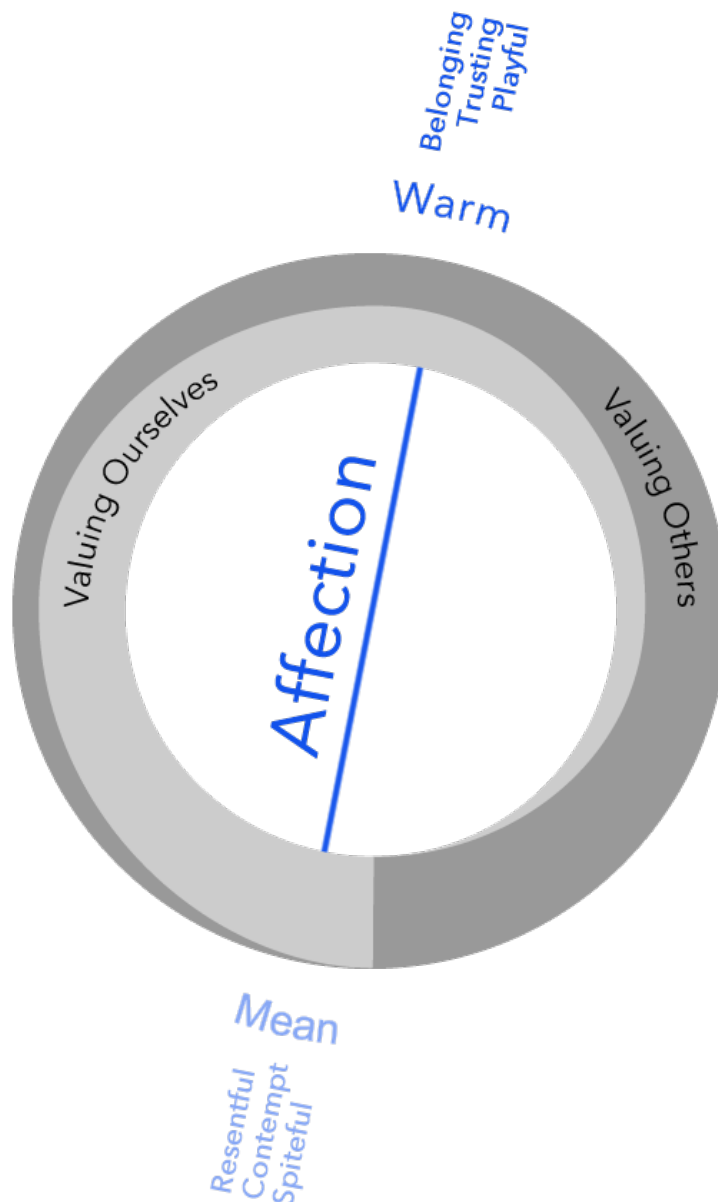


# Warm Zone

*feeling I belong, trusting or playful*

I feel included and believe others will treat me well. This makes me feel safe and relaxed. I feel comfortable with others and have fun with them. I get on well with people and look out for them. I'm not worried about getting things wrong or being judged, because I don't take myself too seriously. I don't need to get my own way.



## Affection Special Value

The feeling of being close and comfortable with people who are fond of each other. We feel attached to each other. We can be our real self.