

# KIND



Share our strength with others through kindness.

**What it's about; what it does for us...**

...Feeling goodwill towards others; it pushes us to want to do things for them, so we can show our affection and strengthen our connection.

**We feel this when...**

...we feel warmth for others.

**It makes us...**

...try to include and make people welcome, do things for and care for others, and give to them willingly without expecting anything in return.



CONNECTING ME  
QUADRANT



CARING ZONE