



1 Child's Name

2 Stage

3 Date

4 Key strengths in interacting

5 Key Issues / Barriers

6 The Stances

What is your child's main stance overall when in a positive mood?

What is your child's main stance overall when in a negative mood?

Double tick the dominant stance and **single tick** any other stance the child takes in different situations.

	No demands, eg, watching tv	Demands eg, tidy room	Homework	Playing with siblings, friends	Sports
Make it happen					
Get stuck in					
Quietly get on with it					
Mess about					
Hide					
Undermine					
Drain					

7 Possible factors underlying your child's stances Personality, motives, self talk, self emotions, social skills

8 The AGGRAVATORS the Don'ts - What aggravates their worst stance?

9 The STANCE-ENHANCERS, the Dos - what gets them into their best stance?

