



FIG 9-3 Head control while prone. **A**, The infant momentarily lifts the head at 1 month old. **B**, The infant lifts the head and chest 90 degrees and bears weight on the forearms at 4 months old. **C**, The infant lifts head, chest, and upper abdomen and can bear weight on the hands at 6 months old. Note how this position facilitates turning from the abdomen to the back.

Rolling Over