

sadness, and guilt regarding the birth of their cognitively impaired child. Demonstrate acceptance of the child because parents are sensitive to professionals' attitudes. Stress with the parents that the infant with DS needs to be fed, dressed, diapered, cuddled, held, talked to, played with, and loved, just like any other newborn. Explain the basis of DS to parents and provide counseling by a genetic professional, if available. Establish a medical home for the child with DS because of the risk of medical and behavioral problems. Discuss the benefits of early intervention educational programs and vocational training. Discuss both the positive and negative consequences of being a sibling of a child with DS, including a developmental explanation given to siblings regarding having a sibling with DS and the interventions to help siblings to adapt effectively to the experience of being raised in a family that includes a child with DS. Inform parents about the specialty DS clinics and available parent support programs and resources (e.g., pamphlets, articles, books, e-newsletters, web pages).

4. Parents of cognitively impaired children who are eligible will apply for available family financial and medical support. Parents will explain the basis of DS to medical providers and their families with the assistance of medical providers, if needed. Parents and the child with DS will participate in a family-centered medical home and DS specialty clinic, if available. The child with DS will participate in an early intervention educational program and may participate in vocational training. Parents of a child with DS will augment the child's educational program by providing supplemental education instruction within the home environment. Parents will identify the availability of a DS support group and other resources.

## **Chapter 19**

### **Complementary and Alternative Medicine**

1. Evidence: There is limited evidence to draw certain conclusions without obtaining more data from the parents. It would be appropriate to gather more information before jumping to any major conclusions at this time.