

when using a bronchodilator.

. Replace the cap on the MDI.

. If using a corticosteroid, rinse mouth or take a drink to remove residual medication (which can cause a yeast infection to develop).

Steps for Using the Inhaler with an AeroChamber (see Figure 21-9)

1. Remove the cap and hold inhaler upright.
2. Shake the inhaler.
3. Attach the AeroChamber. It comes with a mouthpiece attached for older children or a mask for younger children.
4. Apply the AeroChamber mask to child's face and make sure there is a good seal. For older children, insert the mouthpiece and seal lips around it to form an airtight seal.
5. Have child breathe slow, regular breaths. Depress the top of the inhaler canister firmly to release the medication (into the AeroChamber) as the child breathes slowly in and out. Relax the pressure on the top of the canister.
6. Hold the AeroChamber in place over the child's face until six breaths have been taken. Give one puff at a time and wait 1 minute in between puffs.
7. Remove the inhaler and AeroChamber. Apply to cap to the MDI.

Common Problems for Children Using Inhalers

- Child refuses or resists treatment.
- Inhalation is too rapid.