	adults with varying manifestations; cough and whoop may be absent, however, as many as 50% of adolescents may have a cough for up to 10 weeks (American Academy of Pediatrics, 2015) Additional symptoms in adolescents include difficulty breathing, and posttussive vomiting (See also	pulmonary hemorrhage in neonate) Weight loss and dehydration Hernias (umbilical and inguinal) Prolapsed rectum Complications reported among adolescents include syncope, sleep disturbance, rib fractures, incontinence, and pneumonia	Precautions and Droplet in health care workers exposed to children with persistent cough and high suspicion of pertussis.
	Immunizations, for discussion of pertussis immunization schedule.)	(American Academy of Pediatrics, 2015)	
Poliomyelitis		•	
Agent: Enteroviruses, three types: Type 1, most frequent cause of paralysis, both epidemic and endemic; type 2, least frequently associated with paralysis; type 3, second most frequently associated with paralysis	May be manifested in three different forms: Abortive or inapparent: Fever, uneasiness, sore throat, headache, anorexia, vomiting, abdominal pain; lasts a few hours to a few days Nonparalytic: Same manifestations as abortive but more severe, with pain and stiffness in neck, back, and legs	Preventive: Childhood immunization Supportive: Complete bed rest during acute phase Mechanical or assisted ventilation in case of respiratory paralysis Physical therapy for muscles after acute stage	Institute Contact Precautions. Administer mild sedatives as necessary to relieve anxiety and promote rest. Participate in physical therapy procedures (use of moist hot packs and range-of- motion exercises).
Source: Feces and oropharyngeal secretions of infected persons, especially young children Transmission: Direct contact with persons with apparent or inapparent active infection; spread via fecal-oral and pharyngeal-oropharyngeal routes Vaccine-acquired paralytic polio may occur as a result of the live oral polio vaccination (no longer available in	Paralytic: Initial course similar to nonparalytic type, followed by recovery and then signs of central nervous system paralysis	Complications: Permanent paralysis Respiratory arrest Hypertension Kidney stones from demineralization of bone during prolonged immobility	Position child to maintain body alignment and prevent contractures or skin breakdown; use footboard or appropriate orthoses to prevent footdrop; use pressure mattress for prolonged immobility. Encourage child to perform activities of daily living to capability; promote early ambulation with assistive devices; administer analgesics for maximum comfort during physical activity; give high-