

- In infants younger than 32 weeks' gestation, initial oxygen supplementation of 30% oxygen is as safe as 65% oxygen with no differences in chronic lung disease or oxidative stress markers ([Rook, Schierbeek, Vento, et al, 2014](#)).
- Systematic review of 21% oxygen versus 100% oxygen use for stabilization or resuscitation of newborns found a significant reduction in risk for newborn mortality as well as hypoxic ischemic encephalopathy when 21% oxygen was used ([Saugstad, Ramji, Soll, et al, 2008](#)).

In moderately asphyxiated term infants, those resuscitated with 100% oxygen had elevated oxidative stress markers in their blood at 28 days of age, whereas those resuscitated with 21% oxygen had levels similar to non-asphyxiated control infants ([Vento, Escobar, Cernada, et al, 2012](#)).

- In neonates 24 to 34 weeks' gestational age, a low oxygen strategy beginning with room air with a 10% increase in oxygen concentration every 30 seconds until satisfactory oxygen saturations were achieved resulted in less oxygen exposure, lower oxidative stress, and decreased respiratory morbidities compared to infants resuscitated with a high oxygen strategy (100% oxygen to start followed by 10% decreases in oxygen concentration every 30 seconds).
- In neonates 32 weeks' gestational age or younger, initiating resuscitation with 100% oxygen and titrating downward was more effective than initiating resuscitation with 21% oxygen ([Rabi, Singhal, and Nettel-Aguirre, 2011](#)).
- Use of heated and humidified air in neonates 32 weeks' gestational age or younger during resuscitation or stabilization in the delivery room minimized postnatal heat loss ([te Pas, Lopriore, Dito, et al, 2010](#)).
- Infants receiving 100% oxygen with positive-pressure ventilation and healthy infants transitioned in room air had similar increase in oxygen saturation, but a slower increase in oxygen saturation was observed in infants receiving 100% oxygen free flow ([Rabi,](#)