parents to participate in child's care without overwhelming them with responsibilities:

- Help with bath or feeding.
- Touch and talk to child.
- Help with procedures.

Provide information about child's condition in understandable language:

- Repeat information often.
- Seek clarification of understanding.
- During bedside conferences, interpret information for family members and child or, if appropriate, conduct report outside room.

Prepare child for procedures even if it involves explanation while procedure is performed.

Assess and manage pain; recognize that a child who cannot talk, such as an infant or child in a coma or on mechanical ventilation, can be in pain.

Establish a routine that maintains some similarity to daily events in child's life whenever possible:

- Organize care during normal waking hours.
- Keep regular bedtime schedules, including quiet times when television or radio is lowered or turned off.