

	<p>days assumes brownish appearance, and fine desquamation occurs over area of extensive involvement</p> <p>Constitutional signs and symptoms: Anorexia, abdominal pain, malaise, generalized lymphadenopathy</p>	<p>for children 6 through 11 months old; 50,000 International units for infants younger than 6 months old (American Academy of Pediatrics, 2015)</p>	<p>encourage fluids and soft, bland foods.</p> <p>Skin care: Keep skin clean; use tepid baths as necessary.</p>
Pertussis (Whooping Cough)			
<p>Agent: Bordetella pertussis</p> <p>Source: Discharge from respiratory tract of infected persons</p> <p>Transmission: Direct contact or droplet spread from infected person; indirect contact with freshly contaminated articles</p> <p>Incubation period: 6 to 20 days; usually 7 to 10 days</p> <p>Period of communicability: Greatest during catarrhal stage before onset of paroxysms</p>	<p>Catarrhal stage: Begins with symptoms of upper respiratory tract infection, such as coryza, sneezing, lacrimation, cough, and low-grade fever; symptoms continue for 1 to 2 weeks, when dry, hacking cough becomes more severe</p> <p>Paroxysmal stage: Cough most common at night, consists of short, rapid coughs followed by sudden inspiration associated with a high-pitched crowing sound or "whoop;" during paroxysms, cheeks become flushed or cyanotic, eyes bulge, and tongue protrudes; paroxysm may continue until thick mucus plug is dislodged; vomiting frequently follows attack; stage generally lasts 4 to 6 weeks, followed by convalescent stage</p> <p>Infants <6 months old may not have characteristic whoop cough, but have difficulty maintaining adequate oxygenation with amount of secretions, frequent vomiting of mucus and formula or breast milk</p> <p>Pertussis may occur in adolescents and</p>	<p>Preventive: Immunization; current belief is that childhood immunizations for pertussis do not confer lifelong immunity to adolescents and adults, so a pertussis booster is recommended for adolescents Refer to the CDC</p> <p>Immunization Guidelines</p> <p>Antimicrobial therapy (e.g., erythromycin, clarithromycin, azithromycin)</p> <p>Supportive: Hospitalization sometimes required for infants, children who are dehydrated, or those who have complications</p> <p>Increased oxygen intake and humidity</p> <p>Adequate fluids</p> <p>Intensive care and mechanical ventilation if needed for infants <6 months old</p> <p>Complications: Pneumonia (usual cause of death in younger children)</p> <p>Atelectasis</p> <p>Otitis media</p> <p>Seizures</p> <p>Hemorrhage (scleral, conjunctival, epistaxis;</p>	<p>Maintain isolation during catarrhal stage; if child is hospitalized, institute Standard and Droplet Precautions.</p> <p>Obtain nasopharyngeal culture for diagnosis.</p> <p>Encourage oral fluids; offer small amount of fluids frequently.</p> <p>Ensure adequate oxygenation during paroxysms; position infant on side to decrease chance of aspiration with vomiting.</p> <p>Provide humidified oxygen; suction as needed to prevent choking on secretions.</p> <p>Observe for signs of airway obstruction (increased restlessness, apprehension, retractions, cyanosis).</p> <p>Encourage compliance with antibiotic therapy for household contacts.</p> <p>Encourage adolescents to obtain pertussis booster (Tdap) Refer to the CDC</p> <p>Immunization Guidelines).</p> <p>Use Standard</p>