

	<p>direction.</p> <p>Perform traumatic procedures last (eyes, ears, mouth [while crying]).</p> <p>Elicit reflexes as body part is examined.</p> <p>Elicit Moro reflex last.</p>	Avoid abrupt, jerky movements.
<b>Toddler</b>		
<p>Sitting or standing on or by parent</p> <p>Prone or supine in parent's lap</p>	<p>Inspect body area through play: "Count fingers," "tickle toes."</p> <p>Use minimum physical contact initially.</p> <p>Introduce equipment slowly.</p> <p>Auscultate, percuss, palpate whenever quiet.</p> <p>Perform traumatic procedures last (same as for infant).</p>	<p>Have parent remove outer clothing.</p> <p>Remove underwear as body part is examined.</p> <p>Allow toddler to inspect equipment; demonstrating use of equipment is usually ineffective.</p> <p>If uncooperative, perform procedures quickly.</p> <p>Use restraint when appropriate; request parent's assistance.</p> <p>Talk about examination if cooperative; use short phrases.</p> <p>Praise for cooperative behavior.</p>
<b>Preschool Child</b>		
<p>Prefer standing or sitting</p> <p>Usually cooperative prone or supine</p> <p>Prefer parent's closeness</p>	<p>If cooperative, proceed in head-to-toe direction.</p> <p>If uncooperative, proceed as with toddler.</p>	<p>Request self-undressing.</p> <p>Allow to wear underpants if shy.</p> <p>Offer equipment for inspection; briefly demonstrate use.</p> <p>Make up story about procedure (e.g., "I'm seeing how strong your muscles are" [blood pressure]).</p> <p>Use paper-doll technique.</p> <p>Give choices when possible.</p> <p>Expect cooperation; use positive statements (e.g., "Open your mouth").</p>
<b>School-Age Child</b>		
<p>Prefer sitting</p> <p>Cooperative in most positions</p> <p>Younger child prefers parent's presence</p> <p>Older child may prefer privacy</p>	<p>Proceed in head-to-toe direction.</p> <p>May examine genitalia last in older child.</p>	<p>Respect need for privacy.</p> <p>Request self-undressing.</p> <p>Allow to wear underpants.</p> <p>Give gown to wear.</p> <p>Explain purpose of equipment and significance of procedure, such as otoscope to see eardrum, which is necessary for hearing.</p> <p>Teach about body function and care.</p>
<b>Adolescent</b>		
<p>Same as for school-age child</p> <p>Offer option of parent's presence</p>	<p>Same as older school-age child.</p> <p>May examine genitalia last.</p>	<p>Allow to undress in private.</p> <p>Give gown.</p> <p>Expose only area to be examined.</p> <p>Respect need for privacy.</p> <p>Explain findings during examination</p>