## <sup>†</sup>http://www.cnpp.usda.gov/MyPlate.htm.

\*Additional information regarding vegetarian diets may be found at the Vegetarian Resource Group; 410-366-8343; http://www.vrg.org. Another helpful resource is the KidsHealth website: http://kidshealth.org.

\*Helpful websites for health care and consumer information concerning herbs are National Center for Complementary and Integrative Health, https://nccih.nih.gov/; American Botanical Council, http://abc.herbalgram.org; and Herb Research Foundation, http://www.herbs.org.

\*More detailed information can be obtained from the American Academy of Pediatric Dentistry, http://www.aapd.org.

\*Sources of information about nursing caries and other aspects of child dental health include the National Institute of Dental and Craniofacial Research, National Institutes of Health, Bethesda, MD 20892-2190; 301-496-4261; http://www.nidcr.nih.gov; American Academy of Pediatric Dentistry, 211 E. Chicago Ave., Suite 1600, Chicago, IL 60611; 312-337-2169; http://www.aapd.org; American Dental Association, 211 E. Chicago Ave., Chicago, IL 60611; 312-440-2500; http://www.ada.org/; and Canadian Dental Association, 1815 Alta Vista Drive, Ottawa, ON K1G 3Y6; 613-523-1770; http://www.cda-adc.ca.

\*American Academy of Pediatrics, 141 Northwest Point Blvd., Elk Grove Village, IL 60007; 800-433-9016; http://www.aap.org; and local division of traffic safety or National Highway Traffic Safety Administration, 1200 New Jersey Ave. SE, West Building, Washington, DC 20590; 888-327-4236; http://www.nhtsa.dot.gov.

\*http://www.carseat.org.