Therapeutic Management

Conductive Hearing Loss

Treatment of hearing loss depends on the cause and type of hearing impairment. Many conductive hearing defects respond to medical or surgical treatment, such as antibiotic therapy for acute otitis media or insertion of tympanostomy tubes for chronic otitis media. When the conductive loss is permanent, hearing can be improved with the use of a hearing aid to amplify sound.

The nurse should be familiar with the types, basic care, and handling of hearing aids, especially when the child is hospitalized.* Types of aids include those worn in or behind the ear, models incorporated into an eyeglass frame, and types worn on the body with a wire connection to the ear (Fig. 18-7). One of the most common problems with a hearing aid is **acoustic feedback**, an annoying whistling sound usually caused by improper fit of the ear mold. Sometimes the whistling may be at a frequency that the child cannot hear but that is annoying to others. In this case, if children are old enough, they are told of the noise and asked to readjust the aid.

Nursing Tip

To reduce or eliminate whistling from a hearing aid, try removing and reinserting the aid, making certain that no hair is caught between the ear mold and the ear canal; cleaning the ear mold or ear; or lowering the volume of the aid.