

## Emergency Treatment

### Seizures

#### Tonic-Clonic Seizure

#### During the Seizure

Remain calm.

Time seizure episode.

If child is standing or seated, ease child down to the floor.

Turn child to one side.

Place pillow or folded blanket under child's head.

Loosen restrictive clothing.

Remove eyeglasses.

Clear area of any hazards or hard objects.

Allow seizure to end without interference.

Do not:

- Attempt to restrain child or use force to control their movements.
- Put anything in child's mouth.
- Give any food or liquids.

#### After the Seizure

Time postictal period.

Check for breathing. Check position of head and tongue.