

glucose levels is essential for effective insulin management during adolescence.

3. The first priority would be to focus directly on the issues of hyperglycemia. Determination of Shelly's practice of monitoring and managing her diabetes at home is essential. Areas of diabetes management that should be emphasized include careful dietary management, an appropriate exercise program, conscientious self-testing of blood glucose, appropriate administration of daily insulin, and adherence to sliding-scaling insulin therapy. Discussion of the emotional stressors she identifies at this time is appropriate.

4. Yes, Shelly's history of DKA over the past year supports her inability to monitor and manage her diabetes.