

activity and offensive language.

Prepare parents to expect resistance to parental authority.

Explore parental feelings regarding child's behavior.

Suggest some type of respite for primary caregivers, such as placing child in preschool for part of the day.

Prepare parents for child's increasing sexual curiosity.

Emphasize the importance of realistic limit setting on behavior and appropriate disciplinary techniques.

Prepare parents for the highly imaginative 4-year-old child who indulges in "tall tales" (to be differentiated from lies) and develops imaginary playmates.

Prepare parents to expect nightmares or an increase in them.

Provide reassurance that a period of calmness begins at 5 years of age.

## 5 Years Old

Inform parents to expect a tranquil period at 5 years of age.

Help parents prepare the child for entrance into school environment.

Make certain that immunizations are up to date before child enters school.

Suggest that unemployed parental caregivers consider own activities when children begin school.

Suggest swimming lessons for the child.

During this period, an emotional transition between parent and child occurs. Although children are still attached to their parents and accept all of their values and beliefs, they are nearing the