

agent acyclovir (Zovirax) or valacyclovir may be used to treat varicella infections in susceptible immunocompromised persons. It is effective in decreasing the number of lesions; shortening the duration of fever; and decreasing itching, lethargy, and anorexia. Consider oral acyclovir or valacyclovir for immunocompromised children without a history of varicella disease, newborns whose mother had varicella within 5 days before delivery or within 48 hours after delivery, and hospitalized preterm infants with significant varicella exposure ([American Academy of Pediatrics, 2015](#)).

Children with hemolytic disease, such as sickle cell disease, are at risk for aplastic anemia from erythema infectiosum. Human **parvovirus** B19 infects and lyses red blood cell precursors, thus interrupting the production of red blood cells. Therefore, the virus may precipitate a severe aplastic crisis in patients who need increased red blood cell production to maintain normal red blood cell volumes. Thrombocytopenia and neutropenia may also occur as a result of human **parvovirus** B19 infection. The fetus has a relatively high rate of red blood cell production and an immature immune system; it may develop severe anemia and hydrops as a result of maternal human **parvovirus** infection. Fetal death rates as a result of human **parvovirus** B19 have been estimated to be between 2% and 6%, with the greatest risk appearing to be in the first 20 weeks ([Koch, 2016](#); [American Academy of Pediatrics, 2015](#)).