

14 days and symptoms peak on day 2 to 3 of illness.

Box 21-3

Clinical Manifestations of Acute Nasopharyngitis and Pharyngitis

Nasopharyngitis

Younger Children

Fever

Irritability, restlessness

Poor feeding and decreased fluid intake

Sneezing

Nasal mucus (abundant) causing mouth breathing

Vomiting or diarrhea

Older Children

Dryness and irritation of nose and throat initially

Nasal discharge causing mouth breathing

Sneezing, chilling

Muscle aches

Cough (sometimes)

Physical Assessment Signs

Edema and vasodilation of mucosa

Pharyngitis

Younger Children