

FIG 4-3 A young child may take the expression "a little stick in the arm" literally.

School-Age Years

Younger school-age children rely less on what they see and more on what they know when faced with new problems. They want explanations and reasons for everything but require no verification beyond that. They are interested in the functional aspect of all procedures, objects, and activities. They want to know why an object exists, why it is used, how it works, and the intent and purpose of its user. They need to know what is going to take place and why it is being done to them specifically. For example, to explain a procedure such as taking blood pressure, show the child how squeezing the bulb pushes air into the cuff and makes the "arrow" move. Let the child operate the bulb. An explanation for the procedure might be as simple as, "I want to see how far the arrow moves when the cuff squeezes your arm." Consequently, the child becomes an enthusiastic participant.

School-age children have a heightened concern about body integrity. Because of the special importance they place on their body, they are sensitive to anything that constitutes a threat or suggestion of injury to it. This concern extends to their possessions,