

- a. Breastfeeding provides micronutrients and immunological properties.
- b. Eating preferences and attitudes related to food are established by family influences and culture.
- c. Most children establish lifelong eating habits by 18 months old.
- d. During adolescence, parental influence diminishes and adolescents make food choices related to peer acceptability and sociability.
- e. Due to the stress of returning to work, most mothers use this as a time to stop breastfeeding.

Correct Answers

- 1. b, c, e;
- 2. b, d;
- 3. a;
- 4. b;
- 5. a, b, d

References

- American Nurses Association. *Nursing's social policy statement: the essence of the profession*. American Nurses Association: Silver Spring, MD; 2010.
- Annie E Casey Foundation. *2014 Kids count data book: state profiles of child well-being*. The Foundation: Baltimore, MD; 2014.
- Berdahl TA, Friedman BS, McCormick MC, et al. Annual report on health care for children and youth in the United States: trends in racial/ethnic, income, and insurance disparities over time, 2002-2009. *Acad Pediatr*. 2013;13(3):191–293.
- Bond GR, Woodward RW, Ho M. The growing impact of pediatric pharmaceutical poisoning. *J Pediatr*. 2011;160(2):265–270.
- Bright Futures. *Prevention and health promotion for infants,*