

attention during the first 4 to 6 months.

- Encourage parents to establish a schedule that meets needs of child and themselves.
- Help parents understand infant's need for stimulation in environment.
- Support parents' pleasure in seeing child's growing friendliness and social response, especially smiling.
- Plan anticipatory guidance for safety.
- Stress need for immunizations.
- Prepare for introduction of solid foods.

## Second 6 Months

- Prepare parents for child's "stranger anxiety."
- Encourage parents to allow child to cling to them and avoid long separation from either parent.
- Guide parents concerning discipline because of infant's increasing mobility.
- Encourage use of negative voice and eye contact rather than physical punishment as a means of discipline.
- Encourage showing most attention when infant is behaving well, rather than when infant is crying.
- Teach injury prevention because of child's advancing motor skills and curiosity.
- Encourage parents to leave child with suitable caregiver to allow some free time.
- Discuss readiness for weaning.
- Explore parents' feelings regarding infant's sleep patterns.