

## Clinical Manifestations of Lymphocytic Thyroiditis

### Enlarged Thyroid Gland

Usually symmetric

Firm

Freely movable

Nontender

### Tracheal Compression

Sense of fullness

Hoarseness

Dysphagia

### Hyperthyroidism (Possible)

Nervousness

Irritability

Increased sweating

Hyperactivity

## Diagnostic Evaluation

Thyroid function test results are usually normal, although TSH levels may be slightly or moderately elevated. With progressive disease, the  $T_4$  decreases, followed by a decrease in  $T_3$  levels and an increase in TSH. The majority of children have antithyroid antibody titers. However, levels in children are lower than in adults; therefore, repeated measurements may be needed in doubtful cases because titers may increase later in the disease.