

- Retell the story.
- Read a special section with the nurse or parent.
- Draw a picture related to the story and discuss the drawing.
- Talk about the characters.
- Summarize the moral or meaning of the story.

Dreams

Dreams often reveal unconscious and repressed thoughts and feelings.

Ask the child to talk about a dream or nightmare.

Explore with the child what meaning the dream could have.

“What If” Questions

Encourage child to explore potential situations and to consider different problem-solving options.

Example: “What if you got sick and had to go the hospital?” Children's responses reveal what they know already and what they are curious about, providing an opportunity for them to learn coping skills, especially in potentially dangerous situations.

Three Wishes

Ask, “If you could have any three things in the world, what would they be?”

If the child answers, “That all my wishes come true,” ask the child