

Behavior

Predominantly sad facial expression with absence or diminished range of affective response

Solitary play or work; tendency to be alone; disinterest in play

Withdrawal from previously enjoyed activities and relationships

Lowered grades in school; lack of interest in doing homework or achieving in school

Diminished motor activity; tiredness

Tearfulness or crying

Dependent and clinging or aggressive and disruptive behavior

Internal States

Utterance of statements reflecting lowered self-esteem, sense of hopelessness, or guilt

Suicidal ideations

Physiological Manifestations

Constipation

Nonspecific complaints of not feeling well

Change in appetite resulting in weight loss or gain

Alterations in sleeping pattern, sleeplessness, or hypersomnia

Some states of depression are temporary, such as acute depression precipitated by a traumatic event. The causative event might include a period of hospitalization; loss of a parent through death or divorce; or loss of a significant relationship with something (a pet), someone (a friend or family member), or a place (move from a familiar home, neighborhood, or city). The easily