

		(e.g., "Your muscles are firm and strong"). Matter-of-factly comment about sexual development (e.g., "Your breasts are developing as they should be"). Emphasize normalcy of development. Examine genitalia as any other body part; may leave to end.
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- Examine painful areas last.
- In emergency situation, examine vital functions (airway, breathing, and circulation) and injured area first.

Reassure child throughout the examination, especially about bodily concerns that arise during puberty.

Discuss findings with family at the end of the examination.

Praise child for cooperation during the examination; give a reward such as a small toy or sticker.

The physical examination should be as pleasant as possible, as well as educational. The paper-doll technique is a useful approach to teaching children about the body part that is being examined (Fig. 4-5). At the conclusion of the visit, the child can bring home the paper doll as a memento.

