

equipment, supervise purchases, or allow children to use play equipment need to evaluate its safety, including toys that are gifts or those that are purchased by the children themselves. Adults should also be alert to notices of toys determined to be defective and recalled by the manufacturers. Parents and health care workers can obtain information on a variety of recalled products and can report potentially dangerous toys and child products to the US Consumer Product Safety Commission* or, in Canada, the Canadian Toy Testing Council.[†] Printable tips on toy safety are also available from Safe Kids Worldwide (<http://www.safekids.org>).

Coping with Concerns Related to Normal Growth and Development

Table 11-1 summarizes the major features of growth and development for the age groups of 15, 18, 24, and 30 months.

TABLE 11-1
Growth and Development during the Toddler Years

Physical	Gross Motor	Fine Motor	Sensory	Language	Socialization
15 Months Old					
Steady growth in height and weight Head circumference, 48 cm (19 inches) Weight, 11 kg (24 pounds) Height, 78.7 cm (31 inches)	Walks without help (usually since 13 months old) Creeps up stairs Kneels without support Cannot walk around corners or stop suddenly without losing balance without support Cannot throw ball without falling	Constantly casting objects to floor Builds tower of two cubes Holds two cubes in one hand Releases a pellet into narrow-necked bottle Scribbles spontaneously Uses cup well but often rotates spoon before it reaches mouth	Able to identify geometric forms; places round object into appropriate hole Binocular vision well developed Displays an intense and prolonged interest in pictures	Uses expressive jargon Says four to six words, including names “Asks” for objects by pointing Understands simple commands May shake head to denote “no” Uses “no” even while agreeing to the request Uses common gestures, such as putting cup to mouth when empty	Tolerates separation from parents Less likely to fear strangers Beginning to imitate parents, such as cleaning house (sweeping, dusting), folding clothes May discard bottle Kisses and hugs parents may kiss pictures in book Expresses emotions; has temper tantrums
18 Months Old					