



**FIG 11-5** To minimize sibling rivalry, parents should include the toddler during caregiving activities.

How children exhibit jealousy is complex. Some will hit the infant, push the child off the mother's lap, or pull the bottle or breast from the infant's mouth. For this reason, infants must be protected by parental supervision of the interaction between the siblings. More often the expressions of hostility and resentment are more subtle and covert. Toddlers may verbally express a wish that the infant "go back inside mommy," or they will revert to more infantile forms of behavior, such as demanding a bottle, soiling their underpants, clinging for attention, using baby talk, or aggressively acting out toward others. The latter is particularly common in preschoolers, who may seem accepting of the new sibling at home but behave poorly in daycare or preschool. This is a form of displacement that says, "I can't let my parents know how I feel, so I will tell you." Encouraging parents to explore how their older child is acting with other caregivers is an important aspect of intervention.

## **Temper Tantrums**