

60007; 847-434-4000; <http://www.aap.org>.

*Information on child development and behavior can be obtained through the American Academy of Pediatrics, Section on Developmental and Behavioral Pediatrics, <http://www2.aap.org/sections/dbpeds>.

*For a more comprehensive understanding, readers are urged to review Promoting Optimal Health During Toddlerhood, [Chapter 11](#).

*Excellent resources for parents related to mealtimes with toddlers and preschoolers include Jana LA, Shu J: *Food fights: winning the nutritional challenges of parenthood armed with insight, humor, and a bottle of ketchup*, Elk Grove Village, IL, 2008, American Academy of Pediatrics; and Satter E: *How to get your kid to eat ... but not too much*, Boulder, CO, 1987, Bull Publishing Co.