

Family's Knowledge of Illness-Defining Characteristics

- Understands definition of CKD
- States four signs of kidney failure
- Describes medications the child is taking and rationale for use
- Describes dietary modifications and rationale for use
- Expresses fears and concerns
- Shows appropriate reactions to child's illness

Nursing Diagnosis

Readiness for enhanced knowledge related to parents' interest in Susie's health status.

Nursing Interventions

What are the most appropriate nursing interventions for this diagnosis?

Nursing Interventions	Rationale
Review disease, medication, dietary, and other information at every encounter.	Understanding the medical condition and therapies allows families to make informed decisions about care. Optimal consistency with treatment will maximize renal function.
Arrange for renal dietitian to meet with family to review allowable foods and assist in dietary planning.	Improved understanding of the child's dietary needs increases ability to adhere to modifications.
Arrange for social worker to meet with family to assess emotional and financial needs.	This assistance is to identify and modify stressors associated with CKD.
As child nears end-stage kidney failure, arrange for discussions with a kidney transplant coordinator and/or dialysis nurse to discuss renal replacement therapies.	Family must be aware of positive and negative aspects of each therapy in order to make informed decisions.

Expected Outcome

- Susie's parents will understand the signs and symptoms of CKD and will understand the actions being taken by the health care team.
- Susie and her parents will follow the plan designed for managing