

## Early Signs

Headache

Epistaxis

Malaise

Fatigue

Chills

Low-grade fever

Loss of appetite

Puffy eyes

## Acute Disease

### Cardinal Features

Fever

Sore throat

Cervical adenopathy

### Common Features

Splenomegaly (may persist for several months)

Palatine petechiae

Macular eruption (especially on trunk)

Exudative pharyngitis or tonsillitis

Hepatic involvement to some degree, often associated with jaundice

## Therapeutic Management

No specific treatment exists for infectious mononucleosis. A mild