

lack of blame.

- Know local resources and choose help carefully.
- Provide opportunities to talk about the assault.
- Provide opportunities for the entire family to go through a recovery process.

Sexual assault affects everyone. To help deal with this social problem:

- Provide care and support to those who have been victimized.
- Recognize that offenders may not change behavior even with intervention.
- Organize neighborhood programs to support each other's efforts to protect children.
- Encourage schools to provide information about sexual assault as a problem of health and safety.
- Organize community groups to support educational treatment and law enforcement programs.

Modified from Adams C, Fay J: *No more secrets: protecting your child from sexual assault*, San Luis Obispo, CA, 1981, Impact.

NCLEX Review Questions

1. The mother of a 4-year-old health clinic patient asks the nurse about night terrors. Which statement by the mother reveals a need for further teaching? Select all that apply.
 - a. He will grow out of this stage when he is a little older.
 - b. Getting into a specific routine is helpful and can be calming to my son.
 - c. Watching TV with an adult is helpful so that he understands what is real.
 - d. I can help my child with sleep by giving him his favorite