

the child goes beyond the range.

8. Explain the amount, location, and kind of pain or discomfort the child may experience.

- Give any prescribed medication before leaving the facility.
- Send a pain scale home with the family.
- Explain how much pain and discomfort is “normal” and what to do if the child surpasses that level or if pain management interventions are unsuccessful.
- Discuss pain management, including dosage for pain medications and details on how to administer them.
- Describe appropriate nonpharmacologic comfort measures, such as holding, rocking, or swaddling.

9. Provide information about each medication that the child will be taking at home.

- Review the details, including dose and route.
- Demonstrate how to administer medications, if necessary (e.g., how to take outer packaging off suppositories, how to insert).
- Discuss guidelines for requesting other medications.
- Request that all prescriptions be filled and given to the family before discharge.