

eaten?

What foods and beverages does your child dislike?

How would you describe your child's usual appetite (hearty eater, picky eater)?

What are your child's feeding habits (breast, bottle, cup, spoon, eats by self, needs assistance, any special devices)?

Does your child take vitamins or other supplements? Do they contain iron or fluoride?

Does your child have any known or suspected food allergies? Is your child on a special diet?

Has your child lost or gained weight recently?

Are there any feeding problems (excessive fussiness, spitting up, colic, difficulty sucking or swallowing)? Are there any dental problems or appliances, such as braces, that affect eating?

What types of exercise does your child do regularly?

Is there a family history of cancer, diabetes, heart disease, high blood pressure, or obesity?

Additional Questions for Infants

What was the infant's birth weight? When did it double? Triple?

Was the infant premature?

Are you breastfeeding or have you breastfed your infant? For how long?

If you use a formula, what is the brand?

- How long has the infant been taking it?
- How many ounces does the infant drink a day?