

dehydration and salt-losing crises, parents need to be aware of signs of dehydration and the urgency of immediate medical intervention to stabilize the child's condition. Parents should have injectable hydrocortisone available and know how to prepare and administer the intramuscular injection (see [Chapter 20](#)).

In the unfortunate situation in which the sex is erroneously assigned and the correct sex determined later, parents need a great deal of help in understanding the reason for the incorrect sex identification and the options for sex reassignment or medical-surgical intervention.

Parents should be referred for genetic counseling before they conceive another child because CAH is an autosomal recessive disorder. Prenatal diagnosis and treatment are available.