

- Unlabored breath sounds
- Tolerance of activities appropriate for age

### Case Study (Continued)

George's parents ask you what you have found in your initial assessment. They ask about why he seems to be having problems breathing. What should you say to the parents?

### Assessment

What are the most important aspects of George's care to discuss with his parents at this time?

### Family's Knowledge of Illness-Defining Characteristics

- Understands definition of heart failure
- States four characteristics of signs of heart failure
- Describes medications the infant is taking
- Expresses fears and concerns
- Shows appropriate reactions to infant's illness

### Nursing Diagnosis

Readiness for enhanced knowledge related to parents' interest in George's health status.

### Nursing Interventions and Rationales

What are the most appropriate nursing interventions for this diagnosis?

Nursing Interventions	Rationales
Educate family about characteristics of HF. Assess and record effectiveness of teaching session.	To promote understanding of measures to improve cardiac function and decrease demands
Educate family about George's daily care, such as medication administration. Assess and record results and family's participation in care.	To promote understanding and of disease and medication side effects
Educate family regarding illness factors which should prompt them to take George to the primary practitioner (fever, blue skin color, poor eating).	To prevent further compromise of cardiac and respiratory status.

### Expected Outcome