

[Recommendations.htm](#).

*PO Box 3696, Oakbrook, IL 60522-3696; 630-990-0010, 877-969-0010;
<http://www.compassionatefriends.org/home.aspx>.

†Contact Maureen Connelly, 4324 Berrywick Terrace, St. Louis, MO 63128; 314-487-7582; or Martha Eise, Martha@amendgroup.com; <http://www.amendgroup.com>.

‡National Share Office, 402 Jackson Street, St. Charles, MO, 63301; 800-821-6819.

*Note that the term *addiction* is often associated with behaviors whereby the person seeks the drug(s) to experience a high or euphoria, escape from reality, or satisfy a personal need. Newborns who have been exposed to drugs in utero are not addicted in a behavioral sense, yet they may experience mild to strong physiologic signs as a result of the exposure. Therefore, to say that an infant born to a mother who uses substances is addicted is incorrect; *drug-exposed newborn* is a better term, which implies intrauterine drug exposure.

*1275 Mamaroneck Ave., White Plains, NY 10605; 914-997-4488;
<http://www.marchofdimes.com>.

†<http://www.cdc.gov/>.

‡4301 Connecticut Ave. NW, Suite 404, Washington, DC 20008;
<http://www.geneticalliance.org>.

*Always refer patient to a genetic metabolic specialist. For a reference list, visit the American Society of Human Genetics' website, <http://www.ashg.org>.

*For more information, contact American Society of Human Genetics, 9650 Rockville Pike, Bethesda, MD 20814; 301-634-7300, 866-HUM-GENE; <http://www.ashg.org>.

*A resource for dietary management is Acosta PB, Yannicelli S: *The Ross metabolic formula system nutrition support protocols*, ed 4, Columbus, OH, 2001, Abbott Nutrition; 800-227-5767; <http://abbottnutrition.com>.

*A helpful resource is Schuett V, editor: *Low protein cookery for phenylketonuria*, ed 3, Madison, WI, 1997, University of Wisconsin Press.

†National support groups include the Children's PKU Network, which offers a variety of support services; contact 3790 Via de la Valle, Suite 120, Del Mar, CA 92014; 800-377-6677; email: PKUnetwork@aol.com; <http://www.pkunetwork.org>, and the National PKU Alliance, contact Christine Brown, Executive Director, PO Box 501, Tomahawk, WI 54487; 715-437-0477; <http://www.npkua.org>.

*Information and support for parents can be found at the American Liver Foundation, <http://www.liverfoundation.org>; and at Parents of Galactosemic Children, Inc., PO Box 2401, Mandeville, LA 74070-2401; 866-900-PGC1;
<http://www.galactosemia.org>.

*<http://www.ncbi.nlm.nih.gov/sites/GeneTests>.

†<http://www.nsgc.org>.

*<http://www.geneticalliance.org>.