



FIG 21-15 Chest compressions in child: one hand for a smaller child (**A**) and two hands for a larger child (**B**).

Lone-rescuer CPR is continued at the ratio of two breaths to 30 compressions for all ages until signs of recovery appear. These signs include palpable peripheral pulses, return of pupils to normal size, the disappearance of mottling and cyanosis, and possibly return of spontaneous respiration. When two rescuers are present, they should deliver two breaths to each 15 compressions.

Open the Airway

For effective CPR the victim is placed on the back on a firm, flat surface using appropriate precautions. With loss of consciousness, the tongue, which is attached to the lower jaw, may relax and fall