medical identification at all times.

#### **Box 28-1**

# Clinical Manifestations of Panhypopituitarism

#### **Growth Hormone**

Short stature but proportional height and weight

Delayed epiphyseal closure

Retarded bone age proportional to height

Premature aging common in later life

Increased insulin sensitivity

## **Thyroid-Stimulating Hormone**

Short stature with infantile proportions

Dry, coarse skin; yellow discoloration, pallor

Cold intolerance

Constipation

Somnolence

Bradycardia

Dyspnea on exertion

Delayed dentition, loss of teeth

### Gonadotropins

Absence of sexual maturation or loss of secondary sexual characteristics