

3. Disordered eating patterns, which may be observed in the female athlete triad, may include which of the following? Select all that apply.
 - a. Use of diet pills and laxatives
 - b. Fasting
 - c. Binge eating
 - d. Restriction of certain foods
 - e. Inadequate caloric intake
 - f. Excessive vitamin consumption
4. Following the sudden death of a 14-year-old seemingly healthy basketball player, his parents ask the school administration to install an automatic external defibrillator (AED) in a central area of the athletic center. The school nurse is asked to participate in a meeting with the parents in which the administrators insist such a device is not necessary. The school nurse advocates by providing which information about AEDs and children?
 - a. An AED should be used only by health care persons trained in its use.
 - b. An AED provides too much of an energy shock dose for children younger than 12 years old.
 - c. An AED can be effective in the resuscitation of a child or adolescent with a shockable rhythm.
 - d. An AED is more commonly used in adults who have heart attacks than in children with undiagnosed heart conditions.
5. A 2-day-old infant in the newborn nursery is diagnosed with developmental dysplasia of the hip (DDH), and treatment is started by the orthopedist. The nurse assists the parents by providing home care instructions that include:
 - a. Return to the orthopedist's office in 2 weeks to remove the hip spica cast.
 - b. The infant's bilateral foot casts should be elevated on pillows as much as possible.
 - c. Remove the Pavlik harness once a day for no more than 2 hours and inspect skin.
 - d. Remove the Pavlik harness while the infant is awake to allow