

## Case Study (Continued)

Sarah's parents are anxious and upset about their daughter's condition and hospitalization. You want to educate them on what is happening to their daughter.

### Assessment

What are the most important aspects of care to discuss with her parents at this time?

### Family's Knowledge of Illness Defining Characteristics

Understanding of acute respiratory tract infection

Description of treatment regimen including rationale for medications

Expression of fears and concerns

Display of appropriate reactions to child's condition

### Nursing Diagnosis

Readiness for enhanced knowledge related to parents' interest in Sarah's health status.

### Nursing Interventions

What are the most appropriate nursing interventions for this diagnosis?

Nursing Interventions	Rationale
Educate family about characteristics of acute respiratory tract infection.	To promote understanding of etiology and symptoms of respiratory infections
Educate family about strategies to facilitate ventilation (i.e., sitting up) and encourage secretion clearance (i.e., CPT, nasal suctioning).	To promote understanding of measures to enhance ventilation and airway clearance
Educate family about Sarah's hospital and discharge medications including antipyretics, bronchodilators, and antibiotics.	To promote understanding of treatment regimen
Allow family to remain with infant and encourage family's involvement in the infant's care.	To decrease effects of separation and promote family sense of control and involvement in care
Arrange for social worker to meet with family to assess emotional and financial needs.	To identify and modify stressors associated hospitalization

### Expected Outcomes