

PEF variability: >30%

Interference with normal activity: Some limitation

Use of short-acting β -agonist for symptom control: Daily

Step 2: Mild Asthma

Symptoms >2 times/week but <1 time/day

Nighttime symptoms: One to two times a month (0 to 4 years old),
three or four times a month (5 to 11 years old)

PEF or FEV₁: $\geq 80\%$ of predicted value

PEF variability: 20% to 30%

Interference with normal activity: Minor limitation

Use of short-acting β -agonist for symptom control: >2 days/wk but
not daily

Step 1: Intermittent Asthma

Symptoms ≤ 2 days/wk

Nighttime symptoms (awakenings): None (0 to 4 years old); ≤ 2
nights per month (5 to 11 years old)

PEF or FEV₁: $\geq 80\%$ of predicted value

PEF variability: <20%

Interference with normal activity: None

Use of short-acting β -agonist for symptom control: <2 days/wk

*The presence of one clinical feature of severity is sufficient to place a patient in that category. An individual should be assigned to the most severe grade in which any feature occurs. The characteristics in this table are general and may overlap because asthma is highly variable. An individual's