General Appearance		
Posture: Flexion of head and extremities, which rest on chest and abdomen	Frank breech: Extended legs, abducted and fully rotated thighs, flattened occiput, extended neck	Limp posture, extension of extremities
Skin At birth, bright red, puffy, smooth Second to third day, pink, flaky, dry Vernix caseosa Lanugo Edema around eyes, face, legs, dorsa of hands, feet, and scrotum or labia Acrocyanosis: Cyanosis of hands and feet Cutis marmorata: Transient mottling when infant is exposed to decreased temperature	Neonatal jaundice after first 24 hours Ecchymoses or petechiae caused by birth trauma Milia: Distended sebaceous glands that appear as tiny white papules on cheeks, chin, and nose Miliaria or sudamina: Distended sweat (eccrine) glands that appear as minute vesicles, especially on face Erythema toxicum: Pink papular rash with vesicles superimposed on thorax, back, buttocks, and abdomen; may appear in 24 to 48 hours and resolve after several days Harlequin color change: Clearly outlined color change as infant lies on side; lower half of body becomes pink, and upper half is pale Mongolian spots: Irregular areas of deep	Jaundice appearing in first 24 hours Generalized cyanosis Pallor Mottling Grayness Plethora Hemorrhage, ecchymoses, or petechiae that persist Sclerema: Hard and stiff skin Poor skin turgor Rashes, pustules, or blisters Café-au-lait spots: Light brown spots Nevus flammeus: Port-wine stain
Head	blue pigmentation, usually in sacral and gluteal regions; seen predominantly in newborns of African, American Indian, Asian, or Hispanic descent Telangiectatic nevi ("stork bites"): Flat, deep pink localized areas usually seen on back of neck	
Fontanels flat, soft, and firm Widest part of fontanel measured from bone to bone, not suture to suture	Molding after vaginal delivery Third sagittal (parietal) fontanel Bulging fontanel because of crying or coughing Caput succedaneum: Edema of soft scalp tissue Cephalhematoma (uncomplicated): Hematoma between periosteum and skull bone	Fused sutures Bulging or depressed fontanels when quiet Widened sutures and fontanels Craniotabes: Snapping sensation along lambdoid suture that resembles indentation of ping- pong ball
Eyeids usually edematous Color: Slate gray, dark blue, brown Absence of tears Presence of red retinal reflex Corneal reflex in response to touch Pupillary reflex in response to light	Epicanthal folds in Asian infants Searching nystagmus or strabismus Subconjunctival (scleral) hemorrhages: Ruptured capillaries, usually at limbus	Pink color of iris Purulent discharge Upward slant in non- Asians Hypertelorism (3 cm) Hypotelorism Congenital cataract(s) Constricted or dilated fixed pupil Absence of red