



FIG 10-4 **A**, Plagiocephaly. **B**, Helmet used to correct plagiocephaly. (Courtesy of Dr. Gerardo Cabrera-Meza, Department of Neonatology, Baylor College of Medicine, Houston, TX.)

Therapeutic Management

Prevention of positional plagiocephaly may begin shortly after birth by placing the infant to sleep supine and alternating the infant's head position nightly, avoiding prolonged placement in car safety seats and swings, and using prone positioning or “tummy time” for approximately 30 to 60 minutes per day when the infant is awake