Initial Assessment

Priorities in the initial stabilization phase of a child with a head injury include assessment of the CAB; neurologic examination focusing on mental status, pupillary responses, and motor responses; and assessment for spinal cord injury. The assessment is carried out quickly in relation to vital signs (see Emergency Treatment box).

Emergency Treatment

Head Injury

1. Assess child:

C: Circulation

A: Airway

B: Breathing

Neurologic and thermoregulatory status

- 2. Stabilize neck and spine immediately. Use jaw thrust, not chin lift, to open airway.
- 3. Clean any abrasions with soap and water.
- Apply clean dressing.
- If child is bleeding, apply pressure and then ice to relieve pain and swelling.
- 4. Keep child NPO until instructed otherwise.
- 5. Assess pain but do not give analgesics or sedatives.
- 6. Check pupil reaction every 4 hours (including twice during