

frustration with control of her emotions; further exploration of events surrounding temper tantrums and possible interventions should be explored.

- d. The child's behavior is typical of toddlers, and the parents should just wait for the child to finish this phase, because this will end soon as well.
4. The mother of a 4-year-old health clinic patient asks the nurse about night terrors. Which statement by the mother reveals a need for further teaching? Select all that apply.
- a. He will grow out of this stage when he is a little older.
 - b. Getting into a specific routine is helpful and can be calming to my son.
 - c. Watching TV with an adult is helpful so that he understands what is real.
 - d. I can help my child with sleep by giving him his favorite stuffed animal or using a nightlight.
 - e. Our family often sleeps together, and this seems to help.

Correct Answers

- 1. b;
- 2. a, b, c, e;
- 3. c;
- 4. a, c, e

References

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