

including cyanosis, hypotension, and respiratory arrest.

- b. The emergency treatment is to administer an intramuscular (IM) dose of epinephrine.
- c. In this scenario, the correct answer is #3; it would be most appropriate to promptly administer a dose of IM epinephrine.
- d. It is estimated that Jason weighs 45 pounds (20.5 kg) (see [p. 337](#)). The appropriate dose is 0.2 mg; however, if the school nurse has an EpiPen and an EpiPen Jr., then she should administer the EpiPen Jr.

3. Implications for nursing care:

- The immediate priority is to administer the epinephrine. Jason should be closely monitored, including vital signs, work of breathing, comfort, and anxiety. Several reports in the literature indicate that children often die from food allergy anaphylaxis because of the fear of administering epinephrine for its potential side effects.
- The second and third priorities would be to call 911 and then call Jason's parents and notify them of Jason's reaction, the intervention taken, and Jason's status.
- Meanwhile, Jason should continue to be observed