

Interview




Feedback Report

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A personalized guide of your performance and tips
to help you excel in interviews.



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Introduction

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The interview assessment is an AI based interview tool which evaluates the candidate's performance on the basis of features such as body posture, face and prosody. These features in turn affect the traits which are most necessary for an interview – positive emotion, composure and engagement.

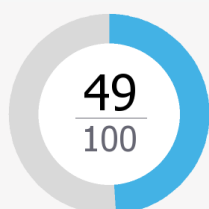
This report will tell you:

- **Your performance in the interview** – scores in various competencies.
- **Impact of traits on Interactions at workplace** – your suitability to interaction with different people at the workplace.
- **Performance Feedback** – Feedback of your performance in the interview.
- **How to Improve your performance in skills in which you are deficient** – Learn how to improve your skills to increase your chances of excelling in interviews.

Score Summary

Your Interview Report Card:

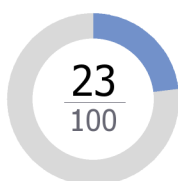
Total Score



Medium

You answered questions in a warm and positive way. You showed confidence and enthusiasm during most part of the interview. However, you did seem anxious on a few occasions.

Engagement



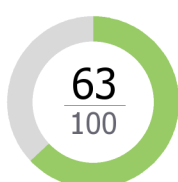
It refers to the excitement with which the candidate answers the question, whether s/he answers energetically or with a dull expression on his/her face. Appropriate energy and excitement help a person put forward his/her ideas forcefully.

Composure



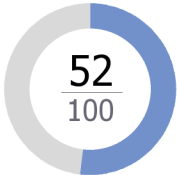
It refers to the candidate's composure while answering in the interview, whether s/he makes proper eye contact with the interviewer, whether or not s/he shows signs of nervousness through his/her body language.

Confidence



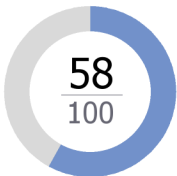
It refers to the friendliness and amicability of the candidate during the interview; whether the candidate smiles appropriately and is able to give the answer in a positive and engaging way.

Planning and Organizing



It refers to the candidate's ability to identify critical tasks, arrange tasks in a logical order, whether he/she is able to adapt and adjust plans if necessary. Managing and shifting priorities as required and incorporating new approaches in the process ensures efficient and timely completion of assignments.

Learning Attitude



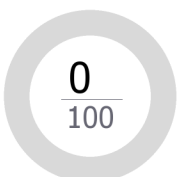
It refers to the candidate's ability to work dedicatedly towards learning new skills and handle high level of responsibility. It also refers to the candidate's willingness to learn and adopt new things. Seeking feedback and working towards mastering new areas opens up a lot of opportunities.

Stress Management



It refers to the candidate's ability to remain even tempered and relaxed in critical situations and perform well under stressful conditions. It points if the candidate is confident of their abilities and deals well with surprises and pressures. Remaining focused and relaxed in tough situations tend to have higher emotional intelligence.

Persuasion



It refers to the candidate's ability to search out and seizes opportunities at the first sight and establish credibility with people and inspires their interest as per the situation. They can persuade and convince people with their views and opinions on a topic. Good persuasion skills helps establish credibility in a topic.

Interactions at Workplace

The interviewer values the traits of positive emotion, composure and engagement in you.

Positive emotion is mandatory to make people around you comfortable, friendly towards you and respond well to you. It is important for all types of interaction in the workspace – whether it involves interaction with co-workers, managers, subordinates or clients/customers.

You can draw the attention of your audience by being expressive and putting forth your thoughts and opinions forcefully. This is specially important in job roles that require frequent interaction with clients or customers.

Composure indicates whether you will cope well and respond positively in stressful situations. Jobs that require frequent interaction with co-workers, subordinates or with clients/customers need high levels of calmness.

The traits have a defining impact on the various interactions one has at the workplace. Not each job is the same. Different professions require different approaches to interaction with people one may meet at work. The below table lets you know how suited you are to these interactions.

Type of Interaction	Suitability
Interaction with co-workers	Medium
Interaction with manager	Medium
Interaction with subordinates	Medium
Interaction with clients	Medium





Feedback & Opportunities For Improvement

This chapter provides feedback of your performance



CONFIDENCE

Medium

- You were able to show a positive attitude successfully during the interview and you can do even better. Showing positivity and a friendly attitude goes a long way in impressing the interviewer.
- People expressing positive emotions at work are better equipped to influence their co-workers and customers favourably. A positive attitude becomes all the more imperative for roles which involve direct interaction with customers/ clients – such as Sales, Public Relations, General Management among others

Tips to Improve:

- You'll need to work on smiling more often as this will bolster your confidence and is perceived by the interviewer as a sign that you are enjoying the interview process. You can achieve this by thinking of light-hearted, non-distracting thoughts to yourself before the interview.
- It is also necessary to understand the importance of voice modulation in answering questions in an interview. The tone of a person's voice indicates his confidence and positivity. You were able to answer most of the questions with clarity and confidence. You can now put more effort on learning how to effectively use voice modulation while answering to drive home your point apart from breaking the monotony and increasing engagement. Activities like reading aloud and paying attention to your tone will help you a lot. You may also join public speaking courses to learn how to lower and raise the volume and pitch of your voice to have maximum impact.

What to avoid:

- It is important that you avoid using the same tone throughout the interview to sound more engaging.
- You must always avoid raising the pitch of your voice at the end of an answer as this can make you sound uncertain.
- Avoid negative facial expressions such as blinking too fast or frowning or knit of eyebrows as they imply deception or confusion.



COMPOSURE

High

- You displayed a great level of composure during the interview. This is highly commendable.
- A calm and collected persona is a must for professions which are stressful and demanding by nature such as those involving tight deadlines. These traits are also important for roles that involve customer/ client interaction – such as Customer Service, Sales, Teaching, Operations Management among others.

Tips to Improve:

- You may practice relaxation techniques such as meditation and yoga to get even better at maintaining composure in highly stressful situations.

What to avoid:

- You must avoid actions like playing with the pen or chair as this displays lack of etiquettes.
- Take care not to talk too fast or too loud to avoid an impression as an impatient person.



ENGAGEMENT

Low

- You need to put a great deal of effort in showing more excitement and enthusiasm.
- Non-verbal communication in the interview is as important for success as knowledge display. Interviewers always look for people who are charismatic. Showing enthusiasm energizes people around you and engages their interest in you.
- Expressiveness and enthusiasm are of prime importance for jobs which require a professional to capture the attention of co-workers and customers and present their views successfully – such as Sales, Marketing & Advertising and Human Resources among others.

Tips to Improve:

- The old adage 'Action speaks louder than words' holds very true in an interview. You need to learn to express interest through raised eyebrows, head nods, vocal utterances and leaning forward.
- You must make ample use of proper hand gestures to be more expressive while answering. You can join public speaking courses to learn how hand gestures can transform a simple speech into an exciting and captivating one.
- You should lean forward slightly as this shows the interviewer that you are engaged in the conversation and interested in the opportunity.

What to avoid:

- It is very important that you avoid speaking in a monotone without any facial expressions.
- Avoid slumping your shoulders as this gives others a negative impression.
- You must refrain from leaning back as it suggests lack of interest.
- Also, avoid leaning forward too much as it may be perceived as rude or intimidating.



PLANNING AND ORGANIZING

Medium

You demonstrated a satisfactory performance in planning and organizing a task. However, there is scope for some improvement where planning is considered. These skills are required to identify critical tasks, arrange tasks in a logical order, be adaptable and adjust plans if necessary and achieve your goals and are crucial for a job role.

Tips to Improve:

You should work more on detailed planning before executing a task. You can list down all the steps to perform the task and all the scenarios surrounding it which might have to be attended to for organizing the day.

What to avoid:

You should avoid focusing just on the prioritization of the tasks and also focus on planning their smooth execution. This necessary to complete all the tasks and prepare for the presentation well.

**LEARNING ATTITUDE****Medium**

You must demonstrate a professional interest in learning new areas but might require external motivation and support to develop more skills. This is essential to enhance your current skill set, improve your knowledge, and progress further in the industry.

Tips to Improve:

You should be more open towards new challenges. You should try new projects and constantly challenge yourself to improve in it. You can identify your strengths and weaknesses, you should now try and work towards improving them. You should try and work on feedbacks shared with you.

What to avoid:

You should avoid getting away from challenging tasks and responsibilities assigned to you. You should identify and work towards your weaknesses. You should also avoid being working on the similar projects as always.

**STRESS MANAGEMENT****Low**

You must work hard towards handling your emotions and managing stress at work. This is required to work rationally, remain focused on work, take intelligent decision at work.

Tips to Improve:

You should focus more on listing down all the situations which you thought were stressful at the work or studies. Think through all the scenarios surrounding the task and then answer. You should work towards how you can plan those tasks to avoid any stress.

What to avoid:

You should avoid analysing situations too quickly. Think through the complete list of tasks and situations and identify scenarios that made you stressful.

**PERSUASION****Low**

You must work hard towards improving your persuasion skills. These skills are required to establish credibility and inspire interest in the product or service. It also helps to persuade and convince prospective customers.

Tips to Improve:

You should focus more on listing down all the relevant points before answering the question. You should work on supporting your side of the discussion with proper explanations.







What to avoid:

You should avoid presenting your argument without going through all the relevant points to support your argument. The list should be detailed and cover all points relevant to the discussion.









Resources to Improve Performance

This chapter provides you with educational resources to help you improve your performance in an interview.








CONFIDENCE

Resources	
How to stay positive during a job interview	
Positive body language	
The importance of smiling during a job interview	
Tone your voice during interview	
Job Interview skills training course	
Body language tips for interview	









Meaning of above icons:

 Free Tutorial	 Paid Tutorial	 Youtube Video	 Web sources
 Wikipedia	 Text Tutorial	 Video Tutorial	 Google Playstore

COMPOSURE

Resources	
Importance of eye contact in a job interview	
Getting over interview jitters	
Interview anxiety	
Beating pre interview stress	
How to make a great first impression	
Overcoming job interviewing anxiety	
Beating job interview anxiety	

Meaning of above icons:

	Free Tutorial		Paid Tutorial		Youtube Video		Web sources
	Wikipedia		Text Tutorial		Video Tutorial		Google Playstore

ENGAGEMENT**Resources**[How to show interest in an interview](#)[Expressing enthusiasm in interviews](#)[Ways to show enthusiasm in a job interview](#)[Body language tips to be a more expressive speaker](#)[Proper hand gestures for public speaking](#)

Meaning of above icons:



Free Tutorial



Paid Tutorial



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Web sources



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Text Tutorial



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PLANNING AND ORGANIZING**Resources**[Planning and Organizing for graduates](#)[6 Rules to be effective at planning and organizing](#)[Organizational skill's list](#)[Organize your life effectively](#)[How to prioritize and organize your work](#)[5 core organizational skills you must possess](#)[5 Ways to be more organized and productive](#)

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LEARNING ATTITUDE**Resources**[5 Ways to build a positive attitude to learning](#)[Research shows attitude matters in the success](#)[Techniques to enhance learning and memory](#)[Learning attitude helps boost job search](#)[Developing the attitude of learning](#)[Personal SWOT analysis](#)

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STRESS MANAGEMENT**Resources**[Stress management help guide](#)[Stress management techniques and tips](#)[How to reduce, prevent and cope stress](#)[The complete stress management masterclass](#)[Becoming a resilient person](#)

Meaning of above icons:



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Web sources



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PERSUASION**Resources**[Principles of persuasion](#)[Science of Persuasion](#)[Changing attitudes through persuasion](#)[The art of persuasion in a multicultural world](#)[Leadership by persuasion - four steps success](#)[How to persuade and influence people to achieve personal power](#)

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- ✓ Try to maintain eye contact with the interviewer(s) at all times.
- ✓ Lean forward slightly to show engagement and interest in the opportunity.
- ✓ Express interest through positive body language such as raised eyebrows, head nods, vocal utterances, and leaning forward.

- ✗ Avoid forcing your smile or smiling too much as you be seen as an insincere.
- ✗ Avoid speaking in the same tone through out the interview.
- ✗ Take care not to talk too loudly or too fast.
- ✗ Avoid looking upwards, downwards or sideways while answering
- ✗ Avoid negative facial expressions such as blinking too fast or frowning or knit of eyebrows.
- ✗ Avoid negative body language – such as slumping your shoulders, fidgeting with your hands/hair or tapping your feet
- ✗ You must avoid leaning back as it suggests lack of interest
- ✗ Avoid leaning forward too much as it can be construed as rude or intimidating.



Do's

Don'ts

Using proper hand gestures to be more expressive**Making eye contact with the interviewer****Having a positive facial expression**



Instances when you smiled

Below are some of the instances during the interview when you had an ideal smile on your face. Do this more often to express positivity and friendliness to those around you.

As the saying goes "Most smiles are started by another smile". Keep smiling :-)

