

Chapter II. Convex Differentiable Optimization

Lecture 5: First-order Optimal Method

Yurii Nesterov
EPLouvain (UCL)

Outline

- ▶ Optimal Methods
- ▶ Convex Sets
- ▶ Constrained Minimization Problem
- ▶ Gradient Mapping
- ▶ Minimization Methods over simple sets

Optimal Methods

Problem: $\min_{x \in \mathbb{R}^n} f(x), \quad f \in \mathcal{S}_{\mu, L}^{1,1}(\mathbb{R}^n).$

We allow value $\mu = 0$ ($\mathcal{S}_{0, L}^{1,1}(\mathbb{R}^n) \equiv \mathcal{F}_L^{1,1}(\mathbb{R}^n)$).

Gradient Method: $f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n) \Rightarrow f(x_k) - f^* \leq \frac{2L\|x_0 - x^*\|^2}{k+4},$

$$f \in \mathcal{S}_{\mu, L}^{1,1}(\mathbb{R}^n) \Rightarrow f(x_k) - f^* \leq \frac{L\|x_0 - x^*\|^2}{2\left(\frac{L+\mu}{L-\mu}\right)^{2k}}.$$

It is not optimal!

NB:

1. The gradient method forms a relaxation sequence: $f(x_{k+1}) \leq f(x_k)$.
2. Optimal methods never rely on that. Relaxation is too expensive for optimality.

Estimating sequences

Definition. A pair of sequences $\{\phi_k(x)\}_{k=0}^{\infty}$ and $\{\lambda_k\}_{k=0}^{\infty}$, $\lambda_k \geq 0$, is called estimating sequences of function $f(x)$ if $\lambda_k \rightarrow 0$ and for any $x \in \mathbb{R}^n$ and $k \geq 0$ we have:

$$\phi_k(x) \leq (1 - \lambda_k)f(x) + \lambda_k\phi_0(x). \quad (1)$$

Lemma 1: If for some sequence $\{x_k\}$ we have

$$f(x_k) \leq \phi_k^* \equiv \min_{x \in \mathbb{R}^n} \phi_k(x), \quad (2)$$

then $f(x_k) - f^* \leq \lambda_k[\phi_0(x^*) - f^*] \rightarrow 0$.

Proof: Indeed,

$$\begin{aligned} f(x_k) &\leq \phi_k^* = \min_{x \in \mathbb{R}^n} \phi_k(x) \leq \min_{x \in \mathbb{R}^n} [(1 - \lambda_k)f(x) + \lambda_k\phi_0(x)] \\ &\leq (1 - \lambda_k)f(x^*) + \lambda_k\phi_0(x^*). \end{aligned} \quad \square$$

Thus, the rate of convergence of $\{\lambda_k\}$ to zero defines the rate of convergence of the sequence $\{f(x_k)\}$.

Questions: 1. How we can form the estimating sequences?

2. How we can ensure (2)?

Updating the Estimating Sequences

Lemma 2: $f \in \mathcal{S}_{\mu, L}^{1,1}(\mathbb{R}^n)$. Assume that:

1. $\phi_0(x)$ is an arbitrary function on \mathbb{R}^n .
2. $\{y_k\}_{k=0}^{\infty}$ is an arbitrary sequence in \mathbb{R}^n .
3. $\{\alpha_k\}_{k=0}^{\infty} : \alpha_k \in (0, 1), \sum_{k=0}^{\infty} \alpha_k = \infty$.

Then $\{\lambda_k\}_{k=0}^{\infty} : \lambda_0 = 1, \lambda_{k+1} = (1 - \alpha_k)\lambda_k$, and $\{\phi_k(x)\}_{k=0}^{\infty}$ defined by

$$\phi_{k+1}(x) = (1 - \alpha_k)\phi_k(x) + \alpha_k[f(y_k) + \langle f'(y_k), x - y_k \rangle + \frac{\mu}{2} \|x - y_k\|^2], \quad (3)$$

are estimating sequences.

Proof: Indeed, $\phi_0(x) \leq (1 - \lambda_0)f(x) + \lambda_0\phi_0(x) \equiv \phi_0(x)$.

Further, let (1) hold for some $k \geq 0$. Then

$$\begin{aligned} \phi_{k+1}(x) &\leq (1 - \alpha_k)\phi_k(x) + \alpha_k f(x) \\ &= (1 - (1 - \alpha_k)\lambda_k)f(x) + (1 - \alpha_k)(\phi_k(x) - (1 - \lambda_k)f(x)) \\ &\leq (1 - (1 - \alpha_k)\lambda_k)f(x) + (1 - \alpha_k)\lambda_k\phi_0(x) \\ &= (1 - \lambda_{k+1})f(x) + \lambda_{k+1}\phi_0(x). \end{aligned}$$

□

Variation of ϕ_k^*

Lemma 3: Let $\phi_0(x) = \phi_0^* + \frac{\gamma_0}{2} \|x - v_0\|^2$. Then (3) forms

$$\phi_k(x) \equiv \phi_k^* + \frac{\gamma_k}{2} \|x - v_k\|^2,$$

where the sequences $\{\gamma_k\}$, $\{v_k\}$ and $\{\phi_k^*\}$ are defined as follows:

$$\gamma_{k+1} = (1 - \alpha_k)\gamma_k + \alpha_k\mu,$$

$$v_{k+1} = \frac{1}{\gamma_{k+1}} [(1 - \alpha_k)\gamma_k v_k + \alpha_k\mu y_k - \alpha_k f'(y_k)],$$

$$\begin{aligned} \phi_{k+1}^* &= (1 - \alpha_k)\phi_k^* + \alpha_k f(y_k) - \frac{\alpha_k^2}{2\gamma_{k+1}} \|f'(y_k)\|^2 \\ &\quad + \frac{\alpha_k(1 - \alpha_k)\gamma_k}{\gamma_{k+1}} \left(\frac{\mu}{2} \|y_k - v_k\|^2 + \langle f'(y_k), v_k - y_k \rangle \right). \end{aligned}$$

Proof: Note that $\phi_0''(x) = \gamma_0 I_n$. Therefore

$$\phi_{k+1}''(x) = (1 - \alpha_k)\phi_k''(x) + \alpha_k\mu I_n = ((1 - \alpha_k)\gamma_k + \alpha_k\mu)I_n \equiv \gamma_{k+1}I_n.$$

Further,
$$\begin{aligned} \phi_{k+1}(x) &= (1 - \alpha_k) \left(\phi_k^* + \frac{\gamma_k}{2} \|x - v_k\|^2 \right) \\ &\quad + \alpha_k \left[f(y_k) + \langle f'(y_k), x - y_k \rangle + \frac{\mu}{2} \|x - y_k\|^2 \right]. \end{aligned}$$

Therefore the equation

$$\phi'_{k+1}(x) = (1 - \alpha_k)\gamma_k(x - v_k) + \alpha_k f'(y_k) + \alpha_k\mu(x - y_k) = 0, \text{ gives } v_{k+1}.$$

Proof continued ...

Finally, let us compute ϕ_{k+1}^* . We have:

$$\phi_{k+1}^* + \frac{\gamma_{k+1}}{2} \|v_{k+1} - y_k\|^2 = (1 - \alpha_k) \left(\phi_k^* + \frac{\gamma_k}{2} \|y_k - v_k\|^2 \right) + \alpha_k f(y_k). \quad (4)$$

Note that $v_{k+1} - y_k = \frac{1}{\gamma_{k+1}} [(1 - \alpha_k)\gamma_k(v_k - y_k) - \alpha_k f'(y_k)]$.

Therefore

$$\begin{aligned} \frac{\gamma_{k+1}}{2} \|v_{k+1} - y_k\|^2 &= \frac{1}{2\gamma_{k+1}} [(1 - \alpha_k)^2 \gamma_k^2 \|v_k - y_k\|^2 \\ &\quad - 2\alpha_k(1 - \alpha_k)\gamma_k \langle f'(y_k), v_k - y_k \rangle + \alpha_k^2 \|f'(y_k)\|^2]. \end{aligned}$$

It remains to substitute this relation in (4).

Note that the coefficient for $\|y_k - v_k\|^2$ is as follows:

$$\begin{aligned} (1 - \alpha_k) \frac{\gamma_k}{2} - \frac{1}{2\gamma_{k+1}} (1 - \alpha_k)^2 \gamma_k^2 &= (1 - \alpha_k) \frac{\gamma_k}{2} \left(1 - \frac{(1 - \alpha_k)\gamma_k}{\gamma_{k+1}} \right) \\ &= (1 - \alpha_k) \frac{\gamma_k}{2} \cdot \frac{\alpha_k \mu}{\gamma_{k+1}}. \end{aligned}$$



Finding the method ...

Let for some $x_k \in \mathbb{R}^n$ we have $\phi_k^* \geq f(x_k)$. Then

$$\begin{aligned}\phi_{k+1}^* &\geq (1 - \alpha_k)f(x_k) + \alpha_k f(y_k) - \frac{\alpha_k^2}{2\gamma_{k+1}} \|f'(y_k)\|^2 \\ &\quad + \frac{\alpha_k(1-\alpha_k)\gamma_k}{\gamma_{k+1}} \langle f'(y_k), v_k - y_k \rangle.\end{aligned}$$

Since $f(x_k) \geq f(y_k) + \langle f'(y_k), x_k - y_k \rangle$, we get:

$$\begin{aligned}\phi_{k+1}^* &\geq f(y_k) - \frac{\alpha_k^2}{2\gamma_{k+1}} \|f'(y_k)\|^2 \\ &\quad + (1 - \alpha_k) \langle f'(y_k), \frac{\alpha_k \gamma_k}{\gamma_{k+1}} (v_k - y_k) + x_k - y_k \rangle.\end{aligned}$$

We want to have $\phi_{k+1}^* \geq f(x_{k+1})$. Note that:

1. By the gradient step $x_{k+1} = y_k - h_k f'(x_k)$ we can guarantee

$$f(y_k) - \frac{1}{2L} \|f'(y_k)\|^2 \geq f(x_{k+1})$$

(for example, $h_k = \frac{1}{L}$; see (4.5)). This gives the following equation:

$$L\alpha_k^2 = (1 - \alpha_k)\gamma_k + \alpha_k\mu \quad (= \gamma_{k+1}).$$

2. We can kill the second term by choosing y_k from the equation

$$\frac{\alpha_k \gamma_k}{\gamma_{k+1}} (v_k - y_k) + x_k - y_k = 0.$$

This is $y_k = [\alpha_k \gamma_k v_k + \gamma_{k+1} x_k] / (\gamma_k + \alpha_k \mu)$.

General scheme (*)

- ▶ Choose $x_0 \in \mathbb{R}^n$ and $\gamma_0 > 0$. Set $v_0 = x_0$.
- ▶ k th iteration ($k \geq 0$).
 - a). Compute $\alpha_k \in (0, 1)$ from the equation $L\alpha_k^2 = (1 - \alpha_k)\gamma_k + \alpha_k\mu$.
Set $\gamma_{k+1} = (1 - \alpha_k)\gamma_k + \alpha_k\mu$.
 - b). Choose $y_k = \frac{\alpha_k\gamma_k v_k + \gamma_{k+1}x_k}{\gamma_k + \alpha_k\mu}$. Compute $f(y_k)$ and $f'(y_k)$.
 - c). Find $x_{k+1} = y_k - h_k f'(y_k)$ such that
$$f(x_{k+1}) \leq f(y_k) - \frac{1}{2L} \|f'(y_k)\|^2$$
(see Lecture 2 for the step-size rules).
 - d). Set $v_{k+1} = \frac{1}{\gamma_{k+1}}[(1 - \alpha_k)\gamma_k v_k + \alpha_k\mu y_k - \alpha_k f'(y_k)]$.

Convergence

Remark:

In Step c) of the scheme we can choose any x_{k+1} such that

$$f(x_{k+1}) \leq f(y_k) - \frac{\omega}{2} \|f'(y_k)\|^2.$$

Then the constant $\frac{1}{\omega}$ should replace L in the equation of Step a).

Theorem 1: The scheme (*) generates a sequence $\{x_k\}_{k=0}^{\infty}$ such that

$$f(x_k) - f^* \leq \lambda_k \left[f(x_0) - f^* + \frac{\gamma_0}{2} \|x_0 - x^*\|^2 \right],$$

where $\lambda_0 = 1$ and $\lambda_k = \prod_{i=0}^{k-1} (1 - \alpha_i)$.

Proof: Indeed, let us choose $\phi_0(x) = f(x_0) + \frac{\gamma_0}{2} \|x - v_0\|^2$.

Then $f(x_0) = \phi_0^*$ and we get $f(x_k) \leq \phi_k^*$ by construction of the scheme.

It remains to use Lemma 1. □

Rate of convergence

Lemma 4: If we take $\gamma_0 \geq \mu$, then

$$\lambda_k \leq \min \left\{ \left(1 - \sqrt{\frac{\mu}{L}}\right)^k, \frac{4L}{(2\sqrt{L} + k\sqrt{\gamma_0})^2} \right\}.$$

Proof: Indeed, if $\gamma_k \geq \mu$ then $L\alpha_k^2 = (1 - \alpha_k)\gamma_k + \alpha_k\mu (= \gamma_{k+1}) \geq \mu$.

Hence, $\alpha_k \geq \sqrt{\frac{\mu}{L}}$ and we get also $\gamma_{k+1} = L\alpha_k^2 \geq \mu$.

Further, let us prove that $\gamma_k \geq \gamma_0\lambda_k$. Indeed, since $\gamma_0 = \gamma_0\lambda_0$, we can use induction: $\gamma_{k+1} \geq (1 - \alpha_k)\gamma_k \geq (1 - \alpha_k)\gamma_0\lambda_k = \gamma_0\lambda_{k+1}$.

Therefore $L\alpha_k^2 = \gamma_{k+1} \geq \gamma_0\lambda_{k+1}$.

Denote $a_k = \frac{1}{\sqrt{\lambda_k}}$. Since $\{\lambda_k\}$ is decreasing, we have:

$$\begin{aligned} a_{k+1} - a_k &= \frac{\sqrt{\lambda_k} - \sqrt{\lambda_{k+1}}}{\sqrt{\lambda_k\lambda_{k+1}}} = \frac{\lambda_k - \lambda_{k+1}}{\sqrt{\lambda_k\lambda_{k+1}}(\sqrt{\lambda_k} + \sqrt{\lambda_{k+1}})} \\ &\geq \frac{\lambda_k - \lambda_{k+1}}{2\lambda_k\sqrt{\lambda_{k+1}}} = \frac{\lambda_k - (1 - \alpha_k)\lambda_k}{2\lambda_k\sqrt{\lambda_{k+1}}} = \frac{\alpha_k}{2\sqrt{\lambda_{k+1}}} \geq \frac{1}{2} \sqrt{\frac{\gamma_0}{L}}. \end{aligned}$$

Thus, $a_k \geq 1 + \frac{k}{2} \sqrt{\frac{\gamma_0}{L}}$.

□

Main result

Theorem 2: Let us take in (*) $\gamma_0 = L$. Then it generates $\{x_k\}_{k=0}^{\infty}$,

$$f(x_k) - f^* \leq L \min \left\{ \left(1 - \sqrt{\frac{\mu}{L}}\right)^k, \frac{4}{(k+2)^2} \right\} \|x_0 - x^*\|^2.$$

This means that it is *optimal* for the class $\mathcal{S}_{\mu,L}^{1,1}(\mathbb{R}^n)$ with $\mu \geq 0$.

Proof: We get the above inequality using $f(x_0) - f^* \leq \frac{L}{2} \|x_0 - x^*\|^2$ and the previous results.

Further, from the lower complexity bounds for the class $\mathcal{S}_{\mu,L}^{1,1}(\mathbb{R}^n)$, $\mu > 0$,

$$f(x_k) - f^* \geq \frac{\mu}{2} \left(\frac{\sqrt{Q}-1}{\sqrt{Q}+1} \right)^{2k} R^2 \geq \frac{\mu}{2} \exp \left(-\frac{4k}{\sqrt{Q}-1} \right) R^2,$$

where $Q = L/\mu$ and $R = \|x_0 - x^*\|$. Therefore, the worst case estimate for finding x_k : $f(x_k) - f^* \leq \epsilon$ cannot be better than

$$k \geq \frac{\sqrt{Q}-1}{4} \left[\ln \frac{1}{\epsilon} + \ln \frac{\mu}{2} + 2 \ln R \right].$$

For our scheme: $f(x_k) - f^* \leq LR^2 \left(1 - \sqrt{\frac{\mu}{L}}\right)^k \leq LR^2 \exp \left(-\frac{k}{\sqrt{Q}} \right)$.

Therefore we guarantee that $k \leq \sqrt{Q} \left[\ln \frac{1}{\epsilon} + \ln L + 2 \ln R \right]$.

Thus, the main term here, $\sqrt{Q} \ln \frac{1}{\epsilon}$, is proportional to the lower bound.

The same reasoning can be used for $\mathcal{S}_{0,L}^{1,1}(\mathbb{R}^n)$.



Constant Step Scheme

- ▶ Choose $x_0 \in \mathbb{R}^n$ and $\gamma_0 > 0$. Set $v_0 = x_0$.
- ▶ k th iteration ($k \geq 0$).
 - a). Compute $\alpha_k \in (0, 1)$ from the equation $L\alpha_k^2 = (1 - \alpha_k)\gamma_k + \alpha_k\mu$.
Set $\gamma_{k+1} = (1 - \alpha_k)\gamma_k + \alpha_k\mu$.
 - b). Choose $y_k = \frac{1}{\gamma_k + \alpha_k\mu}[\alpha_k\gamma_kv_k + \gamma_{k+1}x_k]$.
Compute $f(y_k)$ and $f'(y_k)$.
 - c). Set $x_{k+1} = y_k - \frac{1}{L}f'(y_k)$,
$$v_{k+1} = \frac{1}{\gamma_{k+1}}[(1 - \alpha_k)\gamma_kv_k + \alpha_k\mu y_k - \alpha_k f'(y_k)].$$

Let us make it simpler.

Eliminating $\{v_k\}$

Note that $y_k = \frac{1}{\gamma_k + \alpha_k \mu} [\alpha_k \gamma_k v_k + \gamma_{k+1} x_k]$, $x_{k+1} = y_k - \frac{1}{L} f'(y_k)$, and

$$v_{k+1} = \frac{1}{\gamma_{k+1}} [(1 - \alpha_k) \gamma_k v_k + \alpha_k \mu y_k - \alpha_k f'(y_k)].$$

Therefore

$$\begin{aligned} v_{k+1} &= \frac{1}{\gamma_{k+1}} \left\{ \frac{(1-\alpha_k)}{\alpha_k} [(\gamma_k + \alpha_k \mu) y_k - \gamma_{k+1} x_k] + \alpha_k \mu y_k - \alpha_k f'(y_k) \right\} \\ &= \frac{1}{\gamma_{k+1}} \left\{ \frac{(1-\alpha_k) \gamma_k}{\alpha_k} y_k + \mu y_k \right\} - \frac{1-\alpha_k}{\alpha_k} x_k - \frac{\alpha_k}{\gamma_{k+1}} f'(y_k) \\ &= x_k + \frac{1}{\alpha_k} (y_k - x_k) - \frac{1}{\alpha_k L} f'(y_k) \\ &= x_k + \frac{1}{\alpha_k} (x_{k+1} - x_k). \end{aligned}$$

Hence,

$$\begin{aligned} y_{k+1} &= \frac{1}{\gamma_{k+1} + \alpha_{k+1} \mu} (\alpha_{k+1} \gamma_{k+1} v_{k+1} + \gamma_{k+2} x_{k+1}) \\ &= x_{k+1} + \frac{\alpha_{k+1} \gamma_{k+1} (v_{k+1} - x_{k+1})}{\gamma_{k+1} + \alpha_{k+1} \mu} = x_{k+1} + \beta_k (x_{k+1} - x_k). \end{aligned}$$

where $\beta_k = \frac{\alpha_{k+1} \gamma_{k+1} (1 - \alpha_k)}{\alpha_k (\gamma_{k+1} + \alpha_{k+1} \mu)}$.

Thus, we managed to eliminate $\{v_k\}$. What can we say about β_k ?

Simple Coefficients

We have: $\alpha_k^2 L = (1 - \alpha_k)\gamma_k + \mu\alpha_k \equiv \gamma_{k+1}$.

Therefore

$$\begin{aligned}\beta_k &= \frac{\alpha_{k+1}\gamma_{k+1}(1-\alpha_k)}{\alpha_k(\gamma_{k+1}+\alpha_{k+1}\mu)} \\&= \frac{\alpha_{k+1}\gamma_{k+1}(1-\alpha_k)}{\alpha_k(\gamma_{k+1}+\alpha_{k+1}^2 L - (1-\alpha_{k+1})\gamma_{k+1})} \\&= \frac{\gamma_{k+1}(1-\alpha_k)}{\alpha_k(\gamma_{k+1}+\alpha_{k+1}L)} \\&= \frac{\alpha_k(1-\alpha_k)}{\alpha_k^2 + \alpha_{k+1}}.\end{aligned}$$

Note also that $\alpha_{k+1}^2 = (1 - \alpha_{k+1})\alpha_k^2 + q\alpha_{k+1}$, where $q = \mu/L$, and
 $\alpha_0^2 L = (1 - \alpha_0)\gamma_0 + \mu\alpha_0$.

Constant Step Scheme (***)

- ▶ $x_0 \in \mathbb{R}^n$ and $\alpha_0 \in (0, 1)$. Set $y_0 = x_0$, $q = \mu/L$.
- ▶ **k th iteration** ($k \geq 0$).
 - a). Compute $f(y_k)$ and $f'(y_k)$. Set $x_{k+1} = y_k - \frac{1}{L}f'(y_k)$.
 - b). Compute $\alpha_{k+1} \in (0, 1)$ from the equation
$$\alpha_{k+1}^2 = (1 - \alpha_{k+1})\alpha_k^2 + q\alpha_{k+1},$$
and set $\beta_k = \frac{\alpha_k(1-\alpha_k)}{\alpha_k^2 + \alpha_{k+1}}$, $y_{k+1} = x_{k+1} + \beta_k(x_{k+1} - x_k)$.

Rate of convergence

Theorem 3: If in (***) we take $\alpha_0 \geq \sqrt{\frac{\mu}{L}}$, then

$$\begin{aligned} f(x_k) - f^* &\leq \left[f(x_0) - f^* + \frac{\gamma_0}{2} \|x_0 - x^*\|^2 \right] \\ &\quad \times \min \left\{ \left(1 - \sqrt{\frac{\mu}{L}} \right)^k, \frac{4L}{(2\sqrt{L} + k\sqrt{\gamma_0})^2} \right\}, \end{aligned}$$

where $\gamma_0 = \frac{\alpha_0(\alpha_0 L - \mu)}{1 - \alpha_0}$.

Remarks.

1. Condition of Theorem 3 is equivalent to $\gamma_0 \geq \mu$.
2. If $\alpha_0 = \sqrt{\frac{\mu}{L}}$ then $\alpha_k = \sqrt{\frac{\mu}{L}}$, $\beta_k = \frac{\sqrt{L} - \sqrt{\mu}}{\sqrt{L} + \sqrt{\mu}}$ for all $k \geq 0$.

Heavy Ball Method (B.Polyak, 1964)

Consider the following trajectory: $\alpha x''(t) = -f'(x) - \beta x'(t)$.

It is a trajectory of a particle of mass α under the influence of the potential force $f'(x)$.

The coefficient β is responsible for the resistance of the space.

Finite-Difference Version:

$$\alpha[(x_{k+1} - x_k) - (x_k - x_{k-1})] = -f'(x_k) - \beta(x_k - x_{k-1}).$$

That is $x_{k+1} = x_k + \left(1 - \frac{\beta}{\alpha}\right)(x_k - x_{k-1}) - \frac{1}{\alpha}f'(x_k)$.

Note:

1. The practical behavior of this scheme is much better than that of the Gradient Method.
2. Up to now, no global convergence results are known.

Compare this scheme with (**).

Convex sets

Problem: $\min_{x \in Q} f(x).$

We work with differentiable convex functions:

$$f(\alpha x + (1 - \alpha)y) \leq \alpha f(x) + (1 - \alpha)f(y), \quad \forall x, y \in \mathbb{R}^n, \alpha \in [0, 1].$$

What is the natural domain of convex function?

Definition. A set Q is called *convex* if for any $x, y \in Q$ and $\alpha \in [0, 1]$ we have: $\alpha x + (1 - \alpha)y \in Q$.

Terminology:

Segment: $[x, y] = \{z = \alpha x + (1 - \alpha)y, \alpha \in [0, 1]\}.$

Convex combination of two points: $\alpha x + (1 - \alpha)y$ for some $\alpha \in [0, 1]$.

Convex Functions and Convex Sets

Lemma 5: If function $f(x)$ is convex, then for any $\beta \in \mathbb{R}$ its *sublevel set*

$$\mathcal{L}_f(\beta) = \{x \in \mathbb{R}^n \mid f(x) \leq \beta\}$$

is either convex or empty.

Proof: Indeed, let $x, y \in \mathcal{L}_f(\beta)$ and $\alpha \in [0, 1]$. Then $f(x) \leq \beta$, and $f(y) \leq \beta$. Therefore $f(\alpha x + (1 - \alpha)y) \leq \alpha f(x) + (1 - \alpha)f(y) \leq \beta$. \square

Lemma 6: Let function $f(x)$ be convex. Then its *epigraph*

$$\mathcal{E}_f = \{(x, \tau) \in \mathbb{R}^{n+1} \mid f(x) \leq \tau\}$$

is a convex set.

Proof: Indeed, let $z_1 = (x_1, \tau_1) \in \mathcal{E}_f$, and $z_2 = (x_2, \tau_2) \in \mathcal{E}_f$.

Then for any $\alpha \in [0, 1]$ we have:

$$z_\alpha \equiv \alpha z_1 + (1 - \alpha)z_2 = (\alpha x_1 + (1 - \alpha)x_2, \alpha \tau_1 + (1 - \alpha)\tau_2),$$

$$f(\alpha x_1 + (1 - \alpha)x_2) \leq \alpha f(x_1) + (1 - \alpha)f(x_2) \leq \alpha \tau_1 + (1 - \alpha)\tau_2.$$

Thus, $z_\alpha \in \mathcal{E}_f$. \square

Properties of Convex Sets

Theorem 4: Let $Q_1 \subseteq \mathbb{R}^n$ and $Q_2 \subseteq \mathbb{R}^m$ be convex sets and $\mathcal{A}(x)$ be a linear operator:

$$\mathcal{A}(x) = Ax + b : \mathbb{R}^n \rightarrow \mathbb{R}^m.$$

Then all the sets below are convex:

1. Intersection ($m = n$): $Q_1 \cap Q_2 = \{x \in \mathbb{R}^n \mid x \in Q_1, x \in Q_2\}$.
2. Sum ($m = n$): $Q_1 + Q_2 = \{z = x + y \mid x \in Q_1, y \in Q_2\}$.
3. Direct sum: $Q_1 \times Q_2 = \{(x, y) \in \mathbb{R}^{n+m} \mid x \in Q_1, y \in Q_2\}$.
4. Conic hull: $\mathcal{K}(Q_1) = \{z \in \mathbb{R}^n \mid z = \beta x, x \in Q_1, \beta \geq 0\}$.
5. Convex hull $\text{Conv}(Q_1, Q_2) = \{z \in \mathbb{R}^n \mid z = \alpha x + (1 - \alpha)y, x \in Q_1, y \in Q_2, \alpha \in [0, 1]\}$.
6. Affine image: $\mathcal{A}(Q_1) = \{y \in \mathbb{R}^m \mid y = \mathcal{A}(x), x \in Q_1\}$.
7. Inverse affine image: $\mathcal{A}^{-1}(Q_2) = \{x \in \mathbb{R}^n \mid y = \mathcal{A}(x), y \in Q_2\}$.

Proofs 1-4

1. If $x_1 \in Q_1 \cap Q_2$ and $x_2 \in Q_1 \cap Q_2$, then $[x_1, x_2] \subset Q_1$, and $[x_1, x_2] \subset Q_2$. Therefore $[x_1, x_2] \subset Q_1 \cap Q_2$.

2. If $z_1 = x_1 + x_2$, $x_1 \in Q_1$, $x_2 \in Q_2$ and $z_2 = y_1 + y_2$, $y_1 \in Q_1$, $y_2 \in Q_2$, then

$$\alpha z_1 + (1 - \alpha)z_2 = [\alpha x_1 + (1 - \alpha)y_1]_1 + [\alpha x_2 + (1 - \alpha)y_2]_2,$$

where $[\cdot]_1 \in Q_1$ and $[\cdot]_2 \in Q_2$.

3. If $z_1 = (x_1, x_2)$, $x_1 \in Q_1$, $x_2 \in Q_2$ and $z_2 = (y_1, y_2)$, $y_1 \in Q_1$, $y_2 \in Q_2$, then

$$\alpha z_1 + (1 - \alpha)z_2 = ([\alpha x_1 + (1 - \alpha)y_1]_1, [\alpha x_2 + (1 - \alpha)y_2]_2),$$

where $[\cdot]_1 \in Q_1$ and $[\cdot]_2 \in Q_2$.

4. If $z_1 = \beta_1 x_1$, $x_1 \in Q_1$, $\beta_1 \geq 0$, and $z_2 = \beta_2 x_2$, $x_2 \in Q_1$, $\beta_2 \geq 0$, then for any $\alpha \in [0, 1]$ we have:

$$\alpha z_1 + (1 - \alpha)z_2 = \alpha \beta_1 x_1 + (1 - \alpha) \beta_2 x_2 = \gamma (\bar{\alpha} x_1 + (1 - \bar{\alpha}) x_2),$$

where $\gamma = \alpha \beta_1 + (1 - \alpha) \beta_2$, and $\bar{\alpha} = \alpha \beta_1 / \gamma$.

Proofs 5-7

5. If $z_1 = \beta_1 x_1 + (1 - \beta_1)x_2$, $x_1 \in Q_1$, $x_2 \in Q_2$, $\beta_1 \in [0, 1]$, and $z_2 = \beta_2 y_1 + (1 - \beta_2)y_2$, $y_1 \in Q_1$, $y_2 \in Q_2$, $\beta_2 \in [0, 1]$, then for any $\alpha \in [0, 1]$ we have:

$$\begin{aligned}\alpha z_1 + (1 - \alpha)z_2 &= \alpha(\beta_1 x_1 + (1 - \beta_1)x_2) + (1 - \alpha)(\beta_2 y_1 + (1 - \beta_2)y_2) \\ &= \bar{\alpha}(\bar{\beta}_1 x_1 + (1 - \bar{\beta}_1)y_1) + (1 - \bar{\alpha})(\bar{\beta}_2 x_2 + (1 - \bar{\beta}_2)y_2),\end{aligned}$$

where $\bar{\alpha} = \alpha\beta_1 + (1 - \alpha)\beta_2$, and $\bar{\beta}_1 = \alpha\beta_1/\bar{\alpha}$, $\bar{\beta}_2 = \alpha(1 - \beta_1)/(1 - \bar{\alpha})$.

6. If $y_1, y_2 \in \mathcal{A}(Q_1)$ then $y_1 = Ax_1 + b$, $y_2 = Ax_2 + b$, $x_1, x_2 \in Q_1$.

For $y(\alpha) = \alpha y_1 + (1 - \alpha)y_2$, $0 \leq \alpha \leq 1$, we have:

$$y(\alpha) = \alpha(Ax_1 + b) + (1 - \alpha)(Ax_2 + b) = A(\alpha x_1 + (1 - \alpha)x_2) + b.$$

Thus, $y(\alpha) \in \mathcal{A}(Q_1)$.

7. If $x_1, x_2 \in \mathcal{A}^{-1}(Q_2)$ then $y_1 = Ax_1 + b$, $y_2 = Ax_2 + b$, $y_1, y_2 \in Q_2$.

For $x(\alpha) = \alpha x_1 + (1 - \alpha)x_2$, $0 \leq \alpha \leq 1$, we have:

$$\begin{aligned}\mathcal{A}(x(\alpha)) &= A(\alpha x_1 + (1 - \alpha)x_2) + b = \alpha(Ax_1 + b) + (1 - \alpha)(Ax_2 + b) \\ &= \alpha y_1 + (1 - \alpha)y_2 \in Q_2.\end{aligned}$$



Examples

1. Half-space: $\{x \in \mathbb{R}^n \mid \langle a, x \rangle \leq \beta\}$

is convex (since a linear function is convex).

2. Polytope: $\{x \in \mathbb{R}^n \mid \langle a_i, x \rangle \leq \beta_i, i = 1, \dots, m\}$

is convex (as an intersection of convex sets).

3. Ellipsoid. Let $A = A^T \succeq 0$. Then the set $\{x \in \mathbb{R}^n \mid \langle Ax, x \rangle \leq r^2\}$

is convex (since $\langle Ax, x \rangle$ is a convex function).

And many others.

Optimality Condition

Problem: $\min_{x \in Q} f(x), \quad f \in \mathcal{F}^1(\mathbb{R}^n),$

where Q is a closed convex set.

Example $\min_{x \geq 0} x.$

Here $x \in \mathbb{R}$, $Q = \{x \geq 0\}$, $f(x) = x$.

Note that $x^* = 0$, but $f'(x^*) = 1 > 0$.

Thus, $f'(x^*) \neq 0 \Rightarrow$ standard condition does not work.

Optimality Condition

Theorem 5: Let $f \in \mathcal{F}^1(\mathbb{R}^n)$ and Q be a closed convex set.

The point x^* is a solution of the constrained optimization problem iff

$$\langle f'(x^*), x - x^* \rangle \geq 0 \quad \text{for all } x \in Q. \quad (5)$$

Proof: Indeed, if (5) is true, then for all $x \in Q$

$$f(x) \geq f(x^*) + \langle f'(x^*), x - x^* \rangle \geq f(x^*).$$

Let x^* be a solution to the problem.

Assume that $\exists x \in Q : \langle f'(x^*), x - x^* \rangle < 0$.

Consider the function $\phi(\alpha) = f(x^* + \alpha(x - x^*))$, $\alpha \in [0, 1]$.

Note that $\phi(0) = f(x^*)$, $\phi'(0) = \langle f'(x^*), x - x^* \rangle < 0$.

Therefore, for α small enough we have:

$$f(x^* + \alpha(x - x^*)) = \phi(\alpha) < \phi(0) = f(x^*).$$

This is a contradiction.



Existence and Uniqueness

Theorem 6: Let $f \in \mathcal{S}_\mu^1(\mathbb{R}^n)$ and set Q be closed and convex.

Then the solution x^* of there exists a unique solution of the problem.

Proof: Let $x_0 \in Q$. Consider the set $\bar{Q} = \{x \in Q \mid f(x) \leq f(x_0)\}$.

Note that our problem is equivalent to the following:

$$\min\{f(x) \mid x \in \bar{Q}\}. \quad (6)$$

However, \bar{Q} is bounded: $\forall x \in \bar{Q}$

$$f(x_0) \geq f(x) \geq f(x_0) + \langle f'(x_0), x - x_0 \rangle + \frac{\mu}{2} \|x - x_0\|^2.$$

Hence, $\|x - x_0\| \leq \frac{2}{\mu} \|f'(x_0)\|$.

Thus, the solution x^* of (6) exists. If x_1^* is another solution to (6), then

$$\begin{aligned} f^* &= f(x_1^*) \geq f(x^*) + \langle f'(x^*), x_1^* - x^* \rangle + \frac{\mu}{2} \|x_1^* - x^*\|^2 \\ &\geq f^* + \frac{\mu}{2} \|x_1^* - x^*\|^2 \end{aligned}$$

(we have used Theorem 5). Therefore $x_1^* = x^*$.



Gradient Mapping

Properties of the gradient: Let $f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$. Then

- ▶ $f(x - \frac{1}{L} f'(x)) \leq f(x) - \frac{1}{2L} \|f'(x)\|^2$.
- ▶ $\langle f'(x), x - x^* \rangle \geq \frac{1}{L} \|f'(x)\|^2$.

What can replace it for Constrained Optimization?

Let us fix $\gamma > 0$. Denote

$$\begin{aligned}x_Q(\gamma, x_0) &= \arg \min_{x \in Q} \left\{ f(x_0) + \langle f'(x_0), x - x_0 \rangle + \frac{\gamma}{2} \|x - x_0\|^2 \right\}, \\g_Q(\gamma, x_0) &= \gamma(x_0 - x_Q(\gamma, x_0))\end{aligned}$$

We call $g_Q(\gamma, x)$ the Gradient Mapping of f on Q .

- Note:**
1. If $Q \equiv \mathbb{R}^n$ then $x_Q(\gamma, x_0) = x_0 - \frac{1}{\gamma} f'(x_0)$, $g_Q(\gamma, x_0) = f'(x_0)$.
 2. We can use $x_0 \notin Q$.

Main Property

Theorem 7: Let $f \in \mathcal{S}_{\mu,L}^{1,1}(\mathbb{R}^n)$, $\gamma \geq L$ and $x_0 \in \mathbb{R}^n$. Then for any $x \in Q$ we have:

$$f(x) \geq f(x_Q(\gamma, x_0)) + \frac{1}{2\gamma} \|g_Q(\gamma, x_0)\|^2 + \langle g_Q(\gamma, x_0), x - x_0 \rangle + \frac{\mu}{2} \|x - x_0\|^2. \quad (7)$$

Proof: Denote $x_Q = x_Q(\gamma, x_0)$, $g_Q = g_Q(\gamma, x_0)$, and

$$\phi(x) = f(x_0) + \langle f'(x_0), x - x_0 \rangle + \frac{\gamma}{2} \|x - x_0\|^2.$$

Then $\phi'(x) = f'(x_0) + \gamma(x - x_0)$, and for any $x \in Q$ we have:

$$0 \leq \langle \phi'(x_Q), x - x_Q \rangle = \langle f'(x_0) - g_Q, x - x_Q \rangle.$$

$$\begin{aligned} \text{Hence, } f(x) - \frac{\mu}{2} \|x - x_0\|^2 &\geq f(x_0) + \langle f'(x_0), x - x_0 \rangle \\ &= f(x_0) + \langle f'(x_0), x_Q - x_0 \rangle + \langle f'(x_0), x - x_Q \rangle \\ &\geq f(x_0) + \langle f'(x_0), x_Q - x_0 \rangle + \langle g_Q, x - x_Q \rangle \\ &= \phi(x_Q) - \frac{\gamma}{2} \|x_Q - x_0\|^2 + \langle g_Q, x - x_Q \rangle \\ &= \phi(x_Q) - \frac{1}{2\gamma} \|g_Q\|^2 + \langle g_Q, x - x_Q \rangle \\ &= \phi(x_Q) + \frac{1}{2\gamma} \|g_Q\|^2 + \langle g_Q, x - x_0 \rangle \end{aligned}$$

and $\phi(x_Q) \geq f(x_Q)$ since $\gamma \geq L$.



Consequences

Corollary 1: Let $f \in \mathcal{S}_{\mu,L}^{1,1}(\mathbb{R}^n)$, $\gamma \geq L$ and $x_0 \in \mathbb{R}^n$. Then

$$f(x_Q(\gamma, x_0)) \leq f(x_0) - \frac{1}{2\gamma} \|g_Q(\gamma, x_0)\|^2, \quad (8)$$

$$\begin{aligned} \langle g_Q(\gamma, x_0), x_0 - x^* \rangle &\geq \frac{1}{2\gamma} \|g_Q(\gamma, x_0)\|^2 + \frac{\mu}{2} \|x_0 - x^*\|^2 \\ &\quad + \frac{\mu}{2} \|x_Q(\gamma, x_0) - x^*\|^2. \end{aligned} \quad (9)$$

Proof: Indeed, using (7) with $x = x_0$, we get (8).

Using (7) with $x = x^*$, we get (9) in view of inequality

$$f(x_Q(\gamma, x_0)) \geq f(x^*) + \frac{\mu}{2} \|x_Q(\gamma, x_0) - x^*\|^2.$$



Gradient Method

Problem: $\min_{x \in Q} f(x), \quad f \in \mathcal{S}_{\mu, L}^{1,1}(\mathbb{R}^n), \quad \mu > 0,$

where Q is a closed convex set.

Scheme: $x_0 \in Q, \quad x_{k+1} = x_k - hg_Q(L, x_k), \quad k = 0, \dots$

Theorem 9: If we choose $h = \frac{1}{L}$, then

$$\|x_k - x^*\|^2 \leq \left(\frac{L-\mu}{L+\mu}\right)^k \|x_0 - x^*\|^2.$$

Proof: Denote $r_k = \|x_k - x^*\|$, $g_Q = g_Q(L, x_k)$. Then

$$\begin{aligned} r_{k+1}^2 &= \|x_k - x^* - hg_Q\|^2 \\ &= r_k^2 - 2h\langle g_Q, x_k - x^* \rangle + h^2 \|g_Q\|^2 \\ &\leq (1 - h\mu)r_k^2 - h\mu r_{k+1}^2 + h\left(h - \frac{1}{L}\right) \|g_Q\|^2 \\ &= \left(1 - \frac{\mu}{L}\right) r_k^2 - \frac{\mu}{L} r_{k+1}^2. \quad \square \end{aligned}$$

Note: If $h = \frac{1}{L}$, then $x_{k+1} = x_k - \frac{1}{L}g_Q(L, x_k) = x_Q(L, x_k)$.

Optimal Methods

Estimating sequences: Choose $x_0 \in Q$. Define

$$\phi_0(x) = f(x_0) + \frac{\gamma_0}{2} \|x - x_0\|^2,$$

$$\begin{aligned}\phi_{k+1}(x) = & (1 - \alpha_k)\phi_k(x) + \alpha_k[f(x_Q(\gamma, y_k)) + \frac{1}{2L} \|g_Q(L, y_k)\|^2 \\ & + \langle g_Q(L, y_k), x - y_k \rangle + \frac{\mu}{2} \|x - y_k\|^2],\end{aligned}$$

$$\phi_k(x) \equiv \phi_k^* + \frac{\gamma_k}{2} \|x - v_k\|^2.$$

Similarly, we get the following updating rules:

$$\gamma_{k+1} = (1 - \alpha_k)\gamma_k + \alpha_k\mu,$$

$$v_{k+1} = \frac{1}{\gamma_{k+1}} [(1 - \alpha_k)\gamma_k v_k + \alpha_k\mu y_k - \alpha_k g_Q(\gamma, y_k)],$$

$$\begin{aligned}\phi_{k+1}^* = & (1 - \alpha_k)\phi_k + \alpha_k[f(x_Q(L, y_k)) + \left(\frac{\alpha_k}{2L} - \frac{\alpha_k^2}{2\gamma_{k+1}}\right) \|g_Q(L, y_k)\|^2 \\ & + \frac{\alpha_k(1 - \alpha_k)\gamma_k}{\gamma_{k+1}} \left(\frac{\mu}{2} \|y_k - v_k\|^2 + \langle g_Q(L, y_k), v_k - y_k \rangle\right).\end{aligned}$$

Updating Rules

Further, assuming $\phi_k^* \geq f(x_k)$ and using the inequality

$$\begin{aligned} f(x_k) &\geq f(x_Q(L, y_k)) + \langle g_Q(L, y_k), x_k - y_k \rangle \\ &\quad + \frac{1}{2L} \|g_Q(L, y_k)\|^2 + \frac{\mu}{2} \|x_k - y_k\|^2, \end{aligned}$$

we come to the following lower bound:

$$\begin{aligned} \phi_{k+1}^* &\geq (1 - \alpha_k)f(x_k) + \alpha_k f(x_Q(L, y_k)) + \left(\frac{\alpha_k}{2L} - \frac{\alpha_k^2}{2\gamma_{k+1}}\right) \|g_Q(L, y_k)\|^2 \\ &\quad + \frac{\alpha_k(1-\alpha_k)\gamma_k}{\gamma_{k+1}} \langle g_Q(L, y_k), v_k - y_k \rangle \\ &\geq f(x_Q(L, y_k)) + \left(\frac{1}{2L} - \frac{\alpha_k^2}{2\gamma_{k+1}}\right) \|g_Q(L, y_k)\|^2 \\ &\quad + (1 - \alpha_k) \langle g_Q(L, y_k), \frac{\alpha_k\gamma_k}{\gamma_{k+1}}(v_k - y_k) + x_k - y_k \rangle. \end{aligned}$$

Thus, again we can choose $x_{k+1} = x_Q(L, y_k)$,

$$L\alpha_k^2 = (1 - \alpha_k)\gamma_k + \alpha_k\mu \equiv \gamma_{k+1},$$

$$y_k = \frac{1}{\gamma_k + \alpha_k\mu} [\alpha_k\gamma_k v_k + \gamma_{k+1}x_k].$$

Constant Step Scheme

- ▶ Choose $x_0 \in Q$ and $\alpha_0 \in (0, 1)$. Set $y_0 = x_0$ and $q = \mu/L$.
- ▶ **k th iteration ($k \geq 0$).**

a). Compute $f(y_k)$ and $f'(y_k)$. Set $x_{k+1} = x_Q(L, y_k)$.

b). Compute $\alpha_{k+1} \in (0, 1)$ from the equation

$$\alpha_{k+1}^2 = (1 - \alpha_{k+1})\alpha_k^2 + q\alpha_{k+1},$$

and set $\beta_k = \frac{\alpha_k(1-\alpha_k)}{\alpha_k^2 + \alpha_{k+1}}$, $y_{k+1} = x_{k+1} + \beta_k(x_{k+1} - x_k)$.

- Note:**
1. This method has the optimal rate of convergence.
 2. Only x_k belongs to Q .

Computation of $x_Q(\gamma, x_0)$

$$x_Q(\gamma, x_0) = \arg \min_{x \in Q} \left\{ f(x_0) + \langle f'(x_0), x - x_0 \rangle + \frac{\gamma}{2} \|x - x_0\|^2 \right\},$$

$$g_Q(\gamma, x_0) = \gamma(x_0 - x_Q(\gamma, x_0))$$

Note:

1. For a simple set Q (positive orthant, box, simplex, etc.) the solution can be obtained analytically.
2. If Q is a polytope, then there are efficient methods for finding x_Q (Quadratic Programming).
3. For more complicated sets, this problem can be as difficult as the initial one.