#### **\*Can I join the challenge?\***

If you want to join me in this challenge, I welcome you to do so. By following this [link](http://tiny.cc/100DaysOfCode_NG).

I will \***code\*** for at least an \***hour every day\*** for the next \***100days**\*. I’ve decided to make this a \***public commitment**\*. \***And you should join me**\*.

#### \*Here are some reasons why\*

I really want to become a \***better developer**\*. But I find that after work, I always find other things to do rather than code.

Nothing can beat self-directed effort toward learning or accomplishing something, and it is something that I value highly. But looking back at the past few months, I see a lot of good intention to sit down and code every evening, but also way to much rationalization. This leads to me allowing my resistance take the best of me.

That’s why I want to make sure that I commit to a challenge that will keep me accountable to anyone who follows me or sees my updates.

Sticking to something like this can be difficult, which you’ve probably felt already — be it trying to follow courses online, or working your way through a curriculum that you’ve chosen.

Making a \*public commitment\* has proven to improve people’s ability to stick to changes and new habits. \*So let’s do this together!\*

I’ve noticed that my time after work always follows a pattern of me watching something on Netflix or elsewhere, \*rather than coding\*. Like all of us, I have some things that I need to do: housekeeping, administrative tasks, washing the dishes, etc. All of that will still be there. What I plan to do less of is what I would call “passive relaxation time.” This is when I sit down to watch something, and my time each evening is eaten, episode by episode.

It’s easy to start watching something, but difficult to stop. With things that are worthwhile, I find that the opposite is true: it’s hard to start, but very easy to continue. So with this challenge, \*I will make sure that I start (sit down to code) every day no matter what.\*