

# You Are A Badass At Making Money Summary

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**1-Sentence-Summary:** *You Are A Badass At Making Money will help you stop making excuses and get over your bad relationship with money to become a money-making machine.*

**Read in:** 4 minutes

**Favorite quote from the author:**



The first time I read this book was in August of 2018. It was so good that I finished the entire audiobook in one day. I've since listened to it almost a dozen times. But the amazing thing is the change this book has brought about in my life.

I still remember listening to this book at work. Making just above \$50,000 at my engineering job, I was trying to side hustle my way to more income. I felt stressed out, burnt out, and dying for a better career trajectory than the hectic lifestyle I saw my bosses had.

Today, I am on the verge of doubling my income and reaching my goal to save \$100,000 by next fall.

And it's all thanks to Jen Sincero and her book *You Are a Badass at Making Money: Master the Mindset of Wealth*. The tools in this book helped me shatter a lifetime of money woes, including a belief that money is inherently evil. I now know that my desire for money isn't a bad thing, and I also know how to get as much of it as I need to be the best me I can be.

Here are the 3 most life-changing lessons this book gave me:

1. Money isn't evil and your adversarial relationship with it keeps you from realizing your full potential.

2. Putting positive energy out into the universe, especially about finances, will do wonders to improve your situation.
3. To make your money goals become reality, get specific about the amount of money you want to have and what you'll use it for.

Could this be the book that sets of a money journey that doubles your income? Read on to find out more!

## Lesson 1: Believe that money is good to realize your full financial potential.

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What are your beliefs about money? Do you want it but never seem to have enough? Or do you think that it's evil and feel icky about desiring more of it? Maybe you're like most people and believe that money makes people greedy and selfish. Sadly, this is a myth that our society continues to perpetuate that is holding us all back.

Think with me for a moment about all the good things money has done in the world, or that it can do for you. Having enough in the bank lets you spend your time and use your energy on the things you care about. Rather than being something to be afraid of, money enables us to be more ourselves.

**Wouldn't having enough money to be your true self make you happier and more pleasant to be around, thus improving your little world?** If everyone caught hold of this idea and realized their true money potential, the world would be a much better place.

When money was created, it wasn't for evil intentions. It was simply to make the complicated trading process more simple. Think of money like the internet or cars, just because some people choose to use them for bad things, doesn't mean that the object itself is evil.

Remember, money isn't bad and neither are you for wanting more of it.

## Lesson 2: Replace your negative attitude about money with positivity and belief and you'll be amazed at what you can accomplish.

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If you had a friend that talked bad about you all the time, telling you how horrible of a person you are and reminding you of all the mean things you've done, would you stay friends with them for long? **How you feel about this awful fictional friend is exactly how money "feels" about you when you talk bad about it.**

Think about what you usually say about money. It's probably easy to remember the last time you said "I hate money!" or "I'm always going to be broke!" Finances can be hard and your frustration is understandable. But that kind of attitude only keeps money away and

prevents you from getting enough for your dreams.

Instead, put positive thoughts out into the universe and you'll quickly see that money seems to magically appear to you. Have you ever been thinking about someone and they randomly call you for the first time in a year? It's kind of like that.

Sincero has an experience with this that seemed pretty crazy but is evidence that this idea works. She had just set a goal to earn more income and was thinking of who she could sell upgraded coaching packages to. One of her old clients who had taken her basic coaching package came to mind. Right when Sincero wondered about him, he magically emailed her and asked how much for her coaching!

## Lesson 3: Specific money goals will give you specific results.

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Jim Carrey's story is the perfect example of the power of having well-defined financial goals. Starting out poor, Carrey dreamed of one day being a famous actor. One day he wrote himself a check for \$10 million for "acting services rendered," and dated it for three years in the future. **About three years after this, Carrey found out that his role in Dumb and Dumber would make him exactly \$10 million.**

Wealth doesn't usually come to people unless they desire it. But the specifics of wanting money can be hard. That's why asking yourself why you want the money and exactly what amount you'll need for your goals is so powerful. It starts you on the path because it increases your desire to do what it takes to become rich.

Another story Sincero tells is of a woman who had a goal to pay off her house. She needed \$75,000 and so she focused on this number over and over, each day. After a while she had no prospects for how she might get the money and felt discouraged. Then she remembered an old stock share she'd received as a bonus from a previous job. After digging it out and calling to cash it, she discovered that it was now worth exactly \$75,000.

What amount of money do you need to do what you want with your life?

## You Are A Badass At Making Money Review

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*You Are A Badass At Making Money* is one of the books that has influenced me more than most books out there. I continue to use the lessons it's taught me to improve my financial situation. It's tips for reaching financial goals have helped me go from a dead-end job to making nearly six figures in just over a year!

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## **Who would I recommend the You Are A Badass At Making Money summary to?**

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The 34-year-old couple who is struggling financially and can't seem to get ahead, the 45-year-old who feels stuck in their [money situation](#) and wants hope, and anyone who is afraid of money because they think it is "the root of all evil."