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The first book I will be reading is about the biography of Rafael Nadal, a famous professional tennis player that tells his sacrifices and achievements about his career. This will help to focus on my objectives (school and sport) and also try to be more disciplined for my goals.

The second book is about how to deal with anxiety. Actually I'm having some struggles with it. I have the bad habit of sabotaging myself frequently and always have the feeling of getting stuck and not making any progress. I will be looking to see myself in a different way in order to be happy and live life.

The first book I will be starting on this Saturday 18th and my priority is to read a minimum of 25 pages and finishing around March 2nd.

The second book I will start on March 4th and the objective is to read 20-25 pages per day to finish it in 8-9 days (March 12th).