Double Integrals in Polar Coordinates

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The double integral of the function $f(r,\theta)$ over the poalr rectangular region R in the $r\theta$ -plane is defined as

$$\iint\limits_{R} f(r,\theta) \ dA = \lim_{m,n \to \inf} \sum_{i=1}^{m} \sum_{j=1}^{n} f(r_{ij}^{*},\theta_{ij}^{*}) \ \Delta A = \lim_{m,n \to \inf} \sum_{i=1}^{m} \sum_{j=1}^{n} f(r_{ij}^{*},\theta_{ij}^{*}) r_{ij}^{*} \ \Delta r \ \Delta \theta$$

If $f(r,\theta)$ is continuous on a general polar region D, then

$$\iint\limits_{D} f(r,\theta) r \, dr \, d\theta = \int_{\theta=\alpha}^{\theta=\beta} \int_{r=h_{1}(\theta)}^{r=h_{2}(\theta)} f(r,\theta) r \, dr \, d\theta$$