

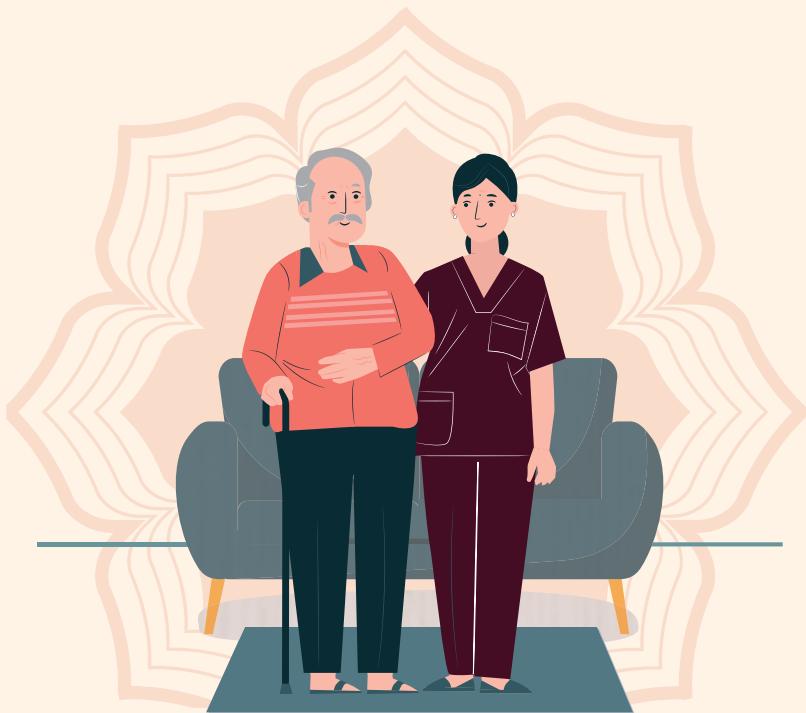


ANTARA

A Max Group Company

Care  
at Home

# COMPREHENSIVE HOME CARE SERVICES FOR SENIORS



Comprehensive medical care and assistance for seniors, delivered in the comfort of their home

 A Max Group Company

## ANTARA - CARE AT HOME

Brings the entire health care ecosystem to the comfort and convenience of your home.

With us as your trusted health care partners, offering personalised care and attention by a team of highly trained professionals, you can rest assured and entrust the care of your loved ones to us.

### THE ANTARA ADVANTAGE



#### Comprehensive Solution:

12x7 or 24x7 nurse & attendant  
Regular team leader & doctor visits



#### Continuity of Care:

Treatment plan co-created with the treating clinician



#### Clinical Protocols:

Clinically trained and background verified caregivers  
Infection control at home



#### Ease of Coordination:

One point contact for coordination  
Easy access to all other home health care services

### A LEGACY OF CARING

Over the decades, the Max Group has built a well-established legacy when it comes to trust and reliability. Taking these values forward, we have created an ecosystem that provides care, companionship, and comfort to recuperating seniors.

With a clear focus on offering exceptional primary and emergency healthcare services in a homely environment, it promotes holistic wellness and healing.

# HOME CRITICAL CARE

ICU like set-up for seniors in need of critical care,  
now available in the safety of your home.



## Comprehensive Solution:

12x7 or 24x7 nurse & attendants, regular team leader & doctor visits and room set up with required medical equipment



## Continuity of Care:

Treatment plan co-created with the treating clinician



## Clinical Protocols:

Regular clinical assessment, clinical audits and infection control at home



## Infrastructure Set-up:

Room set-up fumigation medical equipment



## Ease of Coordination:

One stop solution for all home health care services



# HOME SAMPLE COLLECTION & DIAGNOSTICS

Home sample collection & diagnostic services to keep your elders' vitals in check at all times.



## Early Morning Coverage:

Sample collection starting at 5 am with same day reporting



## Senior-friendly Sample Collection:

Clinically trained team for a comfortable experience using butterfly needles and vein finders



## Comprehensive Services:

Access to home sample collection, X-Ray, ECG, Radiology and other home care services



## Safety and Hygiene:

Strict COVID-19 protocols and one time use kits



## Reliable and Certified Testing:

Testing through NABL certified lab



## Ease of Coordination:

Ease in booking, rescheduling and access to other home care services

# NURSING CARE

Clinically trained and experienced nurses  
to take care of your elders.



## Flexible Coverage:

12x7 or 24x7 nurse care and regular team leader visits



## Continuity of Care:

Treatment plan co-created with the treating clinician



## Clinical Protocols:

Regular clinical assessment, clinical audits and infection surveillance  
at home



## Bundled Support:

Doctor consultations, nursing procedures, X-Ray, sample collection,  
ECG at home, medical equipment, physiotherapy and more

### SHORT TERM NURSING PROCEDURES:

IV Administration | Suture Removal | Wound Dressing  
Insulin Administration | Catheter Care and more



# X-RAY AT HOME

Safe and hassle-free X-Ray in the comfort of your home.



Same Day Reports



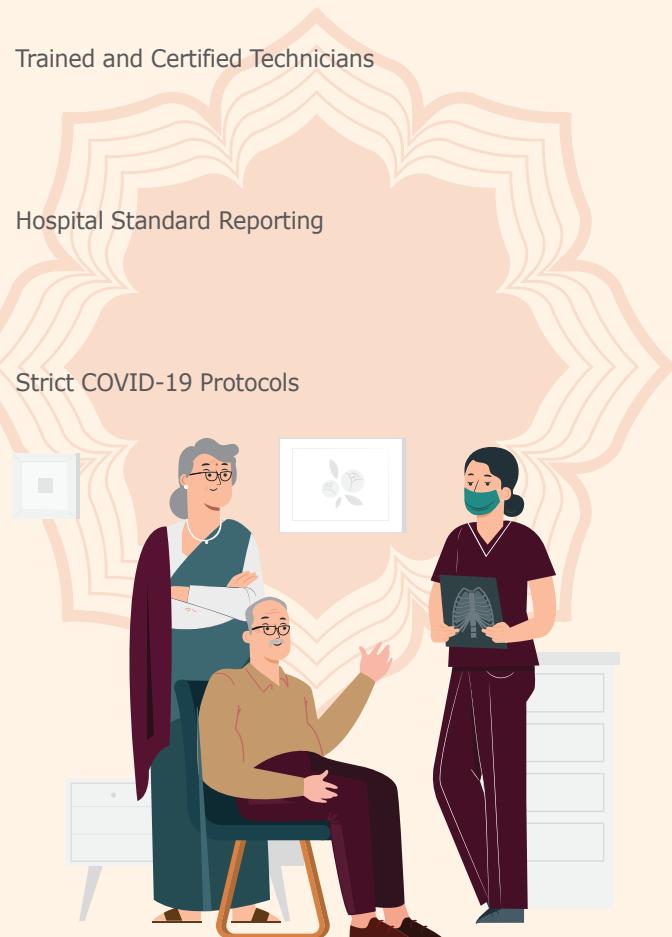
Trained and Certified Technicians



Hospital Standard Reporting



Strict COVID-19 Protocols



## TYPES OF X-RAYS AVAILABLE

Bone X-Ray | Chest X-Ray | Hand X-Ray | Knee & Hip X-Ray

# ECG AT HOME

Access your heart health in the comfort of your home.



Same Day Reports



Trained and Certified Technicians



Hassle Free Procedure



Strict COVID-19 Protocols



# PHYSIOTHERAPY AND REHABILITATION

The right physiotherapy and rehabilitation treatment for your elders in the comfort of your home.



## Personalized Treatment Plan:

Treatment plan for each patient is designed based on the detailed assessment



## Measurable Clinical Outcomes:

Outcome based treatment approach



## Trained and Certified Physio:

Trained & background verified physiotherapist



## Residential Rehab:

Option of checking-in to our facility for rehabilitation



## Equipment with Global Standards:

High-quality equipment at home



# PATIENT CAREGIVER

Trained and reliable caregivers popularly known as attendants, to assist your elders in their daily living activities.



## Flexible Coverage:

12x7 or 24x7 patient caregiver and regular team leader visits



## Reliable Care:

Trained & background verified caregivers and infection surveillance at home



## Ease of Coordination:

One point contact for coordination with easy access to all other home healthcare services



## Bundled Support:

Doctor consultations, nursing procedures, X-Ray, sample collection, ECG at home, medical equipment, physiotherapy and more

# PREVENTIVE HEALTH CHECK-UP ON WHEELS

Get yours and your loved ones' health check-up done today,  
without going to Hospital or Lab.



No hassle of travelling



Zero risk of  
hospital-acquired infections



1<sup>st</sup> time in India



Clinical competence-at par  
with hospital standards



Quick process



Senior-friendly

## TESTS INCLUDED

Blood Test | Treadmill Test (TMT) | X-Ray | Electrocardiography (ECG)  
Bone Mineral Density (BMD) | Doctor Consult



## PACKAGE DETAILS

	No. of Tests	Description	Comprehensive	
			M	F
<b>Consultation</b>				
Consultation	1	Doctor Consultation	✓	✓
	1	Internal Medicine Report Review - Teleconsult	✓	✓
	1	Dietician - Teleconsult	✓	✓
<b>Blood Tests</b>				
Anaemia & Infection	14	Complete Hemogram, Peripheral Smear & ESR	✓	✓
		Iron and Total Iron Binding Capacity, Ferritin	✓	✓
		Urine Routine & Microscopy	✓	✓
Diabetes Profile	2	Blood Sugar Fasting	✓	✓
		Glycosylated Hemoglobin (HbA1c)	✓	✓
Kidney Health	8	Creatinine, Urea, Sodium, Potassium, Chloride, Bicarbonate, Uric Acid	✓	✓
Liver Health	11	Total Protein with Albumin, Globulin SGOT, Bilirubin Total and Direct, SGPT, Alkaline Phosphatase, Gamma GT	✓	✓
Heart Health	6	Cholesterol Total, HDL, LDL, Triglycerides, VLDL, Cholesterol/HDL Ratio	✓	✓
Nutrition Profile	3	Vitamin D, Vitamin B12	✓	✓
		Folate	✗	✓
Bone	2	Calcium, Inorganic Phosphorus	✓	✓
Thyroid Health	3	TSH	✓	✓
		FT3, FT4	✓	✓
Prostate	1	PSA	✓	✗
<b>Diagnostics</b>				
Diagnostics	5	TMT, ECG, X-Ray, BMD, and BMI	✓	✓

**Our coordinator will call you one day prior to the appointment and will brief you on how to prepare for the Health check-up.**



**98114 41111**



**antaraseniorcare.com**

We are following all COVID-19 protocols to ensure your safety and well-being.