



Aduragbemi Samson Shodeinde

CONTACT

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SKILLS

- Person-centered care planning
- Dementia & Alzheimer's support
- Manual handling & mobility assistance
- Medication prompting and documentation
- Safeguarding Adults and Children
- Infection prevention and control
- Excellent written and verbal communication
- Empathy
- Patience
- Active listening
- Multidisciplinary team collaboration
- Accurate record-keeping (daily logs, MAR charts)
- MAPA

LANGUAGES

English:

PROFESSIONAL SUMMARY

Compassionate and dedicated Health Care Assistant with over 2 years of hands-on experience delivering high-quality, person-centered care in both domiciliary and residential settings. Skilled in supporting individuals with complex needs including dementia, learning disabilities, and mobility impairments. Recognized for exceptional communication, empathy, and adherence to safeguarding standards. Committed to promoting dignity, independence, and well-being in every aspect of care. Fully trained, Care Certificate compliant, and DBS-checked.

WORK HISTORY

Support Worker 01/2025 - Current
Avery Health Care - Northampton, Northamptonshire

- Supported an individual with EUPD, Autism Spectrum Disorder, and a mild learning disability.
- Offered reassurance and emotional validation, responding sensitively to emotional needs with positive reinforcement.
- Used appropriate physical touch (e.g., holding hands or hugs) to provide comfort during distress.
- Encouraged cooking and baking skills, assisting with meal preparation (e.g., chili con carne, spaghetti Bolognese).
- Supported daily tasks, boosting confidence and independence.
- Organized sensory activities, karaoke, and music sessions based on personal interests (e.g., Justin Bieber, Jason Derulo).
- Encouraged fashion and hair styling as a form of self-expression to build confidence.
- Accompanied the individual on community outings for social interactions and shopping.
- Promoted social inclusion and reduced feelings of isolation through positive engagements.
- Built trust by understanding emotional triggers and responding proactively to challenging behaviors.

Personal Care Assistant 05/2019 - 12/2024
Isolo General hospital - Lagos, Nigeria

- Provided daily assistance to elderly and disabled patients in a hospital setting.
- Supported rehabilitation and physiotherapy activities.
- Maintained patient dignity and privacy while delivering compassionate care.
- Recorded vital signs, helped with feeding and personal hygiene.

Volunteer Support Worker 01/2018 - 04/2019
AIESEC - Eskişehir, Turkey

- Supporting an individual who has disability with personalized care.
 - Promoting independence, and ensuring equal access to opportunities.
- This includes helping with daily activities, offering emotional support,

and creating an inclusive environment where they can learn, work, and participate fully in society with dignity and respect.

EDUCATION

NVQ Level 3 Diploma: Health and Social Care, 01/2024
Academy for Health and Fitness

Award Certificate : Care collection, 05/2025 - 05/2025
Florence Academy

Award Certificate : Observation Skill for Carers, 05/2025 - 05/2025
Academy for Health and Fitness - Birmingham

Award certificate : Care certificate course, 05/2025 - 05/2025
Academic for Health and Fitness - Birmingham

GCSE: Mathematics, English, 03/2003 - 07/2009
Hans Private School - Ikotun
GPA: Credit

Diploma: Computer Engineering, 08/2009 - 04/2011
Computer Engineering Training - Ejigbo, Nigeria - Certificate

National Diploma: Marketing, 04/2011 - 07/2013
Lagos State Polytechnic - Ikorodu

HND in Marketing: Marketing, 03/2013 - 05/2016
Lagos State Polytechnic - Ikorodu - Distinction

National Service: Marketing, 06/2016 - 07/2017
National Youth Service Corps (NYSC) - Oyo State, Nigeria

VACATION, 08/2017 - 12/2017
Vacation

CERTIFICATIONS

- Care Certificate, 2024-01-01, Completed Online & Practical
- NVQ Level 3 Diploma in Health & Social Care, 2024-01-01, Academy for Health & Fitness
- Basic Life Support (BLS)
- Moving and Handling (People & Equipment)
- Safe Handling of Medication
- Infection Prevention & Control
- Fire Safety & COSHH
- Mental Health Awareness
- Equality, Diversity & Human Rights

HOBBIES AND INTEREST

- Research
- Reading
- Music
- Sport
- Making new friends

REFERENCES

References available upon request.

LANGUAGES

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