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PDSII Expert communication

There are plenty of times when my communication skills were subpar but one example that keeps coming back to me is during an interview I had at an Electronics company, during this interview I was not very clear with what it was I was planning to achieve at the company. If I was given another opportunity there would be a lot, I would change. Firstly, I wasn't really listening to the question while I heard what the question was, I didn't really know what the employer was asking of me, I should have done some more research on topics relevant to the field so understood the context of the question. Actively listening was never really one of my strong suits and so it is something I have been working on for a while now. Another area of improvement I have made since then is my nonverbal communication such as my arm movement. I learned how important it is to show some life and not seem so stale when talking. This can include facial expressions and body language overall. It was also important I listened to their feedback and was able to use it to better improve my chances of landing a job in the future.