

## FLR TERMS

Let us start by calculating the  $\nabla_\perp^2$ -operator in Boozer coordinates.

Perpendicular gradient:

$$\mathbf{B} \times (\nabla f \times \mathbf{B}) = B^2 \nabla f - (\mathbf{B} \cdot \nabla f) \mathbf{B}$$

In dimensionless units,

$$\begin{aligned} (\nabla f \times \mathbf{B})^i &= \frac{B_0}{a} \frac{1}{\sqrt{g}} \left( J \frac{1}{\rho} \frac{\partial f}{\partial \theta} - \frac{I}{\rho} \frac{\partial f}{\partial \zeta}, \rho \beta_* \frac{\partial f}{\partial \zeta} - J \frac{\partial f}{\partial \rho}, \frac{I}{\varepsilon \rho} \frac{\partial f}{\partial \rho} - \frac{\beta_*}{\varepsilon} \frac{\partial f}{\partial \theta} \right) \\ [\mathbf{B} \times (\nabla f \times \mathbf{B})]_i &= \frac{B_0^2}{a} \frac{1}{\sqrt{g}} \left[ -\rho \iota \left( \frac{I}{\rho} \frac{\partial f}{\partial \rho} - \beta_* \frac{\partial f}{\partial \theta} \right) - \left( \rho \beta_* \frac{\partial f}{\partial \zeta} - J \frac{\partial f}{\partial \rho} \right), \right. \\ &\quad \left. J \frac{1}{\rho} \frac{\partial f}{\partial \theta} - \frac{I}{\rho} \frac{\partial f}{\partial \zeta}, \varepsilon \rho \iota \left( J \frac{1}{\rho} \frac{\partial f}{\partial \theta} - \frac{I}{\rho} \frac{\partial f}{\partial \zeta} \right) \right] \\ (\nabla_\perp f)_i &= \frac{1}{a} \frac{1}{\sqrt{g} B^2} \left[ (J - \iota I) \frac{\partial f}{\partial \rho} - \rho \beta_* \left( \frac{\partial f}{\partial \zeta} - \iota \frac{\partial f}{\partial \theta} \right), \right. \\ &\quad \left. J \frac{1}{\rho} \frac{\partial f}{\partial \theta} - \frac{I}{\rho} \frac{\partial f}{\partial \zeta}, \varepsilon \rho \iota \left( J \frac{1}{\rho} \frac{\partial f}{\partial \theta} - \frac{I}{\rho} \frac{\partial f}{\partial \zeta} \right) \right] \end{aligned}$$

Then the differential operator  $\nabla_\perp^2 f = \nabla \cdot \nabla_\perp$  is written as

$$\begin{aligned} \nabla_\perp^2 &= \frac{1}{a^2} \frac{1}{\sqrt{g}} \left\{ \frac{1}{\rho} \frac{\partial}{\partial \rho} \left[ \rho (J - \iota I) \frac{g^{\rho\rho}}{B^2} \frac{\partial}{\partial \rho} - \rho^2 \beta_* \frac{g^{\rho\rho}}{B^2} \left( \frac{\partial}{\partial \zeta} - \iota \frac{\partial}{\partial \theta} \right) \right. \right. \\ &\quad \left. \left. + \rho \frac{g^{\rho\theta} + \varepsilon \rho \iota g^{\rho\zeta}}{B^2} \left( J \frac{1}{\rho} \frac{\partial}{\partial \theta} - \frac{I}{\rho} \frac{\partial}{\partial \zeta} \right) \right] \right. \\ &\quad \left. + \frac{1}{\rho} \frac{\partial}{\partial \theta} \left[ (J - \iota I) \frac{g^{\rho\theta}}{B^2} \frac{\partial}{\partial \rho} - \rho \beta_* \frac{g^{\rho\theta}}{B^2} \left( \frac{\partial}{\partial \zeta} - \iota \frac{\partial}{\partial \theta} \right) \right. \right. \\ &\quad \left. \left. + \frac{g^{\theta\theta} + \varepsilon \rho \iota g^{\theta\zeta}}{B^2} \left( J \frac{1}{\rho} \frac{\partial}{\partial \theta} - \frac{I}{\rho} \frac{\partial}{\partial \zeta} \right) \right] \right. \\ &\quad \left. + \varepsilon \frac{\partial}{\partial \zeta} \left[ (J - \iota I) \frac{g^{\rho\zeta}}{B^2} \frac{\partial}{\partial \rho} - \rho \beta_* \frac{g^{\rho\zeta}}{B^2} \left( \frac{\partial}{\partial \zeta} - \iota \frac{\partial}{\partial \theta} \right) \right. \right. \\ &\quad \left. \left. + \frac{g^{\theta\zeta} + \varepsilon \rho \iota g^{\zeta\zeta}}{B^2} \left( J \frac{1}{\rho} \frac{\partial}{\partial \theta} - \frac{I}{\rho} \frac{\partial}{\partial \zeta} \right) \right] \right\} \end{aligned}$$

Using the relations between upper and lower metric tensor components, we get

$$\begin{aligned}
\nabla_{\perp}^2 = & \frac{1}{a^2} \frac{1}{\sqrt{g}} \left\{ \frac{1}{\rho} \frac{\partial}{\partial \rho} \left[ \rho (J - \iota I) g_{\theta\theta} \frac{\partial}{\partial \rho} - \rho \sqrt{g} \left( \frac{I}{\varepsilon \rho} \right)^2 \frac{\partial}{\partial \rho} \right. \right. \\
& - \rho^2 \beta_* \left( g_{\theta\theta} - \frac{I^2}{\varepsilon^2 \rho^2} \frac{\sqrt{g}}{J - \iota I} \right) \left( \frac{\partial}{\partial \zeta} - \iota \frac{\partial}{\partial \theta} \right) \\
& \left. - \rho \left( g_{\rho\theta} - \frac{I \beta_*}{\varepsilon^2} \frac{\sqrt{g}}{J - \iota I} \right) \left( J \frac{1}{\rho} \frac{\partial}{\partial \theta} - \frac{I}{\rho} \frac{\partial}{\partial \zeta} \right) \right] \\
& + \frac{1}{\rho} \frac{\partial}{\partial \theta} \left[ - \left( J g_{\rho\theta} - \rho^2 \iota \beta_* g_{\theta\theta} - \frac{I \beta_*}{\varepsilon^2} \sqrt{g} \right) \frac{\partial}{\partial \rho} \right. \\
& + \frac{\rho \beta_*}{J - \iota I} \left( J g_{\rho\theta} - \rho^2 \iota \beta_* g_{\theta\theta} - \frac{I \beta_*}{\varepsilon^2} \sqrt{g} \right) \left( \frac{\partial}{\partial \zeta} - \iota \frac{\partial}{\partial \theta} \right) \\
& + \frac{1}{J - \iota I} \left( J g_{\rho\rho} - \rho^2 \iota \beta_* g_{\rho\theta} - \frac{\rho^2 \beta_*^2}{\varepsilon^2} \sqrt{g} \right) \left( J \frac{1}{\rho} \frac{\partial}{\partial \theta} - \frac{I}{\rho} \frac{\partial}{\partial \zeta} \right) \Big] \\
& + \frac{\partial}{\partial \zeta} \left[ \left( \frac{I}{\rho} g_{\rho\theta} - \rho \beta_* g_{\theta\theta} \right) \frac{\partial}{\partial \rho} \right. \\
& - \frac{\rho \beta_*}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\theta} - \rho \beta_* g_{\theta\theta} \right) \left( \frac{\partial}{\partial \zeta} - \iota \frac{\partial}{\partial \theta} \right) \\
& \left. \left. - \frac{1}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\rho} - \rho \beta_* g_{\rho\theta} \right) \left( J \frac{1}{\rho} \frac{\partial}{\partial \theta} - \frac{I}{\rho} \frac{\partial}{\partial \zeta} \right) \right] \right\}
\end{aligned}$$

$$\begin{aligned}
a^2 \sqrt{g} \nabla_{\perp}^2 = & \frac{1}{\rho} \frac{\partial}{\partial \rho} \left\{ \rho \left[ (J - \iota I) g_{\theta\theta} - \left( \frac{I}{\varepsilon \rho} \right)^2 \sqrt{g} \right] \frac{\partial}{\partial \rho} \right. \\
& \left. - \left( J g_{\rho\theta} - \rho^2 \iota \beta_* g_{\theta\theta} - \frac{I \beta_*}{\varepsilon^2} \sqrt{g} \right) \frac{\partial}{\partial \theta} + (I g_{\rho\theta} - \rho^2 \beta_* g_{\theta\theta}) \frac{\partial}{\partial \zeta} \right\} \\
& + \frac{1}{\rho} \frac{\partial}{\partial \theta} \left\{ - \left( J g_{\rho\theta} - \rho^2 \iota \beta_* g_{\theta\theta} - \frac{I \beta_*}{\varepsilon^2} \sqrt{g} \right) \frac{\partial}{\partial \rho} + \left[ \frac{J}{J - \iota I} (J g_{\rho\rho} - \rho^2 \iota \beta_* g_{\rho\theta}) \right. \right. \\
& \left. \left. - \frac{\rho^2 \iota \beta_*}{J - \iota I} (J g_{\rho\theta} - \rho^2 \iota \beta_* g_{\theta\theta}) - \left( \frac{\rho \beta_*}{\varepsilon} \right)^2 \sqrt{g} \right] \frac{1}{\rho} \frac{\partial}{\partial \theta} \right. \\
& \left. - \left[ \frac{J}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\rho} - \rho \beta_* g_{\rho\theta} \right) - \frac{\rho^2 \iota \beta_*}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\theta} - \rho \beta_* g_{\theta\theta} \right) \right] \frac{\partial}{\partial \zeta} \right\} \\
& + \frac{\partial}{\partial \zeta} \left\{ \left( \frac{I}{\rho} g_{\rho\theta} - \rho \beta_* g_{\theta\theta} \right) \frac{\partial}{\partial \rho} \right. \\
& \left. - \left[ \frac{J}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\rho} - \rho \beta_* g_{\rho\theta} \right) - \frac{\rho^2 \iota \beta_*}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\theta} - \rho \beta_* g_{\theta\theta} \right) \right] \frac{1}{\rho} \frac{\partial}{\partial \theta} \right. \\
& \left. + \left[ \frac{I}{\rho} \frac{1}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\rho} - \rho \beta_* g_{\rho\theta} \right) - \frac{\rho \beta_*}{J - \iota I} \left( \frac{I}{\rho} g_{\rho\theta} - \rho \beta_* g_{\theta\theta} \right) \right] \frac{\partial}{\partial \zeta} \right\}
\end{aligned} \tag{1}$$

At lowest order,

$$\nabla_{\perp}^2 = \frac{1}{a^2} \frac{1}{\sqrt{g}} \left[ \frac{1}{\rho} \frac{\partial}{\partial \rho} \left( \rho g_{\theta\theta} \frac{\partial}{\partial \rho} - g_{\rho\theta} \frac{\partial}{\partial \theta} \right) + \frac{1}{\rho} \frac{\partial}{\partial \theta} \left( -g_{\rho\theta} \frac{\partial}{\partial \rho} + g_{\rho\rho} \frac{1}{\rho} \frac{\partial}{\partial \theta} \right) \right] \tag{2}$$