

## Word Search: Food & Nutrition

Q	X	V	I	T	A	M	I	N	E	A	Q	C	F	L	H	D	B
O	P	A	L	A	T	A	B	I	L	I	T	Y	N	R	K	Y	R
B	S	K	N	H	Q	L	M	J	L	H	Z	M	D	Y	U	I	O
E	R	E	O	A	V	O	C	A	D	O	N	K	N	Z	M	Q	C
S	Z	C	P	U	A	Y	C	B	F	R	O	H	Q	Y	H	A	C
I	T	S	G	I	M	V	I	T	A	M	I	N	B	V	Y	U	O
T	B	T	V	T	W	Z	X	C	B	C	M	C	Y	P	Q	X	L
Y	M	G	C	A	L	C	I	U	M	C	N	P	K	F	X	R	I
T	S	W	N	I	R	R	O	U	G	H	A	G	E	E	A	Q	X
F	K	X	U	Y	C	S	L	H	H	J	W	N	H	R	T	U	J
G	L	U	T	A	M	I	N	E	O	N	Y	P	M	P	B	S	X
K	N	V	O	B	L	R	Q	Y	F	K	V	S	P	H	P	E	X

Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

AVOCADO  
BROCCOLI  
CALCIUM  
GLUTAMINE

OBESITY  
PALATABILITY  
RICKETS  
ROUGHAGE

VITAMIN-B  
VITAMIN-E

## SOLUTION

### Word Search: Food & Nutrition

.	.	V	I	T	A	M	I	N	E	.	.	.	.	.	.	B
O	P	A	L	A	T	A	B	I	L	I	T	Y	.	.	.	R
B	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	O
E	.	.	.	A	V	O	C	A	D	O	.	.	.	.	.	C
S	.	.	.	.	.	.	.	.	.	R	.	.	.	.	.	C
I	.	.	.	.	.	V	I	T	A	M	I	N	B	.	.	O
T	.	.	.	.	.	.	.	.	.	.	.	C	.	.	.	L
Y	.	.	C	A	L	C	I	U	M	.	.	.	K	.	.	I
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G	L	U	T	A	M	I	N	E	.	.	.	.	.	.	S	.
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Word directions and start points are formatted: (Direction, X, Y)

AVOCADO (E,5,4)

BROCCOLI (S,18,1)

CALCIUM (E,4,8)

GLUTAMINE (E,1,11)

OBESITY (S,1,2)

PALATABILITY (E,2,2)

RICKETS (SE,11,5)

ROUGHAGE (E,7,9)

VITAMIN-B (E,7,6)

VITAMIN-E (E,3,1)