

Culinary School Readiness Assessment

RESULTS

Here is how the survey interprets your answers.* Keep in mind that this is only a tool to help you gain insight on how you currently view yourself in your career. Use these insights in any way you choose, but your own opinion of yourself is the one that matters most!

*This document is provided for informational and personal reflection purposes only. It is not intended to provide a personality assessment, psychological profile, or specific career advice.

77%

OPTIMISM

How optimistic I am of the future and my ability to create positive change in my life.

Optimistic Realist:

You mostly see the “glass half full,” but a healthy dose of caution and skepticism keeps your feet on the ground. You know that it’s important to be realistic about life, know your limitations, and lean in with all you’ve got wherever you can. That way, pursuing your goals is grounded in reality.

85%

LEADERSHIP

How much I see myself as a leader or interested in leadership.

A Leader with Realistic Expectations:

Your core values are aligned with important leadership principles, but you’re also realistic about your true abilities. With the right training and guidance, you can step into a leader’s role if that’s what you’re after.

100%

COMMUNITY

How much I value the support of a community and friendship.

Community is Extremely Important:

Community really matters to you! Surrounding yourself with people and social situations bring you energy and can help you perform at your best.

78%

CRAFTSMANSHIP

How much I value culinary craftsmanship.

Intentional in Craftsmanship:

You're intentional about standards of excellence, but you also have a realistic understanding of your own areas for improvement.

63%

MENTORSHIP & EDUCATION

How much I perceive the value of mentorship and education.

Important:

For you, education and mentorship are important...to a point. It's equally important to keep a healthy dose of skepticism, know what you want, and think critically on your own.

My Pain Points

How dissatisfied I am with the "status quo," i.e., life continuing mostly the same as it is now.

This is really a positive thing: The less satisfied with your life as it is now, the more drive you may have to make a positive change!

Congratulations! Overall, you feel pretty good about your life as it is now: Your job is OK, you feel like you're achieving your full potential, and you're not feeling a strong need for change. However, when you don't really have any pain points, there's a danger of getting too comfortable and not growing. It might be a good idea to understand what about your career and life ISN'T quite right, and set your sights on making yourself EVEN STRONGER.



An artist at heart

Me



Coachable

Me



People give me energy

Me



Not Me



Not Me



Me



Me



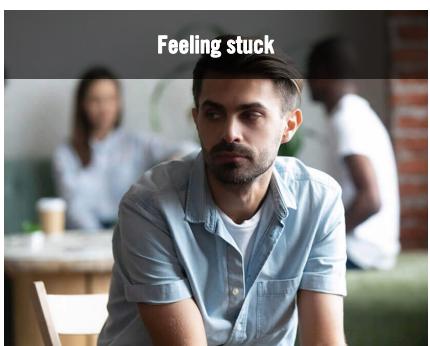
Me



Me



Me



Not Me



Not Me



Not Me



Not Me



Not Me



Me



Me



Me



Me



Not Me



Me



Me



Me



Me



Me



Me



Me



Me