

训练阶段

 X y $day_{01} \rightarrow day_{10}$ day_{11}

测试阶段

 $day_{02} \rightarrow day_{11}$ day_{12} $day_{03} \rightarrow day_{11}$ day_{12} day_{12} $day_{04} \rightarrow day_{11}$ day_{12} day_{12} day_{13}