



Republic of the Philippines
UNIVERSITY OF RIZAL SYSTEM
Province of Rizal

BACHELOR IN HUMAN SERVICES
(Formerly BS in Guidance Counseling)
Proposed Revised Curriculum Based on CMO No. 33 s. 2017
BOR Resolution No. 062-671-18

First Year – First Semester

Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
Self 1	Understanding the Self	3	3	
Eng 1	Purposive Communication	3	3	
Hist 1	Readings in Philippine History	3	3	
Hum 1	Art Appreciation	3	3	
Math 1	Mathematics in the Modern World	3	3	
Fil 1	Pag-aaral ng Diskurso sa Filipino	3	3	
GE Elec 1	Living in the IT Era	3	3	
PE 1	Physical Fitness	2	2	
NSTP 1	National Service Training Program	3	3	
TOTAL		26	26	

First Year – Second Semester

Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
CW 1	The Contemporary World	3	3	
Ethics	Ethics	3	3	
Sci, Tech & Society	Science, Technology & Society	3	3	
Fil 2	Perspektibong Historikal ng Panitikan sa Pilipinas	3	3	
GE Elec2	Gender & Society	3	3	
GE Elec 3	Great Books	3	3	
HS 1	Human Services & Mental Health	3	3	
PE 2	Rhythmic Activities	2	2	PE 1
NSTP 2	National Service Training Program	3	3	NSTP 1
TOTAL		26	26	

Second Year – First Semester

Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
HS 2	Human Development & Functioning	3	3	
HS 3	Self-Development and Client Awareness	3	3	
HS 4	Skills for Helping Professionals	3	3	
HS 5	Personality	3	3	
Rizal	Life & Works of National Hero Dr. Jose Rizal	3	3	
Eng 2	English Language Enhancement Course	3	3	Eng 1
PE 3	Individual/Dual Sport	2	2	PE 2
TOTAL		20	20	

Second Year – Second Semester

Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
HS 6	Group Process & Facilitation Skills (with lab)	6	6	HS1, HS 2
HS 7	Values, Attitudes & Ethics in the Helping Professions	3	3	
HS 8	Program Development & Evaluation	3	3	
HS 9	Communication Skills for Human Services Professionals	3	3	
HS 10	Understanding Human Exceptionalities & Special Population	3	3	
Lit 1	Introduction to Literature and Its Philosophy	3	3	
PE 4	Team Sports	2	2	PE 3
TOTAL		23	23	

Third Year – First Semester

Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
HS 11	Human Services Delivery Systems & Intervention	6	6	HS 1, HS 2
HS 12	Life Skills for Learning & Innovation	3	3	
HS 13	Group Work with Children & Adolescents	3	3	
HS 14	Media & Information Literacy for Helping Professionals	3	3	
HS 15	Seminar on Mental Health & Well-being	3	3	
HS 16	Basic Statistics	3	3	
Fil 3	Pagsusuri at Pagsusulat ng Akdang Pampanitikan	3	3	
TOTAL		24	24	

Third Year – Second Semester

Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
HS 17	Mental Health & Psychosocial Support in Emergency Settings	3	3	
HS 18	Seminar on Family Life	3	3	
HS 19	Career Development & Lifelong Learning	3	3	
HS 20	Seminar on Contemporary Social Issues	3	3	
HS 21	Psychological Assessment	5	5	
HS 22	Research Methods	3	3	HS 16
Lit 2	Readings on World's Literary Masterpieces	3	3	
TOTAL		23	23	

Fourth Year – First Semester

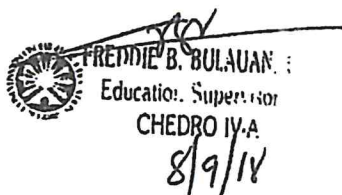
Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
HS Elec 1	Principles & Methods of Teaching	3	3	
HS Elec 2	Social Works & Community Development	3	3	
HS Elec 3	Human Resource Management	3	3	
HS 23	Thesis Writing	3	3	H22
TOTAL		12	12	

Fourth Year – Second Semester

Course Code	Descriptive Title	Hours/Wk Lec/Lab	Units	Pre requisite
HS 24	Field Experience 1 (industry, school, community)	150	3	
HS 25	Field Experience 2 (industry, school, community)	150	3	
TOTAL			6	

Summary

	No. of Units
General Education	51
Professional Courses Basic (BC)	15
Advanced (HS)	36
Cognates (CC)	32
Electives (EC)	9
Mandated	
Rizal	3
PE	8
NSTP	6
TOTAL	160


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 8/9/18