



03 July 2023

IMPLEMENTATION ORDER
No. 19, Series of 2023

To : Vice-President for Academic Affairs
Director, Curriculum & Instruction
Head, Program Accreditation Recognition and Certification (PARC)
Campus Directors
University Registrar
Campus Registrars Concerned
Concerned College Deans

Subject: Approval of the Bachelor in Human Services curriculum revisions by the Board of Regents

1. The URS Board of Regents during its 77th Regular Meeting held on 26 June 2023 at the CHED Executive Conference Room, HEDC Building, C.P. Garcia Avenue, UP Diliman, Quezon City approved the curriculum revisions for the Bachelor in Human Services.
2. Attached herewith is the revised curriculum for your ready reference.
3. For information and proper guidance.

NANCY T. PASCUAL, Ed.D., RGC
President



BACHELOR IN HUMAN SERVICES
Revised Curriculum based on CMO No. 33, s. 2017 & CMO 39, s. 2021
BOR Resolution No. 27, Series of 2023

First Year – First Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
Eng 1	Purposive Communication	3		3	
History 1	Readings in Philippine History	3		3	
Hum 1	Art Appreciation	3		3	
Math 1	Mathematics in the Modern World	3		3	
HS 1	Human Services & Mental Health	3		3	
HS 2	Human Development & Functioning	3		3	
PATHFit 1	Movement competency Training	2		2	
NSTP 1	National Service Training Program 1	3		3	
Total		23		23	

First Year – Second Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
Ethics	Ethics	3		3	CC2
Self 1	Understanding the Self	3		3	
STS	Science, Technology & Society	3		3	
GE Elec 2	Gender & Society	3		3	
HS 4	Skills for Helping Professionals	3		3	
Gen Elec 1	Living in the IT Era	3		3	
PATHFit 2	Exercise-based Fitness Activities	2		2	PATHFit 1
NSTP 2	National Service Training Program 2	3		3	NSTP 1
Total		23		23	

Second Year – First Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
Rizal	Life & Works of National Hero (Dr. JP Rizal)	3		3	
HS 3	Self Development & Client Awareness	3		3	
GE Elec 3	Great Books	3		3	
HS 5	Personality	3		3	
HS 6	Group Process & Facilitation Skill w/ Lab	3	3	6	HS1, HS 4
Eng 2	English language Enhancement course	3		3	
PATHFit 3	Menu of Sports, martial Arts, Group Exercise, Outdoor & Adventure Activities	2		2	PATHFit 1 & 2
Total		23	3	23	



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JOVINE KRISSELL L. CUEVAS
Education Supervisor II
CHEDRO IV



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UNIVERSITY OF RIZAL SYSTEM
Province of Rizal

Second Year – Second Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
HS 7	Values, Attitude & Ethics in the Helping Professions	3		3	
HS 8	Program Development & Evaluation	3		3	
HS 9	Communications Skills for Human Services Professionals	3		3	
HS 10	Understanding Human Exceptionalities & Special Population	3		3	
Lit 1	Intro to Literature & Its Philosophy	3		3	
PATHFit 4	Menu of Dance, Sports, Martial Arts, Group Exercise, Outdoor & Adventure Activities	2		2	PATHFit 1 & 2
Total		17		17	

Third Year – First Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
HS 11	Human Services Delivery System & Intervention with lab	3	3	6	HS1, HS4
HS 12	Life skills for Learning & Innovation	3		3	
HS 13	Group Work with Children & Adolescents	3		3	
HS 14	Media Information Literacy for Helping Professionals	3		3	
HS 15	Seminar on Mental Health & Well Being	3		3	
HS 16	Basic Statistics	3		3	
Total		21	3	21	

Third Year – Second Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
HS 17	Mental Health & Psychosocial Support in Emergency Settings	3		3	
HS 18	Seminar on Family Life	3		3	
HS 19	Career Development & Lifelong Learning	3		3	
HS 20	Seminar on Contemporary Social Issues	3		3	
HS 21	Psychological Assessment	3	2	5	HS16
HS 22	Research Methods	3		3	
Total		23	2	23	



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Fourth Year – First Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
HS Elec 1	Principles & Methods of Teaching	3		3	
HS Elec 2	Social Works & Community Development	3		3	
HS Elec 3	Human Resource Management	3		3	
HS 23	Thesis Writing	3		3	HS22
CW 1	The Contemporary World	3		3	
Total		15		15	

Fourth Year – Second Semester

Course Code	Descriptive Title	Lecture Hrs/wk	Lab/Hrs/wk	Units	Pre-requisite
HS 24	Field Experience 1 (industry, school, community)	150 hrs		3	
Hs 25	Field Experience 2 (industry, school, community)	150 hrs		3	
Total				6	



JOVINE KRISSELL L. CUEVAS 5/16/2024
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SUMMARY

Classification/Field/Courses	Number of Units
General Education	42
Professional Courses (Basic) (HS)	15
Advanced Courses (HS)	36
Cognates (HS)	32
Electives (Hs Elec)	9
Mandated	
Rizal	3
PATHFit	8
NSTP	6
TOTAL	151