# Practical Machine Learning Project: Exercise Class Prediction

Dean Woodley April 4, 2017

## **Exercise Class Prediction**

# Introduction

This paper presents the results of the development and selection of a model to predict the which of five classes of exercises were performed by six test subjects. The subjects were asked to perform barbell lifts correctly and incorrectly in five different ways. The data was provided by groupware@les.inf.puc-rio.br (mailto:groupware@les.inf.puc-rio.br) at this internet address: http://groupware.les.inf.puc-rio.br/har (http://groupware.les.inf.puc-rio.br/har).

# **Data Preparation**

The provided training data file consisted of 19,622 rows of observations with 160 columns of potenetial prediction and identifying variables. The training data was randomly split on the classe feature between a training set (75%) and a testing set (25%).

Preliminary examination of the data indicated that a large number of the variables predominately contained NA or near zero variance values. Columns that contained over 50% NA values where removed from the final data sets, as were columns that had near zero variances. In addition, columns containing row identifiers, test subject names, and time stamps were removed. A total of 53 predictor columns remained after preprocessing.

## Model Selection and Cross Validation

Four (4) potenetial prediction methods were fitted to the preprocessed training data:

Classification Tree Model (rpart);

Random Forests Model (rf);

Boosting with Trees Model (gbm);

Bagging with Trees Model (treeebag)

Each model was fitted using k-fold (k = 5) cross validation with the intent to reduce variance of the fit. The fitted models were then used to predict against the training data in order to obtain a best case estimate of model accuracy.

The accuracy against the training data were as follow:

Classification Tree Model (rpart): 50.14 %

Random Forests Model (rf): 100 %

Boosting with Trees Model (gbm): 99.46 % Bagging with Trees Model (treeebag): 99.99 % The Classification Tree Model was seen to be very much inferior to the other models tested, though the possibility of overfitting with the other models (particularly Random Forests) is a concern.

As an additional check for accuracy, and the possibility of overfitting, the models were used to predict against testing data that was held out from the original training set. The prediction accuracy of the four models against the testing data was very close to that of the training data, so the possibility of overfitting is assumed to be negligeable.

The accuracy against the testing data were as follow:

Classification Tree Model (rpart): 47.94 %

Random Forests Model (rf): 99.9 %

Boosting with Trees Model (gbm): 99.16 % Bagging with Trees Model (treeebag): 99.49 %

Given the results of the models against the training and testing data sets the Random Forest model was selected for the final validation prediction.

# **Prediction Results**

Predictions were performed on 20 test cases from the

"https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv

(https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv)" data file.

The results are as follows:

Case 1: B

Case 2: A

Case 3: B

Case 4: A

Case 5: A

Case 6: E

Case 7 : D

Case 8 : B

Case 9 : A

Case 10: A

Case 11: B

Case 12: C

Case 13: B

Case 14: A

Case 15 : E

Case 16 : E

Case 17 : A

Case 18 : B

Case 19: B

Case 20 : B

# **Data Preparation**

Load Training Files; Split between Training and Testing sets (75%/25%)

```
set.seed(1111)
pmltrain <- read.csv("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv")</pre>
```

```
trainList <- createDataPartition(pmltrain$classe,p=0.75,list=FALSE)
trainData <- pmltrain[trainList,]
TestData <- pmltrain[-trainList,]</pre>
```

### Input Data Frame Dimensions

```
## [1] 19622 160
```

### **Training Data Frame Dimensions**

```
## [1] 14718   160
```

### **Testing Data Frame Dimensions**

```
## [1] 4904 160
```

#### Vector of columns that are near zero variance

```
nms <- colnames(trainData[,nearZeroVar(trainData)])</pre>
```

### Vector of columns that are timestamps, row numbers or characters

```
nms <- c(nms,"X","user_name","raw_timestamp_part_1","raw_timestamp_part_2","cvtd_timestamp")
```

#### Vector of columns that are over 50% NAs

```
for(nm in colnames(trainData))
{
   if(sum(is.na(trainData[,nm]))/length(trainData[,nm]) > 0.50)
   {
      nms <- c(nms,nm)
   }
}</pre>
```

#### Remove columns that are NAs or near zero variance

```
NACols <- colnames(trainData) %in% nms
trainData <- trainData[,!NACols]
```

## Revised Training Data Frame Dimensions:

```
print(dim(trainData))
```

```
## [1] 14718 54
```

# Train four models: Classification Tree, Random Forests, Boosting with Trees, Bagging

Train Classification Tree Model (rpart)

```
set.seed(1111)
tc <- trainControl(method="CV",number=5)
XtrainMod <- train(classe~.,method="rpart",trControl=tc,data=trainData)</pre>
```

```
## CART
##
## 14718 samples
      53 predictor
##
##
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 11774, 11775, 11775, 11775, 11773
## Resampling results across tuning parameters:
##
##
    ср
                Accuracy
                            Kappa
   0.03778601 0.5486445 0.42297595
##
##
   0.06164752 0.3939449 0.17081860
    0.11829488 0.3157995 0.04789891
##
##
## Accuracy was used to select the optimal model using the largest value.
## The final value used for the model was cp = 0.03778601.
```

## Train Random Forests Model (rf)

```
XtrainMod2 <- train(classe~.,method="rf",trControl=tc,data=trainData)</pre>
```

```
## Random Forest
##
## 14718 samples
##
      53 predictor
##
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 11774, 11776, 11774, 11774, 11774
  Resampling results across tuning parameters:
##
##
    mtry Accuracy
                      Kappa
##
    2
           0.9946324 0.9932103
    27
           0.9975541 0.9969061
##
##
    53
          0.9948362 0.9934683
## Accuracy was used to select the optimal model using the largest value.
## The final value used for the model was mtry = 27.
```

## Train Boosting with Trees Model (gbm)

```
XtrainMod3 <- train(classe~.,method = "gbm",trControl=tc,data=trainData,verbose=FALSE)</pre>
```

```
## Stochastic Gradient Boosting
##
## 14718 samples
##
      53 predictor
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 11774, 11776, 11773, 11775, 11774
## Resampling results across tuning parameters:
##
##
     interaction.depth n.trees Accuracy
                                            Kappa
##
                         50
                                 0.7632870 0.6997372
##
    1
                        100
                                 0.8322496 0.7876319
    1
                        150
                                 0.8724719 0.8386004
##
    2
##
                         50
                                 0.8834092 0.8523613
##
    2
                        100
                                 0.9368812 0.9201339
     2
                                 0.9635831 0.9539215
##
                        150
    3
##
                         50
                                 0.9319892 0.9138939
##
    3
                        100
                                 0.9697659 0.9617451
##
                        150
                                 0.9862080 0.9825529
##
## Tuning parameter 'shrinkage' was held constant at a value of 0.1
##
## Tuning parameter 'n.minobsinnode' was held constant at a value of 10
## Accuracy was used to select the optimal model using the largest value.
## The final values used for the model were n.trees = 150,
   interaction.depth = 3, shrinkage = 0.1 and n.minobsinnode = 10.
```

## Train Bagging Model (treebag)

```
XtrainMod4 <- train(classe~.,method = "treebag",trControl=tc,data=trainData,verbose=FALSE)</pre>
```

```
## Bagged CART
##
## 14718 samples
##
      53 predictor
##
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
   Summary of sample sizes: 11773, 11776, 11774, 11774, 11775
   Resampling results:
##
##
     Accuracy
                Kappa
##
     0.9934097 0.9916642
##
##
```

# Check accuracy of each model against training data

Test rpart (Classification Tree) on training data.

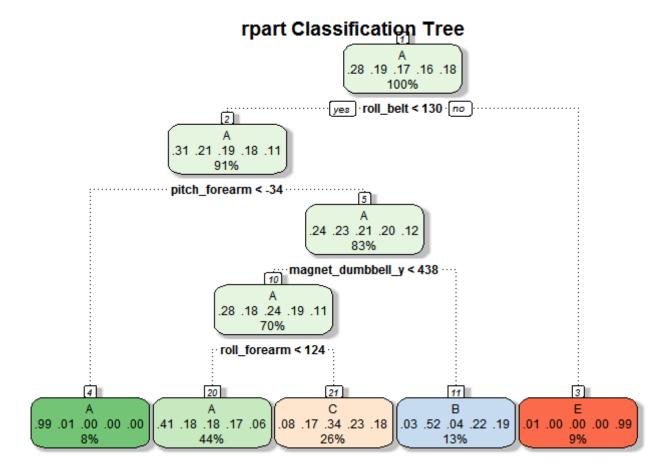
```
RpartTrainPred <- predict(XtrainMod,newdata=trainData)
table(cbind(data.frame(RpartTrainPred),data.frame(trainData$classe)))</pre>
```

```
##
                  trainData.classe
## RpartTrainPred
                            В
                                  C
                       Α
##
                 A 3815 1182 1176 1095
                                           394
##
                          997
                                 82
                                     427
                                           359
                      65
                    293
                          669 1309
                                     890
##
                                           695
##
                       0
                            0
                                  0
                                       0
                                             0
##
                      12
                            0
                                       0 1258
                                  0
```

print(paste("Training Data Accuracy:",round(100\*sum(RpartTrainPred == trainData\$classe)/length(t rainData\$classe),2),"%"))

```
## [1] "Training Data Accuracy: 50.14 %"
```

## Plot of rpart Classification Tree



## Test rf (Random Forest) on training data.

```
RfTrainPred <- predict(XtrainMod2,newdata=trainData)
table(cbind(data.frame(RfTrainPred),data.frame(trainData$classe)))</pre>
```

```
##
               trainData.classe
## RfTrainPred
                    Α
                               C
                                          Ε
                                    D
##
              A 4185
##
                    0 2848
##
                         0 2567
##
                    0
                         0
                               0 2412
##
                                    0 2706
                               0
```

print(paste("Training Data Accuracy:",round(100\*sum(RfTrainPred == trainData\$classe)/length(tra
inData\$classe),2),"%"))

```
## [1] "Training Data Accuracy: 100 %"
```

Test gbm (Boosting with Trees) on training data.

```
GbmTrainPred <- predict(XtrainMod3,newdata=trainData)
table(cbind(data.frame(GbmTrainPred),data.frame(trainData$classe)))</pre>
```

```
##
                trainData.classe
## GbmTrainPred
                    Α
                          В
                                     D
               A 4184
                                    2
##
                    1 2828
##
                              12
                                    4
##
               C
                    0
                         11 2552
                                          5
                                   16
                          0
                               3 2388
                                         13
##
               D
                    0
##
               Ε
                    0
                               0
                                     2 2684
                          0
```

print(paste("Training Data Accuracy:",round(100\*sum(GbmTrainPred == trainData\$classe)/length(tr ainData\$classe),2),"%"))

```
## [1] "Training Data Accuracy: 99.44 %"
```

### Test treeebag (Bagging with Trees) on training data.

```
TreebagTrainPred <- predict(XtrainMod4,newdata=trainData)

table(cbind(data.frame(TreebagTrainPred),data.frame(trainData$classe)))</pre>
```

```
##
                     trainData.classe
## TreebagTrainPred
                                          D
                                               Ε
                    A 4184
##
                               0
                                               0
##
                    В
                         1 2848
                                    0
                                               a
                    C
                               0 2567
##
                         0
                                          0
                                               0
##
                    D
                         0
                               0
                                    0 2412
                                               0
##
                               0
                                          0 2706
```

```
print(paste("Training Data Accuracy:",round(100*sum(TreebagTrainPred ==
trainData$classe)/length(trainData$classe),2),"%"))
```

```
## [1] "Training Data Accuracy: 99.99 %"
```

# Test section.

## Remove columns that are not in the training data set

```
cnames <- colnames(trainData)
TestData <- TestData[,cnames]</pre>
```

# Predict and check accuracy of each model agains testing data

## Rpart (Classification Trees)

```
RpartTestPred <- predict(XtrainMod,newdata=TestData)
table(cbind(data.frame(RpartTestPred),data.frame(TestData$classe)))</pre>
```

```
##
                 TestData.classe
                            В
                                 C
## RpartTestPred
                      Α
                                       D
                                            Ε
##
                 A 1264
                         399
                               410
                                    352 129
                         296
                                27
                                    145
##
                     22
                                          131
                 C
                    107
                         254
                               418
                                     307
                                          268
##
                           0
                                 0
                                       0
                                            0
##
                      0
                 Ε
                                          373
                      2
                            0
                                 0
                                       0
##
```

print(paste("Testing Data Accuracy:",round(100\*sum(RpartTestPred==TestData\$classe)/length(TestData\$classe),2),"%"))

```
## [1] "Testing Data Accuracy: 47.94 %"
```

## rf (Random Forest)

```
RfTestPred <- predict(XtrainMod2,newdata=TestData)
table(cbind(data.frame(RfTestPred),data.frame(TestData$classe)))</pre>
```

```
TestData.classe
##
## RfTestPred
                         В
                               C
                                    D
                                          Ε
             A 1395
                         2
##
                               0
                                    0
                                          0
##
             В
                       947
                               1
                                    0
                                          0
                   0
             C
                                    2
##
                   0
                         0
                            854
##
                         0
                                  802
             Ε
##
                         0
                               0
                                        901
```

print(paste("Testing Data Accuracy:",round(100\*sum(RfTestPred == TestData\$classe)/length(TestDat
a\$classe),2),"%"))

```
## [1] "Testing Data Accuracy: 99.9 %"
```

## gbm (Boosting Using Trees)

```
GbmTestPred <- predict(XtrainMod3,newdata=TestData)
table(cbind(data.frame(GbmTestPred),data.frame(TestData$classe)))</pre>
```

```
TestData.classe
##
                    Α
                          В
## GbmTestPred
                                      D
                                            Ε
##
               A 1392
                          4
                                            0
                     3
                        937
                                7
##
               C
                     0
                              845
                                      9
##
                          8
                                            0
##
                     0
                          0
                                2
                                    794
                                            5
                                      0 892
##
                     0
                          0
                                1
```

```
print(paste("Testing Data Accuracy:",round(100*sum(GbmTestPred == TestData$classe)/length(TestDa
ta$classe),2),"%"))
```

```
## [1] "Testing Data Accuracy: 99.1 %"
```

### treebag (Bagging Using Trees)

```
TreebagTestPred <- predict(XtrainMod4,newdata=TestData)
table(cbind(data.frame(TreebagTestPred),data.frame(TestData$classe)))</pre>
```

```
##
                     TestData.classe
                               В
                                                Ε
##
   TreebagTestPred
                         Α
                                           D
##
                   A 1394
                               6
                                                0
                            939
                                                3
##
                   В
                         1
                                     1
                                           4
##
                   C
                         0
                               4
                                  853
                                           5
                                                2
##
                               0
                                        794
                   D
                         0
                                     1
                                                6
##
                   Ε
                         0
                               0
                                     0
                                             890
                                           1
```

```
print(paste("Testing Data Accuracy:",round(100*sum(TreebagTestPred== TestData$classe)/length(TestData$classe),2),"%"))
```

```
## [1] "Testing Data Accuracy: 99.31 %"
```

# Validation section.

```
pmlValidate <- read.csv("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv")</pre>
```

## Remove columns that are not in the training data set

```
ExCols <- colnames(pmlValidate) %in% nms
pmlValidate <- pmlValidate[,!ExCols]</pre>
```

## Create predictions using Random Forest model on validation data

```
RfValidPred <- predict(XtrainMod2,newdata=pmlValidate)
```

#### Predictions of classes from validation data

#### for(i in 1:length(RfValidPred)) print(paste("Case",i,":",RfValidPred[i]))

```
## [1] "Case 1 : B"
## [1] "Case 2 : A"
## [1] "Case 3 : B"
## [1] "Case 4 : A"
## [1] "Case 5 : A"
## [1] "Case 6 : E"
## [1] "Case 7 : D"
## [1] "Case 8 : B"
## [1] "Case 9 : A"
## [1] "Case 10 : A"
## [1] "Case 11 : B"
## [1] "Case 12 : C"
## [1] "Case 13 : B"
## [1] "Case 14 : A"
## [1] "Case 15 : E"
## [1] "Case 16 : E"
## [1] "Case 17 : A"
## [1] "Case 18 : B"
## [1] "Case 19 : B"
## [1] "Case 20 : B"
```