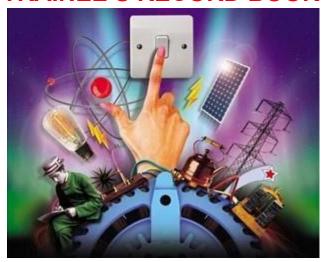
TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY

Region III - Province of Bulacan Regional Training Center Central Luzon - Guiguinto

ELECTRICAL INSTALLATION AND MAINTENANCE NC II

TRAINEE'S RECORD BOOK



ID PHOTO

Name of Trainee	
Training Program	
Inclusive Date Of Training	
No. of Hours:	

TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY

Mission



Regional Training Center Central Luzon - Guiguinto

VISION

A Center for Technical Development in Central Luzon

MISSION

Plan and deliver programs and services geared towards relevant and quality TVET

GOALS

- Industry-relevant training programs;
- Graduates with quality skills and positive work values; and
- Strategic collaborations with public and private sector





Provider of Highly Skilled Electricians in Central Luzon EIM MISSION To Create a Passion for Learning and Promote Innovation

Electrical Installation and Maintenance NC II

Instructions:

This trainee's Record Book (TRB) is intended to serve as a record of all accomplishments/ task/ activities while undergoing training. It will eventually become evidence that can be submitted for portfolio assessment and for whatever purpose it will serve you. It is, therefore, important that all its contents are validly entered by both trainees and instructor.

The Trainee's Record Book contains all the required competencies in your chosen qualifications. All you have to do is to fill out all the columns, "Task Required" and "Date accomplished", with all the activities in accordance with the training program and to be taken up in the training center and with the guidance of the instructor. The instructor will likewise, indicate his remarks on the "Instructor's Remarks" column regarding the outcome of the task accomplished by the trainee. Be sure that the trainee will personally accomplish the task and this must be confirmed by the instructor.

It is of great importance that the content should be written legibly in ink. Avoid any corrections or erasures and maintain cleanliness of this record.

This will be collected by your Instructor and to be submitted to the Vocational Instruction Supervisor (VIS). This shall form part of the trainee's permanent records on file.

Thank You.





BASIC COMPETENCIES

18 Hours

Unit of Competency:		1. Participate	Participate in workplace communication								
Module Title:		Participating i	Participating in workplace communication								
Nominal Duration:		6 hours	3 hours								
Learning Outcome	Date (Start	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NYC	Signa	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Obtain and convey workplace information											
Complete relevant work related documents											
Participate in workplace meeting and discussion											





Unit of Competency:		2. Work in a te	2. Work in a team environment								
Module Title:		Working i	Working in a team environment								
Nominal Duration:		4 hours									
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date Evaluated Remarks (C/NYC Si				Signa	Signature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Describe and identify team role and responsibility in a team											
Describe work as a team member											



Unit of Competency:		3. SOLVE/ADD	3. SOLVE/ADDRESS GENERAL WORKPLACE PROBLEMS								
Module Title:		Solving and A	ddres	sing (Gener	al Wo	orkplace Pr	oblems			
Nominal Duration:		6 hours	3 hours								
Learning Outcome	Date (Start	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NYC	Signa	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
1.Identify routine problems											
2. Look for solutions to routine problems											
3. Recommend solutions to problems											





Unit of Competency:		4. DEVELOP C	4. DEVELOP CAREER AND LIFE DECISIONS								
Module Title:		Developing Ca	Developing Career and Life Decisions								
Nominal Duration:		6 hours	6 hours								
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date Evaluated Remarks (C/NYC				Signa	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Manage one's emotion											
Develop reflective practicety											
Boost selfconfidence and develop selfregulation											





Unit of Competency:		5. CONTRIBUT	5. CONTRIBUTE TO WORKPLACE INNOVATION								
Module Title:		Contributing t	o Wor	kplac	e Inno	ovatio	n				
Nominal Duration:	6 hours	hours									
Learning Outcome	Date (Start	Task/ Activities Required	Activities (End (C/NYC Sign					Sign	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Identify opportunities to do things better											
Generate practical action plans for improving work procedures, processes											
Discuss and develop ideas with others											
Integrate ideas for change in the workplace											





Unit of Competency:		6. PRESENT R	ELEV	ANT I	NFOF	RMAT	ION		
Module Title:		Presenting Re	levant	Infor	matic	n			
Nominal Duration:		6 hours	6 hours						
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NYC	Signa	ature
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor
Gather data/ information									
Assess gathered data/information									
Record and present information									



Unit of Competency:			7. PRACTICE OCCUPATIONAL SAFETY AND HEALTH POLICIES AND PROCEDURES								
Module Title:			Practicing Occupational Safety And Health Policies And Procedures								
Nominal Duration:		4 hours	4 hours								
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NCY	Sign	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Identify OSH compliance requirements											
Prepare OSH requirements for compliance											
Perform tasks in accordance with relevant OSH policies and procedures											





Unit of Competency:			8. EXERCISE EFFICIENT AND EFFECTIVE SUSTAINABLE PRACTICES IN THE WORKPLACE								
Module Title:		_	Exercising Efficient And Effective Sustainable Practices In The Workplace								
Nominal Duration:		4 hours	4 hours								
Learning Outcome	Date (Start	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NCY	Sign	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Identify OSH compliance requirements											
Prepare OSH requirements for compliance											
Perform tasks in accordance with relevant OSH policies and procedures											





Unit of Competency:			9. PRACTICE ENTREPRENEURIAL SKILLS IN THE WORKPLACE								
Module Title:		Practicing	Practicing Entrepreneurial Skills In The Workplace								
Nominal Duration:		4 hours	4 hours								
Learning Outcome	Date (Start	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NCY	Sign	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Apply entrepreneurial workplace best practices											
Communicate entrepreneurial workplace best practices											
Implement costeffective operations											





E I M NC II COMMON COMPETENCIES (24 Hours)

Unit of Competency:		1. Use Hand	1. Use Hand Tools									
Module Title:		Using Hand	Using Hand Tools									
Nominal Duration:		5 hours	5 hours									
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NCY	Sign	ature			
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor			
Plan and prepare for tasks to be undertaken												
Prepare hand tools												
Use appropriate hand tools and test equipment												
Maintain hand tools												





Unit of Competency:		2. Perform Mensuration and Calculation									
Module Title:		Performing N	Performing Mensuration and Calculation								
Nominal Duration:		4 hours	4 hours								
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NCY	Sign	ature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor		
Select measuring instruments											
Carry out measurements and calculation											
Use appropriate hand tools and test equipment											
Maintain measuring instruments											





Unit of Competency:	3. Prepare and Interpret Technical Drawing								
Module Title:	Preparing and Interpret Technical Drawing								
Nominal Duration:	5 hours	5 hours							
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date Evaluated		Remarks (C/NCY	Signa	ature	
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor
Identify different kinds of technical drawings									
Interpret technical drawing									
Prepare/ make changes to electrical/ electronic schematics and drawings									
Store technical drawings and equipment/ instruments									





Unit of Competency:	4. Apply Quality Standards								
Module Title:	Applying Quality Standards								
Nominal Duration:	5 hours								
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date Evaluated		Remarks (C/NCY	Sign	ature	
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor
Assess quality of received materials or components									
Assess own work									
Engage in quality improvement									





Unit of Competency:		5. Terminate and Connect Electrical Wiring and Electronic Circuits							
Module Title:	Terminating and Connecting Electrical Wiring and Electronic Circuits								
Nominal Duration:		5 hours	5 hours						
Learning Outcome	Date (Start	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NCY	Sign	ature
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor
Plan and prepare for termination/ connection of electrical wiring/electronics circuits									
Terminate/ connect electrical wiring/ electronic circuits									
Test termination/ connections of electrical wiring/ electronics circuits									





CORE COMPETENCIES (154 Hours)

Unit of Competency:	Perform roughing-in activities, wiring and cabling works for single-phase distribution, power, lighting and auxiliary systems									
Module Title:	Perform roughing-in activities, wiring and cabling works for single-phase distribution, power, lighting and auxiliary systems									
Nominal Duration:		(70Hours)								
Learning Outcome	Date (Start	Task/ Activities Required	Date (End)	Date	e Evalu	ated	Remarks (C/NCY	Sign	ature	
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor	
Install electrical metallic /non- metallic (PVC conduit)- 16hrs										
Install wire ways and cable tray- 16hrs										
Install auxiliary terminal cabinet and distribution panel- 12hrs										
Prepare for cable pulling and installation -6hrs										
Perform wiring and cabling lay out -16hrs										
Notify completion of work- 4hrs										





Unit of Competency:	2. Install electrical protective devices for distribution, power, lighting, auxiliary, lightning protection and grounding systems								
Module Title:		Installing electrical protective devices for distribution, power, lighting, auxiliary, lightning protection and grounding systems							
Nominal Duration:		(44Hours)							
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date Evaluated		Remarks (C/NCY	Signature		
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor
Plan and prepare work - 8 hrs									
Install electrical protective devices 16hrs									
Install lighting fixture and auxiliary outlet. - 16hrs									
Notify completion of work -4hrs									





Unit of Competency:	Install wiring devices of floor and wall mounted outlets, lighting fixtures/switches, and auxiliary outlets								
Module Title:	Installing wiring devices of floor and wall mounted outlets, lighting fixtures/switches, and auxiliary outlets								
Nominal Duration:	(40Hours)								
Learning Outcome	Date (Start)	Task/ Activities Required	Date (End)	Date Evaluated		Remarks (C/NCY	Sign	ature	
				1st attem pt	2nd attem pt	3rd attem pt		Trainee	Instructor
Select wiring devices 4hrs									
Install wiring devices 16hrs									
Install lighting fixtures/switches- 16hrs									
Notify completion of work -4hrs									

