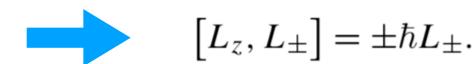
Angular momentum: Ladder operator technique

Let: $L_{\pm} \equiv L_x \pm i L_y$.

Its commutator with L_z is:

$$[L_z, L_{\pm}] = [L_z, L_x] \pm i [L_z, L_y] = i\hbar L_y \pm i (-i\hbar L_x) = \pm \hbar (L_x \pm i L_y),$$



Remember: $[L^2, \mathbf{L}] = 0.$ $[L^2, L_{\pm}] = 0.$

Then, *f* is a common eigenfunction:

$$[L^2, L_{\pm}] = 0.$$
 $L^2(L_{\pm}f) = L_{\pm}(L^2f) = L_{\pm}(\lambda f) = \lambda (L_{\pm}f),$

Therefore, L_+f is also an eigenfunction of L^2 with the same eigenvalue λ .

Angular momentum: Ladder operator technique

 $L_{\pm}f$ is also an eigenfunction of L^2 with the same eigenvalue λ .

$$[L_z, L_{\pm}] = \pm \hbar L_{\pm}$$

$$L_z (L_{\pm} f) = (L_z L_{\pm} - L_{\pm} L_z) f + L_{\pm} L_z f = \pm \hbar L_{\pm} f + L_{\pm} (\mu f)$$

$$= (\mu \pm \hbar) (L_{\pm} f),$$

 $\mu - 2\pi$

so $L_{\pm}f$ is an eigenfunction of L_{Z} with the *new* eigenvalue $\mu \pm \hbar$.

 L_{+} is the **raising operator**: it *increases* the eigenvalue of L_{Z} by \hbar .

 L_{-} is the **lowering operator**: it *lowers* the eigenvalue by \hbar .

For a given value of λ , then, we obtain a "ladder" of states, with each "rung" separated from its neighbours by one unit of \hbar in the eigenvalue of Lz.

Angular momentum: Ladder operator technique

There must exist a "top rung", ft, such that: $L_+ f_t = 0$.

Let $\hbar \ell$ be the eigenvalue of L_z at the top rung: $L_z f_t = \hbar \ell f_t$; $L^2 f_t = \lambda f_t$.

Now,

$$L_{\pm}L_{\mp} = (L_x \pm i L_y) (L_x \mp i L_y) = L_x^2 + L_y^2 \mp i (L_x L_y - L_y L_x)$$

= $L^2 - L_z^2 \mp i (i\hbar L_z)$,

We have:

$$L^2 = L_{\pm}L_{\mp} + L_z^2 \mp \hbar L_z.$$

Thus:

$$L^{2} f_{t} = \left(L_{-} L_{+} + L_{z}^{2} + \hbar L_{z} \right) f_{t} = \left(0 + \hbar^{2} \ell^{2} + \hbar^{2} \ell \right) f_{t} = \hbar^{2} \ell \left(\ell + 1 \right) f_{t},$$

$$\lambda = \hbar^2 \ell \left(\ell + 1 \right).$$

This tells us the eigenvalue of L^2 in terms of the maximum eigenvalue of L_z .

Angular momentum: Ladder operator technique

There must also exist a "bottom rung", fb, such that: $L_-f_b=0$.

Let $\hbar \overline{\ell}$ be the eigenvalue of L_z at the bottom rung: $L_z f_b = \hbar \bar{\ell} f_b$; $L^2 f_b = \lambda f_b$.

Remember: $L^2 = L_{\pm}L_{\mp} + L_z^2 \mp \hbar L_z$.

$$L^{2} f_{b} = \left(L_{+} L_{-} + L_{z}^{2} - \hbar L_{z} \right) f_{b} = \left(0 + \hbar^{2} \bar{\ell}^{2} - \hbar^{2} \bar{\ell} \right) f_{b} = \hbar^{2} \bar{\ell} (\bar{\ell} - 1) f_{b},$$

$$\lambda = \hbar^2 \bar{\ell} \left(\bar{\ell} - 1 \right)$$

Comparing with: $\lambda = \hbar^2 \ell (\ell + 1)$

$$\ell (\ell + 1) = \bar{\ell} (\bar{\ell} - 1)$$
 $\bar{\ell} = \ell + 1$
 $\bar{\ell} = -\ell.$

So the eigenvalues of L_Z are m?, where m goes from $-\ell$ to $+\ell$, in N integer steps.

It follows that $\ell = -\ell + N$, and hence $\ell = N/2$, so I must be an integer or a half-integer.

Angular momentum: Eigenvalues

The eigenfunctions are characterised by the numbers ℓ and m:

$$L^2 f_\ell^m = \hbar^2 \ell \left(\ell + 1\right) f_\ell^m; \quad L_z f_\ell^m = \hbar m f_\ell^m,$$

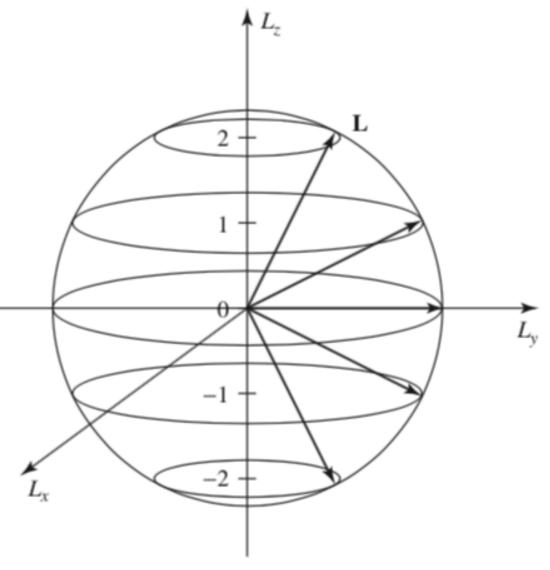
where: $\ell = 0, 1/2, 1, 3/2, \dots;$

$$m = -\ell, -\ell + 1, \ldots, \ell - 1, \ell.$$

For a given value of ℓ , there are $2\ell+1$ different values of m (i.e. $2\ell+1$ "rungs" on the "ladder").

Arrows are possible angular momenta (in units of \hbar), they all have the same length.

Their z components are the allowed values of m (-2,-1, 0, 1, 2).



Angular momentum states (for $\ell = 2$).

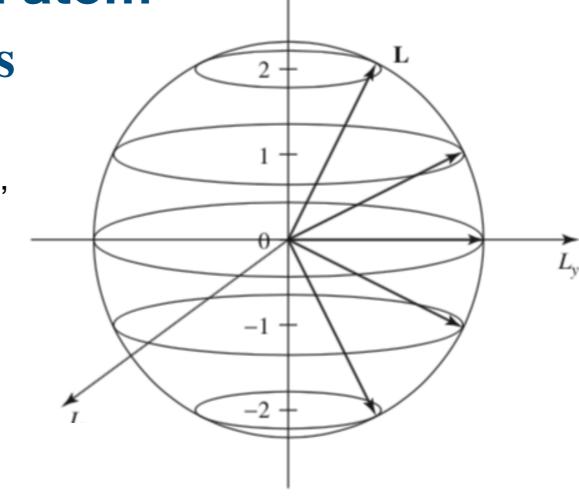
Angular momentum: Eigenvalues

Arrows are possible angular momenta (in units of \hbar), they all have the same length: $\sqrt{\ell (\ell + 1)}$

Their z components are the allowed values of m (-2,-1, 0, 1, 2).

The magnitude of the vectors (the radius of the sphere) is *greater* than the maximum *z* component:

$$\sqrt{\ell (\ell + 1)} > \ell$$



angular momentum states (for $\ell = 2$).

The uncertainty principle implies that we cannot know all three components of L.

Actually, there aren't three components — a particle simply cannot have a determinate angular momentum vector.

If Lz has a well-defined value, then Lx and Ly do not.