

QM applications

Larmor precession

Larmor precession: Imagine a particle of spin 1/2 at rest in a uniform magnetic field, which points in the z -direction:

$$\mathbf{B} = B_0 \hat{k}. \quad (4.159)$$

The Hamiltonian (Equation 4.158) is

$$H = -\gamma B_0 S_z = -\frac{\gamma B_0 \hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}. \quad (4.160)$$

The eigenstates of H are the same as those of S_z :

$$\begin{cases} \chi_+, & \text{with energy } E_+ = -(\gamma B_0 \hbar) / 2, \\ \chi_-, & \text{with energy } E_- = +(\gamma B_0 \hbar) / 2. \end{cases} \quad (4.161)$$

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The energy is lowest when the dipole moment is parallel to the field—just as it would be classically.

Since the Hamiltonian is time independent, the general solution to the time-dependent Schrödinger equation,

$$i\hbar \frac{\partial \chi}{\partial t} = H\chi, \quad (4.162)$$

can be expressed in terms of the stationary states:

$$\chi(t) = a\chi_+ e^{-iE_+t/\hbar} + b\chi_- e^{-iE_-t/\hbar} = \begin{pmatrix} a e^{i\gamma B_0 t/2} \\ b e^{-i\gamma B_0 t/2} \end{pmatrix}.$$

The constants a and b are determined by the initial conditions:

$$\chi(0) = \begin{pmatrix} a \\ b \end{pmatrix},$$

(of course, $|a|^2 + |b|^2 = 1$). With no essential loss of generality⁴⁶ I'll write $a = \cos(\alpha/2)$ and $b = \sin(\alpha/2)$, where α is a fixed angle whose physical significance will appear in a moment. Thus

$$\chi(t) = \begin{pmatrix} \cos(\alpha/2) e^{i\gamma B_0 t/2} \\ \sin(\alpha/2) e^{-i\gamma B_0 t/2} \end{pmatrix}. \quad (4.163)$$

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To get a feel for what is happening here, let's calculate the expectation value of \mathbf{S} , as a function of time:

$$\begin{aligned}\langle S_x \rangle &= \chi(t)^\dagger \mathbf{S}_x \chi(t) \\ &= (\cos(\alpha/2)e^{-i\gamma B_0 t/2} \quad \sin(\alpha/2)e^{i\gamma B_0 t/2}) \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} \cos(\alpha/2)e^{i\gamma B_0 t/2} \\ \sin(\alpha/2)e^{-i\gamma B_0 t/2} \end{pmatrix} \\ &= \frac{\hbar}{2} \sin \alpha \cos(\gamma B_0 t).\end{aligned}\tag{4.164}$$

Similarly,

$$\langle S_y \rangle = \chi(t)^\dagger \mathbf{S}_y \chi(t) = -\frac{\hbar}{2} \sin \alpha \sin(\gamma B_0 t),\tag{4.165}$$

and

$$\langle S_z \rangle = \chi(t)^\dagger \mathbf{S}_z \chi(t) = \frac{\hbar}{2} \cos \alpha.\tag{4.166}$$

Thus $\langle \mathbf{S} \rangle$ is tilted at a constant angle α to the z axis, and precesses about the field at the **Larmor frequency**

$$\omega = \gamma B_0,\tag{4.167}$$

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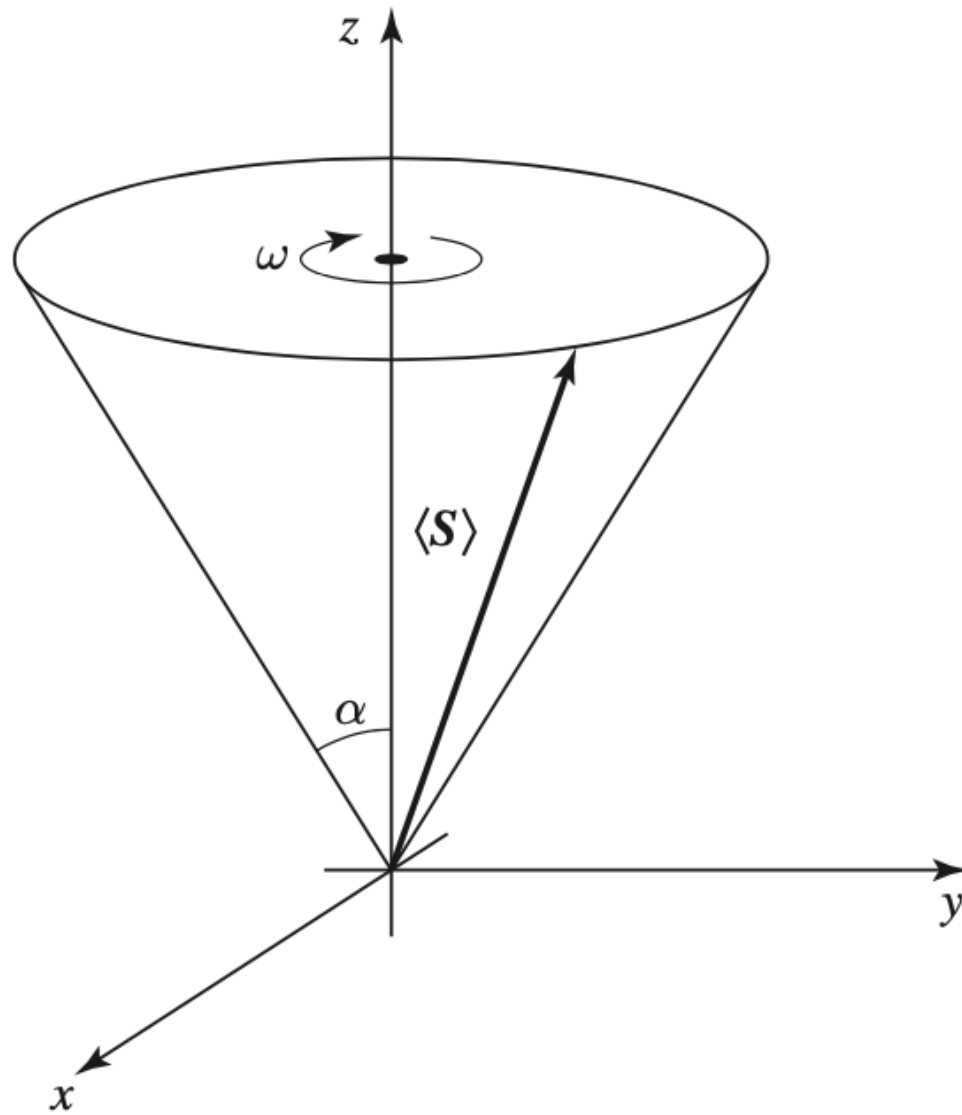


Figure 4.14: Precession of $\langle \mathbf{S} \rangle$ in a uniform magnetic field.

just as it would classically⁴⁷ (see Figure 4.14). No surprise here—Ehrenfest’s theorem (in the form derived in Problem 4.23) guarantees that $\langle \mathbf{S} \rangle$ evolves according to the classical laws. But it’s nice to see how this works out in a specific context.